

Project READ Pg.4

White Supremacy Pg. 5

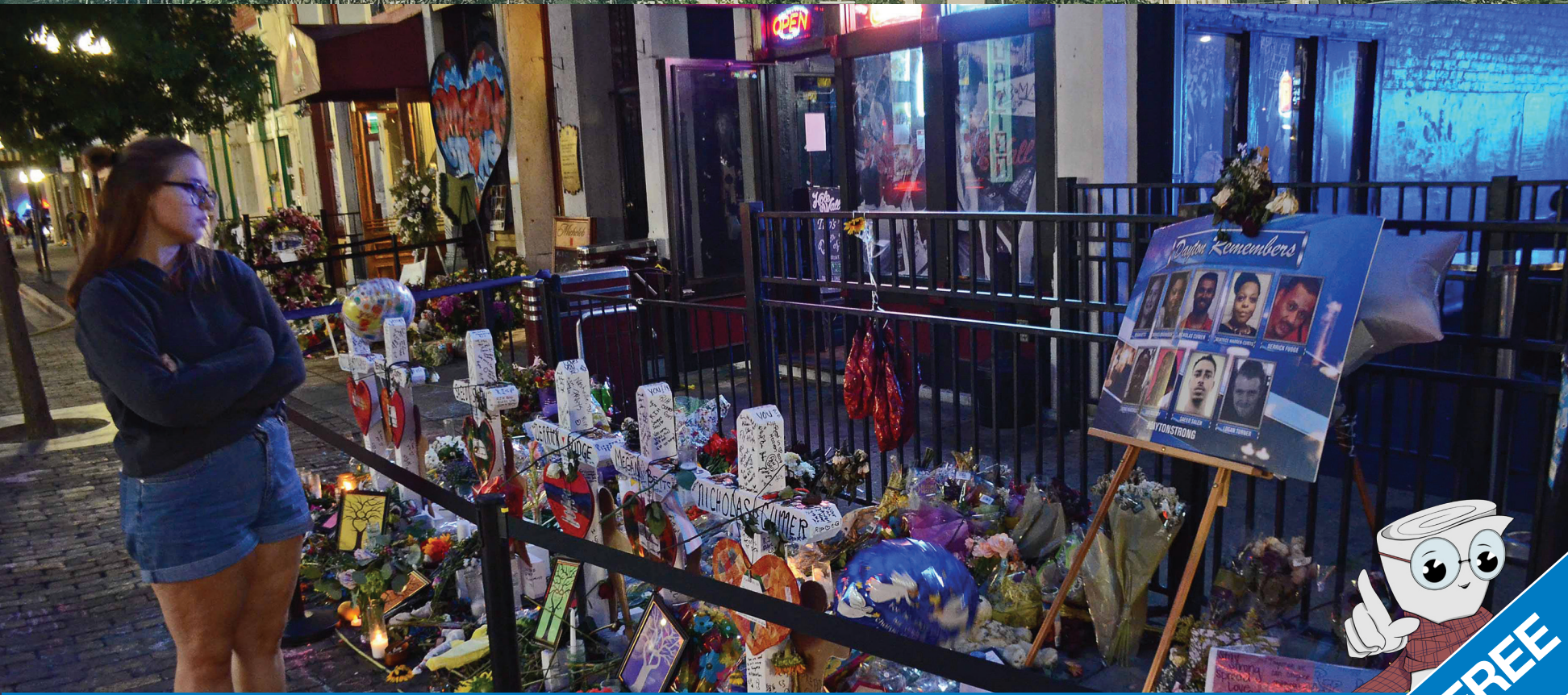
Bellwether Fest Pg.6

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The Clavion

Produced by Students, for Students

August 27th – September 3rd



FREE

Dayton Strong: Strife Leads to Strength

Richard Foltz
Executive Editor

Editor's Note: Though a vast number of sources use the name "Megan Betts," including most of the major media outlets, it has since been reported that Megan was a transgender man who went by Jordan Cofer to those closest to him. Personally, as a supporter of LGBTQ+ rights and out of respect for the victim, we will use his preferred name and gender, and include his preferred pronouns when addressing him in the below article.

On Aug. 4, in the wee small hours, as groups of Daytonians enjoyed a Saturday night, shifting into the laziness of Sunday on a much earned night of relaxation at the end of the summer, when suddenly a young man entered the Oregon District with a weapon of war, taking the lives of nine and injuring another 27.

The shooter was 24-year-old Connor Betts of Bellbrook, Ohio. He was a former Sinclair student and had been seeking a mental health specialist for some time, having a well-documented history of red flags leading up to August's shooting.

The victims were: Jordan Cofer, the shooter's 22-year-old brother. He was a Wright State student and planned to graduate in 2020. He also loved to write, twice receiving scholarships at Antioch Young Writer's Workshop and made personalized gifts for his mom every year for Christmas.

Lois Ogelsby was a mother to a newborn and an older daughter, herself just returning to work from maternity leave.

"We grew up as cousins," said her friend Derasha Merrett. "We grew up in the same church, on the same drill team. She works at my kids' daycare. We all grew up in this little town. We're all family. We're all hurting behind this."

Saeed Saleh was a recent Eritrean migrant who moved to Dayton with his wife, Zaid and his daughter Randa. Saleh was supporting his wife and child as well as his two children in Eritrea and his brother who is in a Cairo, Egypt refugee center.

Derrick Fudge had been out with his son, among other family members, enjoying the Oregon District. He died in his son's arms.

"That was my last chance to really speak to him." Said Dion Green, Fudge's son. "He looked at me, he was breathing. He just laid there with his eyes open in my arms.

"I just kept saying, 'I love you, get up, get up.' I didn't know what else to keep saying."

"[He was] just looking up to the sky, with his eyes just wide open, just taking little gasps of air and then he didn't move no more."

Logan Turner was a fellow Sinclair graduate and had an engineering degree from the University of Toledo. He had graduated from Springboro in 2008 and had just celebrated his 30th birthday. "He was very generous and loving and the world's best son," Turner's mother said. "Everyone loved Logan. He was a happy go lucky guy."

Nicholas Cumer has just accepted a job at Maple Tree Cancer Alliance and was out with colleagues, celebrating. According to Karen Wonders, who operates the Maple Tree Cancer Alliance, Nicholas died shielding two of his coworkers from gunfire.

Thomas McNichols was a father of four and lived with his aunt, Donna Johnson. The two sat eating Twizzlers before he went out that night.

"Everybody loved him. He was like a big kid," Johnson said. "When all of the movies come out – Batman, Black Panther – he would get all his nephews and take them to the movies."

Monica Brickhouse and Beatrice Warren-Curtis were friends who had been out together on the night of the shooting.

"Nicole Curtis and Monica Storey Brickhouse were like two of my work daughters," Facebook friend Tonya Amos wrote in a post.

"I had the opportunity to manage and mentor them for some years. We sat beside each other everyday. We have laughed and cried together. Shared life stories and supported each other. These two ladies were very special to me. I'm sad and mad at this senseless loss. I cannot imagine how their families feel if I'm feeling this way. *Lord have Mercy.*"

An event that could have been much worse, thankfully was stopped in under 30 seconds by officers: Sgt. William C. Knight, Officer Brian Rolfes, Officer Jeremy Campbell, Officer Vincent Carter, Officer Ryan Nabel and Officer David Denlinger. Of the many first responders who came to help shortly afterwards, two of them, Tom McMurty and Karen Moore, were from Sinclair.

It started at the tail end of May, with the KKK rally downtown and the tornadoes that ravaged parts of the Dayton community, and has continued into August with the shooting in the Oregon District. This summer hasn't



Photo By Elliana Miller-Young

been kind to our community, but through it all Dayton has stayed strong.

After the events of the night of Aug. 4, politicians from all over the state (eventually even the president who had a short-lived Twitter war with our town's mayor) and community members gathered on 5th Street, less than 24 hours after the shooting, to pay their respects.

Gov. DeWine, who showed up that night and was met with calls from the audience to "do something," has just recently taken steps towards contending gun violence, especially in our schools, with the Ohio School Safety Center.

Springfield native, and Grammy award-winning singer-songwriter John Legend played a concert at Blind Bob's, a bar across from Ned Pepper's and next to the alleyway the shooter began his attack.

The shooter, his sister and a friend had been at Blind Bob's at the beginning of the night of the shooting.

Though this is being written before the event, it will be published after the streetwide Oregon District celebration led by Yellow Springs, Ohio native, Dave Chapelle. The event is free and is intended as "a benefit concert to reclaim the Oregon District."

The dark cloud that has hung over the Miami Valley community seems to be dissipating as we move slowly towards autumn, with hope for better days and less tragedy.

From the KKK rally that painted downtown in an Orwellian nightmarish scene, to the tornadoes that displaced community members, to one night of terror, Dayton has shown its resiliency these past couple of months.

Time has passed and the global news cycle has moved on to land grabs from Denmark and beloved characters leaving even more beloved film franchises, but the artifacts still remain. The aftereffects remain.

The pictures of flowers in bullet holes, the makeshift gravestones, littered with dying flowers, the memories of phone calls and text messages in the twilight of early dawn, and for those closest to the shooting, memories that I can't even fathom.

I won't say that I know how to solve the problems that have plagued our city over this past summer, nor how to solve the exclamation point at summer's end, something that hasn't just happened in our town, but in hundreds of towns across this nation since two troubled teenagers walked into a Colorado high school and kickstarted one of America's gravest faults, but I will say that it hasn't wounded us mortally.

Factories come and go, industry leaves, the plight of the once thriving Steel Belt, has faded into rust, but the community that is Dayton has stood resilient. Through all that has plagued this city this past summer, the city itself has shown only the hint of cracks in its resilience.

As Orville Wright once suggested, "The airplane stays up because it doesn't have time to fall." So too does the city that Wright once called home. The rebuilding has become an almost Sisyphean task, though through it all Dayton has stood strong, and with hope it will continue to, as there isn't time enough to fall."

Coping With Trauma

Ashley Brown
Social Media Coordinator

Trauma is something that has lasting effects on the victims and the families of intense events, such as mass shootings. These effects are often psychological, causing the victims to feel embarrassed about sharing or seeking help. They can be grief, depression, anxiety, substance abuse and posttraumatic stress disorder (PTSD).

When a major event happens it can almost become paralyzing for the community and can cause everyone to begin to question the safety of the places around them.

This is especially true for those who experienced the trauma themselves. The places they experienced the trauma at can become triggers of memories or feelings of anxiety, making it hard for them to live their day to day life without extra support.

When dealing with traumas like these there are many stages people go through. These stages can be broken down in many ways. However, for this article we will break them down into

acute, intermittent and long-term.

The acute stage is the stage directly following the trauma. During this stage, survivors will typically experience denial, shock and disbelief. The body's reaction to stressful events is to release adrenaline which causes the "Flight or Fight" instinct. However, after the event ends, the brain and body may have trouble realizing that the danger is over. Thus, making it very important that survivors receive resources for help.

The intermittent stage is usually when survivors begin to deal with the effects of trauma. This stage usually consists of fear, anger, anxiety, depression, difficulty paying attention and disturbances of sleep.

During this stage, receiving mental health treatment is most crucial. This is to help survivors deal with their trauma in a healthy way that does not turn into unhealthy coping. During this period, survivors often learn how to deal with things that may cause flashbacks of the trauma.

Also during this stage, the timing and pacing is very important to keep the survivor comfortable with the

progress. If the survivor begins to feel overwhelmed with emotions they must regain feelings of safety before they can continue recovery.

The last stage is long-term, which occurs several months after the event. During this stage, therapy may not be needed as much anymore, depending on the progress of the patient.

However, during this period is typically when trauma can become a mental disorder or substance abuse, depending on the circumstances.

Flashbacks may occur less often but they can occur anytime throughout their lives. After the first year of trauma the likeliness that PTSD will occur also becomes higher. If public and media attention to the trauma shifts, in the case of a large-scale traumatic event, it may cause survivors to feel that their emotions are not validated.

If the patient decides to lower the amount of mental help they receive, they should have a good support system. Whether this is family, friends or members of a group, it is important they have people around them that they feel protected and comfortable with.

Showing support and understanding is the most important thing you can do for survivors, whether it is listening to their emotions and telling them that they are valid or helping them find places that can offer them professional help or other resources.

For anyone in need of help, Sinclair offers free counseling in Building 10, Room 424. You can call their number at 937-512-3032, or stop in to make an appointment. Counseling Services are open Monday through Friday from 8:00 a.m. to 5:00 p.m.

If you need help or know someone who does, please seek it.



Photo By Emma Spottswood

Sinclair Offers Healing Services After Tragedy

Henry Wolski
Associate Editor

In the aftermath of the Oregon District shooting, Sinclair is offering a special opportunity for conversation and healing.

On Wednesday, Sept. 4, from 3:30 to 6 p.m., students are invited to gather in the "Peace Place" on campus, room 10-442. Representatives from Bspoken Live Storytelling Group and Labors of Love Counseling will be on hand to guide students through a period of conversation and expression, designed to help rebuild trust and to renew love for life.

Bspoken Live is a storytelling group based in Cincinnati. They offer a program of storytelling and mindfulness, designed to create a safe space for students to find their voice together. Labors of Love is a counseling service based in Mason, Ohio. They work with survivors of traumatic events to create space for healing and growth. Their focus is not on "quick fix" solutions, but

on long-lasting change and healing.

Multifaith Campus Ministry Chaplain Larry Lindstrom is the contact person for this event. He noted that these two groups contacted the school to offer their services.

"We are blessed to have these specialists come to campus and walk with us through this difficult and challenging time," Lindstrom said. "Their visit serves as a tangible sign of the support and love that surrounds us all, as we make our way through these days and into a new chapter of life as a community. I hope that the students who attend will find new strength and hope; that's what will carry us all through this time."

This event will be limited to 25 attendees. For more information or to register, contact Lindstrom at larry.lindstrom@sinclair.edu or 937-512-2481.

You can visit their website, project-read.org/volunteer. You can also call them at 937-461-7323.



Source: Pexels

Tartan Spotlight: Mary Rospert

Hannah Shafer
Reporter



Photo by Hannah Shafer

For the last five years, Mary Rospert has worked at Sinclair and is currently a Program Specialist for the Taylor Scholarship. I am sure I speak for many others when I say that my success in college has been greatly impacted by support from Mary.

When asked her favorite thing about her job, she responded, “is it cliché to say students?” She explained that every student brings forth a different relationship and that it allows her job to be different every day.

As a young girl living in Woodville, Ohio, Mary wanted to be a wrestler. Once that dream faded, she realized that she wanted to work with people in the world of service but was unsure of where it would go (not to a wrestling ring, apparently).

She went to the University of Kentucky and graduated as a communication major with a double minor in sociology and philosophy.

Mary’s attraction to deep thinking and interest in “listening to other people’s reasoning and trying to put [herself] in their shoes” has shown through in the many meetings I have had with her.

After earning her degree, Mary began working in college admissions for Tiffin University and she has worked in higher education since.

In working at Sinclair, she enjoys “the ever-changing mission to help serve students where they are.” She hopes that other than just a degree, Sinclair students gain life experience.

She encourages volunteering as well as getting involved on campus and hopes that students realize that even though they are not living on campus, some of the same experiences can still be found at Sinclair.

Outside of work, Mary cares deeply about the Dayton community and she volunteers heavily within it. She enjoys reading as well as spending time at our Metroparks.

On a more serious note, she is an activist for the importance of women’s rights and views it as significant to continuously fight for equality.

Just as her father told her, Mary encourages students to “live it up”

while in school. She says to “do everything you can, experience everything you can, and go from there.”

Mary is furthering her own education at Western Kentucky University and is working towards a master’s degree in organizational leadership with a minor in effective communication. As far as future plans, Mary would like to grow within Sinclair and generally hopes to continue in a community college setting.

When asked what she hopes to see in the future for higher education, Mary said that she hopes to see the attainment gap closing as well as an increase in innovation in the classroom. She said that there are many different modalities that a classroom can be delivered and that “with those different modalities comes equity because you give more choice [to the students].”

While she recognizes that it can be scary for an established institution to take risks, she hopes to see more risk-taking happen.

I decided to ask Mary the daunting question that we all dread, “how would you describe yourself?”

It all boiled down to her being a hard worker who likes work, being

organized and being on top of things, but outside of work enjoys complete relaxation. Whether that relaxation comes from a day of reading, cuddling with her cat or watching a movie with her significant other, calmness is what appeals to Mary.

Due to the Taylor Scholarship, I am required to meet with Mary just once a semester. After our first meeting, we both decided that it would be not only beneficial but necessary for me to meet with her on a more regular basis.

The care and support I have received from this intelligent and understanding woman for the past year has allowed me to thrive here at Sinclair. I genuinely do not feel as though I would have made it this far in higher education without her. It is okay to ask for help and it does not make one weak or less than, and Mary has helped show me this.

Mary said it herself that “if you’re not here for the students, then why are you here?” No one has shown me a dedication to students in the way that Mary has and I will be forever grateful for all that she has done.

Project READ

Mackenzie Tkach
Reporter

Although a lot of us may take it for granted, reading is an extremely important skill needed to have success as a student, worker and in many other areas of life.

However, not everyone has access to the opportunities and tools needed to gain this skill. Project READ is looking to change that.

Project READ is a coalition of public and private organizations whose headquarters are located at Sinclair’s main campus in Dayton, Ohio, building 3 room 142. The coalition has been active since 1990.

Over 100 organizations, schools and businesses are working together through Project READ to “build skilled workers, strong families and healthy communities through lifelong literacy.”

The people at Project READ are committed to building literacy throughout the Miami Valley because they know how much it can change

someone’s life.

Project READ has five main programs listed on their website, project-read.org/about-us. They have literacy services for both adult learners and youth which provide tutoring from trained volunteers in reading and ESOL (English for Speakers of Other Languages). They also have a Project READ helpline which individually matches adult learners with GED, high school completion, reading and ESOL classes at no cost.

Their paid volunteer program provides long term tutors and aid to local literacy programs. Their book distribution program offers new and gently used books to children and families in need.

In addition to all of this, Project READ makes an effort to be involved in many community outreach events to spread the news about their services, recruit volunteers and distribute books.

If you want to be a part of the positive change Project READ is creating in our community, there are many ways you can get involved.

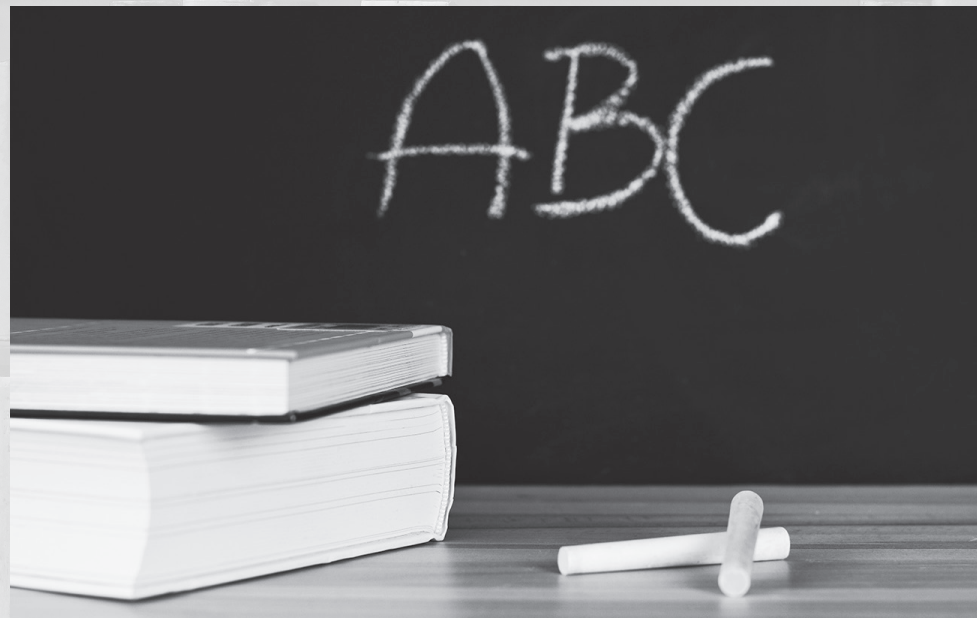
You could be trained by Project READ to be a volunteer tutor or apply to be an adult literacy classroom aide.

You could also give some of your time and work at their volunteer-staffed partner bookstore in Centerville, where all profits go to support the programs.

If you can’t find time in your schedule to volunteer, you can support Project READ simply by visiting The

Bookstore @ Antiques Village and buying a book!

If you want to get involved or are looking for more information, visit their website, project-read.org/volunteer. You can also call them at 937-461-7323.



The Mainstreaming of White Supremacist Rhetoric

Quinton Bradley

Contributing Writer

In the fight against white supremacist terrorism, we have to look not just at the trees directly in front of us, but at the entire forest as a whole.

The events of the past week have resulted in the loss of numerous lives. The loss of friends, brothers, sisters, mothers, fathers, sons and daughters. In the case of the shooting at the Gilroy Garlic Festival, it was 3 deaths in addition to sixteen injured. The youngest victim was six years old. The shooter, Santino William Legan, was killed via self-inflicted gunshot wound.

Despite reports that Legan had posted messages on social media naming “hordes of mestizos and Silicon Valley white tw*ts” as two groups of people that would “overcrowd towns” in his home state of California and the fact that he made an Instagram post referencing a book widely circulated among white supremacist groups, FBI special agent in charge, John Bennet, told reporters when he was asked about the literature that “To call it ideology in one way or the other is conflicting readings.”

“Just because someone has a book in their house doesn’t mean they are leaning one way or another,” he went on to say.

The book in question is “*Might Is Right*,” written in 1896 by an author using the pseudonym “Ragnar Redbeard,” a name many believe was the chosen alias used by British author and poet Arthur Desmond. Essentially a collection of poems and quasi-philosophical rants, the book amounts to a roughly 100-page text that vilifies “weakness,” dehumanizes those considered non-white and embraces social Darwinism.

As if that wasn’t enough of a red flag, the 1999 edition of “*Might Is Right*” was published by the now-defunct 14 Words Press, whose name is derived from the fourteen-word slogan coined by the publisher’s founder, neo-Nazi David Lane (“We must secure the existence of our people and a future for white children”). The phrase has since become a popular rallying cry for white supremacists around the globe.

Days later in El Paso, Texas, another shooting occurred, this time claiming the lives of 22 innocent people going about their day and doing some back-to-school shopping at a Walmart. Within the very first

paragraph of a manifesto that he uploaded to the site known as 8chan (which I’ve obtained a copy of for the purpose of accurate reporting, but will decline to share in detail with the public out of respect for those lost), the suspect, identified as 21-year-old Patrick Crusius, wrote that “This attack is a response to the Hispanic invasion of Texas. They are the instigators, not me. I am simply defending my country from cultural and ethnic replacement brought on by an invasion.”

“Invasion.” “Hordes.” “Replacement.” This type of rhetoric, these types of dehumanizing, anti-immigrant buzzwords are no longer just contained to the writings of white nationalist pamphlets or the darkest fringes of the internet (such as various neo-Nazi sites and the message board 4chan, along with the even darker 8chan, the latter of which has finally been taken offline).

These dog-whistles are now commonplace among cable news shows and President Trump’s tweets.

Shortly after the El Paso massacre, numerous tweets from the president that utilized the terms “invasion” and “caravans” when speaking about migrants from Central America and Mexico were dug up and put on display, showing how his inflammatory tweets echo the sentiments of white supremacists around the nation who fear that “their” nation will be “overrun” by non-whites and that Democrats/liberals/“elites”/Jewish people are all engaged in a secret, covert plot to turn America into a majority non-white nation as a means to secure political/electoral power.

In other words, the “white genocide” conspiracy theory has gone mainstream.

No slouch in the propagation of right-wing fan fiction by any means, the fear merchants at Fox News have ramped up their “migrant invasion” pieces into overdrive since Trump took office, with two of the network’s most popular bullhorns being Tucker Carlson and Laura Ingraham.

After years of not-so-subtle screeds about protecting America’s “culture” and “heritage” while claiming that immigrants make America “dirtier” and “more divided” when he wasn’t busy attracting an audience of neo-Nazis, Carlson referred to the number of Democratic primary candidates calling out Trump and the



Source: Fox News/YouTube

right for their combined roles in the spreading of hate-laced propaganda as “power-hungry morons” who are leveraging “...human pain for political advantage” during his show the following Monday after the weekend of terror. Even more brazen, he described the El Paso shooter—the same person who was “retaliating” against the “hispanic invasion”—simply as “something of a right-winger.”

And then, tragedy struck Dayton. Our home. Our doorstep. Claiming the lives of ten innocent people who were enjoying a night out on the town and looking to have a good time, turning their worlds upside-down in a matter of 30 seconds.

Once information about this particular shooter came out, I began to notice a disturbing trend among right-wing pundits on Twitter. Gone were the “thoughts and prayers” and other all-too-familiar cliches. No, what followed were frantic tweets and re-tweets by popular figures on the right that this shooter appeared to be politically left-leaning, a supporter of Bernie Sanders and Elizabeth Warren, in fact.

After this news broke, various conservative pundits quickly began steering the online discourse away from debates about Trump-influenced white supremacist terrorism and calls for gun control and went back to

their default functions of defending the president at all costs, performing tweet-thread acrobatics to assert that despite numerous examples, Trump is not a racist and has not caused stochastic terrorism by white supremacists in any way, shape or form.

Not willing to engage in meaningful conversations about gun control or the growing, emboldened white supremacist faction of America who eat up Trump’s dog-whistling rants like red meat, some on the right are using the tragedy in our city for their own asinine hot takes, attempting to re-frame the issue as a by-product of recreational marijuana, video games, gay marriage, “professional athletes who protest the American flag” and “snowflakes, who can’t accept a duly-elected President.”

The Monday after the shooting, I left Sinclair later in the afternoon, taking my usual route. I noticed an older woman that I typically see at least twice a week. She was sitting outside near the cafeteria and digging through her purse as she quietly sobbed, her grief-stricken wails barely audible.

As I walked by her and made my way home, my earbuds in and eyes looking out toward the bright, sunny sky, I hoped to myself that a loved one of hers wasn’t one of the fallen.

Reverend Janglebones' Soapbox: Bellwether Nails It



Brian Yoder
Reporter

Ohio's own Bellwether Music Festival's 2nd year took place Aug. 9-10, 2019 and it would be hard to imagine a way to improve upon the experience.

There were world-class musicians, an enchanting medieval village (and the wonderful food and crafts that go with it), ample amenities and plenty of space to get away in the shade from the noise for a while if you have children or elderly riding with your crew.

The ingredients all mixed together into the perfect recipe for a well-rounded and nutritious summer fun weekend.

Rather than review the festival, let's just say that it was perfect and you should go next year, without question. Now, if you don't mind, let's talk about what the music festival was about: Music.

In my last article I mentioned a few of the bands that were to be in attendance, but there were a few acts where I didn't know what to expect and ended up being blown away, so first I want to tip the hat

to those killer queens on the up-and-up.

Sego comes to mind immediately, though I'd be hard-pressed to even attempt boxing their sound into a genre. They flew out from LA just for an hour-long set in Waynesville Ohio due to their dedicated fans in our part of the world. And their frontman was one of the only musicians that could be found within the crowd during the other performances, which can easily be taken as some kind of character marker. So if you like a lot of energy, honesty, sass and melodic grit, then do go listen to these guys immediately. There's nothing else like them.

Caroline Rose was also incredible live. Each member of her band had such charisma that you felt blessed to be witnessing so much charm, Rose's best friend and integral bandmate having some of the best dance moves I have ever seen. They sounded wonderful, too, and while Rose herself carries an enchanted aloofness about her, there is nothing but tact in her stage presence. She had the audience in hysterics with

impromptu jokes and false song endings. She even chased a flying bug around on stage as she played and nearly dangerously tangled herself up in her guitar cord while spinning in circles. Five stars. Highly recommend seeing them if ever given the chance.

I was also delighted by Cincinnati's own Multimagic. They have such a heartfelt and honest approach to both their writing and their performances that you just can't help but fall in love. The crowd went nuts dancing to their indie chants and harmonizing hooks, and this class act actually lives in our area so you won't have to wait until next year just hoping they made the roster again. Get on their social media!

When it comes to music festivals, there are certain acts that just thrive in larger crowds. STRFKR is one of the absolute best bands to see at a festival. They always have way more members than instruments because, obviously, somebody's gotta throw out the blow-up dolls (dressed in STRFKR shirts), dance around in full space suits

homoerotically, crowd surf and even ride a giant inflatable pelican life-raft out onto the vast unknown ocean of audience members' outstretched hands.

Their music is really great and even better if you like to dance, plus you can tell these guys have the time of their lives doing what they do.

As far as some of the more well-knowns go, I'd be remiss if I didn't mention that even though I have always heard Cake puts on an amazing live show, I have to take a moment here to tell you that all that praise was, in fact, kind of an understatement.

The whole time Cake was onstage it felt as though each member of the audience was part of some giant group-therapy session where nobody signed up for it, but everybody was into it somehow.

His flip-flop guru style rants between songs were genuinely crammed with insight, wisdom, empathy and humor. There was even a sort of guided meditation rant/exorcism with which the entire audience emphatically participated. A good time, indeed.

Black Moth Super Rainbow was also fantastic, although their set being in the hottest part of the daylight made it something of an endurance test for the audience, and probably the band as well, though you would have never known it by their performance.

Their resident mad scientist Thomas Fec (who goes by Tobacco) closed out Friday night with a DJ set that was genuinely some of the best sounds my ears have ever tried to absorb and I will be sure to prioritize the event any time he comes near our area (and by that I mean within a couple hundred miles).

It doesn't even need said, but here it is. Beach House was a phenomenon. The whole audience was rapt. Entranced and fulfilled by their soothing, romantic synth waves and screeching banshee guitar work, everybody went home full of goodness and without a trace of buyer's remorse. I could go on and on, but I'd rather just see you there next Summer. Until then, have a stress-free first week back in class everybody. Until next time.

The Unofficial College Survival Guide

Anwen Harris
Reporter

College can be a stepping stone into a brighter and more prosperous future. However, it does not come without its difficulties. While college is an amazing place to foster one's independence and gain worldly knowledge, it is also a place of hard work, dedication and usually lots of stress.

Jumping into the 2019 fall semester at Sinclair Community College, here are some tips to help you not only survive,

but flourish in your college and career experiences.

If you are just beginning your educational journey at Sinclair, know that it is a goldmine of new opportunities and experiences! Georgeann Enright, a former professor at Sinclair who had taught nursing and medical classes for 23 years, explains how important it is to be aware of the many avenues for success that Sinclair Community College provides. She says there are a great number of resources

available from orientations, to tours and to workshop.

In addition, Sinclair is staffed by people who care and wish to assist you, contains a large library of books and sources for any class you'll ever take and offers many other advantages. Another good aspect of attending Sinclair is the exceptional cost; not many schools offer this level of education for such a low price.

One of the first things to do when starting your first semester at Sinclair is selecting your classes and extracurricular activities. Enright, who has a great deal of experience at the college scene, gives some advice for those trying to find direction in their

career and college life.

"General Education classes can be very beneficial for figuring out what your passions are if you aren't sure of what they are already," Enright said.

"Career tests and academic advising appointments are also very helpful. Find out what your interests and hobbies are – then you can begin to try things like job shadowing."

She is also very adamant about joining activities and working jobs that will aid in your developmental journey.

Chase Jennings, a sophomore, says he is always very mindful when selecting what he will participate in each year. He makes sure to leave enough time for school work without overworking himself, as having time to breathe is necessary.

Kenzie Tkach, a second-year CPP student, says she thinks that one of the most important things to keep in mind when registering for classes is figuring out which ones you will enjoy.

It may be tempting to try to just tough it out before you are in the class, but it will not be in your best interest to subject yourself to that much stress. Making a schedule and sticking to it is absolutely essential, both Jennings and Tkach say.

Stress management is a big part of college. It is very harmful for your body and it is extremely vital that you take care of yourself so that you are able to accomplish all of your goals and dreams. Jennings says a great way to relax is to socialize with the people who

care about you. This could be family, friends or anyone that you trust.

This is a great option because humans are naturally social creatures and it is a good way to bounce your ideas off of others. Tkach also reiterates how helpful it is to spend time with loved ones; she adds that she usually goes to a coffee shop to relax and talk about her problems with her best friend (that would be me).

Some other relaxation options may include sports, reading, self-care or spending time outdoors. Whatever method of stress-relief you choose, make sure it is the healthiest option for you and for others!

College is worthwhile for numerous reasons. Although it is not suited for everyone, it can be the launching pad for countless peoples' lives. Sinclair Community College is a great place for so many individuals from different walks of life to study.

Whether you are a high school student trying to earn credits before going to university, in your 20s just beginning your degree or you are an older individual coming to further expand your knowledge and career opportunities, Sinclair is bound to be able to help you succeed in your endeavor.

Remember to work hard, make friends and live life to the fullest this year! Good luck to everyone.

Source: Pexels

Welcome Week Event List!

Samuel J. Claude | Managing Editor

TUESDAY, AUGUST 27

Information Stations

7:30 a.m. – 5:00 p.m.
Dayton Campus, Various Locations
Regional Center Lobby

Breakfast*

Sponsored by the Provost's Office
8:00 a.m. – 10:00 a.m.
Dayton Campus, Building 10, 3rd Floor
Regional Center Lobby

What's a Green Dot?

Power based, personal violence prevention
10:00 a.m. – 12:00 p.m.
Dayton Campus, Building 14, 2nd Floor

Lunch Mason Campus*

12:00 p.m. – 2:00 p.m.
Mason Campus - Community Room, Building B

Tutoring and Learning Center Open House*

Fun, Food, and "Pop-In" to meet TLC staff and tutors
12:30 p.m. – 2:30 p.m.
Dayton Campus, Building 7, Library

Student Senate Information Table

1:00 p.m. – 2:00 p.m.
Dayton Campus, Building 10, 3rd Floor

WEDNESDAY, AUGUST 28

Career Information Boards

All Day
Dayton Campus, Various Locations
Regional Center Lobby

Voter Registration Station

All Day
Dayton Campus, Various Locations
Regional Center Lobby

Breakfast*

Sponsored by Multifaith Campus Ministry and Tutoring and Learning Center
8:00 a.m. – 10:00 a.m.
Dayton Campus, Building 10, 3rd Floor

African American Student, Faculty & Staff Meet and Greet

11:00 a.m. – 1:00 p.m.
Dayton Campus, Building 7, Rm. 7006
Located behind seating area in Tartan Marketplace

SpotLIGHT on Culture*

Ice cream Sponsored by School Partnerships
Explaining Sinclair's services through activities/events
1:30 p.m. – 3:00 p.m.
Dayton Campus, Building 10, Inside and Outside

Bluegrass Music

Live music played by the MaCrow & Company's band
2:00 p.m. – 3:00 p.m.
Dayton Campus, Outside between Bldgs. 10 & 11

THURSDAY, AUGUST 29

Career Information Boards

All Day
Dayton Campus, Various Locations
Regional Center Lobby

Career Exploration and Deciding Day

8:30 a.m. – 10:30 a.m.
Dayton Campus, Building 11, 3rd Floor

Veteran Services Open House

1:00 p.m. – 3:00 p.m.
Dayton Campus, Building 11, Rm. 11342

Physical Activities Center Open House

2:00 p.m. – 4:00 p.m.
Dayton Campus, Building 8, Basement

Voter Registration Station

All Day
Dayton Campus, Various Locations
Regional Center Lobby

Voter and Community Engagement Fair*

11:30 a.m. – 1:30 p.m.
Dayton Campus, Building 7, Outside Tartan Marketplace

Minute to Win It Games

1:30 p.m. – 2:30 p.m.
Dayton Campus, Building 7, Tartan Marketplace
Regional Center Lobby

ALL WEEK

International Flags Display

Dayton Campus, Bldgs. 4 & 5, 3rd Floor
Regional Center, CastNET

Find it on Campus

Search for Sinclair eggs to win prizes
All Campuses, Various Locations

Monday,

September 2

All campuses are closed due to Labor Day.

Sinclair Cares Counseling Services

Counseling Services would like to welcome new and returning students back for another great year! We wanted to start off the year by letting students know about our services and resources.

First, the counseling we offer is free and confidential by licensed counselors. We work with students to help them overcome barriers to personal and/or academic concerns.

Some of the most common challenges we see are test anxiety, time management, stress, anxiety, depression and study skills. Once we meet with a student, we develop action steps for the student to take and follow up appointments are scheduled to assist the student with their concerns.

If students need more long term therapy or medication referrals, we can help students connect with resources in the community. Case management is also offered for students for those who may have some challenges with housing, bills, rent, childcare or other daily needs.

We also offer two groups, Road 2 Recovery and Tartan Scholars. Road 2 Recovery is a group for those experiencing concerns related to substance or alcohol use. The group will begin on Sept.12 at 12 p.m. in 10-423. Tartan Scholars is a group for those whose lives have been impacted by foster care.

If you are interested in these groups, or to get in touch with our office for more information or to set up an appointment, feel free to call us at 937-512-3032. We are located at 10-424. Have a great start to your semester!



Contributed by: Eric Henderson

Ombuddy Corner

Happy summer! Welcome to all of our returning and our new summer term students. Sinclair is buzzing with lot of activity.

If you have been impacted by the recent Dayton tornado, we hope you will contact our office at the website below.

We wish you a successful summer term!

The Ombudsman is your student advocate! To learn more, visit www.sinclair.edu/ombudsman.



Your Voice

“What’s Your Favorite Hidden Gem About Sinclair?”



Photo by Sophie Hayden

“

“The haunted elevator in Building 13, I think I once saw Clark Gable there.

- Richard Foltz
English”

“

“When I used to go to school here, in building 4L11 me and some guys used to go behind the screen and sit around...not going into any details”

- Jessica Graue
Clarion Advisor”



Photo by Sophie Hayden

“

“My favorite hidden gem of Sinclair is the faculty of the Design Department, they’re always willing to help and continue to push you to the best of your abilities.”

- Sophie Hayden
Visual Communications”



Photo by Tito Torres

“

“The swimming pool, even though I’ve never visited it before.”

Samuel J. Claude
Journalism”



Photo by Sophie Hayden

Clarion Cartoons



Nervous Date

**Created by:
Zoë Pirslin**

Making the Most Out of Your Time at Sinclair

Henry Wolski
Associate Editor

This is my fifth year and final semester at Sinclair. Personal setbacks, changing majors and other factors have kept me here with the Tartans for the full time it takes to get a bachelor's degree.

Yet it is not the worst thing that could've happened. We all get our own education at our own pace, and as long as you are continually learning and gaining worthwhile experiences, there is no problem.

And while it took me some time to find them, I can say I've had a plethora of those experiences here.

Starting out, I was like many going to Sinclair. Shy, nervous, afraid and just wanting to get in, take my classes and go home. I didn't really talk to anyone and didn't have any friends that went here.

Then, in fall 2016 I changed my major to journalism and found myself thrust into the Clarion, working in a brand new field with people I didn't know making me go and interview professors and higher-ups from the college.

It's a hell of a way to get out of your comfort zone, but it worked well. I met some great people and set up some good professional relationships that will pay dividends after graduating.

Then the following year I became

executive editor by default and had to learn another completely different set of skills and be in charge of 20-30 people at a given time.

It was grand. I made a lot of great friends and have a huge portfolio of work I can show off to employers. I went from coming to Sinclair and spending maybe two hours a day there to sticking around for eight hours four days a week.

But I'm not saying you have to work at the Clarion to get some truly tremendous experience (however, we need writing and business positions filled).

The truth is there are plenty of clubs and organizations looking for members. The African American Male Initiative, Brite Signal Alliance, Phi Theta Kappa, Student Senate and the Art club. The list goes on and is massive. These are good ways to meet new people and make friends while taking action and going out to help serve the community.

Sinclair also has a swimming pool and open gym to students during specific times of the day. You just have to pay a \$5 fee every semester.

There are countless events held every week on Sinclair's campus. Some, like the Tartan Lawn Party, are huge affairs with information booths from all the big groups on campus and some from the city.

There are more intimate events like the Sinclair Talks series, where a

member of the Sinclair community will talk in-depth about a topic.

In the professional scope, the college holds several career and transfer fairs for students looking to take the next step in their academic journey.

There are also job postings, resume referral services and several writing and leadership workshops available at no cost to students.

I encourage you to just explore the campus after class one day, go to building 10, check out the new layout. Go to building 13 and check out the student artwork on display. Building

8 holds a lot of secrets and is where you can see most Sinclair talks.

I'd also push for you to look at the list of clubs available here, and join one that appeals to you. If you're feeling brave, take the steps to start your own club.

While many people look at Sinclair as just a place to get in, get your degree and get out, there is a lot to stick around for. There are spaces where you can foster meaningful personal and professional relationships, and make memories that will last longer than just two years.



Puppies on campus are something you shouldn't miss out on!

Source: flickr



Sinclair Clarion



@SinclairClarion



SinclairClarion

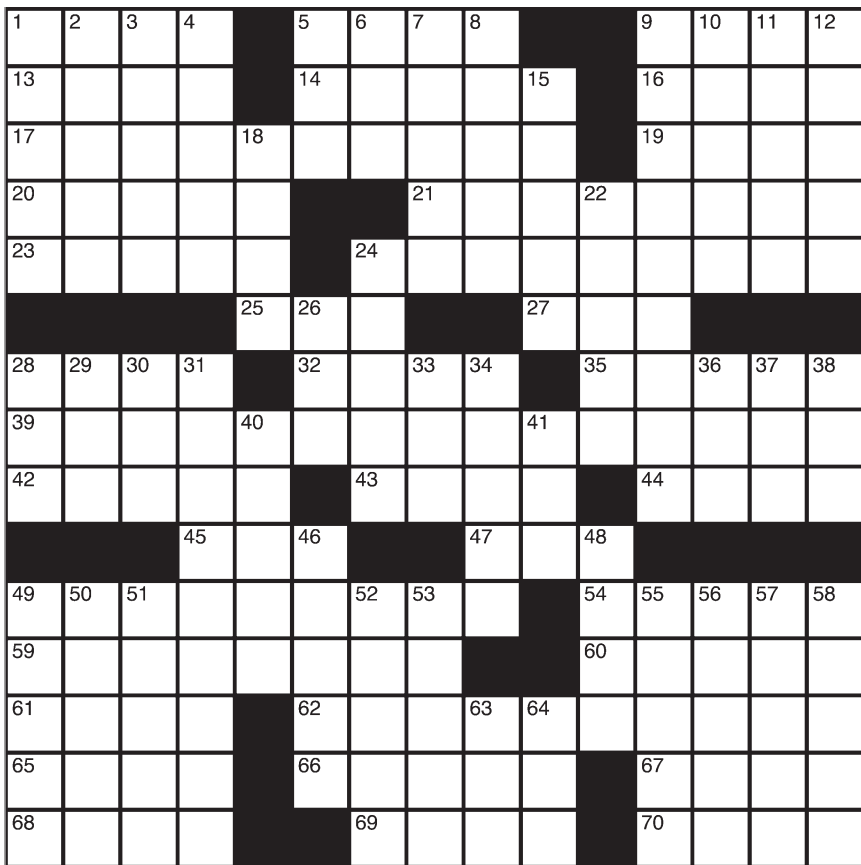


@TheClarion



@Clarionnews

Crossword Puzzle



- Across**
- 1 Makes a hasty getaway
 - 5 Insect stage after larva
 - 9 Bathroom wall piece
 - 13 Not many
 - 14 Umpires' decisions
 - 16 Cabinet dept. with a windmill on its seal
 - 17 Toy on a track
 - 19 Volcanic output
 - 20 WWI French soldier
 - 21 Almanacs, calendars, etc.
 - 23 Drag one's feet
 - 24 Native growth in an Asian orchard
 - 25 Philosopher ___-tzu
 - 27 Mme., in Madrid
 - 28 Money for the poor
 - 32 Ancient colonnade
 - 35 Bumper sticker word
 - 39 Grilling accessory
 - 42 Award for "Green Book"
 - 43 Spanish appetizer
 - 44 Ward of "Once and Again"
 - 45 Korean soldier
 - 47 Springsteen's "Born in the ___"
 - 49 Result of too-tight jeans, perhaps
 - 54 TV monitoring device
 - 59 Directed
- Down**
- 1 Reading lights
 - 2 Underway, to Sherlock
 - 3 TV, radio, newspapers, etc.
 - 4 "Great!"
 - 5 Interest rate fig.
 - 6 Short-lived EgyptSyr. alliance
 - 7 ___ del Rey: L.A. beach community
 - 8 Roswell crash victim, supposedly
 - 9 Stretch the truth
 - 10 "... bombs bursting in the ___"
 - 11 Protective river embankment
 - 12 Clear from the blackboard
 - 15 Hitches
 - 18 Temporary calm
 - 22 Composer Ned
 - 24 Sacred choral piece
 - 26 Volcanic output
 - 28 Latin "I love"
 - 29 French article
 - 30 Rock's Fleetwood
 - 31 Tropical food that has a five-point shape when sliced
 - 33 U.K. singer Rita ___
 - 34 Intensify
 - 36 Hot time on the Riviera
 - 37 Cartoon frame
 - 38 La-la lead-in
 - 40 Square root of neuf
 - 41 Western treaty gp.
 - 46 "Trick" joints
 - 48 Declare openly
 - 49 Exodus leader
 - 50 Throat dangler
 - 51 Serious criminal
 - 52 Subs at the office
 - 53 "Hop ___": Dr. Seuss book
 - 55 In a foul mood
 - 56 "Stormy Weather" singer Lena
 - 57 Mumbai's land
 - 58 Twitter updates
 - 63 Ring ref's decision
 - 64 To this point

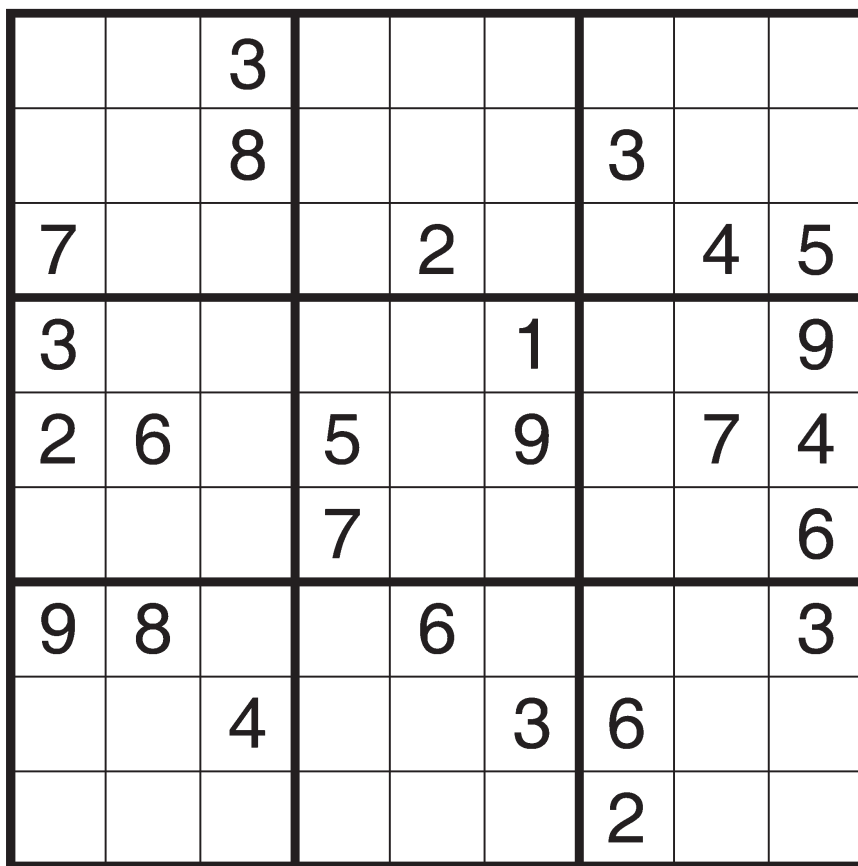
Poetry Pick

Cross-Examination

What is a nation which does not save poetry? What is a poem but the gathering of lines?
 What is a line but people waiting? What is waiting but satisfaction suspended?
 What is a break but a suspension of breath? What is breath when the body is broken?
 What is a line break but hunger with no mouth? What is a nation where no one is hungry?
 What is hunger but people wanting? What is a line but desire given form?
 What is a people but a form of survival? What is a form without an outside?
 What is a country without an other? What is a poem but a gesture of reaching?
 Can a poem save a nation? Can a poem survive a nation?
 Can a poem survive a savior? Can a poem feed a people?
 Can a body survive a people? What do you call a body bent in labor?
 Who is this poem working for? What is a poem that leaves people hungry? What is a poem that leaves people wanting? When wanting takes leave, where is the question? How can a poem be when there is no question?

Claire Schwartz
 www.poems.com

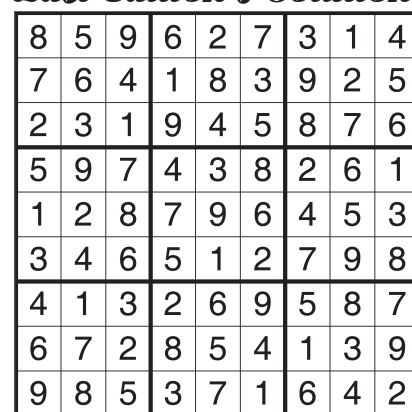
Sudoku Puzzle



Last Edition's Solution



Last Edition's Solution



Anamark Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Guest	Qdoba Mexican Grill	Lee's Famous Recipe Chicken	Panda Express	Gyro Palace	
Soup	Chili Con Carne/ Broccoli Cheddar Soup	Chili Con Carne/ Beef, Mushroom, Barley Soup	Chili Con Carne/ Spicy Lentil & Kale Soup	Chili Con Carne/ Chicken Double Noodle Soup	Chili Con Carne/ Minestrone Soup
Grillzone	Southwest Garden-burger	Tavern Burger	West Coast Avocado Burger	Jalapeno Pepper Panini	Maple Dijon Salmon
Pizzazone	Grilled Vegetable Pizza	Cheesesteak Pizza	Buffalo Chicken Pizza	Loaded Potato Pizza	Chicken Bacon Ranch Pizza
Deli	Soutwestern Chicken Chipotle Wrap	Soutwestern Chicken Chipotle Wrap	Soutwestern Chicken Chipotle Wrap	Soutwestern Chicken Chipotle Wrap	Soutwestern Chicken Chipotle Wrap
Flatbreads	Vegetable & Hummus Panini/Southwest Chicken Melt	Vegetable & Hummus Panini/Southwest Chicken Melt	Vegetable & Hummus Panini/Southwest Chicken Melt	Vegetable & Hummus Panini/Southwest Chicken Melt	Vegetable & Hummus Panini/Southwest Chicken Melt

The Clarion is accepting student poetry submissions! Send us an email at clarion.central@gmail.com to submit your work.



This Edition's Riddle:

What is it that when you take away the whole, you still have some left over?

Last Edition's Answer:

Peacocks don't lay eggs.

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SINCLAIR COLLEGE

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Horoscopes

Virgo: Aug. 23 – Sept. 22
Minimize risky business. Avoid distractions or silly arguments. Carve time for yourself. A lucky break is available. Adapt your personal plan to changing circumstances.

Libra: Sept. 23 – Oct. 23
Get drawn into an imaginative world. Notice the emotional undercurrent. Postpone public tasks for private productivity. Find a way around a hidden obstacle.

Scorpio: Oct. 24 – Nov. 21
A team effort reaches a challenging barrier. Resist impulsive moves. Notice details, facts and potential. Work out logistics. Coordinate actions, and pull together.

Sagittarius: Nov. 22 – Dec. 21
Discuss work privately. Keep details confidential until your presentation is ready to launch. The competition is fierce. It may take extra effort. You've got this

Capricorn: Dec. 22 – Jan. 19
Discover an unexpected reaction or disruption along the trail. Optimism rules. Don't divulge a secret. Avoid stepping on anyone else. Limber moves gain respect.

Aquarius: Jan. 20 – Feb. 18
Don't let financial constraints stop you. What's your vision? Work together to revise your mission statement. Figure out priorities and practices for fulfillment. Invite contribution.

Pisces: Feb. 19 – March 20
Support your partner, and be supported in time of need. Listen generously. Practice compassion. Expectations fall flat. Release illusions to discover hidden beauty.

Aries: March 21 – April 19
Choose stability over illusion. Travel interferes with your routines and practices. Slow down for tricky terrain. Imagine a goal completed. Disciplined efforts pay off.

Taurus: April 20 – May 20
Don't give up on a romantic dream. Stay in action. Keep showing up. Practice for greater strength and endurance. More importantly have fun.

Gemini: May 21 – June 21
Family comes first. Support someone you love. All ends well. Imagine a brighter future. A promising opportunity is worth grabbing. Pool your resources.

Cancer: June 22 – July 22
Avoid distractions to complete a writing project. Make a persuasive case. Edit carefully for best results. Research options and costs. Express a compelling request.

Leo: July 23 – Aug. 22
Study options before committing. Don't fund a fantasy. Do what it takes to meet a challenge. Disciplined efforts get results. Follow a lucrative opportunity.

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On your path to earning your college degree but need a little support to help you achieve your goal?

The Next Steps Program may be right for you to reduce barriers to your education.

To be eligible, students must meet one or more of these criteria:

- At least 24 years old
- Married
- A veteran or member of the armed forces
- An orphan, in foster care, or a dependent ward of the court since age 13
- Have a legal dependent other than a spouse
- An emancipated minor
- Homeless or at risk of becoming homeless
- A first-generation college student

The Next Steps Program offers:

- Individualized, 1:1 meetings with a Success Navigator who will work with you and your Academic Coach to support your goal of degree completion
- Connections and referrals to resources to address barriers such as access to housing, healthcare, public benefits, employment and more
- Eligibility for direct financial assistance grants to address emergency financial challenges that create barriers to school attendance
- Peer support opportunities with other Next Steps Program participants with similar goals



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SINCLAIR
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Academic Advising
Building 11, Room 346
(937) 512-3700



To find out more, please talk to your Academic Coach for program information and applications.