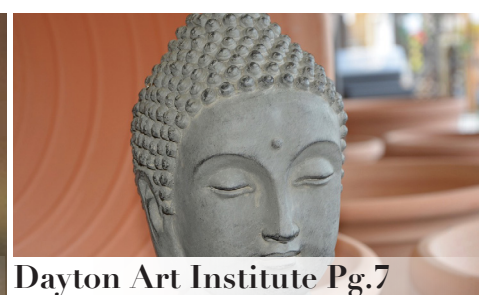




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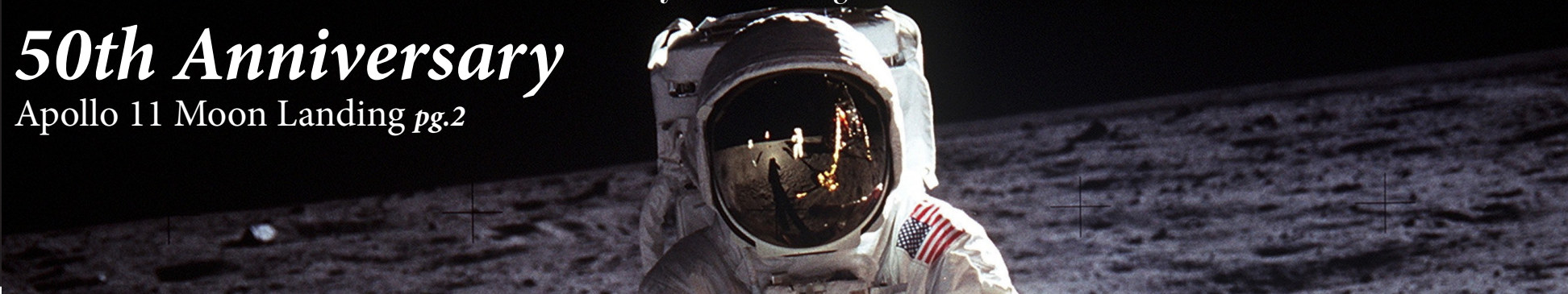
Volume 42, Issue 29

July 16th August 26

[www.sinclairclarion.com](http://www.sinclairclarion.com)

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Ralph Orr & Paul Becker

THE OFFICIAL STUDENT NEWSPAPER OF SINCLAIR COLLEGE

FREE



# Earth to the Moon: Humankind's Humbling Trip

Richard Foltz  
*Managing Editor*

“It’s a sultry night in July. You’ve fallen asleep in the armchair. Abruptly, you startle awake, disoriented. The television set is on, but not the sound. You strain to understand what you’re seeing.

“Two ghostly white figures in coveralls and helmets are softly dancing under a pitch- black sky. They make strange little skipping motions, which propel them upward amid barely perceptible clouds of dust. But something is wrong. They take too long to come down. Encumbered as they are, they seem to be flying...a little. You rub your eyes, but the dreamlike tableau persists.

“Of all the events surrounding Apollo 11’s landing on the Moon on July 20, 1969, my most vivid recollection is its unreal quality. Neil Armstrong and Buzz Aldrin shuffled along the grey, dusty moon surface, the Earth looming large in their sky. While Michael Collins now the moon’s own moon orbited above them in lonely vigil.”

These words were spoken by Carl Sagan, American astronomer, cosmologist, astrophysicist, astrobiologist and author; but who is probably most famous for his 13-part television series “Cosmos.”

On July 20, 2019 it’ll be 50 years since that initial moon landing. Though the Apollo missions lasted till Dec. 7, 1972, the one that is remembered most is that initial voyage across the 238,900 miles that separate the Earth from its only naturally occurring satellite, the Moon.

As Neil Armstrong took his first step into the regolith of the Moon,

Walter Cronkite removed his glasses in awe and uttered, on-air, “Man on the moon!...Oh, boy...Whew, boy!”

He had said later that he’d hoped to say something more profound, but that it was really all that could be uttered. I don’t really think we can blame him.

Millions of people watched on July 16, 1969 as Apollo 11 launched from the Kennedy Space Center, helped by a Saturn V rocket. The trip took 4 days, 6 hours, and 45 minutes. Four and a quarter days in an aluminum ship set out across a gulf, void of breathable air with temperatures that can vary to horrifying extremes.

As Armstrong stepped from the Eagle (the name for the lunar module) into the Sea of Tranquility, the name given for the sea of flat basalt below the Moon’s highlands, he uttered those famous words, “That’s one small step for man, one giant leap for mankind.”

Though Armstrong, a Wapakoneta, Ohio native, who died August 25, 2012 in Cincinnati, Ohio would later claim that he had actually said, “That’s one small step for a man...” referring to the single step he was taking that day.

Apollo 11 would effectively end the Space Race, a super-power competition between the Soviet Union’s cosmonauts and the United States astronauts, which started back in ‘55 when the Soviets announced they’d release Sputnik 1, the first artificial satellite to orbit Earth. It launched on Oct. 4, 1957.

Though Armstrong was the first person to step foot on the moon, he was not the first human being to journey out into space. That honor going to Soviet pilot and cosmonaut Yuri Gagarin, whose shuttle, the Vostok 1 spent 108 minutes above the Earth’s atmosphere



in a single orbit, before Gargarin parachuted down at 23,000 ft above the Earth’s surface.

"For one priceless moment in the whole history of man, all the people on this Earth are truly one." said then-President Nixon in a phone call to Armstrong and Aldrin as they were on the moon.

"We choose to go to the moon in this decade and do the other things, not because they are easy, but because they are hard." said Kennedy, who jump started the goal by declaring that, “This nation should commit itself to achieving the goal, before the decade is out, of landing a man on the moon and returning him safely to Earth.”

In ‘75, in the heat of the Cold War, the Soviets and the U.S. partook in The Apollo and Soyuz Test Project. The goal being to bring a ceremonial end to the Space Race with a joint mission between the world’s two sole space explorers, at that given time.

“It has been said that astronomy is a humbling and character-building experience.” said Sagan in his now infamous Pale Blue Dot speech from “Cosmos.”

“There is perhaps no better demonstration of the folly of human

conceits than this distant image of our tiny world. To me, it underscores our responsibility to deal more kindly with one another, and to preserve and cherish the pale blue dot, the only home we've ever known.”

CNN’s film department released a documentary chronicling the entire event, which was released back in January at Sundance and went wide in March. Though, if you missed it, do not fret, as it’s currently playing at the IMAX theatre at Wright-Patterson Air Force Base, and will be playing the 20th and 21st at the Plaza theater in Miamisburg.

“Yes, as Armstrong said as he first alighted, this was a historic step for the human species,” said Sagan. “But if you turned off the byplay between Mission Control and the Sea of Tranquility, with its deliberately mundane and routine chatter, and stared into that black-and-white television monitor, you could glimpse that we humans had entered the realm of myth and legend.”

Twelve men have walked on the moon’s dusty, grey surface since 1969. None have since 1972. None have ventured further into the black, empty cosmic infinity beyond.



# “Anti-Choice Laws” and Woman Opposing Them

Richard Foltz  
Managing Editor

On June 22, Voices United for Women, an organization that is designed to help women, femmes and their allies, held a demonstration that started at McFerson’s Commons in the Arena District in Columbus, Ohio and ended at the statehouse steps, a reaction to April’s “heartbeat bill.”

Since the “heartbeat bill’s” inception back in April, when Ohio Governor Mike DeWine signed it into law, the bill’s been riddled by a bevy of backlash from pro-choice and women’s rights groups across Ohio and the rest of the nation.

“I think that this is a longtime coming attack on women because of the lies that have been spread around this,” said Emily Parris, Co-Founder and President of Voices United for Women, a women’s rights group. “I think that it’s pretty clear that this isn’t just an attack on wanting unborn fetuses to have a ‘chance to live.’ This is a way to control a woman’s right to her body.”

The law is another in a long line of bills introduced over the past year throughout the United States, the strictest of which lies in Alabama’s law, which bans all forms of abortion, even in cases of rape or incest, and carries up to 99 year sentences.

“That turns back the clock to pre-1970s,” said Parris of the laws proposed in Alabama and across the country. “That turns back the clock to all that we’ve been able to accomplish in the fight for reproductive justice, that the women whose shoulders we stand on in this fight have worked so hard to accomplish, and I think that, you know, the big fear is that this would end up with the re-examination of Roe.”

“The heartbeat bill has the potential to be the vehicle that overturns Roe v. Wade,” said Mike Gonidakis, President of Ohio Right to Life, the state’s oldest and largest pro-life group. “We know that this temporary restraining order is just a step in the process to finally seeing Roe reconsidered.”

“The essential function of government is to protect the most vulnerable among us, those who don’t have a voice,” said DeWine at the time of the bill’s signing. “Government’s role should be to protect life from the beginning to the end.”

U.S. District Judge Michael Barrett blocked Ohio’s “heartbeat bill” the first week of July, so named because a fetal heartbeat can be heard at six weeks, the proposed barrier for abortions.

“These abortion bans are unconstitutional and strip away a woman’s timely right--cause I think

that that’s the big thing, right?” said Parris. “It’s that six weeks ban. While technically it doesn’t ‘ban abortion,’ many women don’t know that they’re pregnant at six weeks.”

“Let’s say you’re in a long-term relationship,” said Parris. “A cisgender woman is married to a cisgender male. You know, she gets pregnant and she wants an abortion. Is it her husband’s right to oppose that? Of course. It’s his right to oppose that. Right? He can have his opinion all he wants. Or our legislators can have their opinion all they want. At the end of the day, we have to recognize what I don’t think a lot of people are talking about which is bodily autonomy.

“It’s the same thing as giving blood. Let’s say myself and another person are the only people with AB+ blood type in the entire world. And I’m the only person that can save their life.

“You cannot force me to give blood to them. Of course I would, personally, but you cannot force me if I don’t want to. So, you cannot force me to sustain life. Just in the same way that you cannot force me to be an organ donor and you cannot force me to be a human incubator. And so at the end of the day, I think it is 100% a person’s right to choose what happens to their body.”

At the Voices United event, Columbus City Council President Pro Tempore Elizabeth Brown spoke about the bill and about legislators around the country and their intent with the heartbeat bill and others like it.

“If you look around the country and you look at states that have the most

restrictions on abortion care, you will see that correspond to the worst health outcomes and for babies,” Brown said. “So let’s be clear about what restricting abortion does: It makes babies less healthy and it makes women less healthy.”

“If you are really concerned with protecting life from beginning to end, I think that maybe [DeWine] should care about life post-birth,” said Parris. “I think that maybe you protect having access to healthcare, protect having access to education, and drug pricing that’s affordable, and career opportunities that pay men and women equally.

“I don’t think that then we have an issue on abortion, we have an issue on which lives and which people should be protected.

“When I see Christianity taking over the government of my country, even as a Christian, I have to pause and say, no that’s not what we are as a country. We came here to escape religious oppression and how dare we pass laws that are based in religious truth.”

“To be completely transparent,” said Parris on the formation of Voices United, “We were not really looking to start an organization, but as we talked to people, both people who have been in women’s rights fields for decades and people like us who were in college and we came to the realization that a rally or a protest or whatever terminology you want to use for this type of event really means nothing if it’s not tied to a larger strategy.

“To put it bluntly, no legislator looks

at a protest and says, you know what they’re right. I was gonna vote for this but now that I see all of these young women, I think I’m going to change my mind. That’s not the reality of it. And as much as we would love for that to be the case, it’s not.

“So, what we recognized that we were able to tap into a group of people who had never been politically involved before but wanted to now. And we said, okay, so what are these people missing? Why have they not gotten involved before? And it was simply because they didn’t feel like they had a place to belong. And so we all kinda looked at each other in a team meeting one day, pretty early on in the planning process and said we gotta give them a place where they feel like they have a voice that is valued.

“So, we brought other organizations in like Fight For Her Ohio, Women Have Options, The ACLU, Planned Parenthood... We connected with organizations that had volunteer opportunities and said let’s give them the opportunity to speak and then pass out their information.

“To say, here are the volunteer opportunities you have, here’s where you can donate, here’s what you can tweet to get our message out. Giving people very specific directions of what they can do to help. I think that makes people walking away from a protest a little more fulfilled and then gives them something to do afterwards.”



Ralph Orr & Paul Becker



# Claude's Column: ELEVATE Partners with LIVE-IT Ministries

Samuel J. Claude  
Associate Editor

This past June, my peers and I were blessed to return to the Smokies and partner with LIVE-IT Ministries in Seymore, Tennessee.

LIVE-IT Ministries is a mission organization focused on improving the local communities in Tennessee by meeting the needs of those less fortunate.

Their goal is to “take the Bible outside the box” and show the love of Jesus Christ by loving and caring for the widowed and orphaned members of society who are in need of physical assistance or emotional support.

Nearly nine years ago, LIVE-IT Ministries was founded by Paul and Terri Danis. Paul spent 12 years serving in the U.S. Navy. During that time, he studied at the prestigious Navy Campus for Achievement.

After graduating with a nursing degree, Paul eventually became Regional Director at a biomedical company called Hill-Rom, and eventually owned a Century 21 Real Estate Office in Sevier County, TN in 2005.



Samuel J. Claude

Prior to co-founding LIVE-IT with her husband, Terri earned her degree in nursing at NorthEast Alabama State College. In the year 2000, Terri moved to Sevier County and found work as a broker alongside Paul in the real estate business. She would move on to join the staff of the local church.

Upon being ordained in 2005, Paul became a senior pastor at a local church and eventually he and Terri founded LIVE-IT ministries in 2010.

Over the past nine years, LIVE-IT has blessed countless people in the Tennessee community by partnering with hundreds of churches across the country. Since 2015, the youth team from The Covenant at Sugar Grove Church, ELEVATE, has partnered

with LIVE-IT three times. I personally have served with LIVE-IT twice since joining ELEVATE.

In the past, we have worked on service projects such as cleaning up an elderly man’s unkempt yard. In 2017, we assisted in repairing a house previously destroyed in the ferocious Gatlinburg fires.

During our most recent outing with LIVE-IT, we worked at the LIVE-IT thrift store. Half of us worked inside the thrift store itself, sorting and boxing clothing.

The other half took to the forest behind the store to blaze a nature walking trail for the future LIVE-IT community center and coffee house, which will be called The Bridge.

For two days, my colleagues and I sawed down massive trees, hacked through unending patches of thick thorn bushes, endured the brutal summer humidity of the South and fought off hundreds of killer hornets.

The workload was immense but reaching the end of the trail, knowing it will be hiked and appreciated by the people of Sevierville for generations to come, was more than gratifying.

Whether it be rebuilding a burnt

house, blazing a trail or simply helping out in a thrift store, LIVE-IT offers many ways for people of all ages to glorify God by reaching out to those in need.

It has been an honor working alongside LIVE-IT these past two trips and I couldn’t be more proud of work ethic and spirit my team showed this year.

My support for this organization will continue for years to come and I look forward to seeing how they continue to impact the Tennessee community as well as churches all across the nation.



Samuel J. Claude

# Reverend Janglebones' Soapbox: Bet You've Never Heard This



Gregory Bortnichak

Brian Yoder  
Reproter

In a world with dozens of radio stations and nearly as many songs on all of them combined, it can be a chore just sifting the wheat from the chaff. Sometimes you just want something you’ve never heard before.

Well, folks, here it is: Two fantastic, brand-new albums from artists I would comfortably wager cold hard cash you’ve never before laid your soon thankful ears upon.

“Locution” is the latest EP by Gregory Bortnichak and it is something to behold. Sweeping and swelling complex cello melodies gush forth from

every corner of this record, processed expertly through a system of pedals and effects that would make a NASA scientist order a shot and take up smoking.

Interestingly, the majority of this album is totally unique versions of some of the artist’s favorite songs.

The records begins with a cover of Richard Wagner, yes that Richard Wagner, followed by an absolutely haunting rendition of Bruce Springsteen’s “I’m On Fire,” a cathartic re-working of Bob Dylan’s “Mamma You Been On My Mind,” and the widely covered classic “Sea Of Love.” There are also two slower, more introspective craftings of Bortnichak’s earlier songs at the end of the album.

I have followed Bortnichak for years. Ever since seeing him destroy a cello bow and half of his guitar strings in a live set with his brother (on drums) in their long-time project Sparta Philharmonic, he has had my dedicated and loyal fandom. The guy plays like the whole universe depends on it, and you just don’t see that enough anymore.

This album feels darker than usual, even for someone as intensely com-

fortable with facing the darker sides as Bortnichak seems to be. Sad and thoughtful and learning to find peace in sorrow. Kind of like the Buddha, but with more effects pedals.

This album was mostly a live home recording, by the sounds of the pedals clicking in and out, which gives it a very intimate low light kind of feel. I highly recommend some evening tea and a pair of headphones.

The second newly released jewel which I intend to bestow is from Brutus VIII. I can’t say enough good and weird things about this guy. If you like things like gorgeously textured raw synth sounds with a little glitch thrown in, or ‘80s synth, new wave, or just good night driving jams, then strap in.

He’s got an excellent sense of space. There is never a point when the music feels unnecessarily crowded and the low range soft industrial smoothness of the vocals mesh like a tailored suit. “Fraülein,” in particular, carries this magical ‘80s movie climactic love scene vibe that hits the mark better than most who try.

Brutus VIII also has an intentionally



Brutus VIII

crafted aesthetic to his live shows and social media that only add to the mystique, if not creepiness, of the whole experience.

If I was correct in my prediction, and you have never heard these guys before, let me go ahead and suggest strongly that you check out Brutus VIII’s previous records, as well as Gregory Bortnichak’s other projects; Sparta Philharmonic and Teach Me Equals.

If you like them, please follow them on social media. These are independent artists working hard and every bit of love counts tenfold on their end.



# Dietary Restrictions at Sinclair Cafeteria

Valencia Bruno  
*Contributing Writer*

There are many students attending Sinclair Community College that live with dietary restrictions, such as lactose or fructose intolerance or have a need for gluten-free products.

A concern among these students is the availability and visibility of foods that meet their conditions.

However, Sinclair is planning to change it up next semester and put out more options for those with dietary restrictions.

Sinclair's cafeteria includes many possible selections from pizza, burgers at the grill and sandwiches and wraps from the deli. There are also different guest restaurants or fast food options that come to the cafeteria.

This all helps to spread different varieties of food to students so they have a large array of options to choose from.

Even the students that lack dietary restrictions or eat vegan believe that the school cafeteria should offer a broader selection for students that need them.

Melody Baccos, a Sinclair student, does not have any restrictions, but her boyfriend is lactose intolerant. She believes that there should be more



options, as "they need to eat too."

The students that have restrictions typically either have lactose or gluten intolerance. Many also choose to live a vegan or vegetarian lifestyle for health or dietary reasons.

In addition to dietary restrictions, a lot of people go vegan for health

reasons, to make sure that they eat right.

Vegans engage in not eating meat and dairy for personal reasons as well. Many do it because they empathize with the animals that are killed for their meat or are kept in captivity.

"Vegetarianism is a choice and if you like meat that wouldn't be a choice," David Clark, chairperson and professor of the dietetics and nutrition department, said.

By a rough estimate, 75% of the U.S. population has dietary restrictions. Some are obviously aware of their dietary restrictions while others aren't.

"If you look at in a more scientific aspect you can see a lot of younger people have it," said Faith Seaborn, president of the Dietetics Club.

Solutions for those with these conditions would be simple to roll out. For example, gluten options such as adding whole grain bread or non-lactose milk from cashews, almonds, coconut and rice could solve the problem.

The Dietetics Club is helping to "provide healthy nutritious lunches to the students of Sinclair," Seaborn said.

The club plans to start a food pantry for students. Each person would receive a bag and it would be structured like other pantries; they would get two vegetables, two fruit and one grain. They would have it twice a month. The club also holds a 5K walk every spring.

"Dietetics Club sat down and are hoping to have more outreach to the campus during the summer," Seaborn said. They are in building 14 room 425, and they are ready to spice up more of the summer.

In addition, the dietetics and nutrition department is located on the third floor of building 14.

"People are becoming more aware of the intolerance that they are reading on the media and self-diagnosing themselves without seeing a physician on that and that is what they are there for," said Clark.

The department is looking to remedy this problem by offering help and advice to anyone concerned about their dietary issues. They can give suggestions on the proper foods to eat and make recommendations for doctors to see, if necessary.

"This semester would bring in

about eighteen to 20 students in the fall, probably out of that 20 there's probably five, those five normally go to dietetics because they have a problem with food and their life revolves around food," said Clark.

They would give students suggestions on what to pack themselves from home, and show them the importance of carefully



scanning the cafeteria labels.

Clark would also suggest proper foods for students that are gluten intolerant and for them to try oat, wheat or gluten-free bread, to gauge the effects it would have on them.

"Students need to be careful, especially new students because they would eat anything," said Clark.

The students that do have restrictions should look at the labels when eating at the cafeteria or other restaurants so that they know what they can and can't eat.

This way, they avoid hurting themselves and could see the cafeteria in a different light or somewhere else they could possibly dine.

The cafeteria also has big plans for the fall semester, as they are going to roll out new foods for students that have dietary restrictions and for those who are vegans. They are going to bring back old foods that they use to have as well.

In the fall they look to bring in vegan cheese to the cafeteria. "I want to give more options to choose from," Tim Sweet, General Manager of Food Services, said.

Students are starting to eat healthier and that's why they think that their popular seller is the hummus wrap. They're trying to add more options for vegans to ensure that they don't become bored with the

available options.

They also have an information book at the cafeteria on nutrients and calories at each station, for students or customers to use and see what they have to offer.

"If you don't keep changing what you sell, you get bored with what you're eating," Sweet said.

They have a George Foreman grill

and they want to keep vegan food separate from regular food so as to not cross-contaminate black bean burgers with regular burgers.

They also want to add the vegan cheese to grilled cheese sandwiches and keep that separate as well. The staff also wants to have a separate fryer as well for vegans or students that are intolerant to gluten.

"Ten years ago I didn't know what gluten-free was, most people didn't," Sweet said.

They tried a gluten-free pizza, which wasn't as popular as they were hoping and they weren't selling well. However as time has passed, the demand for gluten-free pizza has increased.

The above changes and more will be part of the college's effort to better serve students that have dietary restrictions, or are just looking for healthier options.







# Far From Home

REVIEW

Samuel J. Claude  
Associate Editor

How on earth does a studio top the phenomenon that was “Endgame?” The answer is, they don’t. But just because something isn’t as gigantic as “Avengers: Endgame” doesn’t mean it can’t still amount to a great standalone film.

Such is the case for the third attempt at a second Spider-Man film, “Spider-Man: Far From Home.”

Famed film director Jon Watts returned to helm this sequel to the previous film, “Spider-Man: Homecoming.” Returning to don the iconic Spidey mask is Tom Holland, along with Zendaya, Jacob Batalon, Marisa Tomei and Jon Favreau.

Unfortunately there is no appearance by Michael Keaton (The Vulture) in this movie despite his promising post-credits scene in “Homecoming.” I was somewhat disappointed by his absence seeing how he was the best part of the last film. Hopefully, his story will be completed in Spidey’s next cinematic outing. And upon viewing the post-credit scenes, this could easily be the case.

But rather than focus on who didn’t appear in the 23rd film of the Marvel Cinematic Universe, let’s take a (mostly) spoiler-free gander at MCU’s equivalent of “Spider-Man 2.”

This film picks up after the events of Endgame. (Which if you haven’t seen “Endgame” why are you even reading this?) Despite the global impact of what the world has come to call the Blip (Thanos’ snap), life has seemingly returned to normalcy for Peter Parker (Holland) and his friends.

While the death of his mentor (let’s just say it’s not Uncle Ben) looming over him literally and figuratively, Peter remains relatively positive as he and his class prepare to embark on a school trip to Europe.

On the trip, Peter plans on confessing his feelings of affection to MJ (Zendaya) as he explains to his best friend Ned (Batalon). He also decides to leave his Spidey suit behind, desiring a vacation from the responsibilities of being a superhero.

The trip plays out relatively normal outside of a few embarrassing and almost fatal incidents. This all changes in Venice when an enormous monster of water known as an elemental emerges and wreaks havoc upon the city.

Without his suit and seeing his friends in mortal danger, Peter is forced back into action with only a party mask to protect his identity. All seems grim until a mysterious caped crusader (not Batman) flies into action and seemingly vanquishes the beast.

Later that evening, Peter is confronted in his hotel room by Nick Fury (Samuel L. Jackson). Fury takes him to see a man named Quentin Beck (Jake Gyllenhaal), who is also known as Mysterio. Beck claims he is from an alternate universe and that the creature that terrorized Venice destroyed his world. He says that he managed to take down 3 out of 4 of the Elementals, yet one still remains that could threaten all of earth.

So it is up to Spider-Man to put an end to the threat of the elementals and save his friends, all while trying to spend time with and confess his feelings

to MJ. This, however, is easier said than done as Peter soon discovers not everything is as it may seem.

So right off the bat, “Far From Home” is far above “Homecoming” in terms of action, suspense and drama. This was the first time for Spidey in the MCU where it felt as if much more was at stake than simply stopping the bad guy.

To explain my point, allow me to briefly discuss my biggest criticism of the Web-slinger’s previous outing in the MCU. Now as much as I enjoyed “Spider-Man: Homecoming,” it lacked the weight and angst required to properly portray one of the greatest superheroes of all time.

The legend of Spider-Man is the tale of an ordinary man gifted with extraordinary powers, with which come extraordinary responsibilities. Every day, he struggles to balance the responsibilities of the city’s protector with the equally challenging responsibilities of Peter Parker. And any failure or lapse of judgment more often than not will result in his loved ones paying the price.

“Spider-Man: Homecoming” took a much more light-hearted approach to the character, which worked for what they were shooting for. And while the MCU’s teen-comedy take on Spider-Man isn’t a bad thing, it’s just not what I think Spider-Man should be.

He’s a larger than life icon that should be treated like a larger than life icon, not just another marvel character. The other Spider-Man movies, for all their flaws, were big movies with

big stakes.

“Homecoming” showed a lot of promise in the last third with a brilliant character moment between Tony Stark and Peter, a genuinely frightening scene with the surprise reveal of the Vulture’s identity, which segued into a relatively exciting finale. But it still didn’t really feel like much was at stake outside of Peter ditching his date who we really never knew anything about.

Rather than stopping a train full of passengers or rescuing the love of his life from the clutches of evil, Peter instead stopped the vulture from stealing weapons. In the end, it resulted in a fun yet underwhelming Spider-Man movie, at least compared to the likes of “Spider-Man 2” or “Into the Spider-Verse.”

“Spider-Man: Far From Home” on the other hand finally felt much closer to the classic character I know, being driven by the death of a loved one to take on a bizarre double-life of a superhero. And as his friendship with MJ grows stronger, his job as Spider-Man becomes all the more difficult. I believe this film handled the struggle of choosing between the one you love and the duties as well as “Spider-Man 2.”

But it’s not all just melodrama, the teen-comedy aspect of the movie still works well too. While mostly condensed to the first act of the movie, the comedy of this movie is hilarious and is more competently blended with the action and drama of the larger story.

This perfect mix of drama and humor is most evident in the

mid-credits scene which plays out in a rather serious manner, yet led to the greatest cameo in Marvel history which left me squealing with delight in the theater.

My only real criticisms of “Spider-Man: Far From Home” would be the pacing of the first act, which can drag a little bit from time to time, and the reveal of the main villain which I think was a little botched. I won’t spoil anything (even though it’s pretty obvious) but the scene in which the villain reveals his plans is very ham-fisted and surprisingly over-the-top. He just shouts about how he was shunned by his former employer and how he plans to seek fame and fortune via diabolical illusions.

The film basically comes to a standstill as he lets the audience in on what he’s going to do by just announcing it to other characters.

In the film world, we call this exposition and unfortunately, what should have been a rather intimidating moment is reduced to over-acted expository dialog.

Fortunately these issues, while distracting, aren’t too distracting. “Spider-Man: Far From Home” is still an excellent addition to the MCU that might not be as bold or ambitious as “Endgame” yet still stands out as one of the better Marvel movies in recent memory.

With its frivolous pacing, outstanding action and greater understanding of its source material, “Far From Home” is a welcome return to form for the franchise. One that left me intrigued and excited for Spidey’s next web-slinging adventure. 9/10



# 100th Anniversary of 19th Amendment

Nikki Neumann

Reporter

On June 4, 1919 congress passed the 19th Amendment which was ratified on Aug. 18, 1920. The 19th Amendment granted American women the right to vote.

American women were denied many natural rights since the inception of the U.S. For example, women were not allowed to work and were expected to stay home and do house duties.

In 1869 the National Woman's Suffrage Association was formed. The women's suffrage movement was not

convention was held at Seneca Falls, New York.

At this convention, there were over 300 people including many women and few men. Activist and famed abolitionist Fredrick Douglas attended as well.

The women's suffrage movement lasted about 75 years on a national level until they were finally recognized as smart enough to be able to vote. This association was also very supportive of the 15th Amendment which granted African Americans the right to vote. By March of 1920, 35 states had approved the amendment. Over time

to vote was Mississippi on March 22, 1984.

As women approach the 100th anniversary of the 19th Amendment let's take a look back on what we have accomplished since then.

The women's suffrage movement propelled gender equality, which ultimately created feminism. It brought women out of the household. Women started to work more and continue their education in hopes of providing for their family one day. Women now make up 58% of college undergraduates.

They made Americans get serious about gender discrimination in the workforce and started protecting women from sexual harassment in the workplace.

This ultimately pushed for women to work in fields that are predominantly occupied by men. Some examples of these fields include politics, law, research, medical fields, construction and many others.

In 2010 America Kathryn Bigelow won the Academy Award for Best Director for the film, "The Hurt Locker." Viola Davis was the first African American woman to win an Emmy for Outstanding Lead Actress in "How To Get Away with Murder" in

2015.

In 2016 America saw the first female presidential nominee of a major party, Hillary Clinton.

America avoided gender discrimination in sports as well by creating Title IX. This gave women the power of knowing colleges will support their athletics.

The Women's National soccer team is still fighting for pay equality after winning four world cup finals. All 28 female players sued the U.S. Soccer Federation for being paid less than the men's team.

Not only did the ratification of the 19th Amendment impact America, but it also shed light in other countries on the treatment of women.

Global feminism demanded equal rights to end violence against women entirely. Women are still making great strides to receive equality globally.

The Dayton Metro Library is celebrating the 100 year anniversary of the 19th Amendment. The Main Library on 215 E. Third St. will have two exhibits on display for free.

The first exhibit is the "Suffragists: And They Persisted!" Art Quilt Show from June 1-July 31. The second exhibit is the "19th Amendment: Towards Equality for All" from June 18-July 31.



Wikipedia

recognized at a national level until July of 1848 when the first women's rights

other states started to follow. The last state that granted women the right

## Historical Asian Art at DAI

James Novonty

Staff Writer

If history and art are your idea of a good weekend adventure, take a step back in time to the history of the far east with the Dayton Art Institute (DAI) this summer.

DAI will be featuring two historical exhibits over the summer and fall focusing on Japanese printmaking and the effects of Buddhism on Asian art.

### Impressive: 100 Years of Japanese Prints at the DAI:

As early as 1919, Japanese woodblock printing has been collected by the DAI. The current number of pieces surpass 350. Their collection comprises of prints from some of the most well-known artists of the time with works of famous landscapes and women, two popular subjects for printmaking at the time.

This exhibit will be ever-changing with a rotation every four months over the course of the year to include all works in their collection. This exhibit will feature topics including the development of the collection and the donors and planners who helped develop the show.

Woodblock printing has been an Asian staple of art for some time. Religious books from Chinese Buddhist temples were seen as early as the eighth century in Japan. In the year 764, the Empress Kōken commissioned a million small wooden pagodas, each containing scroll prints with Buddhist literature known as Hyakumantō Darani. These texts were then dispersed to temples around the land as thanks for the conquest of the Emi Rebellion of 764.

### Buddhist Art: An Enlightened Thread through Asia :

Printmaking was not the only art Buddhism touched as it spread across Asia. DIA is promoting a sense of mindfulness and compassion with their newest show focusing on the works of Buddhism in The Patterson-Kettering Wing of Asian Art.

Buddhism is still one of the major world religions today and spread through Asia via trade networks and dedicated communities of followers. Such a major movement could not leave the culture of the day untouched.

Visitors will see many forms of the visual arts including the printmaking, as well as finely crafted objects that played a central role in communicating and spreading the message of Buddhism.

This exhibit covers some 2000 years of Asian history and will let viewers get to know the people and ideas of this vibrant tradition.

Impressive: 100 Years of Japanese

Prints at The DAI is on view until Jan. 5, 2020 and Buddhist Art: An Enlightened Thread through Asia is on view till Dec. 31, 2019.

DAI members can enter both exhibits free of charge, and are included in museum suggested general admission for guests who are non-members.



Needpix



## Sinclair Cares Counseling Services

Summer can be a great time to get ahead on classes for your major, but sometimes motivation can be a struggle. If you are taking summer classes and finding it hard to focus while your friends are at the pool, look at how you can change when you are studying to still get some sun.

For example, see if there is any benefit to trying to complete homework before 12 p.m. so that you can have some fun time during the day. As the humidity rises during the summer, find a new, air-conditioned area to study.

Many students find that changing where they study and getting out of their house helps with motivation. If you like to lay out by the pool, take your books and read for a while.

It is also helpful to study with others in your class, so consider finding ways to make studying a social time, just don't socialize the whole time!

Lastly, with the cleanup from the tornadoes still going strong, students impacted by the tornadoes can reach out to our office if they need to talk and process what has happened.

We are still currently located at 4-331 and can be reached at 512-3032. We will be moving back to our previous location, 10-424, in July.



Contributed by: Eric Henderson

## Ombuddy Corner

Happy summer! Welcome to all of our returning and our new summer term students. Sinclair is buzzing with lot of activity.

If you have been impacted by the recent Dayton tornado, we hope you will contact our office at the website below.

We wish you a successful summer term!

*The Ombudsman is your student advocate! To learn more, visit [www.sinclair.edu/ombudsman](http://www.sinclair.edu/ombudsman).*



# Your Voice

## “Does Technology Make Us Dumber?”



Photo by Elliana Miller-Young

“Ultimately, I think it is making people more intelligent, but it is taking away some basic skills that had to be learned previously. With everyone having a calculator on their phone, they don't have to know how to do basic arithmetic off the top of their head, but it does open us up for a higher potential I think.”

- John Zennie  
*English*

“I don't know if it's a simple question. Technology obviously reduces the working memory that people have, since you don't have to store as much knowledge, but I don't know if that means dumber. I'm more concerned with the lack of critical thinking.”

- Kayla Stacy  
*Legal Studies*



Photo by Elliana Miller-Young

“I think technology is making people stupid. I say that because there are people that get on Facebook and Instagram every single day. It's full of negativity and makes people work toward a vision of themselves that is unattainable.”

- Maraysha Moore  
*Business Administration*



Photo by Elliana Miller-Young

“I think it makes people smarter, just because there's a lot more information out there that people can look up faster. I also think some people are losing important communication skills though.”

Valerie Eifert  
*Paralegal*

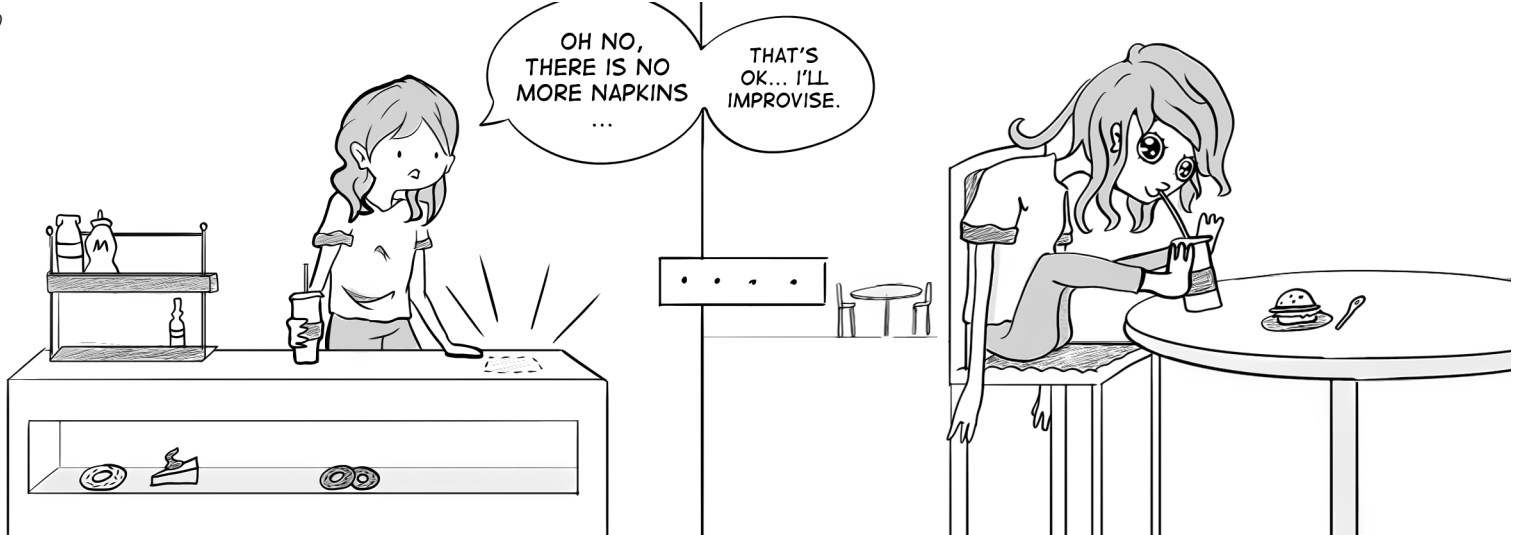


Photo by Elliana Miller-Young



# Clarion Cartoons

2



**Improv**  
**Created by:**  
**Zoë Pirslin**

## My Voice: Does Technology Make Us Lazy?

Samuel J. Claude  
*Associate Editor*

*Disclaimer: I would like to give a quick shout out to my classmates at Tides of Grace homeschool co-op who assisted in putting this argument together over the spring semester. You guys and gals are the best!*

We have it pretty easy these days don't we? Over the past 50 years, we have evolved from walking to the local library to study for a history test to now possessing access to nearly anything you would want to know about anything all on your phone or laptop.

But as we all know, with great power comes great responsibility. And with that in mind, I must question, has modern technology dulled our drive to accomplish our goals?

Are we as responsible with modern technology as those before us who faced many of the same problems without our technological advances? Does technology make us lazy?

Now before I state my voice on the matter, allow me to clarify that I am referring particularly to the use of smartphones, laptops, tablets, voice-controlled devices, etc. Now to fully answer this question, we must briefly examine both sides of the argument.

On one hand, overuse of technology and social media can be cited as a reason why so many teens and young adults lack social skills outside of the use of emoji.

It can distract people from their responsibilities and destroy the art of conversation.

While this is true in many cases, the question still stands, is technology itself causing these problems or is there something greater that must be addressed. I for one, believe so.

Technology is a tool. An advanced tool capable of many great feats but a tool nonetheless. And like any other tool it can be used or abused depending on the individual wielding it.

For example, like a smartphone, a gun is a tool as well. It can be used responsibly by a skilled hunter or by a police officer to subdue a crook in a stickup. Likewise, it can just as well be abused recklessly to rob a bank or commit murder. Is the gun itself to blame for the crime, or the criminal wielding it?

Or in a less extreme example, what if someone with dyslexia uses autocorrect? Does it make them lazy or are they using it responsibly compared to someone who doesn't need it yet uses it anyway?

Technology can allow you to perform a number of tasks but it cannot force you to do them. It is ultimately the person that chooses to be lazy. Perhaps we simply choose to blame our own laziness on technology out of a refusal to take responsibility for our behavior.

We all have a choice to use our technology responsibly. This choice

is not dictated by technology itself. It all comes down to the will power of the person to pick up or put down their phone.

This issue is often tied in with the larger debate of whether or not this generation is intellectually inferior compared to previous generations.

While this topic is very debatable (maybe I'll do another column on that one day), I don't believe technology is solely to blame for the oversensitivity and lack of morality in modern society.

So in the end, technology does not directly cause one to become a slacker. It is our choice whether or not we are responsible or lazy.

Technology is a tool that can be used to provide wonderful things such as connections with friends and family near and far or be used to read articles on the Clarion website (Please subscribe for more humor like this). It can just as well distract young people from their responsibilities and cause uncomfortable rifts in face to face conversations.

It's up to each and every one of us to decide whether we waste time on social media or use it to improve the world we live in.



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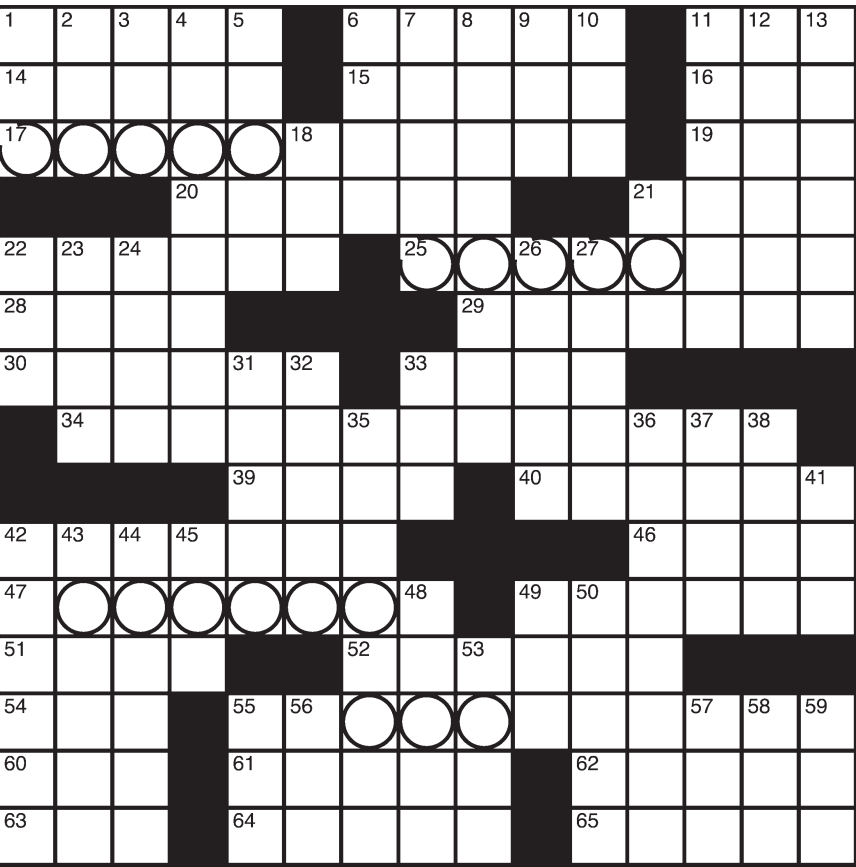
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Crossword Puzzle



- Across**

1 Singer LuPone

6 Certain Jamaican, religiously

11 Dol. parts

14 Get-go

15 Predictable

16 Poke bowl fish

17 “La La Land” Oscar nominee

19 Gym exercise unit

20 Beat in a hot dog contest

21 Farm yield

22 Singer Styles and illusionist Houdini

25 Obsolescent coin-op communication device

28 Fateful March day

29 Not timely, as a birthday wish

30 African adventure

33 Jazz great Fitzgerald

34 What a bittersweet moment may evoke ... and a hint to each set of circled letters

39 “I don’t believe you!”

40 Rudely sarcastic

42 “Dirty” drink

46 Two of a kind

47 Secondhand rides

49 Bites (on)

51 Eye covers
- 52 Dr. Seuss’ real last name

54 Chocolate dog

55 Eerie stillness

60 Swelled head

61 NOW co-founders

62 Ski run bump

63 \_\_\_ screen: medical test for poisons, etc.

64 Nonreactive, as gases

65 Uppity types
- Down**
- 1 Spanish “for”
- 2 “Pick a card, \_\_\_ card”
- 3 Homeland Security screening org.
- 4 Jazz ensemble instrument
- 5 PC troubleshooter
- 6 Trick
- 7 \_\_\_ on the wrist
- 8 Befitting
- 9 Sun-lover’s hue
- 10 “Solve for x” subj.
- 11 Snack for Bugs
- 12 Dream partner
- 13 Drank daintily
- 18 Tie-breaking NHL periods
- 21 When doubled, a Latin dance
- 22 That dude’s
- 23 2018 Best Supporting Actor Oscar nominee
- Driver
- 24 Int.-lowering mortgage deal
- 26 Hollers
- 27 Like the nose on your face?
- 31 Ancient artifact
- 32 Menzel who voices Elsa in “Frozen”
- 33 Racket end?
- 35 Legitimate target
- 36 Custard-filled pastry
- 37 Mass unit
- 38 Uno card
- 41 Nos. on wine labels
- 42 Short-in-front, long-in-back men’s hairstyle
- 43 Crumbly Italian cheese
- 44 Netflix competitor
- 45 QB stats
- 48 Ritual Jewish meal
- 49 Long-running forensic series
- 50 Command posts
- 53 Stevie Wonder’s “\_\_\_ She Lovely”
- 55 Sobriety checkpoint initials
- 56 Loooonng time
- 57 Nonprofit aid gp.
- 58 Baby bear
- 59 Raised railroads

Poetry Pick

Autumn Leaves

In a world where we don’t rake,  
displace,  
and incinerate leaves,  
stripping them of their will,  
  
maybe we would all be swimming  
in a sea of crisp orange and green,  
  
where we may itch,  
but we know it’s because of beauty.

Zoë Pirslin

Sudoku Puzzle

	5			2				4
	6		1		3			
2							7	
5	9	7	4					1
			7		6			
3					2	7	9	8
	1							
			8		4		3	
9				7			4	

Last Edition’s Solution

M	I	L	E	Y	A	H	A	B	B	C	C	S
I	R	U	L	E	S	A	N	E	O	H	H	I
L	A	C	K	S	L	A	C	K	S	N	E	L
E	T	A	M	O	D	E	L	T	S	C	O	T
R	E	S	T	T	A	K	E	S	T	A	K	E
			R	M	S				I	I		
A	D	H	O	C	B	R	A	U	N	T	E	N
P	O	O	L	S	P	O	O	L	S	V	O	T
P	I	L	L	T	O	U	T	S	T	O	U	T
S	T	D	P	A	S	T	A	A	C	T	A	S
			P	O	M				S	P	A	
T	A	L	K	S	T	A	L	K	S	L	I	S
W	H	E	T	A	V	E	E	N	O	R	A	P
Y	E	A	H	N	A	I	L	S	N	A	I	L
L	A	S	E	G	I	L	L	Y	E	N	T	E
A	D	E	N	O	L	A	Y	X	R	A	Y	S

Last Edition’s Solution

6	2	7	9	8	3	4	5	1
8	4	1	5	7	2	9	3	6
3	5	9	6	1	4	8	7	2
1	9	6	7	4	8	3	2	5
7	8	5	3	2	9	1	6	4
4	3	2	1	6	5	7	9	8
9	1	8	2	5	7	6	4	3
2	6	3	4	9	1	5	8	7
5	7	4	8	3	6	2	1	9



Anamark Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Guest		Lee's Famous Recipe Chicken	Panda Express	Gyro Palace	
Soup	Chili Con Carne/ Broccoli Cheddar Soup	Chili Con Carne/ Beef, Mushroom, Barley Soup	Chili Con Carne/ Spicy Lentil & Kale Soup	Chili Con Carne/ Chicken Double Noodle Soup	Chili Con Carne/ Minestrone Soup
Grillzone	Southwest Gardenburger	Tavern Burger	West Coast Avocado Burger	Jalapeno Pepper Panini	Maple Dijon Salmon
Pizzazone	Grilled Vegetable Pizza	Cheesesteak Pizza	Buffalo Chicken Pizza	Loaded Potato Pizza	Chicken Bacon Ranch Pizza
Deli	Clubhouse Sandwich/ Soutwestern Chicken Chipotle Wrap	Clubhouse Sandwich/ Soutwestern Chicken Chipotle Wrap	Clubhouse Sandwich/ Soutwestern Chicken Chipotle Wrap	Clubhouse Sandwich/ Soutwestern Chicken Chipotle Wrap	Clubhouse Sandwich/ Soutwestern Chicken Chipotle Wrap
Flatbreads	Vegetable & Hummus Panini/ BBQ Turkey & Cheddar Panini	Vegetable & Hummus Panini/ BBQ Turkey & Cheddar Panini	Vegetable & Hummus Panini/ BBQ Turkey & Cheddar Panini	Vegetable & Hummus Panini/ BBQ Turkey & Cheddar Panini	Vegetable & Hummus Panini/ BBQ Turkey & Cheddar Panini

The **Clarion** is accepting student poetry submissions! Send us an email at **clarion.central@gmail.com** to submit your work.



This Edition's Riddle:

Why did the scarecrow win so many awards?

Last Edition's Answer:

Peacocks don't lay eggs.

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Jessica Graue

Honoscopes

Cancer: June 22 – July 22

Adjust to plan changes. Reach a turning point with a partnership under the Eclipse. Compromise and collaborate for shared commitments. Begin a new six-month phase.

Leo: July 23 – Aug. 22

Begin a new six-month phase with your physical health and fitness. Review and revamp your skills and practices with this Capricorn Eclipse. Nurture yourself.

Virgo: Aug. 23 – Sept. 22

Change directions with a romance, passion or creative endeavor under this Eclipse. Express your heart, imagination and artistry over the next six months. Shift perspectives.

Libra: Sept. 23 – Oct. 23

Renovate, remodel and tend your garden. Domestic changes require adaptation under the Eclipse in Capricorn. Begin a new six-month home and family phase.

Scorpio: Oct. 24 – Nov. 21

A new six-month phase in communications, connection and intellectual discovery dawns with this Capricorn Eclipse. Shift the direction of your research. Start a new chapter.

Sagittarius: Nov. 22 – Dec. 21

Profitable opportunities bloom over the next six months under the Capricorn Eclipse. A turning point arises around income and finances. Prioritize generating positive cash flow.

Capricorn: Dec. 22 – Jan.19

This Lunar Eclipse in your sign illuminates a new personal direction. Nurture yourself. Expand your boundaries. Turn toward a possibility that inspires you.

Aquarius: Jan. 20 – Feb. 18

One door closes as another opens. This Capricorn Eclipse illuminates a transition. Ritual and symbolism provide comfort and peace. Begin an introspective phase.

Pisces: Feb. 19 – March 20

This Eclipse shines on social changes. Friends come and go with team and community projects over the next six months. Share appreciations, goodbyes and greetings.

Aries: March 21 – April 19

Finish a project before beginning a new six-month professional phase. This Full Moon Lunar Eclipse sparks a career shift. Focus on current passions.

Taurus: April 20 – May 20

Experiment with concepts. This Eclipse illuminates a shift in your educational direction. Go to the source. Learn from a master. Begin a new six-month exploratory phase.

Gemini: May 21 – June 21

The stakes could seem high with this Capricorn Lunar Eclipse. Shift directions with shared finances. Navigate a change together over the next six months.

The Official Student Newspaper of  
**SINCLAIR COLLEGE**

'The Clarion' is a member of the Associated Collegiate Press, the Columbia Scholastic Press Association and the Ohio Newspaper Association.

'The Clarion' location Building 6, Room 314  
Established: March 15, 1977

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Elliana Miller-Young



Elliana Miller-Young



Elliana Miller-Young

On your path to earning your college degree but need a little support to help you achieve your goal?

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To be eligible, students must meet one or more of these criteria:

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- A veteran or member of the armed forces
- An orphan, in foster care, or a dependent ward of the court since age 13
- Have a legal dependent other than a spouse
- An emancipated minor
- Homeless or at risk of becoming homeless
- A first-generation college student

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- Individualized, 1:1 meetings with a Success Navigator who will work with you and your Academic Coach to support your goal of degree completion
- Connections and referrals to resources to address barriers such as access to housing, healthcare, public benefits, employment and more
- Eligibility for direct financial assistance grants to address emergency financial challenges that create barriers to school attendance
- Peer support opportunities with other Next Steps Program participants with similar goals



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To find out more, please talk to your Academic Coach for program information and applications.