

**CHECK OUT THE CLARIONS** VALENTINE **CONTEST** 

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Volume 38, Issue 19 | www.sinclairclarion.com | www.facebook.com/sinclairclarion | February 3 - 9, 2015

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## FCC holds key to the web's future

**Matt Summers** Reporter

Within just a month, the way we use our internet may be changed forever. That change will be coming on February 26 as the Federal Communications Commission holds a vote to determine net neutrality.

According to an article on cnet. com, net neutrality is the concept that all online traffic should be treated equally by broadband providers with no restrictions or preferential treatment given to certain types of traffic.

The issue surrounding all of it is how it should be classified. For example, according to cnet. com, large broadband providers like AT&T and Verizon said that reclassifying broadband as a utility will stifle innovation by imposing antiquated telecommunications regulations on an industry that they said will grow well without government regulation. However, companies like Netflix said that doing this will be one of the only ways that net neutrality will stand up in future court challenges.

FCC net vote continued on page 3

## Top 10 careers for associate's

Jobs requiring two year degrees expecting growth

Anthony Byrd

Reporter

Between tuition increases, and balancing life and work, many families are choosing community college as the best move for their careers.

A recent study by the financial literacy website, NerdWallet, based on forecasts by the U.S. Bureau of Labor Statistics, reveals that jobs requiring only a two-year associate's degree will have the highest average growth through 2020.

Today, more and more employers are seeking candidates' with associate's degrees for good paying jobs that exceed entry level positions. Some employers look for two year degrees and work experience to obtain a higher level job.

Attending a traditional four year institution is a requirement for some professions; however, trends are showing many people are choosing the fast track to get into the workforce quicker.

One of the biggest benefits of attending a community or career college is a lower loan debt amount to pay back. This allows for professionals to enter the marketplace earning a substantial income in a shorter period

"The common, accepted advice is to go to school for four years or longer, but there are great opportunities to go for less time and still get a high return on your investment," said Joseph Audette, VP of Financial Literacy and Education at NerdWallet. "It's not just about going to college. It's about going with a plan for success."

Top Jobs continued on page 3



#### The future of safe sex

Jimaur Calhoun

Arts&Entertainment Editor

In the 80s and 90s, sex was the top subject for young adults, including college students. The advocacy of birth control and condoms to prevent sexually transmitted diseases and unexpected pregnancies was strong, but they always came with the warning that these devices were not 100 percent

accurate, and that the best thing to do would be abstinence.

While these practices of safe sex were the most known, one practice that was mostly ignored was being perfected through time and modification, the female condom. Developed in 1987, but not government approved until 1993, the female condom faced many challenges in the public eye. According to BBC.com, sex talk

then was taboo and the use of the word "condom" made the public uncomfortable—male condoms were referred to as "rubbers." Other problems that the female condom faced was the public finding the product awkward, as most users had a hard time inserting them and that the product had the tendency to squeak during intercourse.

Safe Sex continued on page 3

# SCC feels bite of winter

Copy Editor

Winter is in full swing, and we in the Miami Valley are feeling the bite of the bitter cold. A few weeks ago here in Dayton, temperatures dropped well below zero and were accompanied by wind-chills that contributed to a dangerously cold outdoor experience. On Sinclair's campus, just navigating the Hamster Tube to Lot A became an epic adventure that many Sinclair students and staff would rather not embark on.

"I don't like it because the covered walkways aren't heated," said Jamie Carl, a nursing student at Sinclair. "It goes from hot to cold, hot to cold ... I'm getting used to it."

Temperatures in the Miami Valley don't just get cold-they can get very cold. While this winter hasn't been quite as brutal as last year's recordbreaking winter, we did see some snow and ice with sub-zero temperatures

According to the Ohio Committee for Severe Weather Awareness at Ohio. gov, Dayton normally has about four days during the winter that drop below zero. Last winter we had 12 sub-zero days, with wind-chills that went down to 40 below. Now that's cold. This year in Dayton there have only been three days where the temperature dropped below zero, according to the National Weather Service at NOAA.gov.

As grueling as it is for those of us who dare to brave the freezing-cold wasteland of Lot A, some Sinclair staff must spend hours at a time out in the elements, even when temperatures dip into the negative numbers.

Edmond Toscani, grounds crew supervisor for Sinclair Community College, said the school has a basic routine for preparing for winter. For example, they stock up on salt to keep the walkways clear and safe, and they also switch the mowers over to snow-



removal mode. That means adding brooms, plows and even passenger cabins to the mowers to protect the operator from the harsh elements.

However, there are additional steps the grounds crew takes when the weather situation becomes extreme, as it did during the first part of January.

Toscani said that when the snow is wet or gets deeper than four inches, the mowers are outfitted with plows instead of brooms, and if the ground is icy, the crew may even need to apply traction devices to their boots. In addition, outdoor workers need to cover their exposed skin as much as possible, and they may need to add a layer of protective rain gear if there is sleet or freezing rain. If the going gets really tough, workers can periodically take

breaks indoors to warm up. Sinclair's grounds crew aren't the only ones who spend time outdoors during inclement weather; Our publicsafety officers who patrol the campus grounds must also take steps to stay warm and safe during extreme coldweather episodes.

"The majority of our safety information officers work inside, but we do have some that work in the parking garage," said Sinclair Police Chief Charles Gift.

The Sinclair Police Department issues special cold-weather gear to their officers if they are working outdoors,

Lot A have access to heated booths if they need to warm up during a shift.

Chief Gift noted that Sinclair's safety information officers often assist students when the cold weather causes difficulties with unlocking or starting their vehicles.

"Sometimes [student's] cars can freeze up and they can't get into them," Gift said. "We have an unlock-service that we provide. We also provide jump-starts to anyone who needs them."

Jump-starts are much more common on campus during the cold winter months, Gift said.

The Sinclair Police Department shared a bulletin from FEMA and the CDC that recommends carrying jumper-cables in your car during winter just in case the cold weather puts a strain on your vehicle's starting system and you need a jump-start.

The bulletin also recommends carrying some emergency equipment like a first-aid kit and high-calorie, storable food. A flashlight, waterproof matches and extra warm clothes and blankets are also on that list.

As cold and icy as January has been, some Sinclair students are taking the winter weather with a grain of salt.

"It depends on what type of person you are," said Kyle Sherrets, a construction management major. "I dress pretty lightly because I don't want to wear a heavy jacket around school— I'm used to the cold."

#### Wills for Heroes

Paralegal students from Sinclair Community College give back to their community by volunteering

Simren Smith Reporter

Wills for Heroes is a non-profit organization that was created by two attorneys, Anthony Hayes and Jeff Jacobson. It was created after the realization that most of 9/11's first responders did not have wills to protect their assets or minor children.

According to the Wills for Heroes website, "Wills for Heroes programs provide free wills and other estate planning documents to first responders and their spouse or domestic partner. Qualified first responders include firefighters, police officers, paramedics, corrections and probation officers from federal, state, county, city and town departments and agencies."

At the moment, the Dayton Bar Association is the only organization in Ohio that sponsors Wills for Heroes events. Chris Albrektson, the program's coordinator became interested in hosting events for Wills for Heroes after attending a conference in San Francisco.

Albrektson, a graduate of Sinclair's paralegal program, feels very strongly about helping first responders. While organizing her first Wills for Heroes event, Albrektson asked her firefighter son what he thought about the idea and he was for it.

"The first event was in Jefferson Township where he worked at the time. He knew all the people who worked there. I did too, for the most part. The Chief and the city council agreed to let us put on the event," said Albrektson.

The Dayton Bar Association and local volunteers help keep the Wills for Heroes program free.

"Through a grant from the Dayton Bar Association, the Wills for Heroes program can replace office equipment and supplies. The grant also helps pay for drinks and food for the volunteers and first responders. Most of the volunteers are lawyers, law students, paralegals and paralegal students. There is a training session before each event to help volunteers understand documents. Volunteers help lawyers by typing. The lawyers are needed for legal advice," explained Albrektson.

One of the individuals Albrektson contacts when she needs paralegal students for events is Jenna Beck. Beck, the paralegal department chair at Sinclair Community College, has been sending paralegal students to help Albrektson for the last two years.

Beck encourages her students to volunteer at Wills for Heroes because she believes that it's a good opportunity for networking.

"Students get a chance to meet with other paralegals and lawyers. They learn how to interact in a legal setting. For many, this is their first time working with a client and an attorney simultaneously. The students will also be helping people who can't get services in other places. First responders have dangerous jobs and the wills provide families with a peace of mind. It is a great experience for students to be a part of the process," Beck said.

Wills for Heroes continued on page 3

such as winter coats, sweaters, hats and

even hand-warming devices, Gift said.

In addition, safety officers who work in

## campuscalendar=

#### February 02, 2015 Sinclair Talks: Improving Your Chances for Career Success - Having Your Criminal Record Sealed

Building 2, Room 2-334 12:00 p.m. to 1:00 p.m.

#### February 03,04,05 2015 Sinclair Talks:

STEM Career Community Different Locations 12:00 p.m. to 2:00 p.m.

#### February 04, 2015 Sinclair Talks:

Team Project or Presentation - How to Build an Effective Team

> Building 2, Room 2-334 12:00 p.m. to 1:00 p.m.

February 04, 2015

Basketball vs. Cincinnati State Women's team plays at 5:30 p.m. Men's team plays at 7:30 p.m Building 8 Gym

February 05, 2015 Sinclair Talks: Are you Sure you are Ready to Graduate?

> Library Loggia 12:00 p.m. to 1:00 p.m

#### February 05, 2015

Sinclair Talks:

The Peace Corps Experience -Expectations, Reality, Impact

Library Loggia 11:00 a.m. to 12:00 p.m.

February 06, 2015 Sinclair Talks:

"I Want to be an Architect" Library Loggia 12:00 p.m. to 1:00 p.m.

February 06, 2015 The 56th Mathematics Department Colloquium

> Building 1, Room 1001 3:45 p.m. to 5:15 p.m.

February 06, 2015 Sinclair Theatre presents **Red Herring** 

Blair Hall Theatre, Building 2 6:00 a.m. to 8:00 p.m.

February 7, 2015 Sinclair Theatre presents Red Herring

Blair Hall Theatre, Building 2 for more information go to page 3.

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	SIMMER	Turkey Chili	Turkey Chili	Turkey Chili	Turkey Chili	Turkey Chili
	SIMMER 2	Chicken & Okra Creole Soup Broccoli Cheddar Soup	Beef Noodle Soup Iow sodium Broccoli Cheddar Soup	Beef Noodle Soup Vegetable Orzo Soup	Chipotle Chicken Torti- lla Soup Vegetable Orzo Soup	Chipotle Chicken Torti- Ila Soup Cheddar Cauliflower Soup
	HOME	Chicken Stacker Bowl Far East Crab Cakes Steamed Red Potatoes Homestyle Mashed Potatoes Grilled Zucchini Squash Vegetable Medley	Carved Slow Roasted Turkey Breast Chicken Cellentani Alfredo Creamy Garlic Mashed Potatoes Szechuan Mashed Sweet Potatoes Green Beans Fresh Zucchini	Noodle Fix Noodle Fix Cilantro Lime Rice Southwest Black Beans Broccoli Cauliflower	Noodle Fix Noodle Fix Noodle Fix Cilantro Lime Rice Southwest Black Beans Green Beans Almondine Spicy Corn & Tomatoes	Asian Wok Plate Choose any 3 items White Rice
	ASIANZONE	Orange Chicken	Chicken Lo Mein	Lemon Chicken Stir Fry	Mushroom Chicken Stir Fry	Asian Wok Sampler
	PIZZAZONE	Pepperoni & Sausage Calzone	Cheeseburger Pizza	Pesto Chicken Melt	Ham & Swiss Flatbread	Specialty Pizza
ļ	ZLE	Turkey Bacon Pretzel	Ham & Swiss Pretzel	Turkey Bacon Pretzel	Roast Beef & Bacon	Roast Beef & Bacon

Sandwich Melt

Southwestern Chicken

Chipotle Wrap

#### sudokupuzzle

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square Sudoku

- Every row of 9 numbers must include all digits 1 through 9 in
- Every column of 9 numbers must include all digits 1 through 9 in any order.
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Every Sudoku game begins with some squares already filled in, and the difficulty of each game is due to how many squares are filled in. The more squares that are known, the easier it is to figure out which numbers go in the open squares.

As you fill in squares correctly, options for the remaining squares are narrowed and it becomes easier to fill them in.

Sudoku Tips: Start by looking for numbers that occur frequently in the initial puzzle. For example, say you have a lot of 5's in the initial puzzle. Look for the 3x3 box where there is no 5. Look for 5's in other rows and columns that can help you eliminate where the 5 might go in that box. If there is a 5 in column's 1 and 2, then there can't be a 5 anywhere else in either of those columns. You know then that whatever leftmost 3x3 box that is missing a 5 must have it go in column 3. If you can eliminate all the possibilities in that box except for 1 square, you've got it down!

				9	4		-	8	
	7				6	2			
		1		7					
6							8	3	
6 5 8								9	
8	1							5	
				4		3			
		6	7						
2	4		1	3					

#### horoscopes

SIZ

Lipstick Mystic: love forecast By Jennifer Shepherd Distributed by MCT Information Services

Ciabatta

Southwestern Chicken

Chipotle Wrap

Ciabatta

Southwestern Chicken

Chipotle Wrap

#### Aquarius: Jan. 20 – Feb. 18

Sandwich Melt

Southwestern Chicken

Chipotle Wrap

Sandwich Melt

Southwestern Chicken

Chipotle Wrap

Friendly Mercury is inspiring you to set out on a new path. You could be thinking about moving somewhere, starting a different career, or checking out new jobs in your existing field. You're ready to embrace great opportunities with life and with love.

#### **Pisces:** *Feb.* 19 – *March* 20

Venus is putting you in a sexy and sensual mood. You'll want to spend quality time with your honey. If you're single, you'll enjoy a hot date with someone and some interesting moments of flirtation and personal connection.

#### **Aries:** *March* 21 – *April* 19

It's important for you to have a solid foundation beneath your relationship. If you're unhappy because your partner isn't paying his share of the bills or your girlfriend is spending more time with her friends than with you, Saturn says it's OK to complain.

#### Taurus: April 20 – May 20

Remember what you learned from past romances. Don't repeat the same mistakes. Venus is showing you that you need to adopt a clear-headed approach to love instead of acting solely on instinct. Impulsiveness will get you in trouble.

#### Gemini: May 21 – June 21

Your friends need you right now, and you could be super busy with social events. Mercury is creating a lot of flow for you with new people and old buddies. Enjoy sharing ideas, reflecting on your life and having some laughs.

#### Cancer: June 22 – July 22

Friendly Venus is increasing your desire to be with a special someone. If you're single, you could ask somebody out or search for a new friend online. If you're already involved, you'll want to spend quality time with your sweetheart.

#### **Leo:** *July* 23 – *Aug.* 22

An intense full moon is bringing pent-up feelings to the surface. Maybe you'll declare your love for someone after months of pining for him or her. Or perhaps you'll vent your frustrations about something your honey has been doing that drives you crazy.

#### **Virgo:** Aug. 23 – Sept. 22

Don't put too much pressure on your significant other. Venus is creating a feeling of frustration, but try not to take it out on your partner. Instead, focus on self-improvement. Do things that you can easily control and achieve.

#### **Libra:** Sept. 23 – Oct. 23

You're going back and forth about your feelings for someone. Maybe you love this person in some ways, but you're worried that the two of you won't remain compatible in the long run. Mercury is encouraging you to talk things out with a therapist or good friend.

#### **Scorpio:** Oct. 24 – Nov. 21

A practical moon is reminding you that relationships are a two way street. Your partner needs to be giving just as much as you are. Seek a better balance of give and take and don't allow yourself to be drained of energy all the time.

#### Sagittarius: Nov. 22 – Dec. 21

You're in the mood to get into some trouble as a sassy moon puts a skip in your step. You could say something provocative to a sexy acquaintance, daring him or her to react. Or you might flirt your socks off with someone you've just started to become interested in.

#### Capricorn: Dec. 22 – Jan.19

Don't be too disappointed if you have troubles coordinating schedules with your honey. One of you might have to work late, or you could have an unexpected family emergency that takes up your time. The moon says the two of you will connect eventually.

45 Didn't stay put

47 Actress Plummer

52 Bibliog. catchall

55 Solitaire foundation card

54 Brief refresher

56 Wimple wearer

57 Credit-weighted no.

49 Hackneyed

50 \_\_ Island

46 "Thanks, but I'm set!"

#### crosswordpuzzle

				14				15		16			
				18					19				
						21							
			23	24	25			26				27	28
			30				31						
		32				33				34			
	35							36	37				
39					40								
			42	43			44				45	46	47
						49				50			
	51				52					53			
55							56	57		58			
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		51	35 39 51	30 32 35 39 42	32 24 33 24 33 35 35 39 42 43 45 51 55 5 5 5 5 5 5 5 5 5 5 5 5 5 5 5	32 32 4 25 30 30 35 32 32 40 40 42 43 55 55 55 60 60 60	32	30 21 21 21 23 24 25 33 31 32 33 33 35 35 40 40 49 49 51 52 55 56 60 60 60 60	18 21 21 26 26 30 31 32 33 33 35 36 39 40 42 43 44 49 49 51 52 55 55 56 57 60 60 60 60 60 60 60 60 60 60 60 60 60	18	18       19         21       21         30       31         32       33         35       33         35       36         40       36         42       43         49       50         51       52         53       58         60       60	18	18

#### Down

- 1 With hands on hips
- 2 Northern Mexican state
- 3 GM navigation system
- 4 Meant to be

Across

9 Keister

director

1 Beginning on

16 Put on board

17 Learning ctr.

5 No ordinary party

13 Big Island coffee region

18 "Being John Malkovich"

14 Sap-sucking insect

- 5 -relief 6 iPhone purchase
- 7 See 12-Down
- 8 Enjoy the Pacific Crest Trail 9 Literary arcs
- 10 Redeemed from captivity
- 11 Carpenter's tool
- 12 With 7-Down, punny message site
- 15 Make leaner
- 19 Leave at the altar
- 23 Expert on feet?
- 24 Foot part
- 25 Wrecks completely

20 Bit of dust

26 Portions out

31 Occasionally

34 At hand

29 One making waves

30 Sean Lennon's mom

32 Three-time Hopkins role

35 Slangily, overimbibe; literally,

- 27 Tetley offering
- 28 Estonia, until 1991: Abbr.

21 Readies for another voyage

22 "Mr. & Mrs. Smith" co-star

- 31 Doomed 1588 fighting force 32 Gias for 22-Across, often
- 33 Expressive rock genre
- 35 Bribina
- 36 Rescue op
- 37 Smell bad 38 Old DJ's platters
- 39 India Pale
- 42 Shapeless mass 43 Start of a selection process

and 54-Across can do

45 Cellular messenger

49 Saddle storage area

48 Ambien maker

40 Bakery array

41 Promises

Kim

38 Fictional archaeologist Croft

44 "Hawaii Five-0" actor Daniel

- what the starts of 18-, 22-, 49-
  - 53 Mandlikova of tennis
    - 54 Nervous habit 58 Prophet's concern

51 Longhorn rival

- 59 Promgoer's concern 60 Really enjoy
- 61 One of 28 Monopoly cards 62 Places for hats
- 63 Jazz singer Horne
- 64 Icelandic literary work

'the Clarion' location Building 8, Room 027

Established: March 15, 1977

'The Clarion' is published as a designated public forum for the students of Sinclair Community College by a student staff every Tuesday during the regular academic

year, and once in July during the summer. 'The Clarion' retains the right to all original artwork, logos and business letter marks used within this publication, and is protected by the laws governing U.S.A.'s copyright materials

'The Clarion' does not endorse any advertisement published in our print edition or website. 'The Clarion' retains the right to refuse any advertisement for any reason.

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The Clarion' is a member of the Associated Collegiate Press, the Columbia Scholastic Press Association and the Ohio Newspaper Association. The Official Student

Newspaper of

SINCLAIR

# What's on your plate? Funky Fun February

Copy Editor

More and more frequently, American consumers are inquiring about the story of how the food on their dinner plates came to be. This is evident in part by the increase in the number of products on store shelves bearing the "certified organic" label.

Brandi Knox, executive director of Paw Patrol in Dayton, purchases organic produce and has been vegan and/or vegetarian for many

"Once you start really looking into the way that a lot of the products are made ... you realize that it's a real issue — I definitely think organic is much better for you," Knox said.

Knox points to startup companies like Green Bean Delivery, which specializes in home-delivery of locallygrown organic produce and groceries as evidence of the

growing awareness among consumers of the importance of sustainable foodproduction.

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Knox points to startup companies like Green Bean Delivery, which specializes in home-delivery of locallygrown organic produce and

groceries as evidence of the growing awareness among consumers of the importance of sustainable foodproduction.

In addition to the growing popularity of organic produce, consumers like Knox also want to know that they are supporting humane and ethical methods when it comes to producing the food that they purchase for themselves and their families. You might say we want our food-production techniques to make good sense — from a nutritional standpoint, of course, but also socially, financially and environmentally. Some might even go as far as to say that as consumers we have a responsibility to hold our food-producers accountable for their prac-

But is it really worth all that extra money and ef-

Health continued on page 8

## Holidays you know and don't

**Bethany Mason** Reporter

This month, we celebrate one of the most popular holidays of the year. February 14th is Valentine's Day, and you know what that means. This is the day you show that special someone just how much they mean to you, whether it be a significant other, parent, friend or pet there are cards, candy, gifts and flowers being exchanged on this day of romance.

What you might not realize is that Valentine's Day is not the only holiday you could be celebrating during this month. February is the shortest month, being only 28 days long, aside from every fourth year due to leap year, which gives it a twenty- ninth day. Still yet, it has several important dates that not many people would

think to celebrate-some may not know they even exist.

February is most typically associated with Black History Month and Valentine's Day, but it is also National Bird-Feeding Month. There are a couple of holidays you may recognize in February, such as Groundhog Day and Presidents Day. February is also the birth month of Abraham Lincoln (Feb. 12) and George Washington (Feb. 22).

In the United States, February is home to Super Bowl Sunday, which is the first Sunday of the month. Many people celebrate on this day because it is the annual championship game of the National Football League.

A few of the lesser-known holidays in February that many neglect to celebrate are World Marriage Day, Candlemas and National

Wear Red Day.

World Marriage Day is celebrated the second Sunday in February and it recognizes people's husbands and wives as the foundation for their families; the basic unit of society. Candlemas, February 2, is a holiday in which Christians attend a feast in honor of the presentation of Jesus at the Temple. National Wear Red Day is a day that people wear red to show their support for the awareness of heart disease. In America, people wear red to recognize this holiday on the first Friday in February.

The holiday season is not over! Now that you know there is more than one reason to celebrate this February, you can plan for various occasions-for yourself or loved ones-to keep the merriment and joy going all month long.

# web

Net continued from front page

FCC Chairman Tom Wheeler said that the ultimate goal of voting is to make sure that the agency can provide a legal standing for rules that will prohibit broadband providers from blocking content, throttling content, or offering a paid prioritization service, as well as ensuring that the customer is clear in knowing what they are paying for.

Net neutrality is not the only issue to arise. According to an article on engadget. com, the FCC is also hoping to raise expectations for

American internet speeds. The latest draft report set out by the FCC sets the home broadband speed as 25 Mbps downstream and 3Mbps upstream; which is must faster than what we have right now. However, companies would not be forced to improve their speeds. At the same time, it is also likely that there will be plenty of subsidies and efforts to boost internet speed across the country, so that Americans who don't have access now, will no longer be denied simply for living in the wrong

The fate of Net neutrality will be voted on Feb. 26.

# The future of the Top 10 jobs for two-year grads

Top Jobs continued from front page

Students are graduating from four year institutions with large amounts of loan debt, and in many cases are obtaining the same jobs that a two year degree would qualify for. Many of the jobs that require only an associate's degree pay more than those requiring a bachelor's or masters.

"Why go through additional years of school and have more debt when the job isn't going to be paying as much?" asks Audette.

The average growth rate of all jobs by 2020 is just 14 percent, while highgrowth jobs requiring an associate's degree will grow by an average of 35 percent. At the same time, associate's degrees have the shortest payback

period. Lower tuition rates coupled with high median earnings on the job means these graduates pay off their tuition in just two years, on average.

Another major component in education is classes offered online. Most community colleges offer online courses that enable students to attend college and work fulltime to support themselves or family. This allows for students to receive income, while attending college.

"Additional personal loans attribute to large student debt," said Financial Aid expert and student loan specialist, Marcia Byrd, who has worked 12+ years in the private education sector. "Students takeout additional loans for living expenses, which adds to the overall debt load they

have to pay back." This creates larger interest, and higher payments, I believe this is why attending two year institutions have become the trend; students can graduate and obtain a viable career in half the time with less debt," said Byrd

According to Nerdwallet's analysis of the 10 best-paying jobs for associate's degree holders, one could make up to \$108,000 starting out at \$56,000. Here are the top ten lists for top paying careers for associate's degree.

The full list of the 10 best-paying jobs:

• No. 1: Air Traffic Controllers Median Salary: \$108,040 • No. 2: Construction Managers Median Salary: \$83,860

Therapists Median Salary: \$74,980 • No. 4: Nuclear Medicine

• No. 3: Radiation

Technologists Median Salary: \$68,560

• No. 5: Dental Hygienists Median Salary: \$68,250

• No. 6: Nuclear Technicians Median

Salary: \$68,090 • No. 7: Registered Nurses

Median Salary: \$64,690 • No. 8: Diagnostic Medical Sonographers

Median Salary: \$64,380 • No. 9: Aerospace Engineering and Operations Technicians Median Salary: \$58,080 a No. 10: Electrical and **Electronic Engineering** 

Technicians Median Salary: \$56,040 For a full list of the top

10 careers and their job

description visit http://

www.forbes.com/lists

# Wills for Heroes **Foundations**

Heroes continued from front page

Brain Buttrey, alum of Sinclair's paralegal program, has volunteered at three Wills for Heroes events. Buttrey was nervous the first time he volunteered, but he is glad he did and is willing to volunteer in the future.

Volunteers leave a Wills for Heroes event with a different memory and experience, according to Buttrey.

"Volunteering for Wills for Heroes gave me a sense of pride. I was helping to give back to people who risk their lives every day. My most memorable experience at an event was when the attorney I was working with got emotional. He had to leave the event early because he realized that he was preparing documents for the end of people's lives," said Buttrey.

Mary Jane Clark, alum and Administrative Assistant of Sinclair's paralegal program, has volunteered twice for Wills for Heroes. Clark had a house fire years ago, and understands how hard it is not knowing if a loved one survived a disaster.

and their spouses appreciated that we are the ones who are grateful," Clark said. The Wills for Heroes pro-

in Ohio. Albrektson has been organizing events sponsored by the Dayton Bar Association with the help of friends and family, the law community and Sinclair Community College's paralegal students.

For more information about events, Albrektson can be contacted at 937.222.7902 and/or

"I really enjoyed volunteering because the first responders the help. But they should know

gram has had a strong response

calbrekston@daybar.org

# The practice of safe sex

Safe Sex continued from front page

Mary Beth Hastings, Vice President at the Center for Health and Gender Equity, said female condoms are more than an HIV prevention and family planning method.

"They give women something they may have never had before -- a tool to exercise their human right to protect their health. They do generate important conversations within couples and communities about love, protection, trust and power. That's what

makes them so special, and so worthy of investment. There is no downside only an opportunity to provide prevention options, and so much more," Hastings said.

Through time, there have been improvements made to the product. From dissolving applicators inside the condom to the use of the Cupid, a ring shaped foam sponge for internal stability, and the Origami, a female condom made in California. The Origami product unfolds, like an accordion, inside the vagina.

With the opposite sex, a male contraceptive is in the works for a 2017 release. According to the daily beast. com, a product titled Vasalgel, will be a reversible, non-hormonal polymer that, once injected into vas deferens, will block any sperm from coming through its tube. With a second injection, the polymer can be flushed out, allowing the sperm to come back up to speed. So far, the Vasalgel has only been tested on baboons, but the product has been a success. None of the female baboons, who were used for the tests, haven't become pregnant. According to Huffington

Post, the procedure takes roughly 15 minutes and lasts ten years or more, and is more easily reversible than a vasectomy.

The flaws with these future devices is that it doesn't cover the possible spread of sexually transmitted diseases, via bodily fluids. It would lie in the trust of the devices and each other for the consenting adults to rely on these future devices for safe sex. Ultimately, it's important to think about what is best for you and your significant other, and how to stay on top of practicing safe sex.

# the Clarion encourages feedback

Letters to the editor may be submitted to the Clarion in Building 8 Room 027 or by email,

clarion@sinclair.edu. Submissions might be edited for space.

the right to edit all letters. Deadline is Monday at noon for the following Tuesday publication. There will be no exceptions to this policy.

No anonymous submissions will be accepted. All submissions must include author's name and phone number. The Clarion reserves

Submission does not guarantee publication. Space availability determines publication. When space is limited, articles may be filed for publication at a later date.

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Trissa

Holly

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Matthew

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# Sinclair Community College congratulate in the 2014 Fall Semester.

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## myvoice

# Who's watching you? Do you know?

Lowell Wagner Associate Editor

Imagine if you will, you and your friends are taking a road trip across the country. You stop off to visit the sights, meet the people and experience what the country has to offer. But unknown to you, you are being followed, but not in the traditional sense. Cameras on the street corner, highway and speckled throughout the town you just passed through are watching you. They silently and obediently capture your movements across the country. The images they capture are sent directly to a database, or to a monitoring station that is monitored 24 hours a day 365 days of the year. This almost-nightmare situation is not something out of George Orwell's book, 1984, this is the

The authorities claim that the technology helps cut down on the drug trade and can help them find a suspect. Those who oppose this technology claim

reality of our current technol-

that it is another example of government overreach.

Honestly, I can see both sides. The government should have the tools they need to fight crime. I can see their perspective that it can cut down the amount of time and manpower required to find and capture suspects. They have a valid argument, but are they handling this power in the right way? Is the mass collection of millions of license plates and vehicles OK? I fear that the answer may be no. This seems to hand the authorities a bit too much power. This situation is eerily similar to the Edward Snowden revelations of the mass collection of millions of Americans' private/public text, facebook messages and other forms of social media in an attempt to curb terrorism. What possible use can the government have with the daily activities of millions of Americans? I don't feel comfortable having someone know where I go, where I have been, or exactly what I am doing. I worry that we are standing at the top of a

slippery slope. For now, they only use the technology to find, watch and eventually capture wrong-doers. But tomorrow, or years down the road, will they be able to issue you a ticket because ten miles back you forgot to signal the turn you took? Maybe the technology will be used to follow the whereabouts of political activists or certain people who may have a different view than the people in charge. Now of course, this is an extreme view of what could happen if there is not a strong, regulated system of checks and balances set in place. But this, like the Snowden revelations, is a situation that requires our attention and voice. We need to discuss this and ask are we OK with this? Is this something we need in place to capture criminals, and most importantly, what restrictions will be put into place to keep innocent people out of harms way? In the words of Benjamin Franklin, "Those who surrender freedom for security will not have, nor do they deserve, either one."

## yourvoice

Do you feel that video surveillance is an invasion of your privacy or do you feel that it is a necessary part of a safe society?

Reporting and photos by Lowell Wagner



Don Holbrook, Businesses Management

"I think it was an invasion of privacy, its ridiculous. This country, I don't know where it's headed, but it's headed in the wrong direction."

> Abe Dobson, Engineering Major

"I think it's necessary, if you're not doing any thing wrong, there is no reason why you should mind that there are cameras around. But they need to be regulated, like if they were catching parking tickets, I think that's wrong."



Hannah Guseman, Liberal Arts

"I would say I am in the middle between the two, because there is definitely a need for people to be recorded in certain instances like robberies and things like that, but there is a point where it's just too much. You should be able to walk down the street and not have to worry that you're getting caught on every single camera."

> Abraham Alzhm Biomedical Major

"I think its got to stop-you know, go back to what they were doing before"





Ron Poole, History major

"It depends on who you are, I would say that if you had a child missing, its probably a pretty good idea. That's what I usually say with a lot of that stuff. With the cameras all over the place, the cameras in New York City, a lot of people say, oh, it's invading my privacy, if your kid was missing, you might feel different about it. I'm out in public, I have no expectation of privacy. If you are out in public, you should have no expectation of privacy."

# callingoutconvention ... is the Clarion's weekly opinion column centered on social justice issues that affect our lives individually and universally. Its author, Hope Houston, seeks to #Turn Off Your Tube, Mr. Crystal

**Hope Houston** Reporter



In the 1970s, Billy Crystal outed primetime television's lack of LGBTQ representation by appearing as Jodie Dallas, one of the first openly gay characters on American television, in ABC's sitcom, "Soap."

But now, the actor and comedian has taken several retroactive steps, contesting that the media's current portrayals of homosexuality have gone too far.

Crystal aired these sentiments while promoting his new FX show with the TV Critics Association press tour on January 18. According to The Wrap, Crystal first discussed his role on Soap, citing it as "very difficult at the time."

"I did it in front of a live audience, and there were times where I would say to [the actor who played his

boyfriend], 'Bob, I love you,' and the audience would laugh nervously," he said. "I'd feel this anger. I wanted to stop the tape and go, 'What is your problem?' Because it made you sort of very self-conscious about what we were trying to do then."

And precisely what the cast of "Soap" and Crystal, in particular, were doing then was blazing an uncharted trail in American pop culture, where homosexual characters were not only hinted at on our television sets but pushed openly to the forefront of American homes. Purposefully or not, Crystal seemingly became an advocate for the gay community.

Yet, in his recent interview, the former funnyman continued that today's television pushes LGBTQ visibility into a place too close for comfort for much of the heterosexual mainstream, but especially for his own "taste," particularly in matters of explicit language and sex.

"I've seen some stuff recently on TV in different kinds of shows where the language or the explicit sex is really, you know, sometimes I get it, and sometimes I just feel like, 'Ah that's too much for me," Crystal said.

Ironically, there was a time in which Crystal's own role pushed the proverbial gay agenda too far for many

people's taste, but he regards that as a nonissue.

Instead, he points to a time in American pop culture history where gay, lesbian and transgender characters are at an all-time high in both frequency and focus with shows like "Orange is the New Black" and "Modern Family"

making significant waves. However, what Crystal fails to acknowledge is that, within this peak of visibility, only 3.9 percent of series regulars across ABC, NBC, CBS, FOX and The CW scripted shows in the 2013 - 2014 television season were members of the LGBTQ community, according to GLAAD.org.

This leaves the other 96.1 percent of series regulars as heterosexual. Why isn't that too much?

Later, in a whirlwind of further irony, Crystal continued that he hoped gayness on television would be neither "abuse[d]" nor "shove[d]" in the public's face "to the point that it just feels like an everyday kind of thing."

Yet, my question is whether or not Mr. Crystal realizes that being gay—or a member of any sect of the LGBTQ community—is, in fact, an everyday kind of thing and just the sort of everyday thing that benefits drastically from media representation.

Heterosexual characters and relationships dominate the American media landscape, especially in network television. For those of the LGBTQ community, heterosexuality is constantly shoved in their faces, but they are told to simply change the channel and tune out of the

disparity. A lack of media representation for any minority generates little progress for us holistically. Pop culture is a powerful tool to tell alternative narratives of the human experience, but when almost the entire media market only promotes the status quo in an air of homophobia, it is hard to relate to the characters on the screen, let alone to one

another as people. Instead of encouraging this meditation on diversity and visibility, Crystal merely constructs roadblock after roadblock against gays in the media, despite his former groundbreaking role.

He reduces the entirety of the LGBTQ community to sex scenes and foul language, limiting his focus to the insidious "Ew!" too many internally shriek when faced with the concept of homosexuality (and mostly homosexual sex), and in doing so, he oversimplifies round characters into caricatures and an entire group of people into an uncomfortable sight to be closeted and avoided.

Crystal forgets that being

homosexual is not just about non-heteronormative sex, but also means being a person desiring of love, relationships, families and ultimately the usual pleasantries of human normalcy.

bring light to our country's status quo on social and political issues.

Stay tuned for more commentary next week.

Being homosexual merely means experiencing a different sexual orientation, not an entirely different human

condition. And to exhibit this point precisely, we must embody this truth in our media. Representation matters in its entirety, be that the love, the sex, the guts, the good, the bad and the ugly.

LGBTQ characters (and any minority characters by extension) deserve the very same depth and complexity we always grant to heterosexual characters and stories. Real people deserve to see stories similar to their own on the screen, in order to connect and to reach out.

Those of us not within the LGBTQ community need to see these stories to also connect, but to those different from us and, thus, to reestablish our own sense of empathy.

But wasn't it Crystal, who began this conversation, citing his anger at the implicitly homophobic "Soap" audience, who replaced empathy with laughter?

In the end, Crystal practices what I like to call conve-

nient advocacy. At its best, it's disingenuous. At its worst, it's absolutely damaging to those such advocacy is supposed to support.

In the case of Crystal, he touts his former role like a token gay (or insert any minority here) friend, playing up his support for the community only when it best serves him and provides him

a paycheck. He says he remembers being angry with the uncomfortable laughter of the audience at two male characters simply expressing love, but he only inserts uncomfortable laughter of his own when he notes that his remarks sound "terrible."

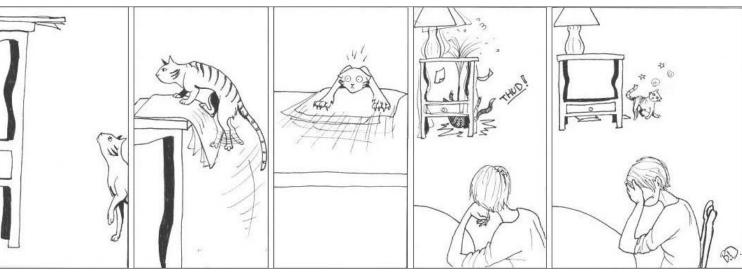
Crystal's anger is far from real; it is merely convenient. It's playing politics with other people's strife, and exploiting it when parasitically profitable.

And to its victims, convenient advocacy says, "Your value is contingent. Your story is secondary to my own."

This convenient advocacy runs rampant in our culture, and Crystal's only emphasizes the undercurrent of homophobia that still plagues our media today, serving to illuminate the unblemished truth that we still need to blaze yet another trail. But first, we need a new trailblazer.

#### clarioncartoons

Created by Tyler Mackey, Bethany Davenport, and L.A. Bonté

























For more comics and animations visit FilbertCartoons.com



"Dear Gabby"



Dear Gabby,

I've had a crush on this guy for a long time, and we're finally talking now but I'm afraid of getting into a relationship with him because he lives in California. I would be able to see him often but I don't know if we could make this work.

We are both really compatible and he makes me laugh. I trust him, but I'm scared that the distance will ruin the relationship we currently have.

I don't want to lose him, but I'm not sure I'm ready to commit to someone who lives so far. I don't want him to think that I don't like him, because I really do.

I just don't know how I should tell him that we should wait until I'm done with school and have a more stable life. Any advice?

Sincerely,

Miles Apart

Dear Miles Apart,

I think honesty is the best policy. Tell him your thoughts and fears about the distance, and how important it is to wait until you graduate. I think that is reasonable, and if he feels strongly about you then he should respect your feelings.

Think about the future for a second—do you see yourself moving there eventually? Distance is a tough situation. It takes the strongest people to hold on to a relationship that is miles apart.

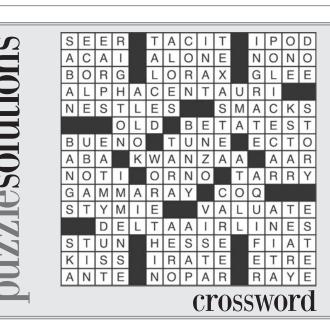
Do I think it's impossible? No, not at all. However, it takes a lot of communication to keep any relationship strong, especially a long-distance relationship.

Do you think it would risk your friendship? I think it's important to see the value in friends. Ask yourself, would you rather see where the relationship could go, or would you rather stay friends and fight the urge to want to be in a relationship?

I think it's important enough to weigh the options and focus on what's best for you now. Be honest about your concerns, along with how much you like him. I don't think it's wrong to focus on graduation and bettering yourself. If he's willing to be understanding, then maybe the future will make more sense to you.

Best Wishes, Gabby

"Dear Gabby" is written by Managing Editor, Gabrielle Sharp. The views and advice expressed in "Dear Gabby" replies are solely the opinion of Gabrielle Sharp. They are not reflective of the Clarion or Sinclair Community College. Gabrielle Sharp is not a professional counselor, and her advice shouldn't be taken as such. If you think you are in danger of hurting yourself or others, please visit a professional counselor.



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The Clarion' is printed by Ohio Community Media.

# Organic: Is it really that good for you?

**Health** continued from page 3

Eli Jones thinks so. Jones is from Yellow Springs and works at a garden-supply retailer in Dayton. He has lived in Colorado, Florida and the Dominican Republic, where he says many families eat organicallygrown produce from their own backyard gardens.

"Organic just tastes better — even though it's more expensive, it pays off in the long-run for my family's health," Jones said. "I have friends that are sort of 'bahhumbug' about organic, but every time those people come to my house, they say, 'oh my God, this food is so good!"

However, Jones said he isn't impressed with many of today's large-scale commercial organic operations.

"Local farming is still way better," he said. "When you look at a pastured egg, you can see the yolk is bright orange — the egg has a lot more vitamins."

Jones says there is a big difference between free-range and pastured, and that even though many commercial operations are able to obtain a "free-range" label for their eggs, that label may not be very meaningful to the consumer in terms of the quality of the product, the treatment of the animals or the sustainability of the business model.

I tend to agree with Jones that it is definitely worth the extra effort and expense to "shop local," and support sustainable organic farming practices. For one thing, organically-grown heirloom varieties taste better, look better, and are usually just a lot more fun than their commercially-grown counterparts. Did you ever hang out in the kitchen with an heirloom tomato from the farmer's market? Good times, good times.

Seriously though, organically-grown produce is just plain better for you. A conventionally-grown fruit or vegetable may look nice, and sometimes it may even taste good, but it is my sincere belief that organically-grown varieties typically undergo a more complete and natural nutritional regimen, and therefore are more complete nutritionally themselves.

Perhaps most importantly, organic produce doesn't come in contact with toxic chemi-

cal pesticides. Who wants to eat that stuff? Yuck. We won't even get into the miraculous "mystery components" of the various chemical fertilizers and soil amendments used by the commercial agricultural industry. Those icky ingredients aren't just bad for us, they are bad for the soil and all the critters in the soil, and everybody downstream too.

When I looked it up in the dictionary, I found this definition for sustainable: "conserving an ecological balance by avoiding depletion of natural resources." Sustainable may also mean "able to be maintained, upheld or defended."

I think most of us can agree on the value of protecting our ecology and managing our natural resources wisely. With that in mind, I believe that sustainable farming practices are able to be upheld and defended because they produce a better result for the people who consume those products. The benefits of sustainable food-production don't just affect us here in the short-term, but they are relevant

for future generations as well. For example, using natural organic fertilizers like worm castings and organic compost helps farmers avoid, or at least minimize the use of chemical fertilizers, which can contain undesirable ingredients that may end up in the fruits and vegetables that we eat. Many consumers would rather not take that risk. In addition, chemical fertilizers can have adverse effects on soil health over time, whereas natural, organic amendments tend to enrich the soil.

Soil health isn't the only thing to consider, though. Our own health is largely dependent on the quality of nutrition that we receive, and many organic farmers and consumers are of the opinion that organically-grown products are nutritionally superior to their commercially-grown counterparts.

Maggi Lynn Zobel is a
Dayton-area jewelry-designer
who also works part-time at
a local grocery store that sells
organic produce. She tells me
that her father farmed approximately 1,000 acres when
she was a child. Zobel avoids
genetically-modified foods and
purchases organic products

whenever possible, in part because her daughter has celiac disease, which means she has a severe reaction to gluten, which is found in wheat products.

"Our move toward organics is a good thing," Zobel said.
"The healthiest [diets are] the Mediterranean and Indian.
The Indians use wonderful spices, very healing spices. The Mediterraneans eat nuts and lots of olive oil. I think we need to get back to basics — we're shooting ourselves in the foot with all these pesticides. I think that's why organic is so popular — people don't want all those pesticides in their food."

Jessie, who wishes to be identified by her first name only, works at a Dayton-area health-food store. She, too, avoids genetically-modified foods, and purchases organic almost exclusively because "it's guaranteed to be non-GMO if it's organic." Jessie said she and her husband usually aren't satisfied with a label of "all-natural," because it's not always clear what that means for the consumer.

"If something becomes more common, it's going to cost less," Jessie said about the price difference between conventional and organic produce. "I feel like we overproduce as a society anyway — we throw away so much food," she said.

Jessie also sees a direct connection between our food choices and our personal health:

"Hopefully it will cut down on your medical bills," she said. "Somebody who is [habitually] eating low-quality fast-food will eventually have some kind of problem in the end." Jessie believes that investing today in a higher-quality diet that includes organically-grown produce might help alleviate health-care costs down the road, and I tend to agree.

With that in mind, how can we afford not to go organic?

Mahatma Gandhi said: "It is health that is real wealth, and not pieces of gold and silver."
If organically-grown produce really is healthier and more nutritious, as many of us believe it is, then paying a little bit more at the grocery store is a small sacrifice, considering that you may get to enjoy a longer and more vibrant life because of that investment.

Bon appetit!

# Enter Your Very Own Valentine's Submission To Win A Sweetheart Surprise!





Exercise your creativity for Valentine's Day by submitting your poetry, stories, photos, artwork, etc. Creative writing submissions should be no longer than 400 words and photos should be at least 300ppi resolution.

Submissions will now be accepted through Wednesday, February 4th at 12pm.

Your submission will be voted on by fellow students and printed in the Clarion. Three winners will be awarded packages of romantic Valentine's prizes from local businesses! 1st place will receive a privately catered dinner for two from Aramark!

Your submission can be brought to the Clarion office in the basement of Building 8 Room 027, tagged with us on social media, or emailed to clarion@sinclair.edu until noon on Wednesday February 4th. Use #sccsweetheartsurprise on Instagram, Twitter, or Facebook. Voting will open Wednesday February 4th at 12pm.