



Completion by Design week held at Sinclair

Whitney Vickers
Editor-in-Chief

Completion by Design Week will be held the week before spring registration begins.

"Completion by Design is a ... grant funded project that's designed to help at-risk students complete a degree or credential," Jim Simeonson, program coordinator said.

During the week of Oct. 29 through Nov. 1, Sinclair will be recognizing Completion by Design Week through its faculty members encouraging students to update and commit to their maps, as well as register earlier.

Simeonson said doing so is beneficial to the student.

"Getting the map is important because if you're wondering around taking classes, you'll get an education, you'll learn some things, but you'll have a hard time getting somewhere ... Having an updated plan is important because sometimes classes change, degree plans change ... Why does registering early help? It helps the college because we know how many classes to have; it helps the students too, because have you ever been in a class that got cancelled for low enrollment? How do we avoid that? Everyone enrolls early and registers early," he said.

Since 2011, Sinclair Community College has been planning and developing Completion by Design.

"What we've done is we've looked at research and data to see where are the barriers, where are the areas that cause difficulties for students to complete and we've identified some. We're continuing to identify others and as we come across them, how can we eliminate or minimize those barriers," he said.

He said this has been done through the boot camp and compression classes held for developmental classes.

"It's targeted at the community colleges to try and help people have a chance at a better life by being able to get that degree or credential, something that will make them more marketable in the workforce," he said.

TUITION LOWERED FOR SOME INTERNATIONAL STUDENTS



There's many people on campus that would benefit from this program so much, and the out-of-state tuition is twice as high as in-state. And not having to spend so much money for the out-of-state tuition at Sinclair is going to benefit a lot.

— Maksym Gerasimov
Architectural Technology

Some international students may qualify for in-state tuition if they qualify for the DACA program. Otherwise, international students will have to pay out-of-state tuition. Above, the International Students Organization is shown.

Whitney Vickers
Editor-in-Chief

As of Sept. 10, international students who qualify for the Deferred Action for Childhood Arrivals program are eligible for in-state tuition at Sinclair Community College.

To qualify for the DACA program, individuals must have entered the U.S. before the age of 16, have five years of continuous presence since June 15, 2007 through June 15 2012, enrolled or graduated from high school or an equivalent education program or have a GED certificate, no

felonious, substantial misdemeanor or multiple misdemeanor charges, no threats to national security or public safety and at least 15 years old, but no more than 30 years old at the time of filling out the application.

"These students are not eligible for federal financial aid and they've been paying out of state tuition as well. So if you combine those two things, it's a really big difference because it cuts the other tuition almost in half and could allow students who have this permission to attend here," Anthony Cruz, vice president of Enrollment Management said.

Students who qualify can receive in-state tuition upon proving DACA status, as well as proving in-state residency for at least a year. After providing the necessary documents, students can start receiving tuition as soon as spring semester.

"The reason we're trying to get students to do it now is so that way, when they register for classes, it's almost seamless," he said. "Their bill will be run and when it's run, it will show that they have in-state tuition."

Cruz said it could take months to get involved in the DACA program. However, once stu-

dents are involved and can prove residency status in Ohio, Sinclair can take up to a day to process the information in order to change the students' tuition rate.

Currently, there are no students who have come forward for the lowered tuition.

"We've reached out to these students that may qualify for it and no one has come forward," Cruz said.

If a student meets the requirements, they should visit registration with the appropriate documentation to get qualified.

Tartan Terrace open for reservations



Whitney Vickers
Editor-in-Chief

The Tartan Terrace is an on-campus restaurant open four weeks each semester, featuring food cooked and served by Sinclair Community College Culinary Arts students.

"The whole thing is a practical experience for the students to get the perspective of making the food, being under the time pressure to get the food out onto the table in time at the proper temperature and then from the other side, to see what the guests thought of it and how you take care of guest service," Kitchen Manager Mary Ramsey said.

The Tartan Terrace offers lunch and dinner services. Lunch starts at noon and dinner starts at 6 p.m.; each offers a four-course meal, including a soup, salad, entrée and dessert. Each with options, including a vegetarian entrée selection.

"All the food is homemade, they prepare everything," Ramsey said. "They bake the bread, they make all the desserts, they make all the sauces, all the salad dressings, soups — nothing comes from a box or a can."

The Tartan Terrace also offers an elite lunch prepared for Culinary Arts students enrolled in their capstone, which costs \$15 for a six-course tasting menu.

"Anybody's welcome; students, family, people from the community," she said. "Whoever wants to dine is more than welcome to dine there."

Lunch costs \$10 and lasts about an hour. Dinner costs \$15 and typically lasts a little more than an hour. Until next semester, only cash or check is accepted.

"Where else on this campus are you going to eat for \$10 and get a full-course meal?" Ramsey said.

Terrace continued on page 3

First International Fest at Sinclair Community College

Jennifer Franer
Assistant Editor

President of the International Student Organization, Nilu Gagan has planned the first International Fest at Sinclair Community College on Oct. 30, where a fashion show, dance contest and international foods will be included.

"The International Fest is the celebration of different cultures," Gagan said. "We are celebrating these cultures by welcoming students on campus and embracing diversity."

Gagan said tables will be set up for each country during the fest.

"Every country will have a table and will represent the display of their country," she said. "Flags, maps, things like that. Then we will have international food for the fundraising of [International

Student Organization]."

Gagan said she was inspired when attending the University of Dayton's Culture Fest, and knew then she wanted to start something similar at Sinclair.

"I went to [University of Dayton's] Culture Fest and I realized, 'wow we should do that,'" she said.

Gagan believes that diversity is very important and wants to see the interaction of people from different cultures on campus.

"Our biggest goal is to get together and celebrate, learn from each other and welcome each other," she said.

According to Gagan, being around different cultures can benefit communication skills. She said it is important to learn to respect one another and try to interact.

Fest continued on page 3

campuscalendar

- Oct. 22**
Sinclair Talks:
Why I Write
Library Loggia, 1 to 2 p.m.
- Oct. 22**
Sinclair Talks:
Exploring Google Earth
Library Loggia, 2 to 3 p.m.
- Oct. 23**
Sinclair Talks:
"It's a Girl." A film screening.
Building 2 Room 334, noon 2:30 p.m.
- Oct. 24**
Sinclair Talks:
Human Trafficking
*Courseview Campus Center
Building A Room 107, 10 to 11 a.m.*
- Oct. 24**
Sinclair Talks:
**Black Communication:
Definitions and Discoveries**
Library Loggia, 11 to noon.
- Oct. 24**
Sinclair Talks:
**Get College Credit for
what you already know**
Library Loggia, noon to 1 p.m.
- Oct. 25**
Sinclair Talks:
A Chat with Sinclair Administrators
Library Loggia, noon to 1 p.m.
- Oct. 28**
Sinclair Talks:
**Get a Bachelor's Degree Faster:
Sinclair and Western Governors
University: 2 + 2 program**
Library Loggia, 10 to 11 a.m.
- Oct. 29**
Sinclair Talks:
**Communication
between Generations**
Building 2 Room 334, 10 to 11 a.m.
- Oct. 29**
Sinclair Talks:
**Top 10 Reasons to see
your Academic Advisor**
Library Loggia, noon to 1 p.m.
- Oct. 29**
Sinclair Talks:
**Affordable Care Act —
what it is and how it works**
Building 2 Room 334, 2 to 3:30 p.m.
- Oct. 30**
Sinclair Talks:
Smart Registration Tips
Library Loggia, 10 to 11 a.m.

campusphoto

Each week, the Clarion will feature a photo of students without identifying them. Keep your eye out for a Clarion photographer throughout this semester. It's up to our readers to figure out if they or someone they know has been spotted.



HAUNTED EVENTS

- Springboro Haunted Hayride and Black Bog**
6070 Springboro Rd.
- Riverside Jaycees Haunted Castle of Carnage**
1213 Old Harshman Rd.
- Beavercreek Haunted Trail**
505 S. Orchard Ln.
- Land of Illusion Haunted Theme Park**
8762 Thomas Rd.
- Lewisburg Haunted Cave**
4392 Swisher Mill Rd.
- Slash Moraine**
3800 Main St.
- Tom's Maze and Pumpkin Farm**
4677 Germantown Liberty Rd.
- Cowwin's Corny Maze**
Young's Jersey Dairy
6880 Springfield Xenia Rd.

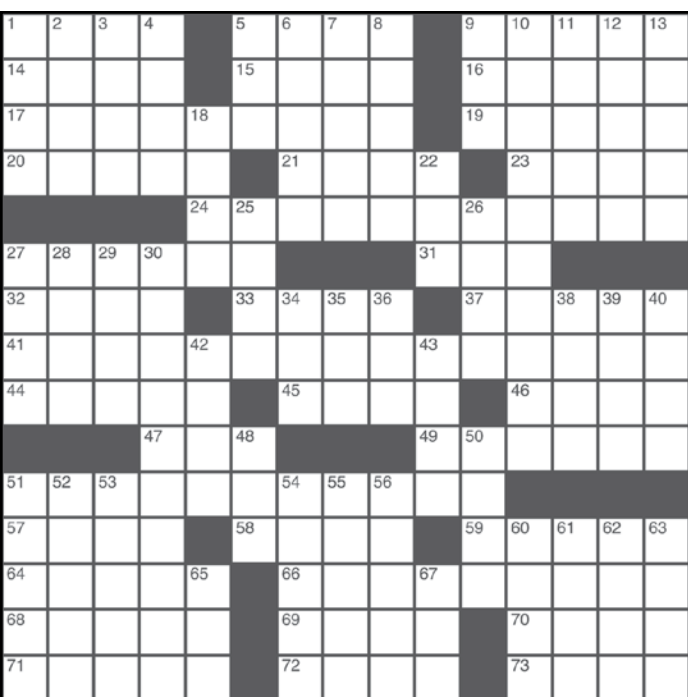
caption this

The Clarion will soon begin a contest amongst students called "Caption This." Heres how it will work:

- It will consist of the Clarion running a photo with no caption.
- Students can email their captions for the photo that is being run for the current edition to clarion@sinclair.edu.
- All submissions will be judged and the winning photo caption will be run in the following edition; the winner will receive a \$5 Starbucks gift card.

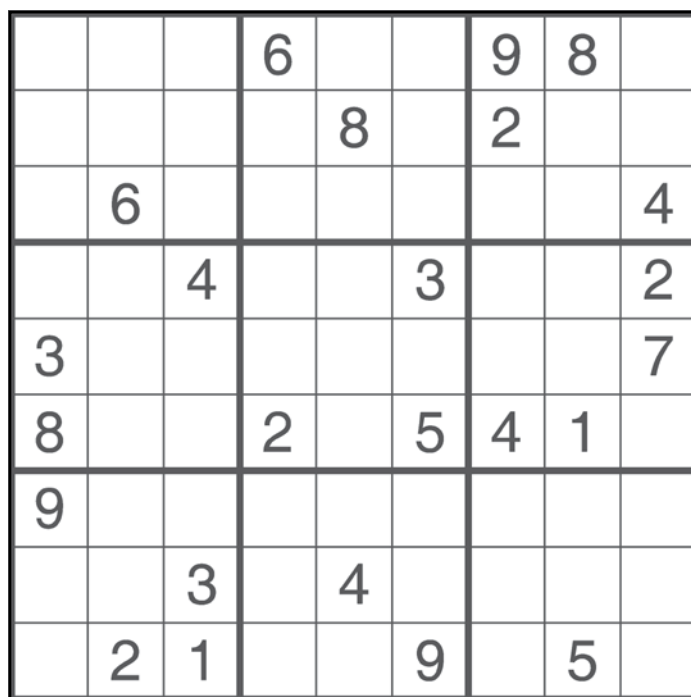
To participate, look for the weekly caption this photo and submit your caption to clarion@sinclair.edu.

crosswordpuzzle



- ACROSS**
- 1 Tom, Ma or Pa, in "The Grapes of Wrath"
 - 5 Ballpark judges
 - 9 Greek i's
 - 14 Doing nothing
 - 15 Put a stop to
 - 16 Russian currency
 - 17 Food Network's "Throwdown!" host
 - 19 Actor's platform
 - 20 Remove pencil marks
 - 21 Vinyl flooring piece
 - 23 Skin care brand
 - 24 '60s song about an insect who "hid / Inside a doggie from Madrid"
 - 27 Palsy-walsy
 - 31 Mongrel
 - 32 Villainous Norse god in the 2012 film "The Avengers"
 - 33 Musical pause
 - 37 Guffaw
 - 41 1996 R. Kelly hit
 - 44 Baffling question
 - 45 Sesame Street giggler
 - 46 Increase, as prices
 - 47 Singer Sumac
 - 49 Deceives
 - 51 Difference between money coming in and money being spent
 - 57 Grand Ole ___
 - 58 Beverage nut
 - 59 Newton with laws
 - 64 Squirrel away
 - 66 Contagious dog malady
 - 68 Take place
 - 69 SOS responder
 - 70 Fast horse
 - 71 Bridge predecessor
 - 72 Stadium that hosted a 1965 Beatles concert
 - 73 Muscle firmness
- DOWN**
- 1 Be in sync (with)
 - 2 Febreze target
 - 3 "Fantastic Four" actress Jessica
 - 4 Society newbies
 - 5 Frequency between 300 and 3,000 MHz
 - 6 Island nation near Sicily
 - 7 ___ Jane
 - 8 Touchscreen-touching tools
 - 9 Org. that's the target of April glowers
 - 10 Not close enough
 - 11 Game for young batters
 - 12 Aquarium buildup
 - 13 "I'm outta here!"
 - 18 Polite rural assent
 - 22 PC bailout key
 - 25 Pile that aptly rhymes with fire
 - 26 Hawaiian dance
 - 27 Film excerpt
 - 28 Vagabond
 - 29 26-Down instruments
 - 30 Hannah Montana portrayal
 - 34 Eden outcast
 - 35 Poivre companion
 - 36 Duncan of the NBA's Spurs
 - 38 Usually fuzzy tabloid pics
 - 39 Market surfeit
 - 40 Doc's shot provider
 - 42 Culinary maven Rombauer
 - 43 Denver's st.
 - 48 Inquire of
 - 50 Victor's cry
 - 51 "Never in a million years!"
 - 52 Pleistocene, e.g.
 - 53 "Baywatch" actress Bingham
 - 54 Magician's opening
 - 55 Word with drive or memory
 - 56 Cavalry weapon
 - 60 "Save me a ___!"
 - 61 Bushy do
 - 62 Arkin of "Argo"
 - 63 Sugar bowl unit
 - 65 2000 Richard Gere role
 - 67 Red-and-white supermarket logo

sudokupuzzle



The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square Sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order.
- Every column of 9 numbers must include all digits 1 through 9 in any order.
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Every Sudoku game begins with some squares already filled in, and the difficulty of each game is due to how many squares are filled in. The more squares that are known, the easier it is to figure out which numbers go in the open squares. As you fill in squares correctly, options for the remaining squares are narrowed and it becomes easier to fill them in.

Sudoku Tips: Start by looking for numbers that occur frequently in the initial puzzle. For example, say you have a lot of 5's in the initial puzzle. Look for the 3x3 box where there is no 5. Look for 5's in other rows and columns that can help you eliminate where the 5 might go in that box. If there is a 5 in column's 1 and 2, then there can't be a 5 anywhere else in either of those columns. You know then that whatever leftmost 3x3 box that is missing a 5 must have it go in column 3. If you can eliminate all the possibilities in that box except for 1 square, you've got it down!

daytonevents

- Tuesday, Oct. 22**
Shirk Family Halloween Light Show
Event to feature a 30-minute synchronized light show to Halloween music.
1439 Darst Ave. Dayton, Oh, 45403
Event starts at 7:30 until 11:30 p.m.
Free for all ages.
- Wednesday, Oct. 23**
Free Harvest Party
Harvest party to feature candy, hotdogs, cider, games, a bounce house, petting zoo, caricature and balloon artist, flu shot, etc...
Lifepointe Church/South YMCA
Event starts at 7 p.m. and is free to attend.
- Thursday, Oct. 24**
Paranormal Kettering
Paranormal activity investigation to take place.
Dwight L. Barnes Building.
Starts at 6 p.m. and costs \$35 to attend.
- Friday, Oct. 25**
Heywood Banks
Live comedian to perform stand-up routine
Wiley's Comedy Club
Event starts at 7:30 and costs \$20.
- Saturday, Oct. 26**
Vintage in the Valley
Tag sale featuring some vintage items
Dayton Memorial Hall
Event starts at 9 a.m. and ends at 3 p.m.
- Sunday, Oct. 27**
Deathtrap
Play to feature comedy and suspense.
Dayton Playhouse
Event starts at 2 p.m. Costs \$17 for adults, \$15 for students and seniors
- Monday, Oct. 28**
An Evening with Author Will Schwalbe
Author Will Schwalbe will speak to the audience about the end of his mother's life through his book "The End of Your Life Book Club." Event is presented by Hospice of Dayton.
Victoria Theatre
Event starts at 7 p.m. and ends at 9 p.m.

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the Clarion

Established: March 15, 1977

"The Clarion" is published as a designated public forum for the students of Sinclair Community College by a student staff every Tuesday during the regular academic year, and once in July during the summer.

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"The Clarion" is distributed free to the faculty, staff and students of Sinclair Community College each Tuesday.

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"The Clarion" is a member of the Associated Collegiate Press, the Columbia Scholastic Press Association and the Ohio Newspaper Association.

The Official Student Newspaper of

SINCLAIR
COMMUNITY COLLEGE

Culinary Arts Tartan Terrace restaurant open for business

Terrace continued from front

The Tartan Terrace prefers a 24-hour advance reservation so students can prepare enough food accordingly. To make a reservation, call 512-2574 or 512-2014. The Tartan Terrace is located on the fourth floor of Building 13. "It gives them (students) perspective they wouldn't have otherwise," she said

"The perspective of not only making the food, but also serving the food and talking to the guests. I think it helps give them a little bit more of a realistic experience for when they actually go out to get a job in the food industry."

"I think the students that don't eat here, should," she said. "Because for one, it's

\$10. And two, you get a full meal and it helps support something that the other students are doing ... it's just a way to support your school and help other students learn."

For a course menu, visit <http://www.sinclair.edu/academics/bps/departments/hmt/menus/index.cfm>.

TARTAN TERRACE DATES OPEN AND PRICES

DATE	LUNCH	ELITE LUNCH	DINNER	ELITE DINNER
Oct. 15	\$10.00		\$15.00	
Oct. 16	\$10.00			\$15.00
Oct. 17		\$15.00		
Oct. 22	\$10.00		\$15.00	
Oct. 23	\$10.00			\$15.00
Oct. 24		\$15.00		
Nov. 5	\$10.00		\$15.00	
Nov. 6	\$10.00			\$15.00
Nov. 7		\$15.00		
Nov. 12	\$10.00		\$15.00	
Nov. 13	\$10.00			\$15.00
Nov. 14		\$15.00		



The Tartan Terrace is open for reservations. To reserve a table, call 512-2574 or 512-2014. Top: The Tartan Terrace dining room. Middle: The Culinary Arts students preparing food. Bottom left: The bread served at the Tartan Terrace is baked by the Culinary Art students. Bottom right: The kitchen where the food is prepared for the Tartan Terrace.

Sinclair's first International Fest

Fest continued from front



Nilu Gagan has planned the International Fest, which will be held on Oct. 30.

"You need to learn to blend with each other because there will be work places where you will have people from different cultures," she said. "Living in the U.S., you need that skill and ability."

With the International Fest, Gagan said she hopes to contribute to those com-

munication skills while also having fun.

The activities during the fest include an international dance and fashion contest, a scavenger challenge and a raffle. Students who win will receive prizes.

According to the International Fest flyer, some of the prizes include a Starbucks gift card, an Aramark food card, ISO t-shirts and many more.

So far, Gagan said she has 12 to 14 countries attending the fest.

"One of the things I like is the gathering. I see faces from all over the world, but they are all so together," she said. "They are loving each other, welcoming each other, having fun with each other and trying to learn cultures by respecting one another."

Students who are inter-

ested in volunteering are also welcome.

"We need volunteers to sign up for helping with the event and for decoration," Gagan said. "We also need participants to sign up."

Students interested in the fashion or dance contests are asked to sign up.

To sign up, contact Gagan at nilufar.gagan@my.sinclair.edu or go to ISO's Facebook page at [facebook.com/sinclairISO](https://www.facebook.com/sinclairISO). The deadline for signing up is Saturday, Oct. 26 at midnight.

"We are trying to make a difference by starting something new on campus," Gagan said. "Please come and join in the celebration of culture — it's a fiesta."

The fest will be held from 11:30 to 3:30 in the basement of Building 8 in the Stage Area.



Volunteers wanted for Veterans Day events held at Sinclair



The Veterans Affairs office displays military plaques on the wall. The office is located in Building 10, room 324.

Whitney Vickers
Editor-in-Chief

Sinclair Community College will host its annual Veterans Day events on Nov. 12.

Volunteers are wanted for the featured events including a flag-carrying exercise, in which individuals will walk or run around parts of campus while holding the flag.

During the event, individuals or groups of up to five people will carry the flag every fifteen minutes, starting at 8 a.m. until 5 p.m.

The all-day event will start with reveille, when the flag is raised, and end with retreat, when the flag is lowered.

Current students, faculty and staff members are welcome to volunteer, whether they are a veteran or not. All volunteers will receive a t-shirt.

"Anybody — faculty, staff, students, whether they're veterans or not are invited to participate," Veterans Affairs Coordinator Sally Caspers said. "It's an all day long show of support for the military

community on campus, so maybe a spouse or dependent or grandfather was a veteran, whoever you want to walk or run in honor of, that's fine, or maybe it's veterans in general."

Volunteers are also wanted to help place and remove flags across the yard in front of Third Street, as well as operate booths along the route. To volunteer for these events, contact Caspers at sally.caspers@sinclair.edu.

To sign up for the walk/run route, visit <http://apps.sinclair.edu/veteran/>.

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tartanalumni

Jennifer Franer
Assistant Editor

Tashina Geisler is an alumna who worked toward an associate degree in Liberal Arts and two certificates during her time at Sinclair Community College.

"My major changed quite a bit," she said. "The one I finally graduated with was a Fire Science certificate, Emergency Medical Technician certification and an associate of Liberal Arts."

All together, Geisler attended Sinclair for seven years.

"I've always had a thirst for learning more and experiencing more," she said. "I get bored so easy, I start doing something and as soon as it becomes a status quo I'm like, 'well I've done that, I've got to try something new.'"

While at Sinclair, Geisler worked toward a Communication degree and was involved with the Clarion student newspaper.

"Journalism was very, very helpful for me because I was extremely shy and it brought me out of my shell quite a bit," she said. "Through journalism, I learned to open up and talk to people and stop hiding so much."

For the past year, Geisler has been training in the Navy.

"I finished my first school, which got me licensed as an aviation electronics technician," she said. "And while I was doing that, I also did performing units and sang at different events."



Tasha Geisler received two certifications and an associates of Liberal arts in her time at Sinclair.

Geisler was also part of combat system engineering development and was an officer on Coalition of Service Members Against Destructive Decisions.

"I was an officer on that, so I did a lot of community service projects and volunteer projects with that," she said. "I've done a lot of different things."

Geisler said she loves exploring the world and experiencing different places.

"You meet so many fascinating people wherever you go," she said. "I have gone to every state but Alaska and Hawaii, and I am going to Hawaii soon; that's my next duty station."

Geisler also said she has backpacked through Mexico and Guatemala.

She said she lived in Honduras for about eight months and has also lived in the United Kingdom.

"I've done so much, a lot

of different jobs, a lot of traveling."

Although Geisler said she has traveled many places, she said Sinclair has helped with her success.

"I would come do a couple classes, leave and travel, come back," she said. "I learned a lot of good skills as far as managing my time and staying busy while maintaining good grades while in school, which helped in my Navy school."

Although Geisler said she has had many successes in her life, she has been afraid of failure. According to her, she used the fear as a push to pursue her goals.

"I've always been afraid of failure, I'm still afraid of failure," she said. "I just push myself that much harder, I'm kind of a perfectionist in many ways. If I'm doing the same as everybody else, then I'm not doing something right."

Geisler strived to do more while at her Navy school in Florida. In doing so, she received an advanced promotion.

"They told me I was more involved than anyone that's gone through there," she said.

Her advice to students is to keep trying, even if you feel you cannot.

"Just explore, you can always take more classes and always change. I took a really round-about road, I changed so many times, but I still managed in the end to get a degree," she said. "Life has a way of happening and finding the right path, and the only way you're going to find the right path is by trial and error."

NSLS hosting speaker broadcast event



Maksym Gerasimov is the president of the National Society of Leadership and success.

Whitney Vickers
Editor-in-Chief

The National Society of Leadership and Success is hosting a speaker broadcast event that is open to all students.

"We're going to feature Robert Stevenson; he's a motivational speaker," NSLS

President Maksym Gerasimov said. "He has talked to more than 2,500 companies around the world; he has interviewed [more than] 10,000 employees, so he has a lot of experience in the corporate and entrepreneurial field."

He said the featured speaker will focus on leadership, a quality he feels every student should possess.

"The point of the broadcast is that he'll try to educate us on what are the concepts of business and leadership that everyone has to have in order to be successful in any field, especially in the corporate field," he said.

As part of the NSLS induction process, members are required to attend at least one speaker broadcast events. However, he said all students are welcome to attend.

"He's going to be our last speaker for the fall semester

... It's open to [the] general public ... This broadcast is going to be live, exclusively for NSLS, but we'd like to share with other people on campus because I think this is valuable," he said.

In addition, he said at the end of the broadcast event, NSLS will ask attendees questions and whoever can answer them correctly can win prizes. Attendees will also have the opportunity to find out more information about joining NSLS by asking questions before or after the event.

The event will take place in the Building 8 stage area on Oct. 29, starting at 6:45 p.m.

"Everyone has a potential," he said. "Our mission is, we build leaders who make a better world. In other words, we try to raise the potential of everyone to achieve as much as they think or as much as they want because we believe there are no bars to what you can do."

the Clarion

would like to hear your story.

Each month, we will feature a student's story on how they came to be at Sinclair, their goals and how they handle their workload in our new feature called "Tartan Diaries."

We are currently looking for students to write for this feature. Please send your name and a brief summary about yourself to clarion@sinclair.edu. Our editor will contact you further.

Submission does not grant publication and we reserve the right to edit submissions.

tartandiaries

tartandiaries

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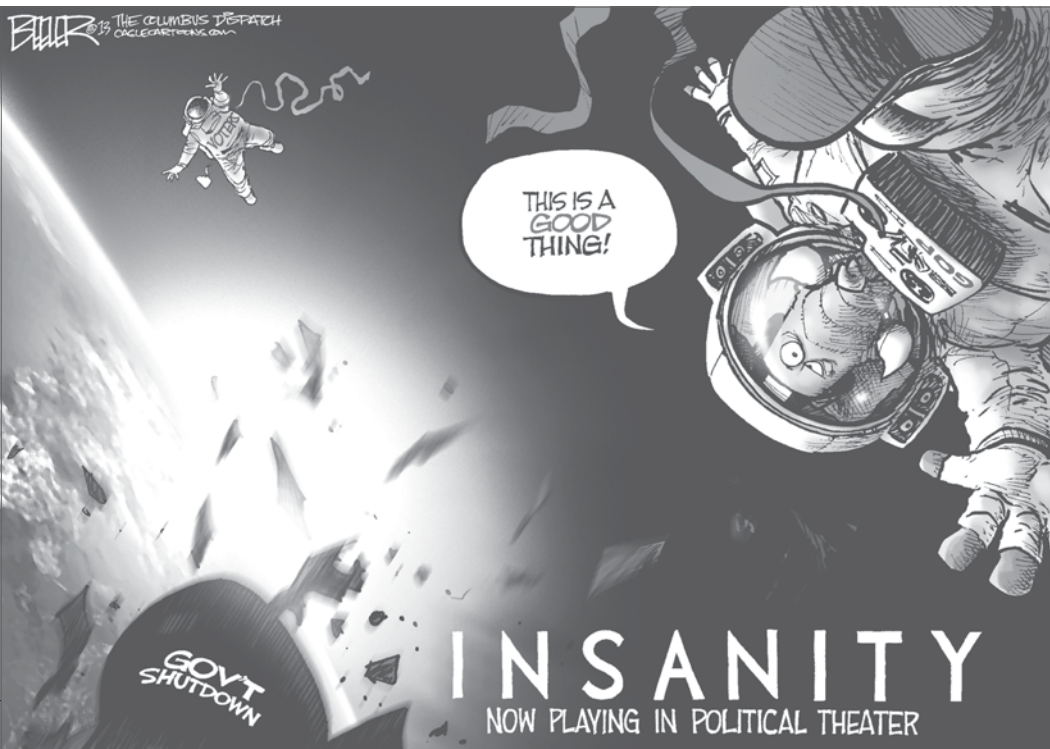
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Alonzo Leigh
Mental Health Technology

"My biggest fear, I would have to say, is heights. Back in May, I went to Cedar Point and I rode the GateKeeper. The ride was fine, but when we got all the way up to the top and I was on the second or third coaster seat, I was afraid of heights. Then, two weeks later, I went to King's Island and rode the Vortex and the same thing occurred. Then I said, 'it's over with! I'm never riding another roller coaster!'"



Cherane Baker
Psychology

"My biggest fear is losing my ability to be creative. I like looking on Pinterest and finding different crafts and stuff to do and making gift baskets and stuff like that.

So, if I would lose that drive to be creative ... I'd probably be really sad."



John Coffey
Biology

"My biggest fear is probably never having accomplished anything at the end of it all. Dying alone — because I think what matters most in life is human interaction, relationships; it's knowing and loving other people."



Danielle Lawson
Undecided

"Not passing my classes, because I'm a procrastinator so sometimes I put things off until the last minute."

This I believe

Elaina Direito
Contributing Writer

In the military, we like our acronyms.

There are acronyms for where we sleep, eat and where we work — with even more acronyms for equipment and for events. My most-used acronym stood for none of these things; INTS — it's not that serious.

I clung to this statement, repeated it in my head as a mantra and made myself believe. I had to, to stay sane.

If you think that war is a serious business, you are right. But when a soldier is trained, they are honed to a knife's edge of sharpness,

alertness, readiness for action. Thus, the big things, the important things, the business of war, get executed.

Unfortunately for my hypothetical sanity, this also applies to the little things — those minor annoyances and irritations that normal people brush off as part of life.

A printer out of paper, dust in your shoes, your boss asking you to finish just one more thing before you leave for the day, these type of things might annoy a civilian to the level of grumbling and complaining to their friends, or even shouting a bit.

A soldier's responses tend to be along the lines of their

training — violence. It is almost insanely hard to stay calm, to keep a level head. Under that much stress, that much tension, sooner or later the wire's going to snap.

Normal stress relief is not available to deployed soldiers. No relaxing, no family, no sex, no alcohol, no wearing non-uniform clothing. Even music and movies don't provide enough distraction to drown out the sirens announcing yet another mortar attack with the scream, thunk and boom of the mortar itself punctuating. This is the only break into the unbroke colorless stretches of monotony.

Same uniforms, same

chow, same faces.

Faces — trapped just like you. Hating every moment, hating you just as much as you hate them.

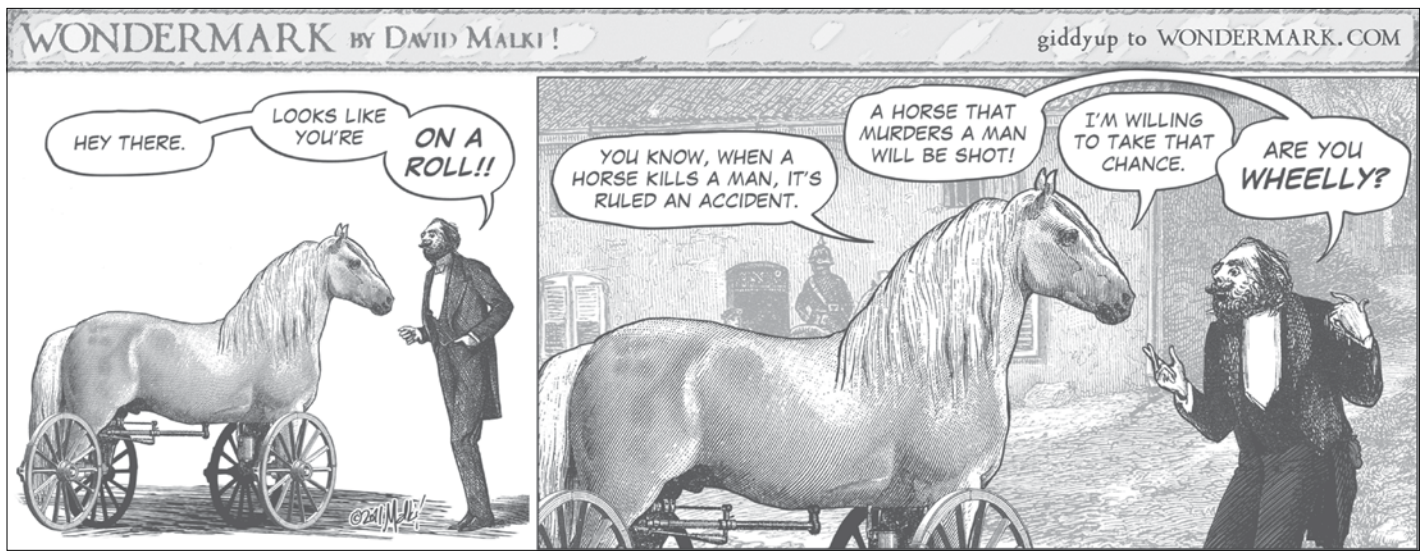
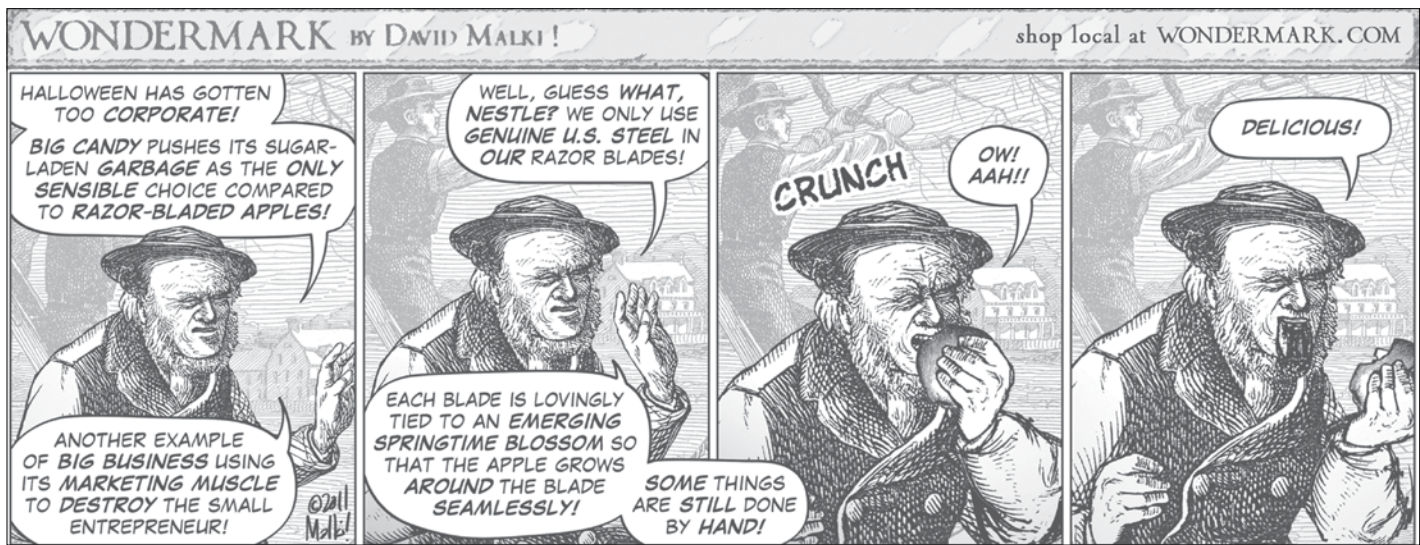
INTS. It's not that serious, got me through that long, long deployment.

Students are welcome to submit their own "This I believe" writing pieces.

The Clarion is open to other student-written opinion pieces that may have been written for a class.

If interested, submit your piece to clarion@sinclair.edu.

If submitted, we reserve the right to edit the writing piece before it is published. Students should also keep in mind that submission does not guarantee publication.



puzzlesolutions

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the Clarion encourages feedback

Letters to the editor may be submitted to the Clarion in Building 8 Room 027 or by email, clarion@sinclair.edu. Submissions might be edited for space.

No anonymous submissions will be accepted. All submissions must include author's name and phone number. The Clarion reserves the right to edit all letters. Deadline is Monday at noon for the following Tuesday publication. There will be no exceptions to this policy.

Submission does not guarantee publication. Space availability determines publication. When space is limited, articles may be filed for publication at a later date.

the Clarion
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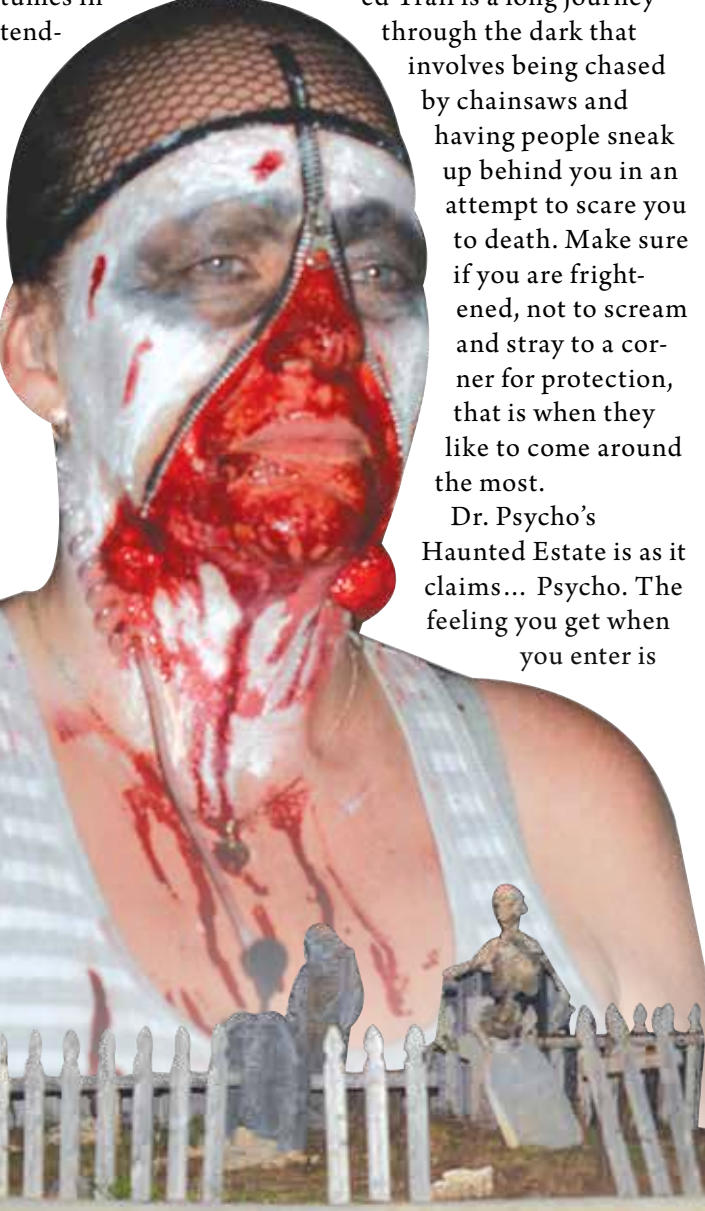


PSYCHOLOGY PROFESSOR GIVES DIFFERENT PERSPECTIVE ON WHY PEOPLE GET SCARED

Whitney Vickers and Jennifer Franer
Clarion Staff

With Halloween right around the corner, attending haunted houses has become a popular way to pass the time. The Clarion talked with psychology professor Mary Wells about some of the theories that could explain why people want to scare themselves around this time of year, while also taking a look at why people take the time to scare themselves, including what humans tend to classify as scary and how it relates Middletown's Land of Illusion.

Land of Illusion features five different themed haunted houses, as well as a Zombie Sniper Patrol ride. Throughout the haunted houses, chainsaws, clowns, Egyptian pharaohs and people dressed up in costumes intend-



ed to scare can be found. Among the haunted houses is the Temple of Terror, where you travel through dark passageways and get scared by the characters jumping out at you. You also spend some time in an elevator wondering if you will get out safely. The props around the area involving snakes and spiders are meant to scare, and do a good job.

Another attraction is the Killer Klowns. According to landofillusion.com, the clowns are raving lunatics and demented fools. You get a feel for that when you enter this attraction and spend your time being tormented by the clowns throughout. If you get stuck in the maze, watch out — you will be made fun of and even told that you may not get out alive.

The Middletown Haunted Trail is a long journey through the dark that involves being chased by chainsaws and having people sneak up behind you in an attempt to scare you to death. Make sure if you are frightened, not to scream and stray to a corner for protection, that is when they like to come around the most.

Dr. Psycho's Haunted Estate is as it claims... Psycho. The feeling you get when you enter is

very creepy and strange. Throughout the estate, the people inside are sure to make you run toward the exit, as they show you around the horror and threaten to have you killed if you tell anyone about what you have seen.

According to landofillusion.com, The Voodoo Bayou is set around a family who was killed for allegedly practicing black magic. The family creeps inside and when you enter, you will be tormented and teased with the black magic they are known for.

New to the Land of Illusion this year is the Zombie Sniper Patrol. During the patrol, you ride in a U.S. Army cargo truck through the woods and shoot at zombies with paintball guns that are mounted to the side of the truck. When prompted by the guides, you are to shoot the zombies on sight. The zombies hide behind abandoned cars, ride four —wheelers and sneak out from behind trees. It is a thrilling experience and one that you are sure to have fun on.

Some attendees, however, may find some Halloween themes are scarier than others. According to Wells, psychology may offer a reason for that.

Wells said the level of stimulation that each individual has can range from low to high.

"We all have this optimal level of arousal that we like to maintain in our bodies — if we don't have enough arousal or stimulation, then we get bored and we are unhappy," she said. "Or if it's too high, we're uncomfortable — we can't think, we can't be productive, because the level of stimulation is

way too high." Wells said because people try to reach an optimal and balanced level of arousal, they will participate in different activities in order to obtain it. One activity could be to attend haunted houses.

"One of the ways would be to scare ourselves with things like haunted houses or scary movies," she said. "Scaring yourself in terms of Halloween and this time of year, you could think of as another way to kind of safely raise those levels of arousal."

Wells also said that haunted houses could be used as a way to bring couples closer together.

"There's some notion that you find people more attractive when you're afraid," she said. "For all we know, we've been using this unconsciously."

As far as what people are afraid of, Wells said that it could vary depending on the individual and ancestry, which could explain why some people are afraid of the spiders and snakes that are common around this time of year.

"If we think about how people develop phobias, its kind of that classically conditioned fear where you

learn stimulus response," she said. "Maybe from an evolutionary point of view our ancestors probably spent a lot more time than us out in an environment where spiders and snakes presented a risk."

Wells also said that if you are going to a haunted house or a scary movie, you are going for the purpose of scaring yourself.

"If you're going to a scary movie, if you're going to a haunted house

you really are going to scare yourself," she said. "How you respond to that or how you perceive that can vary from person to person."

As you organize your Halloween plans, bear in mind the psychological prospect of fear. Check page2 for more information on local haunted houses.

