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# The Clarion

Produced by Students, for Students

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## TRANSFORMING EDUCATION FOR HEALTHIER LIVES



Juan Encarnacion | Photographer

Daniel Riley  
Reporter

The brand new Ned J. Sifferlen Health Sciences Center is completed, and will host a Community Open House for Sinclair students, their families and the entire Dayton community from 1–4 p.m. on Saturday, Oct. 7.

The open house will feature multiple activities for visitors of all ages. For children, there will be a petting zoo, a fire engine from the fire science program, an obstacle course, and multiple science demonstrations. For adults, there will be health and wellness screenings and education, as well as flu vaccinations for 200 individuals, and Premier Health will have their mammogram van for free mammogram screenings.

The Health Sciences department will give tours of the new building, featuring exhibits and demonstrations of the latest simulation training technology. One of the new facilities that will be shown is a surgical suite, where students will use hospital-quality technology on lifelike dummies that simulate multiple bodily functions such as breathing. One of the new dummies actually breathes in oxygen, and breathes out CO2, allowing the students to measure how well it's lungs are functioning. There is also a dummy that gives birth to a baby that has similar functions to the adult dummies.

For training emergency medical technicians (EMT) and paramedics there is a fully functioning ambulance replica that gets them

prepared to work in tight spaces with professional tools. They also have a replica of the front of a vehicle, to train them on caring for victims in a vehicular accident.

Another new facility is the physical therapy room. This has all the equipment you would find in a professional setting, such as massage tables, exercise bikes, treadmills and a walkway with parallel bars used to help patients learn to walk again.

The initial plan to develop the Sifferlen Health Sciences Center came about through a resolution from the Sinclair Board of Trustees created in January 2012, although it has long been contemplated at Sinclair. Approximately 30 percent of all students enrolled at Sinclair are in the Health Sciences division, and those that graduate from Sinclair are

recognized as some of the best health care workers in the region.

However, prior to the construction of the Sifferlen Health Sciences Center, the facilities were causing some concern as to the future of the Health Sciences division.

Dr. Rena Shuchat, the Dean of Health Sciences at Sinclair, spoke about some of the things that created a need for change. She mentioned how the Affordable Care Act (ACA), which was passed in 2010, brought to light some ways healthcare was falling short, and what was needed to make it better.

**Open House**

continued on page 4





# Tartan Spotlight: Anika Vanderhorst

Justin A. Baker  
Staff Writer

## Meet...

Anika Vanderhorst, who is one of the newest English composition professors at Sinclair. She has been teaching here for two years and is 30 years old.

## Why She's Interesting...

Professor Vanderhorst has earned three degrees from two different institutions in her academic career. Her background and forward thinking approach to education makes her an interesting professor to get to know.

Born in Japan and being of Japanese-Nicaraguan heritage, Professor Vanderhorst first came to the states to attend college in Indiana. She then continued her education gaining her second masters in Dayton.

She earned a Bachelor's of Liberal Arts as well as a Master's of Teaching and Arts during her time at Indiana, and obtained a Master's in English from Wright State University.

"I came here to Dayton just for

education," Vanderhorst said. "I didn't intend to enjoy being here so much and meeting my now husband" Vanderhorst said.

While she sometimes gets homesick thinking about her home in Japan, she is happy to be living in Dayton.

Her approach to education is a practical one. She understands that most of the students that take her class also work part time or full time jobs. So she requests that all her students treat her class like a full time job.

"Come to class and put in the time and effort and I will do my best to help you," Vanderhorst said. "If your schedule starts to get in the way of your education or you're just not grasping the material, I will do everything in my power to help."

Being recently married herself, she understands that time and family are on occasion more important than other pursuits.

One challenge Vanderhorst faces is the balancing act of trying to teach adults in a professional atmosphere when some of her students may be

older or the same age as her.

Vanderhorst has some practical advice for students, as she stressed the importance of reaching out to staff and getting help from the resources available to them on campus such as the writing center located in the library if they are struggling with their coursework.

She notes that the tools necessary to succeed are available for students, but the burden to take the proper steps rests on them.

One of Vanderhorst's goals in her teaching is making sure that any student that comes to her classes will not only go into life with a better understanding of the English language, but will also learn how to be a productive and upright person in the world today.

Another one of her goals is to teach students to be comfortable with English writing while also preparing them to use it to the best of their advantages beyond the classroom.



Justin A. Baker

Vanderhorst continues to work hard to achieve these goals while also helping people realize the power that the English language has in today's society, because in life, it all begins and ends with words.

# Safety awareness expo

Jacob Conger  
Reporter

Dayton area first responders gathered next to Building 7 and in the courtyard on September 20 to bring safety awareness to students at Sinclair's annual Safety Awareness Expo. Police and firefighters of the Montgomery County area reached out to Sinclair students for recruitment and safety awareness.

Tracy Brown, Sinclair Public safety officer, organized the event. Police men and women, Emergency Medical Technicians and the Dayton Bomb Squad were all gathered together to inform the public of who they are and what they do.

Police men and women from Dayton and surrounding area were by far the most represented at Sinclair's safety expo. From such large areas as downtown Dayton, to the much smaller city of Riverside, the police were represented in full.

In addition to men and women of the police force, several dogs could be found. Ranging in specialties from sniffing out possible explosives to illegal substances, these canines have

been proving to be a valuable asset to the police force.

A few Emergency Medical technicians littered the expo. While these tables were far less, their presence at the expo was none the less felt.

As previously mentioned, members of the Dayton Bomb squad were also in attendance. They had no shortage of information to give on what they did in Dayton, not to mention info on one of their bomb disposal robots. From suspicious packages to smoke bombs,

offered a physical test of strength in the form of strapping on a heavy pack and doing push-ups. Needless to say, a young journalist was very embarrassed.

While varied in career paths, all of these organizations were gathered with a similar goal, recruitment. At each of the booths a packet or equivalence could be procured to apply for a position. Some of these jobs demanded rigorous schooling or training, while other had the much more manageable requirement of being 21 years of Age.

Among these aforementioned people, the American Sign Language



Justin A. Baker

group could be found. With natural disasters such as hurricanes and forest fires currently hitting America, they were reminding attendees of how important it can be to communicate to a deaf person. Students who are interested in the ASL program at Sinclair can visit their department in Building 9, room 222.

Another goal of this event was for these various departments to meet the public. This is done in an effort to erase the fear and uneasiness associated with police recently. The service men and women hope that meeting members of the public in an informal setting will make the next traffic stop less tense.

This year's Safety Awareness Expo event presented plenty of opportunities for students to learn about a law enforcement career and get to know their local police men and women.



Justin A. Baker

the Dayton bomb squad has certainly been able to keep busy.

Finally, the army had a representative at this year's safety expo. In addition to mentioning all the benefits the Army provided, they also



Justin A. Baker



# Multifaith campus plans

Henry Wolski  
Executive Editor

The Multifaith Campus Alliance at Sinclair has many events planned for the fall semester that will spread their message of celebrating religious and spiritual diversity.

The first of these is the showing of "Locked in a Box," a documentary directed by David Barnhart that details the realities of immigrant detention centers in the United States.

The film looks through the point of view of immigrants that cross the border and are put into detention centers.

Barnhart is touring the country promoting the film and will be in the Dayton area during the first week of October. The film will be shown Oct. 4 in the Tartan Marketplace. There will be refreshments, the screening of the film and a half hour discussion afterwards. The event starts at 5:30 p.m.

The second event will occur in conjunction with the Building 14 open house happening this weekend.

It's called "Spiritual Health for Individuals and Families."

The event runs from 10 a.m. to 2 p.m. and will begin with a talk looking at the relationship between different faiths such as Christianity, Buddhism and Judaism. Guests will have their knowledge tested on these religions and will have an opportunity to ask questions about them.

They will have small group discussions about big events in their life, and will reflect on how

their faith (or lack thereof) affected their response and reaction to them.

The groups will then have breakout sessions that will allow participants to explore and express their journey through their spiritual life

through multiple individual creative outlets such as music, theater, visual art and spoken word demonstrations.

Lunch will be available for all participants. The event will end with a short reflection on the creative

demonstrations.

Chaplain Larry Lindstrom stresses that the event is open to Sinclair students as well as their families, and invites them to attend.

The event will take place in the stage area of Building 8 on Saturday, Oct. 7.

Also being held in October is an event titled "Who is My Neighbor? Seeing the Beauty in Everyone."

Who is my neighbor is a question that comes up in the bible, and has been debated on by the church. The bible answers that question in Luke 10:25-37 as "anybody and everybody."

Professors Kara Brown and Jerry Eddy as well as Lindstrom will share their perspectives on LGBTQ persons in faith communities.

"We're gonna to explore that in terms of, 'if someone who happens to be LGBTQ... are those folks my neighbor,' and we're gonna argue that yes, they are," Lindstrom said. "I'm going to try and make the case from a christian point of view that as people of the cross, we ought to embrace our LGBTQ brothers and sisters."

This event will take place on Wednesday Oct. 11 from 11 a.m. to

STUDENT AFFAIRS Building 10



Reese Franklin



Juan Encarnacion

noon in the Library loggia area.

The final event is a Sinclair Talks in November called "How Are You Weird?" The Ombudsman Amy Hartman and Lindstrom will share the benefits of realizing that each one of us is "weird."

They will then talk about how these traits can be a positive element for others as well as themselves.

The event takes place in the stage area of Building 8 on Wednesday, Nov. 8 from 11 a.m. to noon.

The Multifaith Campus Alliance envisions a future where people of all spiritual backgrounds find a welcoming place at Sinclair Community College to celebrate religious diversity and multifaith dialogue. They can be found in Building 10 room 310.

# College for lifelong learning

Will Drawing  
Managing Editor

One perk of reading The Clarion is that you learn things about Sinclair that you might not expect. For example, I had no idea that Sinclair has a program called the College of Lifelong Learning until I read Paul Helmers' article about Tom Johnson, the Sinclair student who in his late 70's has recently represented our school on an international stage as a master sprinter.

Lifelong Learning is an Ohio Department of Higher Education program that allows people over the age of sixty to attend college classes for free, without earning college credits but gaining skills and knowledge. All Ohio colleges and universities offer free classes,

but Sinclair is one of twenty two schools that hosts a community-based organization called a Lifelong Learning Institute (LLI).

Sinclair's College of Lifelong Learning is mainly meant to encourage people over the age of sixty to continue to learn and be physically active. It offers seminars and workshops in subjects of interest to its students such as technology, health, art, and history. It also allows lifelong learners to audit regular college classes, free of tuition.

Younger people aren't completely left out though, as we too are eligible to enroll in noncredit classes called 6000-level classes. The noncredit courses in art, music, history, and physical education are offered at sites all over the Dayton area, and come at a small cost in the form of course and lab fees.

"I think Ohio has been a leader in the effort to provide lifelong learning opportunities," said Anne Holaday,

the coordinator of Sinclair's College of Lifelong Learning. "Sinclair has one of the largest lifelong learning programs in the state."

For students over sixty, lifelong learning is an opportunity to learn about the latest technologies, study an interesting segment of history, learn to speak another language, study art in a classroom of people from different generations, or practice a sport or fitness regimen. 6000-level students under sixty stand to gain an inexpensive means of learning something of interest, while witnessing the importance of continuous learning.

As we get older, we seem to regress," said Sinclair student, Robert Mickens. "I plan on staying in school past sixty. It keeps you current, thinking, and involved in the community. As far as education goes, you should just keep doing it until you can't anymore."



Pexels

Ohio's Department of Higher Education describes lifelong learning as "the pursuit of knowledge to build skills, explore new ideas, enhance understanding and enrich life." Sinclair and University of Dayton both have opportunities for people over sixty. If grandma's been lonely or grandpa is seeming bored, they might have a lot to gain by entering a world of lifelong learning.

As Henry Ford said "Anyone who stops learning is old, whether they are 20 or 80. Anyone who keeps learning is young."

# Breast Cancer Awareness Week

Henry Wolski  
Executive Editor

About 1 in 8 women, 12.4 percent, will develop invasive breast cancer over the course of her lifetime. For women in the United States, breast cancer death rates are higher than death rates for any other type of cancer, besides lung cancer.

October is Breast Cancer Awareness Month and Student and Community Engagement at Sinclair are holding a series of events next week to do their part to raise awareness.

During the week of October 9, the SCE office as well as the Student Medical Assistant Association will conduct five events on campus to raise awareness.

Kates Brommeland, the Coordinator of Student and Community Engagement decided consolidating many events into one weeklong period would be best for raising awareness.

"We've always done things around breast cancer awareness," Brommeland said. "...And it's usually been events done all throughout the month. We learned over the last couple years, that it doesn't give it the attention that we want to focus on. We also know that Tuesday, Wednesday and Thursday are

good days for programming events." The week starts with a ribbon signing. The ribbons are a sign of support towards all those affected by the



disease. Students are welcome to write a message of hope, write their names and words of support or the name of a loved one who needs thoughts sent their way.

The small paper ribbons will be posted on various bulletin boards around campus and will stay there for the duration of the month of October.

The signings will take place on multiple days of the week, with the first on Oct. 9 in the third floor of Building 11 from 11:30 a.m. to 1:00 p.m. The second signing is on Oct. 11 in the second floor lobby of Building 14 during the same time frame.

The next event is called Paint the Campus Pink, and will take place on the Rolling Hills Plaza just outside of Building 10.

In this event the sidewalk surrounding the area will be surrounded by messages of hope made by students and faculty. The SEC offices have pink sidewalk paint specifically for the event.

Following the event, there will be a Pink Pizza Party held in Building 8 where there will be more opportunities to sign ribbons, and eat pizza, listen to music and socialize while helping raise awareness.

Participants are encouraged to wear pink that day, and the event is on Oct. 12 from 10:00 a.m. to 1:30 p.m.

The week's festivities will be capped off when the volleyball team plays Lorain County Community College the next day. Players and coaches at the game will be wearing pink uniforms and spectators are encouraged to do the same.

Kum Chee Gan, head coach of the team hopes for a solid turnout from the Sinclair community for the event. He invites many students to come to the game to honor and support those affected by the disease.

The game will occur at 5:30 p.m. in the gym on Oct. 13.

The Student Medical Assistant Association will also have a presence at these events, selling t-shirts and giving information about what their organization has to offer.

Brommeland hopes that students will turn out to these events and show their support for those suffering from breast cancer.

"I really want students to come out to these events," Brommeland said. "They are fun, exciting activities, and we've never really done anything like Paint the Campus Pink before. The more students we can get down there, the better."

**BREAST CANCER IS THE MOST COMMON CANCER among American women, after skin cancer.**



**About 1 in 8 (12%) of U.S. Women will develop invasive breast cancer during thier lifetimes.**



**More than 2.8 Million breast cancer survivors currently live in the United States**

Xavier Razo

# Transforming education for healthier lives

Open House continued from front

Due to the ACA "we now know that healthcare is expected to be collaborative, the model is expected to be coordinated so that different teams of health care professionals know what to do in order to have the best patient outcome," Dr. Shuchat stated. "We set up this building so that we could bring the health care programs together who tend to work together."

Before the new building was finished, the different healthcare

education facilities were spread out across nine different buildings, which made it almost impossible for the different programs to work together.

"More patients are being pushed out of the hospital sooner, and care is taking place in the home." Dr.



Shuchat said. This was the reason they built one of the first fully functioning apartments in the nation, which is designed to train students for home health

care and emergency scenarios in an environment similar to what they will experience after graduating from Sinclair.

The apartment is modeled after an efficiency apartment, similar to what you would find in a nursing home. It has a kitchen with all working appliances, a bathroom that is not ADA (Americans with Disabilities Act) compliant with a tub that is purposely made to be difficult to get someone out of, as well as a living room with a recliner that is also hard to get a patient out of.

With over 500 clinical affiliations within the region, Sinclair is one of the biggest contributors to the

healthcare workforce in the area. With the Sifferlen Health Sciences Center now open, Sinclair has the proper facilities to ensure their graduates will go into the workforce prepared to give their patients the best care possible.



Daniel Riley | Photographer

Daniel Riley | Photographer



# Hugh Hefner dies at 91

Henry Wolski  
Executive Editor

Will Drawing  
Managing Editor

Hugh Hefner passed away at his home in Los Angeles on Wednesday, September 27 at the age of 91. Hefner was known world-wide as the creator and editor-in-chief of Playboy magazine. He was known in America as an important voice of the Sexual Revolution, a hero of libertarian ideology, the chief-occupant of the Playboy Mansion and a villain to modern feminism.

Hefner founded Playboy magazine in 1953, a time when American culture was dictated by a sense of puritanism. In the midst of obscenity laws and sodomy laws, Hefner championed abortion rights, contraception rights, the decriminalization of marijuana and anti-censorship.

Playboy is known for its nude and semi-nude photos of models affectionately known as Playmates, and its publication

of controversial interviews and literature. Ray Bradbury's dystopian novel "Fahrenheit 451" was originally published in early editions of Playboy, in 1953 and 1954. The magazine was also a forum for serious interviews with controversial figures of the time. These included Martin Luther King, Bertrand Russell and Malcolm X.

Perhaps the most famous of these was the 1976 interview with Jimmy Carter, who confessed "I've looked on a lot of women with lust. I've committed adultery in my heart many times."

Hefner championed civil rights in more direct ways as well.

Playboy hosted African American guests at televised parties despite Jim Crow segregation laws, and Hefner bought independently owned Playboy clubs from their southern owners when he learned the establishments refused service to African Americans. "We are outspoken foes of segregation [and] we are actively involved in the fight to see the end of all racial inequalities in our time," said Hefner.

However, Hefner has faced much criticism over his lifetime for the way he objectified women and used porn as part of his business



Daily News

who met Stratten and eventually fell in love with her. Holly Madison, a former girlfriend of Hefner, pointed out the dangerous environment some of the models would live in. "He would encourage competition – and body image issues – between his multiple live-in girlfriends," Madison said. "His legacy is full of evidence of the exploitation of women for professional gain."

model.

English writer Julie Bindel criticized him in a piece written for The Independent, saying that he "caused immeasurable damage by turning porn, and therefore the buying and selling of women's bodies into a legitimate business."

Journalist Suzanne Moore was threatened with legal action by Hefner after calling him a "pimp." In a piece published in The Guardian, Moore justified it by saying "he was a man who bought and sold women to other men."

The murder of Dorothy Stratten, Playmate of the Year in 1980, was another point of controversy that raised questions about the lifestyle and environment fostered at the mansion.

"She could not handle the slick professional machinery of the Playboy sex factory, nor the continual efforts of its founder to bring her into his personal fold, no matter what she wanted," wrote film producer Peter Bogdanovich,

Hugh Hefner, while his practices and vision are seen as flawed and misogynistic, was a pioneer in the publishing and entertainment field by showcasing some of America's most prolific writers in the same magazine that put sex in the centerfold, for better or for worse.

In the words of Hefner himself, "I would like to be remembered as someone who contributed to, and changed the sexual and social values of my time. And I think my place within that corner of history is fairly secure."



Google



Wikimedia

# Coming Soon



## WEB EXCLUSIVE TECH AND ENTERTAINMENT ARTICLES



# STAR TREK

## DISCOVERY

Paige Rogers  
Reporter

The newest installment of the "Star Trek" series premiered last weekend. "Star Trek: Discovery" takes place about a decade before the original "Star Trek" series. It is not in the same timeline as the J.J. Abrams "Trek" movies that have been released recently.

The premise of the show is the character Klingon T'Pol, attempting to join the 24 great Klingon houses, which leads to a war between his people and the United Federation of

Burnham, is the first human to attend the Vulcan Learning Center and Vulcan Science Academy. She is called the "Number One" which is a reference to the same character played by Majel Barrett in the original series. The character of Burnham is the first black female lead in the entire "Star Trek" series.

Giving her a male name was done on purpose by co-creator, Bryan Fuller, as he has done this with the other female leads of his previous series.

Doug Jones plays the character Saru, who is a lieutenant on the Discovery. Saru is the first Kelpien to be a part of Starfleet. The



Star Trek | Youtube

Sylvia Tilly, played by Mary Wiseman is a senior in the Starfleet Academy and is roommates with Burnham. She follows under the wing of Paul Stamets and is recognized as one of the most optimistic people on the Discovery.

The last main character is Gabriel Lorca, played by Jason Isaacs. His character is the captain of the Discovery and is recognized as one of the most disturbed "Star Trek" captains.

"Star Trek: Discovery" started production in January of 2017. The first official trailer was released in May of 2017, and was an assurance to "Star Trek" fans that this series was not just a rumor. During the

2017 San Diego Comic Con, the creators and several actors were there in support of the show and appeared in a panel for the fans. The pilot premiered at the ArcLight

Hollywood theatre on September 19, 2017. It was released to the public on the CBS network on September 24, 2017. The series will only be accessible through CBS's streaming service "CBS All Access."

The first season of the show will be 15 episodes that are divided into chapters. The show's first chapter will run until November 5 and the second chapter will begin streaming January 2018.

So far it has premiered to positive reviews, with critics praising Martin-Green's performance especially.



Star Trek | Youtube

the Planets. The story heavily focuses on the characters aboard the "USS Discovery" and how they are involved in the war and the Klingon species conflict.

The main character of the series is Michael Burnham, which is played by Sonequa Martin-Green. She also portrayed the character Sasha Williams in AMC's "The Walking Dead." In the last season, her character sacrificed herself to help her family defeat the Saviors.

Since her role in "The Walking Dead" ended, she has been working on "Star Trek: Discovery". Her character, Michael

Kelpien Species was created for this series, and were hunted on their home planet and thus have developed the sense of coming death. Since they have the ability to sense death, they have developed a reputation among the Federation as being cowards.

Shazad Latif plays the character Ash Tyler, who is a former prisoner of war. He is a Starfleet lieutenant and has chemistry with Michael Burnham.

Paul Stamets, a character played by Anthony Rapp is a science officer studying astromycology, which is the study of fungi in space. His character is inspired by a mycologist of the same name.



Star Trek | Youtube



# IN THE \* \* \* \* \* HEIGHTS



TEKKNEO | Youtube

Erika Brandenburg  
Reporter

Beginning this week, the Victoria Theatre Association will be holding a performance of Lin-Manuel Miranda's "In The Heights" at the Schuster Performing Arts Center in Dayton.

"In The Heights" is a musical focusing on the vibrant community of Washington Heights, New York.

From the Victoria Theatre's page description for the musical, Washington Heights is "a place where the coffee from the corner bodega is light and sweet, the

windows are always open and the breeze carries the rhythm of three generations of music. It's a community on the brink of change, full of hopes, dreams and pressures, where the biggest struggles can be deciding which traditions to take with you and which ones you leave behind."

The musical has a cast of less than 15 named characters, focusing on weaving a story about the struggles, hopes, and dreams of the few that are presented with a life story in "In the Heights".

The creator himself, Lin-Manuel Miranda, played one of the leading

rules as Usnavi de la Vega, who is the owner of the aforementioned bodega. A bodega is a what a convenience store such as 7/11 would be called in a hispanic setting.

Working with him is his younger cousin Sonny, the jokester of the barrio with a thoughtful side that yearns for social justice. Usnavi and Sonny have a friend named Benny, the only person living in the community that doesn't speak Spanish who dreams of opening his own business someday.

Benny works for the father of his crush, Nina Rosario, known as the first person in her family (and in the barrio in general) as "the one who made it out". Vanessa is seen as the most beautiful woman in the barrio and has all eyes on her for it with her one dream being to move downtown and away from her alcoholic mother as soon as possible. Taking care of Usnavi is "Abuela" Claudia, the matriarch of the barrio that everyone loves and thinks of as their own grandmother despite no actual blood relation with her.

into a musical to be performed on Broadway.

During its run, the musical was nominated for 13 Tony Awards and won four in 2008: Best Musical, Best Original Score, Best Choreography, and Best Orchestrations. "In The Heights" was also awarded the Grammy for Best Musical Show Album the same year.

The show itself runs for two hours with a 20 minute intermission between acts. The showtimes are Tuesday - Friday at 8 p.m., Saturday at 2 p.m. and 8 p.m., and Sunday at 2 p.m. and 7:30 p.m. during the week of Oct. 3 to Oct. 8.



TEKKNEO | Youtube



TEKKNEO | Youtube

The earliest draft of "In The Heights" was written in 1999 during Miranda's sophomore year of college. The show was accepted by Wesleyan University's student theater company Second Stage and once that was done, Miranda added more elements such as freestyle rap to the production to come closer to what the audience knows today.

The play ran for three days which resulted in Miranda being approached by several people (including Thomas Kail, who also directed Miranda's future musical Hamilton) in regards to expanding "In The Heights"





# The Clarion Survey

Name \_\_\_\_\_  
 Major \_\_\_\_\_  
 Age \_\_\_\_\_  
 Gender \_\_\_\_\_

What would you be more interested in seeing more of in the Clarion?

- National News
- Economy
- Social Issues
- Campus Events
- The Arts
- Other \_\_\_\_\_

What is your favorite section in the Clarion?

- Campus Life
- Tartan News
- A&E
- Tartan Opinion
- Puzzles

Which social media platform would you use to keep up with the Clarion?

- Instagram@TheClarion
- Facebook Sinclair Clarion
- YouTube SinclairClarion
- www.SinclairClarion.com
- Twitter@SinclairClarion

What coupons would you like to see in the Clarion?

- Bookstore
- Local Businesses
- Aramark
- Other \_\_\_\_\_

Drop off completed surveys at the Clarion office: building 6, room 314

## Ombuddy Corner

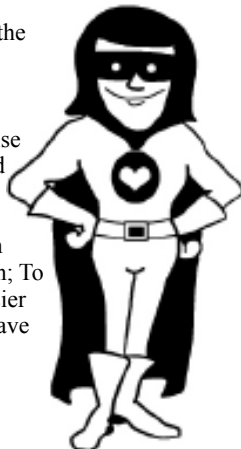
This week we are here to share a famous quote about success:

To laugh often and much; To win the respect of intelligent people and the affection of children;

To earn the appreciation of honest critics and endure the betrayal of false friends; To appreciate beauty, to find the best in others;

To leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; To know even one life has breathed easier because you have lived. This is to have succeeded.

The ombudsman is your student advocate! To learn more, visit [www.sinclair.edu/ombudsman](http://www.sinclair.edu/ombudsman).



# Your Voice

## What do you do to cheer yourself up?



“  
 I'd say petting my cats. Generally speaking. Also, spending time with loved ones.  
 - Jonathan Phillips  
 Music”

“  
 I like to sing to cheer myself up. That usually works. Just music in general. Cheer up, pal!  
 - Lexi Donthnier  
 Music”



“  
 I hang out with my friends. They always know just how to cheer me up. Especially my friend Jonathan! I also give my dog “good boi” pets.  
 - Noah Ward  
 Music”

“  
 I like to do stupid stuff. I also like to eat. Rawr.  
 - T. Rexman  
 Biology”





# Clarion Cartoons



La Vie de l'encre

Created by:  
Leo Walter

## My Voice The importance of inconvenience

Kelsey Fitzpatrick  
Reporter

Nowadays, it seems as though “everyone” is depressed, self-harms, has an eating disorder or regularly thinks about taking their life. We’ve become numb to others’ negative mental-health that some people ignore it all together. But we need to stop fighting the illusion that it will work itself out. Because often times, it does not work itself out, and that is when things get ugly.

Over the summer, a close friend of mine, Rhea Davis, sent

out a mass message to her friends via the social app Snapchat, making comments that insinuated she may take her life. But to many, this cry for help was not “new.” She

had attempted suicide five times since she was just 13 (and she was only 16 at this point in the summer).

Usually, several would respond to these cries and helped talk her down, but this time, only two friends made



Pexels

And many of those people are just like my friend Rhea, who asked for help and are ignored by people who couldn’t just take ten minutes to try. Simply creating a relationship with these people where they feel they can reach out for help and receive it is enough to save a life.

I asked Rhea what she would say to others who have friends struggling with suicidal thoughts like her and she replied, “Always be there for them, no matter what they say or what they do to push you away, do not leave. They really need someone to be ‘that’ person. Don’t be afraid to speak to someone about [their mental state]. They will get mad at you, but you [may] save a life in the long run.”



Pexels

an effort. And this time was serious.

It ended with a phone call to 911 tell them she was going to take her life. When I asked Rhea in an interview if she believed that if the police had not shown up, she would have ended her life? She responded, “100%, no doubt in my mind.”

I asked some of those who received her initial cry for help, how they responded. I was given the excuses “It was just her complaining again,” “She wouldn’t really do it,” or “I am just sick of her whining all the time.” They had all

ignored the message that may have been her last. And there are many more people like my friend Rhea, who cry out for help but no one reaches out to save them.

According to the American Foundation for Suicide Prevention, suicide is the second2nd leading cause of death for people ages 15 to 34 in the state of Ohio. In the US, 44,193 Americans take their life every year, making that 121 suicides a day. That means 121 people a day are unsuccessful in finding someone to help them.



Pexels



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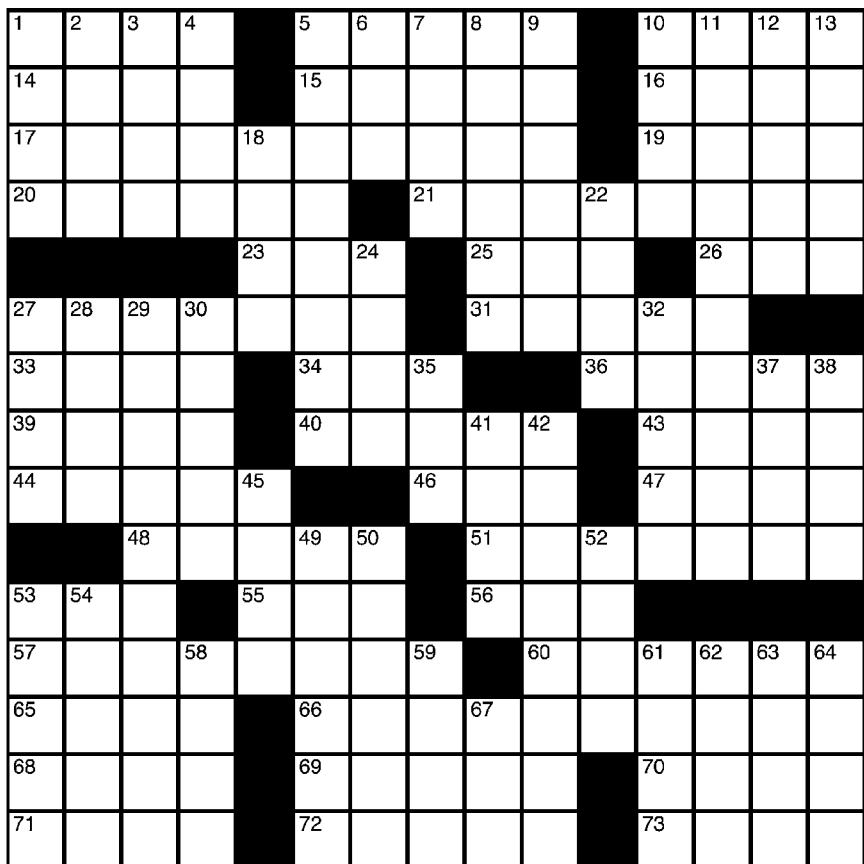
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# Crossword Puzzle



- Across**
- 1 Carpet thickness
  - 5 Crowbar, basically
  - 10 Vanishing ski lift
  - 14 Preemptive rescue op
  - 15 Wear down
  - 16 MasterCard rival
  - 17 \*Boot camp newbie
  - 19 Not fer
  - 20 Slap in the face
  - 21 Play the hand you were dealt
  - 23 Smooth engine sound
  - 25 \_\_\_-Locka, Florida
  - 26 Aetna's bus.
  - 27 Michelin product
  - 31 Ancient vase in a museum, say
  - 33 Fuel-efficient Chevy
  - 34 Physics work unit
  - 36 Starts the kitty
  - 39 Truth stretcher
  - 40 Nebula Award genre
  - 43 Undiluted
  - 44 Untrue
  - 46 Acquired
  - 47 \_\_\_ Minor: Little Bear
  - 48 Chinese menu promise
  - 51 Company co-founded by J.P. Morgan
  - 53 "The Simpsons" disco guy
- Down**
- 1 Prefix with scope
  - 2 Hall of Fame catcher Rodriguez
  - 3 Newton's motion trio
  - 4 Color of raw silk
  - 5 Professors' talks
  - 6 Boot the ball
  - 7 "Parlez-\_\_\_ français?"
  - 8 Manuscript fixer
  - 9 Make another recording of
  - 10 Promo on the tube
  - 11 \*Grand scheme of things
  - 12 From China, say
  - 13 Tirades
  - 18 Pre-college, briefly
  - 22 Simba's playmate
  - 24 Defunct Ford division, for short
- 27 Baby whale
  - 28 Sports shoe brand
  - 29 \*It may be rational, in math
  - 30 Sculptor's subject
  - 32 Data to be processed
  - 35 Band tour booking
  - 37 Highland tongue
  - 38 Close tightly
  - 41 Basketball transgression
  - 42 "Agreed!" ... and what can be said about the start of the answers to starred clues
  - 45 Grounded Aussie birds
  - 49 Mark of disgrace
  - 50 Columbus, by birth
  - 52 Lay's chips-in-a-can brand
  - 53 Dangerous bacterium
  - 54 Knee-to-ankle bone
  - 58 Lessen, as pain
  - 59 Skull Island ape
  - 61 Rip-off
  - 62 Island dance
  - 63 Those, in Mexico nose-wrinkling
  - 64 Cause serious
  - 67 Stop working, as an engine



# Sudoku Puzzle

		7	3		1			
9					4			5
	3					9		
4					3			8
	6		8	2	9		4	
5			4					3
		1					2	
3			7					1
			1		6	8		

### Last Edition's Solution

S	P	I	E	L	E	M	U	S	D	A	W	N	
A	R	O	M	A	L	I	N	K	A	S	I	A	
M	O	W	E	R	E	L	S	E	D	A	M	P	
M	A	R	I	A	V	O	N	T	R	A	P	P	
					G	A	M	E	A	C	A	I	
T	H	E	T	O	N	I	G	H	T	S	H	O	W
C	I	A	C	A	B	O	M	A	H	A			
N	A	M	C	O	M	I	C	O	N	V	A	N	
B	R	U	S	H	Z	A	P	O	R	E			
C	A	P	T	A	I	N	A	M	E	R	I	C	A
					A	N	N	A	E	D	A	M	
W	E	S	T	S	I	D	E	S	T	O	R	Y	
H	I	G	H	E	L	I	A	E	V	I	A	N	
U	R	G	E	R	E	V	S	D	I	P	P	Y	
M	E	S	T	R	A	Y	G	E	E	S	E		

### Last Edition's Solution

1	8	9	5	3	7	6	4	2
7	3	2	4	6	1	9	5	8
4	6	5	8	2	9	3	1	7
6	2	8	7	4	5	1	3	9
3	9	4	2	1	8	7	6	5
5	7	1	6	9	3	8	2	4
9	1	7	3	5	2	4	8	6
2	4	3	9	8	6	5	7	1
8	5	6	1	7	4	2	9	3



### Anamark Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Guest</b>	Qdoba Mexican Grill	Lee's Famous Recipe Chicken	Panda Express	Gyro Palace	Fusian Sushi
<b>Simmer</b>	Chili Con Carne / Italian Wedding Soup	Chili Con Carne /Vegetable Orzo Soup	Chili Con Carne Chicken Double Noodle Soup	Chili Con Carne/ Minestrone Soup	Chili Con Carne New England Clam Chowder
<b>Sizzle</b>	Cheesy Sun-Dried Tomato Panini	Buffalo Blue Cheese Chicken Sandwich	Grilled Four Cheese Sandwich	Chicken Tender Special	Beer-Battered Cod Sandwich
<b>Pizzazone</b>	Philly Cheesesteak Mini Rolletto	Chicken Bacon Ranch	Italian Deli Stromboli	Italian Deli Stromboli	Mushroom Pizza
<b>Deli</b>	Fiery Avocado Ciabatta/ Southwestern Chicken Chipotle Wrap	Fiery Avocado Ciabatta/Southwestern Chicken Chipotle Wrap	Fiery Avocado Ciabatta/ Southwestern Chicken Chipotle Wrap	Fiery Avocado Ciabatta/ Southwestern Chicken Chipotle Wrap	Fiery Avocado Ciabatta/ Southwestern Chicken Chipotle Wrap
<b>Main St. Cafe</b>	Grilled Reuben	Turkey & Swiss Sandwich	Bbq Turkey & Cheddar Melt	Pepperoni Calzone	Chicken Tenders

The Clarion is accepting student poetry submissions! Send us an email at [clarion.central@gmail.com](mailto:clarion.central@gmail.com) to submit your work.



## Brain Teasers

**Q1-What occurs once in every minute, twice in every moment, yet never in a thousand years?**

**Q2-What can you hold without ever touching, or using your hands?**

**Q3-8,549,176,320 is a unique number. Do you know why that is?**

**Q4-Arnold Schwarzenegger has a long one. I.M. Pei has a short one. Madonna doesn't use hers. Anthony Weiner always uses his. The Pope never uses his. What is it?**

Q1-The letter M, Q2-Your Breath, Q3-All the digits in alphabetical order, Q4-Thier surnames

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### Sinclair Cares Counseling Services

Emily Hudson has a Bachelor's degree in psychology from Ohio University and a Master's degree in Social Work from the University of Cincinnati. She also has an Independent Clinical Social Work license. Emily works with students to develop solutions to problems that they face, both academically and personally. Her office is in Counseling Services, which is located in 10-424. Emily presents on a variety of topics through Sinclair Talks, such as healthy relationships and stress management. She is also the coordinator for Tartan Scholars Connection. Tartan Scholars Connection is a group on campus for students who were in foster care to build a community to support each other through the college experience.

Also, Counseling Services and the Office of Diversity are hosting an event for staff, faculty, and students next week; LGBTQ 101 will be presented by Equitas Health and will be held Wednesday Oct. 4, from 11-1 in the Green Room, 2334.

## Horoscopes

- Libra: Sept. 23 – Oct. 23**  
A project between friends takes a new direction this winter, setting the stage for new romance. Professional changes next summer come before a group venture reaches new heights. Follow your heart.
- Scorpio: Oct. 24 – Nov. 21**  
Make a romantic move. The actions you take today can have long-lasting benefit. It may take a mess to create a work of art.
- Sagittarius: Nov. 22 – Dec. 21**  
It's a great time for making changes at home. Reorganize and declutter. Beautify your space. Good things come from far away.
- Capricorn: Dec. 22 – Jan. 19**  
Spin an enticing story. Handle the basics. Do what you promised, and reward yourself later. Your communications could go further than expected.
- Aquarius: Jan. 20 – Feb. 18**  
Pursue your financial goals. Actions taken now can have long-term profit. Ensure a strong foundation for what you're building. Keep your eye on the prize.
- Pisces: Feb. 19 – March 20**  
Assertiveness works well now. Go for a personal dream. Ask for more, and get it. Put your muscle where your mouth is. Solutions unfold.
- Aries: March 21 – April 19**  
Make long-term plans, and set the wheels in motion. Make sure your infrastructure is strong enough. A mess now profits later. Rest and recharge.
- Taurus: April 20 – May 20**  
A crazy scheme could work. Together, your team comes up with the perfect plan. Make changes, but not to your core values. Use secret resources.
- Gemini: May 21 – June 21**  
Take action now for later career benefit. You're building something for the future. What you're learning now pays off. You can figure out a puzzle.
- Cancer: June 22 – July 22**  
Get out and explore a soulful curiosity. You know where you want to go. Deviations add unexpected charm. Make long-distance connections.
- Leo: July 23 – Aug. 22**  
Make plans for the future, together. Invest, budget and strategize for them. Take advantage of a lucky break. Small contributions add up with time.
- Virgo: Aug. 23 – Sept. 22**  
Someone attractive has your attention. Work together to resolve a mystery. Your creativity builds on another's cleverness. What you generate has long-term potential.

Linda C. Black Horoscopes: by Nancy Black.  
 Distributed by MCT Information Services



# NCAA Fraud

Paul Helmers  
Reporter

The University of Louisville's head basketball coach and athletic director have been placed on paid administrative leave after an FBI investigation looking into corruption and fraud in college basketball alleged a current freshman at the university was bribed to join the school.

Rick Pitino, the head coach at Louisville, has been implicated in the investigation as a conspirator in the alleged bribe. The bribe was allegedly offered by an Adidas executive, who wanted to pay the family of a high school prospect \$100,000 to represent Adidas once he went pro.

Pitino released a statement following his release.

"These allegations come as a complete shock to me," said Pitino in a statement. "If true, I agree with the U.S. Attorney's Office that these third-party schemes, initiated by a few bad actors, operated to commit a fraud on the impacted universities and their basketball programs, including the

University of Louisville. Our fans and supporters deserve better and I am committed to taking whatever steps are needed to ensure those responsible are held accountable. But the FBI and the United States Department of Justice have come to clean up the sport and the mess made by Louisville and other programs."

The athletic director, Tom Jurich, also released a statement.

"For the last 20 years, I have dedicated my life to the University of Louisville. Disappointment does not even come close to describing my feelings surrounding the allegation that any member of the UofL basketball staff could be involved in the criminal conduct announced yesterday. My intent has always been to run every athletic program at the University in an honest and compliant manner. It is heartbreaking to me that the alleged intentional and secret criminal acts can bring such harm to our school. I love this University, the Louisville community and all of our fans. I plan to continue to help UofL overcome the challenges it faces and work cooperatively with the University with support of the UofL Board of Trustees following their meeting on October 19th."

These allegations could not have come at a worse time for Pitino,



Youtube

who is already suspended for the first five Atlantic Coast Conference games this season after the investigation into the school's escort recruiting scandal.

No charges have been brought against anyone from the University of Louisville yet, however ten people have been arrested as a result of the investigation. Among them are Oklahoma State assistant coach Lamont Evans, Auburn assistant Chuck Person, Arizona assistant Emmanuel "Book" Richardson and USC assistant Tony Bland were all charged in the corruption scheme.

All of these coaches are charged with bribery conspiracy, solicitation of bribes, honest services fraud conspiracy, honest service fraud, conspiracy to commit wire fraud and Travel Act conspiracy. Each coach faces a maximum sentence of 80 years in prison.

Also arrested is James Gatto, the director of global sports marketing for Adidas; Merl Code, another Adidas employee; Christian Dawkins, a former NBA agent who was recently fired from ASM Sports; Munish Sood, a financial adviser; Jonathan Brad Augustine, president of The League Initiative and program director of the Adidas-sponsored 1 Family AAU program; and Rashan Michel, a former NBA official who founded Thompson Bespoke Clothing, a company that makes custom clothing for athletes.

"For the 10 charged men, the madness of college basketball went well beyond the Big Dance in March," acting United States Attorney for the Southern District of New York Joon H. Kim said during a news conference on Tuesday. "Month after month, the defendants exploited the hoop dreams of student-athletes around the country, allegedly treating them as little more than opportunities to enrich themselves through bribery and fraud schemes."

Kim added that the managers and financial advisers were "circling blue-chip prospects like coyotes" and "employees of one of the world's largest sportswear companies [was] secretly funneling cash to the families of high school recruits."



Pinterest



# NED J. SIFFERLEN HEALTH SCIENCES CENTER COMMUNITY OPEN HOUSE

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