

The Clarion

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The Voice of the Students of Sinclair Community College

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TRUMPCARE ARRIVES

Laina Yost
Managing Editor

The American Health Care Act, also known as Trumpcare, made its debut last week.

The bill, which if passed would repeal Obamacare,

was released on March 6 and includes several changes from the Affordable Care Act.

President Donald Trump took to Twitter to voice his support of the bill calling it "a wonderful new Healthcare Bill."

The bill was developed with both the White House and Senate Republicans and it is still unclear as to how much the American Health Care Act would cost Americans as well as how many people it would cover.

Some of the provisions

Trump continued on page 2

Gage Skidmore | Flickr

Business and IT

Laina Yost
Managing Editor

Career communities have worked to bring students together through connecting them to different people and potential employers.

Business and IT is one the six different communities that is a part of this message.

According to April Carpenter, an Associate Professor of Management and Marketing as well as the Completion Coordinator for Business and IT, this career community represents a wide variety of degrees.

"Ours represents anywhere from accounting in business to paralegal to culinary arts to the CIS stuff," she said.

Because of such a broad range of degree fields, Carpenter said that Business and IT will often try to highlight particular fields, especially ones that are in high demand.

"I think because we have such a broad range of curriculum in our career community... we want to try and help highlight new programs that are coming up."

For many students, Carpenter said, they

may not be aware of the different things that are offered with the Business and IT community.

"If I was a culinary student, I'm not sure I would necessarily think that I was part of that group, so a big part of what we do is try to make awareness of the careers out there," she said.

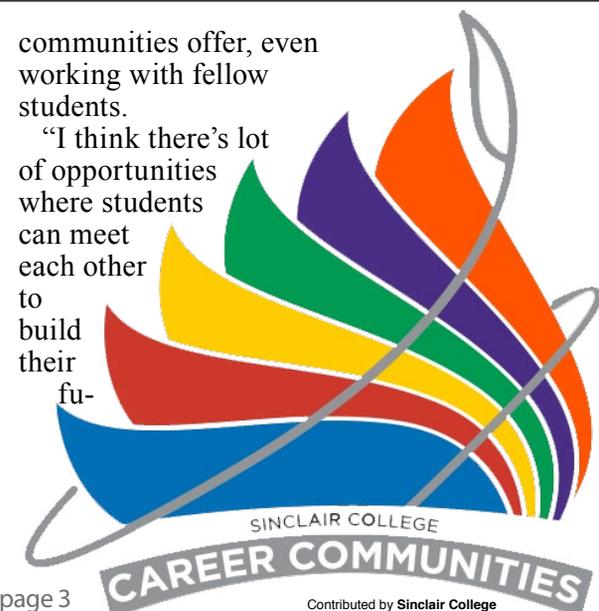
Carpenter encourages each student to take advantage of the opportunities that career

communities offer, even working with fellow students.

"I think there's a lot of opportunities where students can meet each other to build their fu-

fu-

Business/IT continued on page 3



Contributed by Sinclair College

Trump issues new ban

Laina Yost
Managing Editor

President Donald Trump's administration released a newly revised immigration order last week.

The new order now excludes Iraq from its list of countries. Any individual

who had a valid Visa by January 27 will be permitted to enter the United States.

No Visas will be revoked in this order and only those who do not have Visas will be refused entry.

This order was designed to pass through any challenge issued by the court

system.

Trump has had a couple of tumultuous weeks. After receiving praise for a speech to a joint session of Congress, in which many people called him "presidential," the new Attorney General, Jeff Sessions, came under fire for reportedly lying about contact



Gage Skidmore | Wikimedia

with Russia during his confirmation hearing.

Sessions has since recused himself from the investigations into Russia while he is under scrutiny from the FBI.

Trump then issued a tweet accusing former president Barack Obama of wiretapping the Trump Tower in New York.

"Terrible! Just found out that Obama had my 'wires tapped' in Trump Tower just before the victory," Trump said on Twitter. "Nothing found. This is McCarthyism!"

The White House has not provided evidence of this, but has asked for a congressional probe.

Senior officials told the New York Times that FBI Director James Comey reportedly asked the Justice Department to refute Trump's claims, but no such statement has been made by the Justice Department.

Trump's executive order has marked a return to a narrative he oft repeated during his campaign against illegal immigration and his pledge to prevent terror attacks in the United

States.

"We cannot allow a beachhead of terrorism to form inside America," he said in his speech to Congress. "And we cannot allow our nation to become a sanctuary for extremists."

Iran, Syria, Yemen, Sudan, Libya and Somalia will face a 90 day freeze on all traveling and there will be a refugee suspension of 120 days.

Massachusetts' Attorney General issued a statement calling the immigration order a "watered down redraft."

"My office remains opposed to this misguided policy and will consider all legal options to protect our residents, our institutions and our businesses in Massachusetts," she said in her statement.

In a press conference, Secretary of State Rex Tillerson stated that this "revised order will bolster the security of the United States and her allies."

Sessions called the order a "needed pause" for the United States.

The order will not take effect until March 16.

Repealed and replaced?

Trump continued from front from former President Barack Obama's bill would stay, such as the ban on discriminating against people with pre-existing conditions would also stay in place.

However, the tax on Americans who do not purchase health care will be removed under the new plan.

Young adults would still be allowed to stay on their parent's healthcare plan until age 26.

The plan would also continue with Medicaid expansion up until January 2020, where it would immediately freeze and states would no longer be able to sign up new enrollees. It would convert Medicaid to a "per capita cap" system, where states would get a lump sum from the federal government for each enrollee.

For those who decide to remain uninsured, the bill would force them to pay a fee if they decide to reenter the

program.

The Obamacare replacement would allow tax credits and it would provide a slight increase in benefits for wealthier families.

The bill would also cut off federal funds to Planned Parenthood clinics through Medicaid and other government programs for one year.

Several Republicans came out in support of the bill including Speaker of the House Paul Ryan and Senate Majority leader Mitch McConnell.

"Obamacare is a sinking ship, and the legislation introduced today will rescue people from the mistakes of the past," said Representative Kevin McCarthy of California, the House Majority leader.

However, many Democrats disagreed. "Republicans will force tens of millions of families to pay more for worse coverage — and push millions of Americans off of

health coverage entirely," said Representative Nancy Pelosi of California, the Democratic House Minority leader.

Democrats were not the only people who disagreed with the new proposal. Four Republicans, including Ohio Senator Rob Portman, signed a letter disagreeing with the bill. They said that the plan did not adequately protect people in states like Ohio that have expanded Medicaid under the Affordable Care Act.

Some have called the bill a step down from Obamacare and have urged for a full repeal.

On Monday, Representative Justin Amash, a Republican of Michigan tweeted out calling the bill "Obamacare 2.0."

Press Secretary Sean Spicer defended the bill and criticized Obamacare in a press conference.

"Obamacare has proven to be a disaster with fewer options, inferior care and

skyrocketing costs that are crushing small business and families across America," Spicer said. "Today marks an important step toward restoring health care choices and affordability back to the American people."

Several organizations, such as AARP, Club for Growth

and Heritage Action, have all opposed the American Health Care Act.

The bill must make it through both the House and the Senate before it can take effect and there could be many changes to it along the way.



President Barack Obama | Wikimedia

Staying plugged in

Business/IT continued from front pages.”

For all career communities, they share a common theme.

“We’re really all about wanting to connect students in likeminded programs with each other, with faculty, with staff and employers in the



community,” Carpenter said.

Carpenter asks that all students who are not sure if Business and IT is the right career field for them visit Academic Advising or also visit the faculty and professors at Sinclair.

“I think our Academic Advisors are stellar and they’re also organized by career communities, so they’re very knowledgeable about all the programs. I know most of the advisors also know faculty as well... there are also career coaches who sit in academic advising if someone really isn’t sure. They can help mentor students through that process,” she said.

Carpenter would also like to make sure that students are aware that they can speak to their professors and faculty members.

“Faculty are here. We’re here during office hours. I’m trying to brew Starbucks to get people to come so I think if students really want to sit down and talk, they could

reach out to faculty and I don’t think they use that resource nearly as much as we would love for them to. I think I speak for at least 99 percent of faculty,” she said. “Even if it’s not an area that is our specialty, we could show them the right person to go to.”

According to Carpenter, she became involved with the Business and IT career community because of the mission that career communities represent.

“I think it was really the mission of what we wanted to do- connecting students with employers- I firmly believe that relationships and networking is so important and we can teach technology and we can teach different processes, but it’s people that make it happen. That was kind of the reason why I was interested in it.”

Business and IT’s career community, Carpenter said, has only highlighted the work that many professors have already done in class-

rooms.

“So many faculty members in a classroom level have already done activities like this. You know inviting people into their classes, dedicated audiences as a focus. I don’t think I realized how much departments already did that outreach to the community and try to connect students,” she said.

Carpenter stated that the Business and IT career community is always looking for feedback from students.

“We’re also looking for people to help us. I don’t think students realized we want students input. How could we serve them? We’re here to serve them and connect with them. I don’t think students realize that.”

Career communities have existed at Sinclair for four years. For any student whose degree program places them in the Business and IT community, they can contact their academic advisors or Carpenter with questions, concerns or ideas.

Phi Theta Kappa welcomes students

Hannah Hamlin
Reporter

Phi Theta Kappa, the International Honors Society for two-year colleges will be holding their induction ceremony for a new group of members.

Phi Theta Kappa is an honor society for students to gain recognition for their work and collaborate with other society members. Nu Pi is Sinclair’s chapter for Phi Theta Kappa.

Once students are a member of Phi Theta Kappa, there are four hallmarks that guide their experience with them. Scholarship, fellowship, leadership and service.

Phi Theta Kappa offers a variety of financial rewards. There are over \$37 million in scholarships offered to transfer students of Phi Theta Kappa and several scholarships for the current semester that students can obtain.

Zoe Mornhinweg, one of the two co-presidents of Phi Theta Kappa, alongside Sergio Ramirez, was contacted by Cornell University through Phi Theta Kappa and now will be transferring there with full aid.

Phi Theta Kappa has meetings

throughout the semester and makes sure that everyone has the opportunity to get involved by hosting parties and getting involved on campus.

Another opportunity that Phi Theta Kappa-Nu Pi offers is their yearly international trip that has most expenses covered for several active members. This year they are travelling to Nashville, Tennessee.

Phi Theta Kappa members are encouraged to become leaders by offering 12 officer positions that members may run for, like co-president or publicity chair.

Being elected as an officer allows for a more hands on position in organizing events and makes students more recognizable members for Sinclair and other universities, as well as complimentary Phi Theta Kappa graduation gear.

As a Phi Theta Kappa member, students are invited to volun-

teer and participate in a plethora of events, like blood drives, bake sales and food collections. When students attend these events, they can collect points by donating baked goods, wearing Phi Theta Kappa gear and volunteering their time to help.

Mornhinweg along with the rest of Phi Theta Kappa-Nu Pi, hopes to meet the next generation of Sinclair’s scholars at the upcoming induction ceremony on March 22 in the Frederick Smith Auditorium in Building 12.

This will give new members

of Phi Theta Kappa the opportunity to socialize with their fellow members, hear a speech from Dr. Smith from the Sinclair Biology department, learn more about their community and enjoy cake and beverages afterwards.

Mornhinweg is especially excited this year to meet the new members, as they will be seeking candidates to fill the spots of their many graduating officers this year.

Mornhinweg believes that Phi Theta Kappa is a great opportunity for many students, as it was

for her.

“I am extremely grateful for my past and current officers. I wouldn’t be able to do what I do now without them. Before I joined Phi Theta Kappa I was quite shy, but with the help of my team I’ve become much more outgoing,” she said.

Students can become a member of Phi Theta Kappa-Nu Pi if they have completed at least 12 credit hours, have a GPA of 3.5 or higher and are willing to pay a fee.

Students who would like to join Phi Theta Kappa can visit their office in Building 10 Room 339 or like their Facebook page to keep up with future events.



In Life and Liberty

Political divide

Laina Yost
Managing Editor

Mike Pence allegedly used a private server for his emails while governor of Indiana and he got hacked. I don't know why most politicians can't seem to stop themselves from getting hacked, but it's another email scandal.

Republicans freaked out over Hillary Clinton's use of a private server and they painted her as untrustworthy. Which is true, I wouldn't trust her with my life, but it's ironic and a little sad how one of her greatest critics did the exact same thing that she did.

This is what happens when politicians try and accuse other people of doing something. Every politician has violated some unspoken ethics rule at some point down the line. Name me one politician that you trust unflinchingly.

Republicans accuse Democrats of doing awful and horrible things that are bad for the American public and then Democrats come back and do the exact same thing.

Then the media gets into the mix and reveal the Clinton email scandal and then the Pence email scandal and the whole cycle gets started back up again. Basically, it's a giant pile of squabbling turkeys.

Never mind that people are still waiting on a health care plan to be revealed, there's still some questions about the budget and there's this whole weird thing going on with this guy who was arrested for making bomb threats against Jews who was trying to frame his ex and he may possibly be Islamic and he might have voted for Bernie and he is also a disgraced journalist?

Instead of clearing up

any of those giant messes, let's focus on the big story and the one that really counts. Emails.

We all get to sit back and watch the cycle of "this person did that," "well this person did that." It'll just keep going again and again and again. Because if politicians can't accuse each other, what are they going to do? Care for their constituents? That's a ridiculous idea.

Their job is to look at what the opposite party is doing, release a statement on why they don't agree with the opposing party and then complain about it for days. Then the opposite party can't just sit there and let these people say things about them so they release a statement in response to the statement, go on television and complain about it for days. And then... well we get the point.

Let's be honest, this is a cycle that many of us watch play out on Facebook and Twitter and we thrill in it a little bit. Every single person likes to watch other people's drama to some degree.

And yes, people will complain (like me) about how no one is getting anything done and this is just ridiculous, but we still watch it don't we? We thrive in this crazy culture of politics.

It isn't just the media's fault or the politician's fault. We all share a piece of the blame for the incredible divisiveness in America right now.

How many of us accuse other people on social media for being terrible people because they happen to think differently than you do? How many of us refuse to be around other people who think differently than we do?

It may not be as obvious for some people, but in some way or another, even unconsciously, we

condemn those who don't agree with us.

This week, I encourage everyone to start a conversation with someone who might think differently than you do. Just talk to them and see where it goes.

You don't have to like their viewpoint or even agree with it, but wouldn't it be nice if we could at least hold a conversation without getting offended and without name calling?



With Kleen Conscience

You shy, you die



Barton Kleen
Executive Editor

"You shy, you die," may be one of the most wonderful culture-shock phrases I've encountered in all my travels. This has been my go-to phrase for push-

ing myself out of my comfort zone. The author of this quote is the wonderful mother of two of my good childhood friends.

Xia is her name, she is from Laos.

Jake and her daughter, Jade are two of my good friends. With her accent, it's almost impossible to tell which one she's calling by name, so we call Jade, "Moe." I am known lovingly

as "Bardo."

I'm actually editing this at their home in California. This past July was the last time I saw them, as I helped move them into their new home.

They're a very mixed family

with a germanic father and an immigrant mother from Asia, living in good ol' Stockton, California. Their family's white, black and Hmong/Laotian.

The ethnic makeup of Californian societies and that of Dayton could not be more different. While I have a deep love for both our states, I definitely learned a lot from my early days of traveling the country.

Part of that was the depth of sympathy. When I went through the hell I did in life, no one responded with anything that could actually help. Instead, it was just sympathy.

Sympathy doesn't give me food to eat, it does not procure a public education for me, it does not ensure a roof over my head. Yet, this is the go-to. We just start treating people that go through horrible times with sympathy--then we check out.

The most damaging element to being bombarded with nothing but sympathy is that you begin to operate in a sympathetic routine. You know people are just going to feel bad. You start just associating all of your

existence toward the experiences you have with the responses people give you.

You end up not believing you are able to help yourself simply because no one decides to help you.

By doing this routine of sympathy, we don't end up aiding those we feel like we want to. Instead, we're aiding our own discomfort.

I think Xia may have first told me "You shy, you die," when I did not want to ask for more food. I was raised very well mannered, despite my outspoken critics' refutations of that fact. I generally operate in a manner to cause the absolute least amount of trouble for everyone.

I was reserved and would often miss opportunities because I simply could not justify the thought that I was significant enough to warrant well, anyone's assistance in anything.

Instead of giving me the same old "poor you, everyone ignores you," feel-good rhetoric, Xia's culture does not placate or encourage shyness. She encouraged me to ask for what I want and go for it.

Now you see, that's quite

significant when life's demands need answering. Sympathy, itself, means I likely end up with no food on my plate. Not everyone can give, which means not everyone can get. Assisting me to develop positive habits can get me food, sympathy cannot.

Now to most people, this notion might have been encouraged. From my growing up, the complete opposite was true. I had to be polite at all costs and never risk offending anyone of a higher social class. I was to be passive.

I say "you shy, you die" all the time now, especially out with my friends in California. Instead of babying someone that needs help, we can encourage someone into developing better habits.

Don't placate away someone else's troubles, either decide to help them or pleasantly move along. Otherwise, you're just going to hurt them more out of selfishness.

We can't expect everyone to solve our problems. However, we can always work on ourselves--and that is going to have an infinitely superior likelihood of providing for a need.

Safe to eat: Logical labeling for food expiration dates

Editorial Board
Pittsburgh Post-Gazette

This newspaper is safe to read after the date printed; the news in it just won't be as timely. Similarly, food is often safe to eat after the date on the package, just less tasty and it may not even be that. Yet many consumers discard "expired" food without checking whether it's still good. New food-labeling standards effective in mid-2018 should help.

The voluntary guidelines adopted by two industry groups call for explaining the date on a package with one of two phrases: "use by" if the company thinks the food will go bad, "best if used by" if it's merely concerned about flavor.

If that helps consumers understand what the dates mean, they'll be less likely to throw away wholesome food because of its date. Most expiration dates re-

flect producers' predictions about subjective matters such as taste, yet consumers often treat them as if they are safety warnings.

Federal regulations do not require dates on food, aside from baby formula; they do govern how manufacturers who choose to date-stamp certain other foods do so. State laws may require dates in some cases.

The new standardization may be, in part, an effort to avoid new federal laws. It shows that such laws may not be necessary: Food producers applied date labels without mandates, to ensure quality, and now they're standardizing them without having to, to reduce waste. Regardless of labeling, the Department of Agriculture urges consumers to check the quality of perishable foods before using or discarding them: Foods that have passed the printed date may still be good.

My Voice Scapegoat roulette

Barton Kleen
Executive Editor

The man who was met with violence while attempting to speak at some of our most "prolific" and "esteemed" colleges, Milo Yiannopoulos, formally resigned from his position as Senior Editor for conservative news site Breitbart on February 21.

The outrage, of all things, came after selectively edited clips of interviews presented Yiannopoulos as if he supports pedophilia. He does not. They left that out.

The media made it seem as if Yiannopoulos was cut because he is a pedophile or holds the views of a pedophile. Half-truths are a whole lot of failed responsibility on a journalist's part.

These questionable ethics of the reporting of this particular news story are concerning as it raises an ugly behavior that must not go unnoticed: the tendency of society to blame homosexuals for its ills.

Specifically, anything sexual. The "T" of LGBT is the latest scapegoat for society. Suddenly transgender people are the number one problem, and which bathroom they're going to use to commit sex crimes against children within.

This perpetuates the idea that gay and transgender people are sexually criminal by nature. That's even more dangerous of an idea to spread than being simply violently criminal--the world does not react to sexual offenses like robbery.

The most "dangerous" or offensive thing Milo said on pedophilia was probably his allusion to his sexual prowess being a result of his own molestation by a catholic priest.

As someone who has a history with abuse, myself, I appreciate his humor.

While I may not share many views with Yiannopoulos, I don't believe I need to dictate how people should respond to their abuse, so I certainly don't need others policing a survivor's response.

The number one reason people don't like him is because he makes people uncomfortable. This astounds me, as I know a good amount about Milo's beliefs. Why be upset about a quality that is absolutely positive for free speech? It's quite essen-

tial to the preservation of your rights, as well.

We should all be incredibly vigilant of how society treats those who voice messages it disapproves of. Voices can be misrepresented and done so for political gain. I suggest noticing it before you're the victim.

Milo expressed that in the gay community, once boys get of age, it's not unusual for them to date older men. Now, I'm going to blow your mind here: once heterosexuals get of age, it's not unusual for them to date older people.

Yet, society is absolutely, categorically, disgusted at him. Some of these journalists felt it was ethical to ignore that gay people use the term "boy" to refer to almost all men in their reporting.

If I call up my friend to talk about some boy I went on a date with for our girl talk, or want to have a boy's night out, I'm not dealing with literal children in either scenario.

I find that omission fascinating, because the only purpose I could see to do that would be to misrepresent someone for monetary gain. Color me surprised.

Heaven forbid a 16-year-old boy dates someone 18 or 19. This is our nation's top priority.

This is what the media has done. In exchange for a political hit job, they've sent one sentiment to the gay community: we will strategically use you for our own goals, regardless of consequences.

Milo's voice was deemed so dangerous that these powerful figureheads and industry were willing to have gays take one for the team just to get a leg up on silencing him.

The media has tried everything else. They throw around "Nazi," "white nationalist," "Islamophobe," "racist," and "misogynist" so frequently and without any qualifier nowadays that nothing could stick.

Left with no politically correct



or identity-politics-propelled bullet in the chamber, they dusted off an old classic: men, homosexuality and sexual criminality. It was time to get serious.

I simply refuse to partake in the press's latest round of Russian roulette for encouraged social persecution.

The same sentiment just gets repeated: gays are ruining our society. I cannot count how many times we must have ruined it by now, nor do I have enough tinfoil to keep up with it.

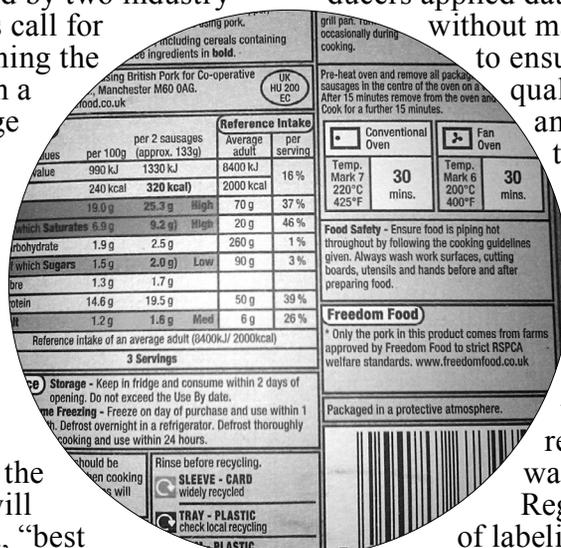
In the same interview that got so unethically edited and further unethically reported on, Milo affirms that he believes the age of consent laws to be "about right." For the unfamiliar, Yiannopoulos hails from the UK, where consent laws are 16.

To further evidence Yiannopoulos' vapid, pedophilic behavior, in the deplorable's journalism career, he actively pursued, outed and brought pedophiles to justice. Deplorable. Sad! Imagine if these clickbait journalists would do the same.

Shame on you, Yiannopoulos; how problematic. I hope you disappear with my own rights, so society can be comfortable. Meanwhile, I guess we'll have to stick out the "gays are dangerous sexual deviants" stereotypes.

A simple fact-check may have lead the rational individual to a more informed perspective. The issue is that of course, rationality is not the desired destination when someone is offended or uncomfortable.

However, it should be. When it's not, groups of people usually fall victim to plights they are not responsible for. Because something was uncomfortable, innocent people have to suffer. What a waste of free speech is it not to discuss this.



Clarion Corrections

In our last edition, we mistakenly identified our interviewee in the "Celebration of purpose" article. We interviewed Crystal Echols, chairperson of the Developmental Language Arts. We thank her for taking the time to answer our questions and the Clarion apologizes for the editing error.

'Beauty and the Beast'



New Trailer Buzz | YouTube



New Trailer Buzz | YouTube



JoBlo Movie Clips | YouTube



New Trailer Buzz | YouTube



JoBlo Movie Clips | YouTube



New Trailer Buzz | YouTube

Laina Yost
Managing Editor

“Beauty and the Beast” will feature Disney’s first ever “exclusively gay moment.”

According to the director of the live action film, Bill Condon, the movie will feature Disney’s first openly gay character.

Gaston’s sidekick, LeFou who is played by Josh Gad will have a small subplot in the movie that relates to his sexuality.

“LeFou is somebody who on one day wants to be Gaston and on another day wants to kiss Gaston,” Condon said in an interview with Attitude magazine. “He’s confused about what he wants. It’s somebody who’s just realizing that he has these feelings. And Josh makes something really subtle and delicious out of it. And that’s what has its payoff at the end, which I don’t want to give away. But it is a nice, exclusively gay moment in a Disney movie.”

Gad tweeted that he was “beyond proud” to play this role for “Beauty and the Beast.”

Attitudes Editor-in-Chief, Matt Cain, called this a “watershed moment for Disney.”

“It’s only a first step towards creating a cinematic world that reflects the one in which many of us are now proud to live,” he said in Attitude. “But it’s a step in the right direction and I applaud Disney for being brave enough to make it – and in

doing so hopefully helping to change attitudes and bring about real social progress.”

Gaston, who is portrayed by Luke Evans, is known as the villain of the Disney story who hopes to win Belle for himself.

“Beauty and the Beast” has been one of the most highly anticipated movies of the year. Emma Watson is portraying Belle while Dan Stevens will be the Beast.

Watson has spoken about her character and feminism in an interview with Vanity Fair.

Belle is “absolutely a Disney princess, but she’s not a passive character—she’s in charge of her own destiny,” Watson said.

“Beauty and the Beast” will release in theaters this Friday, March 17.

“Editor-in-Chief, Matt Cain, called this a “watershed moment for Disney.”

With 'Divide,' or '÷,' Ed Sheeran appears determined to conquer the charts.

Mikael Wood
Los Angeles Times

Ed Sheeran’s sentimental streak is matched only by his determination to win on “÷,” the British singer’s third album of shrewdly conceived love songs in which every last detail feels arranged for maximum impact.

Introduced as a sensitive folkie on his hit 2011 debut, “+,” Sheeran became a

“chart.”

Yet by the end of 2015, Sheeran’s longed-for success was pushing him toward burnout. So he spent the next year mostly out of sight, traveling the world without a cellphone (or so he’s said).

In his absence, he also cleared a path for a new group of nice guitar guys such as Shawn Mendes and Charlie Puth, each of whom developed a following they

Hot 100 — is a slinky electro-pop come-on with traces of the tropical-house style familiar from recent hits by Justin Bieber and Kygo. The other single, “Castle on the Hill,” channels Coldplay channeling U2 for an openly nostalgic tune about missing one’s hometown.

“Running from the law through the backfields and getting drunk with my friends,” he reminisces

Loud.”

“I found a love to carry more than just my secrets/ To carry love, to carry children of our own,” he sings, and you can already see the countless first dances taking awkward shape in your mind.

As calculating as Sheeran can seem here, he understands there’s a fine line between universal and generic, which is why he gives his songs the idiosyn-

and so on.

The new album also reflects Sheeran’s travels with several tunes full of local flavor. But where “Barcelona” and “Bibia Be Ye Ye” might be thought of as hip souvenirs from trips to Spain and Ghana, “Galway Girl” and “Nancy Mulligan” are surprisingly credible Irish ditties (with tin whistle and everything) that few in Sheeran’s audience outside Ireland are likely to view as especially cool.

“Nancy Mulligan” in particular is a welcome oddity — almost certainly the only song about the Protes-



Ed Sheeran | YouTube

superstar with 2014’s more expansive “x.” The record sold millions of copies, led to sold-out concerts at Wembley Stadium and spawned a modern wedding standard in “Thinking Out Loud,” which won the Grammy Award for song of the year.

Here was a guy, it seemed as his profile kept rising, proud to have learned early on that “heart” rhymes with

might not have had had Sheeran still been in the mix.

Now Sheeran’s back, and he’s eager to reclaim his spot at the top.

Pronounced “divide” (after the earlier records called “plus” and “multiply”), “÷” contains the singer’s clearest bids for Top 40 penetration. “Shape of You,” one of two lead singles — and the current No.1 on Billboard’s

with an audible lump in his throat, “Had my first kiss on a Friday night/ I don’t reckon that I did it right.”

Then there’s the handful of shamelessly goopy ballads, including the John Mayer-ish “How Would You Feel (Paean),” complete with soft-rock guitar solo by John Mayer, and “Perfect,” which Sheeran has said he wrote expressly to outdo “Thinking Out

cratic touches they need to stand out.

In “Castle on the Hill,” it’s a line about how he knows he and his friends have matured because it’s been ages since they’ve thrown up from drinking too much; in “Supermarket Flowers,” which documents his grandmother’s funeral, it’s the painful specificity of the images — nightgowns folded “neatly in a case”

tant-Catholic divide we’ll hear on a major pop release this year.

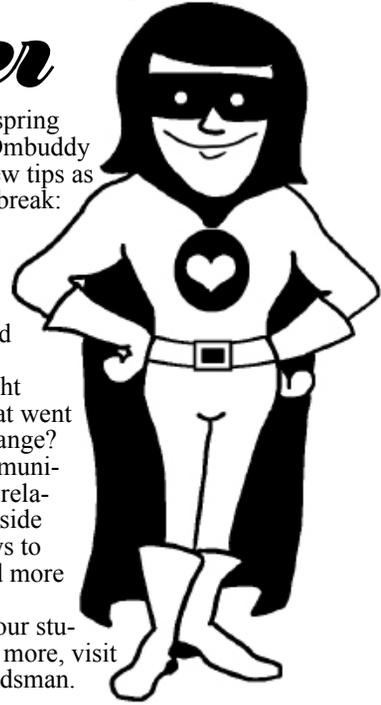
Then again, Sheeran told the Guardian one reason he wanted to do the Irish stuff is “there’s a huge gap in the market” that nobody’s filled since the Corrs sold 20 million records in the late 1990s.

What a romantic.

Your Voice

Ombuddy Corner

Welcome back from spring break! This week, the Ombuddy wants to pass along a few tips as you return from spring break:



•Get right back into a regular routine. Create or recreate a schedule that works best for you physically, mentally, and academically.

•Evaluate the first eight weeks of this term. What went well? What needs to change?

•Remember that communication is key to healthy relationships inside and outside of school. Look for ways to communicate better and more productively.

The ombudsman is your student advocate! To learn more, visit www.sinclair.edu/ombudsman.

Contributed by Amy Hartman.

What movie are you most looking forward to, and why?



Seth Wass
English

“I guess I would have to say Logan. I don’t know many other movies that are coming out soon and that one stood out to me.”



Zoe Marcott
Environmental Engineering Technology

“Get Out probably, it [had] a one hundred percent rating on Rotten Tomatoes, and it shows how serious racism is. The movie is very real and it’s being made by Jordan Peele, who is a comedian. It’s kind of funny how comedians are now the ones who are talking about issues that are real, and important. They can make them funny but they really put all of their heart into talking about the issues.”



Noel Mendoza
Business Information Systems

“Fast and Furious, that’s their eighth consecutive movie they’ve made, and there is still a lot of story in the movies.”



Nicholas Hoskins
Business

“Resident Evil is one that I’d like to see. I’ve seen the ones in the past and all the other ones were pretty good.”



What would you be interested in seeing more of in the Clarion?

- National News
- Economy
- Social Issues
- Campus Events
- Spotlights
- Other _____

Which social media platform would you keep up with the Clarion on?

- Instagram @TheClarion
- Facebook Sinclair Clarion
- YouTube SinclairClarion
- Website SinclairClarion.com
- Twitter @SinclairClarion

Name _____

Phone _____

Major _____

Age _____

Gender _____

Email _____

Do you or someone you know read the Clarion student newspaper?

- | | |
|--|-----------------------------------|
| If so what is your/their favorite sections? | If not, why? |
| <input type="radio"/> Campus Life | <input type="radio"/> Time |
| <input type="radio"/> A&E | <input type="radio"/> Content |
| <input type="radio"/> Puzzles | <input type="radio"/> Other _____ |
| <input type="radio"/> Tartan News | |
| <input type="radio"/> Tartan Opinion | |

What type of coupons would you like to see in The Clarion?

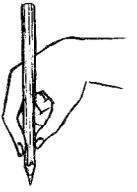
- Bookstore
- Aramark
- Local Business
- Other _____

Drop off completed surveys at the Clarion office in building 6, room 314.

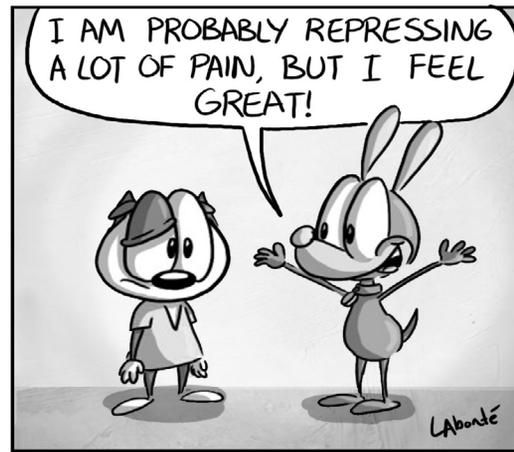
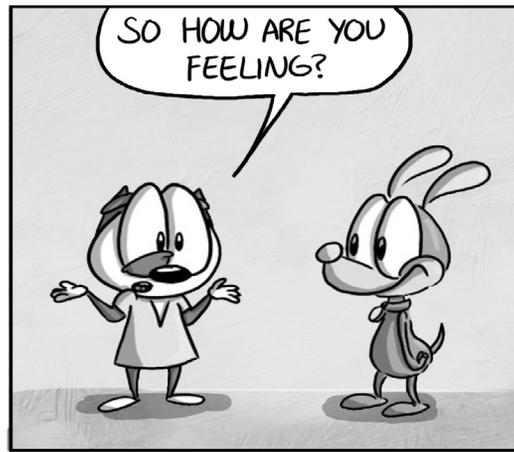
Clarion Cartoons

Filbert Cartoons

Created by:
La Bonte



For more comics and animation visit
FilbertCartoons.com



How to take a selfie



Brittany Fletcher
Creative Director

It's 2017. Everyone and their mother has a cell phone with Snapchat, Instagram or a camera in general.

We all know how to use it, but do we all know how to take the best selfie of all the selfies?

Today you will learn, my young padawans, about the perfect selfie and how to take it.

The best selfie is technically different for everyone because you want a selfie that highlights your best features and makes you feel flattering. What works for me may not work for you.

That being said, here are some general rules of thumb for getting you started on your path to selfie fame.

Let's start with getting you posed.

There are a few different places to start. One of the most popular is to use your hands.

You know you've seen the picture of the girls with their hand doing the 'V' thing across their face.

Back in the day when everyone was "scene," kids used their hands to make the claw-like thing.

Using your hands is an easy way to help you get posed and ready to shoot.

You could also do a profile shot of your face. That basically means you're shooting from the side. A lot of people aren't fond of this view though, so that's really a personal preference.

Speaking of sideways, you could always just try giving the camera side-eye. (Don't act like you don't give it to most people during the day anyway.)

Now for your face. What are you going to do with it?

Smile! It's really that simple. You're more flattering when you look happy. Don't be a sourpuss or grumpy gills in your selfie.

Or you could be sexy and smoldering. Do the lip thing. You know, when you nibble half your lip or whatever and give the camera that bedroom stare.

Honestly, it's sometimes weird, so you should probably be careful where you're taking selfies at if you're making that face. You don't want police called on you.

Now for lighting. Just like with any photo shoot lighting is key.

If you want to look like a movie villain, go ahead and get all up in those shadows and harshly lit angles.

If you want to look like a civilized human, you should try to get the light in front you above eye level. You'll have to play around with it though because there may still be some harsh shadows that make your nose look like a bald eagle's beak, but trust me this is better than looking like Dark Knight in the shadows.

One of the most important things to know is angle!

Hold your phone at a strategic 45 degree angle above eye level. I don't know why, but this seems to be the best angle for

most people.

If you have short arms or just want to be obnoxious, go get a selfie stick to help you out.

Once you've actually taken the picture you can play around with filters and photo edits. This is usually where people go overboard in my opinion. (Why can't you just take a nice photo and leave it alone?)

There are three commonly used (cough, overused) filters. You could go all "natural" with the Snapchat filter that makes you look blemish-free.

There's also the dog filter on Snapchat. Stick your tongue out like you're ready for some pop-sicles.

The last one is Snapchat's flower halo thing. I don't get it, but people like it.

Essentially, if you want to be popular with filters you should just get Snapchat.

As for photo editing, there is a lot or a little you could do. If you're familiar with Photoshop, there are apps for that. They let you get very in-depth with your editing.

If you're not familiar and want to be basic (with your edits,) there are apps for that, too.

Most selfies you'll see

will have

some

kind

on

"in-

sight-

ful"

quote

with

geometric

shapes. Or

they will

have cute

little animal

stickers all

over the place.

Just search "pho-

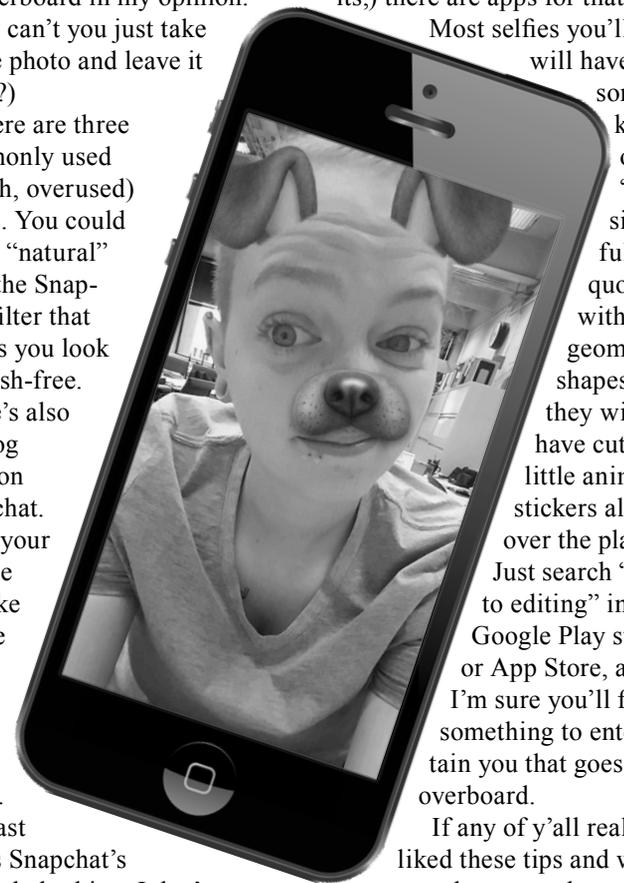
to editing" in the

Google Play store

or App Store, and

I'm sure you'll find something to entertain you that goes way overboard.

If any of y'all really liked these tips and want to try them out, share your selfies with myself and the rest of the Clarion staff on Facebook (@sinclairclarion) or Instagram (@theclarion).



Welcome to the weekly "How To" column with creative director, Brittany Fletcher. Each week Brittany will be giving you advice on how to do things you probably didn't know you needed to know how to do. Brittany is not a professional at most of these things, so her advice is not meant to be taken 100% serious.



Anamark Weekly Menu

Guest
Simmer
Sizzle
Pizzazone
Deli
Main St. Cafe

Monday	Tuesday	Wednesday	Thursday	Friday
Bob Evans Restaurant	Lee's Famous Recipe Chicken & Fusian Sushi	Panda Express	Qdoba Mexican Grill	Gyro Palace
Mushroom Vegetable Soup Chicken & Pinto Bean Chili	Chicken & Pinto Bean Chili Turkey Kale Soup	Broccoli Cheddar Soup Chicken & Pinto Bean Chili	Hearty Chicken Soup With Ditalini Chicken & Pinto Bean Chili	Vegetable Barley Soup Broccoli Cheddar Soup
Roasted Mushroom & Feta Panini	Chicken Quesadilla	Tavern Burger	BBQ Bacon Crispy Chicken Sandwich	Garlic Grilled Salmon
Loaded Potato Pizza	Buffalo Chicken Calzone	Cheeseburger Pizza	Broccoli & Red Pepper Stromboli	BBQ Chicken Pizza
Sandwich: Ham & Cheddar Ciabatta Wrap: Buffalo Blue Cheese Wrap				
Grilled Reuben	Turkey BLT	Grilled Chicken & Bacon Melt	Buffalo Chicken Calzone	N/A

Crossword Puzzle

Across

- 1 One in a bad mood
- 5 Diplomat's asset
- 9 Vatican-related
- 14 Memorization method
- 15 Patron saint of Norway
- 16 Nimble
- 17 High-tech book-mark
- 20 African language group
- 21 Winter bug
- 22 Cupid's counter-part
- 23 Safari beast
- 26 Mystery writer whose Baltimore home is preserved as a museum
- 28 Office gossip
- 35 Moved quickly, old-style
- 36 Meat inspector's org.
- 37 "Awesome!"
- 38 Office coffee

- holder, perhaps
- 39 Hard-rock link
- 40 "O Sole ___"
- 42 1965 march state: Abbr.
- 43 Gold or silver initialism
- 47 Gillette's ___ II razor
- 48 Right granted in the First Amendment
- 51 Bubbly prefix
- 52 Clapton classic

- 53 Gem from Australia
- 56 Private eye
- 58 Go around in circles?
- 62 "Et tu, Brute?," e.g.
- 66 Pat down
- 67 Inbox clogger
- 68 Pamplona parlor
- 69 Sight or hearing
- 70 Wine city near Turin
- 71 River of central Germany

- falling, say
- 29 Broadcaster
- 30 ___-one: long odds
- 31 Kappa follower
- 32 Informed (of)
- 33 Pale purple
- 34 Stacy who played Mike Hammer
- 39 Out of the wind
- 41 "The ___-bitsy spider ..."
- 44 Completely flummoxed
- 46 Easy-to-swallow meds
- 47 Flowering hybrid with thorns
- 49 Phased-out PC screens
- 50 Farm machine
- 53 Does in, mob-style
- 54 Whittle (down)
- 55 Idi of Uganda
- 57 Big cat of film
- 59 Actor Pitt
- 60 Vegging out
- 61 Many an Ivan, in old Russia
- 63 Lute kin
- 64 Gained a lap?
- 65 "No more deets!"

Down

- 1 Bed with sliding sides
- 2 Author Jaffe
- 3 Mail-routing abbr.
- 4 Obviously embarrassed
- 5 Weigh station unit
- 6 Pub offering
- 7 Science Diet product
- 8 Nonstick kitchen brand
- 9 Sketching tablet
- 10 Shake hands on
- 11 Harbor strolling spot
- 12 "One more thing ..."
- 13 Not as much
- 18 Industrial area of western Germany
- 19 Play for a sucker
- 24 Post-op areas, briefly
- 25 Margarita option
- 27 Ricelike pasta
- 28 Sound of a tree

Campus Calendar

- March 14, 2017**
Baseball v. Muskegon Community College
Grady's Field, Athletes in Action, Xenia
2 p.m. - 7 p.m.
- March 14, 2017**
4-Year College Transfer Fair
Library Loggia
10 a.m. - 1 p.m.
- March 15, 2017**
Sinclair Celebrates: International Students
Building 8, Stage
2 p.m. - 3 p.m.
- March 17, 2017**
Baseball v. Grand Rapids Community College
Grady's Field, Athletes in Action, Xenia
5 p.m. - 8 p.m.
- March 17, 2017**
Jazz Ensemble
Building 2, Blair Hall Theatre
1:30 p.m. - 3:30 p.m.
- March 18, 2017**
Baseball v. Grand Rapids Community College
Grady's Field, Athletes in Action, Xenia
11 a.m. - 5 p.m.

Weird Weekly Holidays

- March 14, 2017**
National Pi Day
National Potato Chip Day
- March 17, 2017**
Corned Beef and Cabbage Day
- March 18, 2017**
National Quilting Day
- March 20, 2017**
Extraterrestrial Abductions Day

Last Edition's Solution

S	E	E	R	P	A	T	C	H	S	U	B
L	I	M	E	O	C	H	O	A	F	A	K
Y	E	A	S	S	O	R	R	Y	O	X	E
E	I	G	H	T	H	W	O	N	D	E	R
R	O	S	I	E	B	Y	N	A	T	U	R
P	E	R	U	R	R	A	L				
Y	A	M	N	I	N	T	H	I	N	N	I
E	G	O	S	G	L	E	A	M	E	A	T
T	E	N	T	H	A	V	E	N	U	E	H
I	N	D	I	A	S	P	A	M			
S	T	E	P	I	T	U	P	C	Y	C	L
E	L	E	V	E	N	T	H	O	U	R	
I	C	O	N	A	U	D	I	O	E	D	N
Q	U	A	D	C	L	A	N	S	R	E	D
S	E	T	H	A	L	O	S	O	D	I	E

Poetry Pick

The Clarion is accepting student poetry submissions. Email clarion@sinclair.edu to submit your work.

Events and Stories

Do you know of an event or have a story we should cover? Let us know at clarion@sinclair.edu.

Sudoku Puzzle

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square Sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order.
- Every column of 9 numbers must include all digits 1 through 9 in any order.
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Every Sudoku game begins with some squares already filled in, and the difficulty of each game is due to how many squares are filled in. The more squares that are known, the easier it is to figure out which numbers go in the open squares. As you fill in squares

correctly, options for the remaining squares are narrowed and it becomes easier to fill them in.

Sudoku Tips: Start by looking for numbers that occur frequently in the initial puzzle. For example, say you have a lot of 5's in the initial puzzle. Look for the 3x3 box where there is no 5. Look for 5's in other rows and columns that can help you eliminate where the 5 might go in that box. If there is a 5 in columns 1 and 2, then there can't be a 5 anywhere else in either of those columns. You know then that whatever leftmost 3x3 box that is missing a 5 must have it go in column 3. If you can eliminate all the possibilities in that box except for 1 square, you've got it down!

		5		3		1		
							5	7
		6	8		9	3		
				6	5		1	
	5		4		8		3	
	7		3	9				
		9	5		1	6		
1	6							
		8		7	4			

Last Edition's Solution

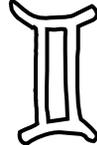
7	5	3	6	1	2	4	9	8
1	6	4	3	8	9	2	5	7
2	8	9	5	4	7	3	6	1
5	9	1	7	2	6	8	3	4
3	4	8	1	9	5	6	7	2
6	7	2	4	3	8	5	1	9
8	2	7	9	6	3	1	4	5
4	3	5	2	7	1	9	8	6
9	1	6	8	5	4	7	2	3

Horoscopes

Pisces: Feb. 19 – March 20
 Exercise builds health and strength, power and velocity. Keep your routines, despite disruption and distraction. Think fast under pressure and keep your sense of humor.

Aries: March 21 – April 19
 Avoid travel and stick to familiar routines. Focus on here and now. Keep the goal in sight. Accept assistance. A hero comes to your rescue.

Taurus: April 20 – May 20
 Aim for efficiency of movement, action and communications. Guard your health. Plan your route to minimize delays. Avoid controversy and jealousies. Stick to basics.

Gemini: May 21 – June 21
 Work could interrupt family time. Manage a chaotic situation. Expect disruptions and surprises. Consult an expert. Persuade your team to help. Rest when it blows over.

Cancer: June 22 – July 22
 Household matters have your attention. There's plenty to do, and temporary confusion swirls. More study is required. Plan and budget before committing time or money.

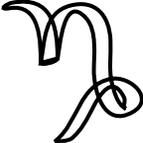
Leo: July 23 – Aug. 22
 Dig up a fascinating story and share it. News could catch you by surprise. Listen for what's going on, and take notes. Connect with your networks.

Virgo: Aug. 23 – Sept. 22
 Work out the financial details. Don't be hasty. Anticipate resistance. Establish ground rules together. Present your argument tactfully. Surprises offer unconsidered possibilities. Think things over.

Libra: Sept. 23 – Oct. 23
 Don't get overconfident; if you rush, you could make mistakes. Pad the schedule for unexpected circumstances. Routines get disrupted. Breathe deep and check your work.

Scorpio: Oct. 24 – Nov. 21
 Go ahead and dream. Relax and let your thoughts roam. Consider mysteries and secrets. Avoid expense and overstimulation; brilliant ideas come when least expected.

Sagittarius: Nov. 22 – Dec. 21
 Share what you're learning with your team. Listen to their considerations before making arrangements. Have backup plans in case of breakdowns. Walk outside together.

Capricorn: Dec. 22 – Jan. 19
 Career matters occupy you. Opportunities abound. Friends are there for you. Investigate new options, including bizarre requests. Don't make assumptions. Take charge, and step carefully.

Aquarius: Jan. 20 – Feb. 18
 Discover unexplored terrain in your own backyard. You don't need to spend a fortune for exotic flavors. Study another culture. Find a hidden treasure.

Linda C. Black Horoscopes: by Nancy Black. Distributed by MCT Information Services

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Tartan Spotlight

Hannah Hamlin
Reporter

Meet...

Sara Bielek, or better known as Dr. Bielek, a professor in the department of Psychology who has spent her career using her expertise and knowledge in clinical psychology to treat a variety of patients and to educate the next generation of psychologists.

Why she's interesting...

Bielek initially grew up on a farm in Ohio, where she participated in 4H horse and cattle shows, hoping to become a veterinarian one day.

She began her undergraduate career at Wilmington College taking some agricultural classes, but she says that after she took Intro to Psychology, she had fallen in love with it.

"I've always wanted to know why we think and see things so differently. That's really what got me hooked. Understanding the uniqueness of us all," she

Dr. Sara Bielek



Contributed by Dr. Sara Bielek

said.

Once Bielek graduated from Wilmington College with a B.A in Psychology, she attended the Chicago School of Professional Psychology where she received

her Master's and her Doctorate degree, in Clinical Psychology with a concentration in health.

Bielek says that when she was in her Master's program, her friend's child was diagnosed with brain cancer and it was really hard watching her go through that without the proper support she needed, which is what inspired her to get a concentration in health.

"When I saw that firsthand I decided that's where I wanted to put my focus."

Bielek did her dissertation on

parents who had lost their children to cancer and spent the last two years working with cancer patients and those affected by cancer, treating it from a psychological standpoint.

"I did individual, group therapy, hypnosis, meditation; That's really where my bread and butter is with a more therapeutic, but semi-alternative means of how to approach an individual."

She says that her passion is understanding a non-pharmacology perspective of treatment, seeing "what we can do to heal you physically and mentally. I believe we have a lot of control over ourselves when it comes to that."

"I did outpatient for a couple of years, working mostly with adults in health psychology, so like chronic pain, diabetes and phantom limb."

After that Bielek started teaching in addition to her outpatient, which inspired her to start pursuing it more.

"I got into a two-year tech school where I was a program chair for four years and an assistant dean for two years, while I was teaching," she said.

"I always knew I wanted to work at Sinclair. It's a very relaxed and open environment that supports student engagement, higher education, diversity and cultural awareness. All of that fit my modality of teaching." Bielek has now been teaching here for over three years.

In addition to Sinclair, Bielek is also a professor at Wright State University and seven different online schools, teaching psychology classes for associates programs all the way to doctoral programs.

Bielek says that at this point in her life she enjoys teaching so much, that she doesn't miss clinical.

"I enjoy seeing the lightbulbs go off and educating my students on the disorder and treatments, reducing the stigma around it."

Bielek says that "educating my students and making an affective change, that's my ultimate goal. Giving them something that they can't get out of a textbook."

Bielek continues to teach Psychology courses both at Sinclair and Wright State University.

Tartan Pride at bat

Henry Wolski
Reporter

Riding off the heels of the best season in program history, Sinclair's baseball team is looking to make 2017 an even better year.

The Tartan Pride capped off the 2015-2016 season with a 53-12 record. Eighteen players committed to four-year colleges to continue their playing careers and seventeen earned their

degrees.

"We had a very special group of guys last season, and our assistant coaching staff had a huge role in our success," said Steve Dintaman, head coach of the Sinclair Tartan Pride.

The Pride, while not winning the conference title, set a school record with 53 wins, won the Region XII Championship and earned a spot in the World Series for the first time. They

came in third place.

"We were honored to make it to the World Series, and we want to go there again," Dintaman said. "We're going to take the same steps to not just get back there, but to win it and that's reflected in our goals. We want to win the Conference, win the Regional and win the World Series."

It is three games into the season there have been some setbacks. Four of the team's starters are out with injuries. One of these, Ben Hughes, a pitcher, will be out for the season with a UCL tear. Another, Jake Bolton, has a case of mono and is expected to be back for conference play in April.

"It's going to be a slow start and a lot of our young guys have to step up," Dintaman said. "We've got a lot of injuries including Nick Massey, who is our only returning starter. With this program we do have to start over every year. A lot of guys are going to get early opportunities to start."

Even with the depth chart



Contributed by Sinclair Marketing

taking some hits, Dintaman has confidence in his coaching staff and the incoming freshman class, who he describes as "very athletic."

The Pride has a tough schedule ahead that will test the young team, as they will play some of the best teams in the region.

They started their season winning a series against Georgia Highlands College 2-1. They competed in a series of four games against Kellogg Community College at Grady Field last weekend, in a rematch of

last year's regional finals.

"I really hope we see a big turnout at Grady this season," Dintaman said. "It's a beautiful place to play even though it's off campus. But there are a lot of good guys representing Sinclair playing, and I think it's going to be a lot of fun for everyone to watch."

The team has fifteen home games in March, and all home games will be broadcast on the Gem City Sports Network.



Contributed by Sinclair Marketing