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PLAYERS' PROFILE:

Seasoned speed and Budding baller

Adrian White
Reporter

Meet Tom Johnson, Lifelong Learning student at Sinclair and the 5th fastest man in the United States. Johnson is not your average student-athlete. At the prime age of 74, Johnson is considered to be “The Fastest Man in the Midwest”.

Johnson was first introduced to track and field during his high school years but was reintroduced to the sport back in 2005.



Adrian White | Clarion Staff

Tom Johnson

“I was out on the tennis court and a few guys who were track stars came by and noticed my talent. Even though I haven’t ran track since high school they said I should come out and run. I’ve been competing ever since” Johnson states.

There are many things an athlete must do to stay in tiptop shape and compete at a high level. Proper diet, exercise, conditioning, and stretching are a few of the basics that Johnson keeps high on his priorities. Although he rarely falls victim to his sweet tooth, the assortment of classes Johnson currently takes surely cancels out the occasional dessert every now and then.

Here at Sinclair, Johnson has taken over 250 classes over the span of 14 years. Currently he is enrolled in water aerobics, tennis, and strength conditioning. Cycling, yoga, and core training are a

few others that he’s used in the past to help him stay in shape for competing.

Between the years 2006 and 2013, Johnson was able to win two or more gold medals in the following state games: Ohio, Kentucky, Indiana, Michigan, Illinois, West Virginia, Georgia, Wisconsin, California, Nevada, and Utah. At the 2009 National Senior Games, Johnson was able to win two gold medals and one bronze medal in the 100, 200, and 4x100 relays. In 2013 he was able to bring home three silver medals in those events respectively.

Johnson worked as a pastor for 36 years before retiring in 2011. He was also a former fourth grade teacher at Dayton Christian. During his time teaching, there would be a fitness challenge every year to encourage students to get up and get active.

“I would challenge my

students, any boy or girl who could outrun me or outjump me would get a combo number three from the golden arches” Johnson states. When asked if the kids ever beat him he smiled and laughed, “Maybe two or three”.

With nearly a decade of competing and over 250 Sinclair classes under his belt, what could possibly keep Johnson motivated for more?

“Well, when you go to national events and see people 97 and 101 years old, still living life and competing, that’s enough motivation right there”.

Johnson, who is a member of the Team Ohio Track Club, is taking a break from competing for the remainder of the year to get prepared for the 2016 track season where he will be moving up to the 75-79 age group, making him one of the “young bucks” again.



Sinclair Contribution

Steven Perriere

Matt Summers
Reporter

At 18 years old, Steven Perriere had a decision to think about with his father back home in France: go to the private, high-level school he was accepted at in France or pursue his love for basketball. The six-foot seven, semi-pro Frenchman, which his friends call “Frenchie,” decided to make the journey to America.

“My father said you’re young and you’re tough, and you know how to play basketball so why not go to the United States? Go to school and maybe if you get accepted somewhere you can just play,” said Perriere

Perriere said during his first semester at Sinclair Community College is when he first ran into Jeff Price. Price walked up to him and said “You’re tall!” Price then went on to tell Perriere how he was the Head Coach and the Athletic Director. Price invited Perriere to an open gym for basketball. Perriere showed up and Price said, “Okay, I want you on my team.”

Perriere has been in America for almost two years now. When asked

what has been the most difficult thing about transitioning from France to America for him, he didn’t hesitate to talk about language.

“I already knew how to speak English, but I didn’t know how to speak English with Americans. I would practice with my classmates and teachers, but they were French too. Sometimes Americans speak really fast and mumble sometimes so at first it was kind of hard to catch up and catch a word and stuff but I got used to it. It was pretty easy transitioning, but the language was the hardest,” says Perriere.

Perriere already had family over here so that made transitioning that much easier for him. His brother and sister both went to Sinclair. His brother just graduated from Sinclair while his sister just graduated from Wright State.

“When I came here, my brother helped me get my license and [with] teaching me how to transition from high school to college. In college, you get a lot of free time so he was teaching me how to manage that free time. He also helped me with basketball,” Perriere said.

While his family was welcoming and supportive of him, that was not the case when he first joined the team.

“At first, I was kind of an outcast. First of all, the language. They are young teenagers and do what they do. I wasn’t used to that stuff. I don’t know what they are talking about. I don’t know what they are doing,” Perriere said.

However, Perriere used his basketball skills to prove that he did belong on the team and that he could play really well, which seemed to be the only way to get involved with everyone. He didn’t feel any pressure to perform, though.

“I love basketball. Even if it is with Chinese or Americans or Japanese I would just play basketball. They play basketball in the same language,” said Perriere.

Now, his friends call him “Frenchie”. It took time, but Perriere feels much more comfortable within the team. Outside of his family, Michael Carter, a Sinclair adviser, Michael Gaines, who helped him get a job within Sinclair, and coach Price have helped him an incredible amount by getting him scholarships, helping him get a job, and getting in contact with other schools.

For right now, Perriere’s goal is to get a scholarship for a division one school. Secondly, he wants to improve his grades and get onto the All-American team. A division one school has already looked at him. In the meantime, he is just trying to get involved in the Dayton community and be the best all-around person he can be.



Tribune News Service

Astronomy

Christopher Witt
Reporter

Have you ever looked up at the night sky and wondered what those bright little specks are and what they are called? Well, if you are looking for an answer, the answers can be found within the Astronomy courses here at Sinclair. The Astronomy courses are contained

within the Physics Department in Building 4, and I sat down for a short interview with one of the primary instructors of the Astronomy program, Professor Lori Cutright, who has been teaching Astronomy at Sinclair since the fall of 1992. Mrs. Cutright primarily teaches AST 1111: The Solar System and its required laboratory AST 1117: Lab for the So-

lar System but also teaches the other Astronomy course AST 1112: Stars, Galaxies and the Universe and its required laboratory AST 1118: Lab for the Stars, Galaxies and the Universe every so often as well as, up until this past Summer Semester, PHY 2245: Concepts in Physics.

Mrs. Cutright said that the one thing that makes Astronomy stand out from

every other science was the sense of wonder about the stars. "People have looking at the stars wondering about them since people were people," Mrs. Cutright explained, "You go outside and wonder, 'Which star is that?', 'Why is that?', 'What makes them shine?' Or 'Why do they move?'" Mrs. Cutright pointed out that the fact that people going so far back as the ancient Egyptians and Greeks, who themselves shared the very same wonder, have used the stars for time and calendars but maintained that it was the general sense of wonder, looking up at the night sky that drew people of all sorts in and made them ask questions about what was out

there. Mrs. Cutright used an interesting analogy in describing the science of Astronomy and the stars themselves. "They're old friends," she says, "Those stars are so far away, there is absolutely nothing people could do to affect them. We cannot hurt the stars. They will always be there, they are always there. So if I'm feeling bad about something, I can go outside and I can look up and those stars are there. Even if I can't see them, if it's cloudy or pouring rain, those stars are there. They are always there. If I know their names, they're old friends." Mrs. Cutright also went into detail about the various technological advances that both went into astronomical studies

but also all of the products that were spin-offs of the space program; the idea of miniaturization (making large objects smaller yet work the same) was a direct effect of the Apollo program, because of the way the Apollo astronauts had to cut weight to make way for more fuel to propel them into space. Plastics were developed, as were light-weight thermal blankets. Another by-product of such programs was the effect of weightlessness being similar to that of aging. So, not only has astronomy been helpful to our imaginations, but it has helped humanity in many more ways that once thought possible.

Here at Sinclair, there

continued on page 6

campuscalendar

September 22, 2015

From 10am-2pm
Register to Vote
Building 11, 3rd Floor

September 23, 2015

From 11:30am-1:30pm
Career Community Event: Sinclair
Business Experts
Building 8, Gym

September 23, 2015

From 11am-12pm
Sinclair Talks: Procrastination
Building 8, Stage

September 23, 2015

From 11am-3pm
Phi Theta Kappa and the Commu-
nity Blood Center are hosting a Fall
Semester Blood Drive.
Library Loggia

September 23, 2015

From 6pm-8pm
Women's Volleyball @ Home vs.
Edison Comm. College
Building 8, Gym

September 24, 2015

From 4pm-6pm
Career Community Event:
Engineering
Building 11, 4th Floor

CLASSIFIED AD:

Male and female
Maltese. Free for
adoption. If interested,
contact me at:
jw056232@gmail.com.

sudokupuzzle

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square Sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order.
 - Every column of 9 numbers must include all digits 1 through 9 in any order.
 - Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.
- Every Sudoku game begins with some squares already filled in, and the difficulty of each game is due to how many squares are filled in. The more squares that are known, the easier it is to figure out which numbers go in the open squares.

As you fill in squares correctly, options for the remaining squares are narrowed and it becomes easier to fill them in.

Sudoku Tips: Start by looking for numbers that occur frequently in the initial puzzle. For example, say you have a lot of 5's in the initial puzzle. Look for the 3x3 box where there is no 5. Look for 5's in other rows and columns that can help you eliminate where the 5 might go in tht box. If there is a 5 in columns 1 and 2, then there can't be a 5 anywhere else in either of those columns. You know then that whatever leftmost 3x3 box that is missing a 5 must have it go in column 3. If you can eliminate all the possibilities in that box except for 1 square, you've got it down!

4					5				
					1	6			
9	6			7		1		4	
8						4		7	
				9					
7		3						6	5
3		4		6			1	9	
		9	7						
			2						8

crosswordpuzzle

1	2	3	4	5	6		7	8	9	10		11	12	13
14							15					16		
17							18					19		
20					21	22				23	24			
				25					26					
27	28	29	30						31					
32						33	34	35			36		37	38
39					40					41				
42					43					44				
	45		46				47	48						
49	50					51	52							
53						54					55	56	57	58
59					60	61				62	63			
64					65					66				
67					68					69				

Across

- 1 Where to find screwdrivers?
7 Buddhist teacher
11 Circle segment
14 Bold & Crispy Fries maker
15 Eagerly interested
16 Sea, in Marseille
17 *Six-time '30s-'40s N.L. home run champ
18 Zippo
19 Square root of IX
20 Relatives of gulfs
21 MD-to-be's exam
23 Lightly burn
25 *Donny's '70s TV co-host
27 Nickname for Ruth, with "The"
31 Strahan co-host
32 Coral island
33 One-named Nigerian singer
36 Bruins' sch.
39 *Sense of duty, per one's personal ethics

- 42 Baseball glove
43 Caustic cleaners
44 __-wip: dessert topping
45 Swiss river
47 School periods
49 *It's often "burned" during exam week
53 Cases the joint for, say
54 Sunup point
55 Ingrid's "Casablanca" role
59 Fashion initials
60 Apple computer
62 Record label founded in De-troit ... and, when divided into three words, where to find the answers to starred clues?
64 Where Antwerp is: Abbr.
65 "Uh-uh"
66 Banded together
67 "Bambi" doe
68 Daring exploit
69 Gets wise with

Down

- 1 Lay an egg, so to speak
2 Neck of the woods
3 Depend (on)
4 Hombres en la familia
5 Home alarm co.
6 Bruce Wayne's alter ego
7 Island veranda
8 Striped quartz
9 Trendy, '60s-style
10 Andre of tennis
11 Protein building blocks
12 Sit on the throne
13 Bawled
22 Trio member with Stills and Nash
24 Ascribes
25 Pepper grinder
26 Calif. neighbor
27 When doubled, playmate of Pebbles
28 Yours, to Yves
29 Italian pork sausage

- 30 Brazenly obvious
34 Ingredient in a black and tan

35 '70s clubs
37 Ore deposit
38 Spanish cordial
40 Cassini of fashion
41 Sea divided by shrinkage
46 On the upswing
48 Acid or base indicator
49 Waffler's word
50 "A Doll's House" playwright
51 Oodles
52 "Be silent," in music
55 "How sweet __!"
56 Oodles
57 __'Pea
58 Clause joiners
61 Stooge with bangs
63 "Cat __ Hot Tin Roof"

the Clarion

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The Official Student
Newspaper of



horoscopes

Linda C. Black Horoscopes

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Virgo: Aug. 23 – Sept. 22

Bounce ideas off your partner today and tomorrow. Contribute another perspective to each other. Compromise on priorities to move forward. Get multiple bids. Avoid assumptions. If you want to know something, ask. Good news comes from

Libra: Sept. 23 – Oct. 23

Don't believe everything you hear. Get a second source. Stick to tested pathways. Put together a profitable deal that takes advantage of your experience and talents. Meticulous service keeps your customers satisfied. Fulfill (or reschedule) your promises.

Scorpio: Oct. 24 – Nov. 21

Hang out with someone you admire. Play with strong competitors to learn more. A delicious conversation could lead to romance. Relax and savor the moment. Linger to watch the sunset. Share your appreciations of each other.

Sagittarius: Nov. 22 – Dec. 21

Adapt to shifting circumstances. Get strong feedback from a test. Discuss research in private and put in corrections. Apply what you're learning to a domestic project today and tomorrow. Mix up the recipe for something original.

Capricorn: Dec. 22 – Jan.19

Get your message out over the next few days. Choose your words carefully, or risk an unexpected reaction. Have answers for different scenarios and keep them up your sleeve. Hone your talking points. Let your feelings show.

Aquarius: Jan. 20 – Feb. 18

You're making money today and tomorrow. It's profitable if you avoid spending it all. Stash some where you can't get it. Pay bills and buy groceries. Don't borrow or lend. Postpone giving your time away for free.

Pisces: Feb. 19 – March 20

You're coming into your own, especially over the next few days. Assume responsibility. Ask probing questions to get to fundamental issues. Your partner helps. Make a logical case. Use your persuasive charms. Take charge of your

Aries: March 21 – April 19

Wait on a final decision. Finish the research first. You can get the facts. Rest and review. Slow to avoid potential collisions. If you feel the weight of the world, ask for someone to stand with you.

Taurus: April 20 – May 20

Your influence is spreading. Accept a nice benefit. More work is required, and your team can handle it. Practice making respectful requests. Your popularity is on the rise. Check public opinion and participate in a bigger conversation.

Gemini: May 21 – June 21

An unexpected professional development changes things. Provide leadership over the next few days. No stretching the truth now. Temporary confusion could rattle you if you let it. Friends make good coaches. A rising tide floats all boats.

Cancer: June 22 – July 22

Your wanderlust is getting worse today and tomorrow. Plan your itinerary and make reservations in advance. Adapt for changing working conditions. Manage your schedule carefully. Reserve your strength, and pack light. Simplicity saves time and energy.

Leo: July 23 – Aug. 22

Contribute to family finances over the next few days. Do the bookkeeping, maybe. Bring home the bacon. Avoid gambling. Stash resources. Make long-term plans. Sort, file and organize papers. Get to the bottom of a controversy.

Hayner partners with Human Race

James Duty
Reporter

The Troy Hayner Cultural Center, located in Troy, Ohio has taken Some Self-Evident Truths to the Human Race theatre with exceptional reviews. “The Troy-Hayner Cultural Center is a tax supported community organization that serves the residents of Troy, Ohio. Most events and concerts are free and open to the public,” Terrilynn Meece, program coordinator at the Hayner said. The Hayner Cultural Center offers a variety of concerts including the Drawing Room Chamber Series, The Lucky Lemonade courtyard series and partner with downtown Troy for a summer music series. “There are various holiday events such as Valentine Dinner and a Show and Mrs. Hayner’s Tea and Holiday Open House to draw the community closer. There is a popular film series, as well as an Antiques Seminar and Poetry Seminars. There are year round art and life-long-learning classes with

the Mary Coleman Allen Art Academy,” Meece said. The home was donated to the city of Troy by Mary Jane Hayner, wife of William M. Hayner after her death in 1942 with the promise that the facility become a place of cultural enrichment. Since then, the Hayner has been a library, art and history museum along with an education center teaching a variety of subjects mostly geared toward the arts. “Some Self-Evident Truths” is a manuscript of two diaries written by two women who grew up in Troy, Ohio in the 1940s. The diary entries coincide date by date as the relationship between these women grew. The first woman, Lois Davies, is a white woman and mother of three who is very active in the community. The second woman, Lucille Wheat, is a black woman, mother of six, who also was very active in the community. Despite graduating the same year, these women didn’t know one another due to social and racial segregation at the time. The story follows as these

two women begin to build a friendship through their social awareness and realize what segregation has cost them. “I read about this manuscript in the Troy Daily News. It intrigued me right from the start. I could not stop thinking about it and wondering about it,” Meece said. “I mentioned it to a friend of mine, Rosemary Jones that works with the Troy Historical Society. She was able to let me finally read the manuscript myself. I shared the manuscript with several people, and when I found that they had the same powerful reaction that I had, I set about finding the owners of the manuscript to ask if they would like to bring it out into the light again.” The manuscript was assembled in 1980 and was performed in New York City at the SoHo Artists Theatre and later in the Catskills. As of late, the Troy-Hayner Cultural Center brought the manuscript to the attention of the Human Race Theatre Company in Dayton. “What strikes me as unique and really special

about this story is that it is redemptive,” Meece said. “Lois Davies is a woman who takes great pride in her civic duties and in her work with the community.” “She believes herself to be a good person—her diaries reflect that. When she speaks with prejudice, it is because her prejudice had never been challenged. There is a sort of innocence. The drama begins when life challenges her prejudice when she begins to see the lies that were accepted as an entitlement. Redemption happens when she herself begins to stand up and challenge prejudice,” Meece said. Scott Stoney, one of the founders of the HRTC and a professional director and scriptwriter spent time delving into the script honing its words. “I had worked with Scott Stoney and Kevin Moore in the past. I am familiar with Scott’s scriptwriting and his directing. I suggested to one of the owners that we talk to the Human Race and the suggestion was well received,” Meece said. On August 8, 2015 a 20-minute piece was

included in the Human Race Theatre’s New Works Festival. Torie Wiggins played Mrs. Wheat and Terrilynn Meece acted as Mrs. Davies. The Human Race Theatre Company has a promise to the creation of new plays and musicals. This promise was shown this summer with the first Festival of New Works. They selected three plays and two musicals. The excerpts were performed at the Caryl D. Philips Creativity Center and at The Loft Theatre over the two-day festival. “I grew up in a theatre family. We have worked with most of the local theaters around here during the 70s and 80s,” Meece said about her acting background. “I was cast in my first role when I was 16 playing Cassandra in Trojan Women.” “I played many parts with the Dayton Playhouse, Dayton Theatre Guild, Waynesville Theatre, and others,” Meece said. Though the tickets for the performance sold out instantly, some of the attendees of the performance included one of

Mrs. Wheat’s children, Reverend Carolyn Moore, Matthew Davies one of the Davies sons, along with his wife and niece, Jan Sherman, Linda Lee Jolly of the Troy-Hayner Cultural Center and Heather Taylor of the Miami County Visitors Bureau. In light of events that have been occurring nationally a play with redemption, tolerance, and love is a much needed breath of fresh air. The Hayner Cultural Center and the Human Race Theatre hopes this play will be just that. “The Hayner is involved because we believe that this play would add to the cultural wealth and edification of our citizens,” Meece said. “We believe that there is a call in the community to see it again and hear its message again. We would like to be part of that in a supportive capacity. The Hayner is about supporting community! This play reflects a piece of the history of our community and is a powerful cultural statement.”

—SCC Art Galleries—



Contributed by Burnell R. Roberts Gallery

Jimaur Calhoun
Arts & Entertainment Editor

Sinclair Community College is not only known for its wide variety of students and education. For years, the campus has housed four art galleries in Building 13 that is not only for show

to the public but a way to inspire students. “The galleries are for art majors to aspire to as most of the art displayed are from all over the country,” said C. Pat McClelland, the coordinator and collections curator for the art galleries. “It speaks to

the depths of the campuses cultural interest.” McClelland described the process of the art department selecting which art and artist will have their work displayed. “A call for artists is put out each year. Our department receives about 100

recipients a year and the Exhibition Selection Committee, composed of the Sinclair Fine Art Faculty, meet in the beginning of the year to review all the submitted proposals. I review the committee suggestions and try to select artists that will provide works that demonstrate diverse themes, concepts and media. Those artist are awarded the opportunity to exhibit their work in the Sinclair Galleries.” McClelland said there are two shows that feature students work. “One of the shows is a display that is judged by a professional jury from off campus. The second show is an end of the year exhibition showcasing the art of graduating art majors. The jurors for the shows rotate each year, consists of art professionals, usually museum curators, gallery directors and

or professors of art from other institutes,” McClelland said. Currently, there are four art galleries that reside at Sinclair Community College, all in Building 13. There is Burnell R. Roberts Triangle Gallery, which is on the fourth floor and is the largest, most versatile of the galleries. This gallery presents exhibits of paintings, drawings, sculptures, photography, video and installation. At the moment, this gallery is featuring the work of Sinclair faculty member Richard Jurus until September 23. There is the Student gallery department on the third floor. On the fourth floor is the Works On Paper gallery, which displays 2D works that will fit into small spaces. On the third floor is the Hypotenuse Art Gallery, which exhibits student works in sculpture and ceramics and The Student Galleries that commonly

show paintings, drawings or prints by Sinclair Fine Arts Students. Arts students also have their works displayed in the walkway space between Buildings two and ten. McClelland said it’s important to study art and visit galleries. “Art tends to be a reflection of our culture. Art in an academic surrounding can make people think and present more than just what could be described as “pretty pictures”. Art is various emotions put on display to express to anyone willing to look and listen,” McClelland said. Upcoming faculty shows: In the Burnell R. Roberts Triangle Gallery; “and the child draws another inscrutable house,” mixed media paintings by Danielle Muzina. In the Work on Paper Gallery: “Disclosure,” photography by Emily Franklin.

Fall TV Guide

Emily Culbertson
Reporter

It’s that time of year again when the weather is turning chilly and a handful of TV shows are coming back on for their fall premieres. Here is the top 5 shows you can see on your TV this fall! **Heroes Reborn:** The hit TV show that ended in 2010 is coming back this fall for a mini-series. There will be a lot of new faces to the show, but there will also be a lot of old faces popping up from the original series. You will get to experience the new supernatural heroes on

September 24 on NBC. **Once Upon a Time:** Storybrooke will return this fall with a facelift. Emma may have lost her memory at the end of last season, but she will also won’t come back the same. She is planned to be a great evil to Storybrooke and Henry, Hook, Regina, and the rest must race against time to figure out why Emma has turned evil. Furthermore, a new Disney face will appear; Merida from Brave will become part of the cast. The show will return for its 5th season this September 27 on

ABC. **American Horror Story: Hotel:** The top horror show of TV returns on October 7 on FX. There will be all new creeps and scares coming from a hotel based story theme this season. The cast will return with an all new storyline per usual, but the big surprise for this season is Lady Gaga joining the cast to bring new twists and turns. **The Vampire Diaries:** Since the sad ending of last season everything is about to change since Elena is now gone. The show will be

more centered around Damon and Stefan’s love lives before Elena and how they are both coping after her loss. Season 7 of the show is going to be a big step forward for them since losing their main focus point. A lot of people are wondering if Damon will go on a killing spree because of his vengeance against losing the love of his life or if he will just turn off his emotions again like Elena and Stefan both chose to do before. We will have to wait and see what the brothers and their friends decided to do until

October 8 on the CW. **The Walking Dead:** The biggest zombie show on television will return on October 11. AMC has done a phenomenal job alongside Robert Kirkman and all the other writers with the thrills of the zombie world. The show will air with a 90 minute special just like the season finale of last year. Season 6 has a lot of explaining to do since we all know Rick and the group made it to Alexandria in D.C. But what has had a lot of people talking is Morgan and Rick back together

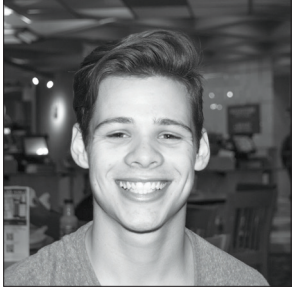
again. Morgan has always been the mysterious character that’s been jumping in and out of the show, but now he’s back to more and likely to stay. The bigger question, is he “good” or “bad?” We also have the wolves to look forward to and finding out how much more of a threat they are to the group along with all the new characters. It’s going to be a season full of mysteries being solved and of course, walker slaying.

YOUR VOICE



Reporting and photos by Maggie Stacey

Who is your news source? Do you think it is important to keep up with the news? How do you obtain news?



Brannon Yowler
Education Major

“CNN mostly, MSNBC, mostly online—social media, and I hop on CNN’s website like once or twice a week. I keep up with social issues, I keep up with international issues, stuff that’s going on around the world. Absolutely [it’s important to keep up with the news], because if you don’t you have absolutely no idea what’s going on in the world, for the most part. I mean, if some people like to stay kind of to themselves and keep themselves out of business, then that’s fine, but I think people should know that things are happening and should try to react to them as best as they can.”



Brandon Mallinger
Business Management and Entrepreneurship
“I just watch News Center Seven in Dayton. I mean I do [get the news] on Facebook or twitter, whichever. I have to find out what’s reliable first. Usually I’m at home by eleven o’clock, and my mom’s on the news, turned on local. I see it, I hear the news and then I look up the different sources, to find information. It keeps you updated, like say I watch the local news, [and] say Interstate 75 is going to be closed down—I get to school using 75, so I need to know that.”



Marcus Wallace
Mental Health Technology
“FOX. By TV or phone. I usually get home by 11, so I’ll check the local news at 11. I’ll watch it on TV or I’ll get on Facebook and watch it and look at it. For sure, [it’s important to keep up with the news], just because you need to know what’s going on around you and in your community, and the weather, so yes, [everyone should keep up with the news].”



Emma Chafins
Surgical Technology Major
“FOX, mostly. Sometimes my mom watches like weird news shows. Usually I go online to get it, I don’t really watch TV that much. I don’t have time for it, so mostly online. [On the FOX website] and on Facebook, they always have stuff on there, and different social media sites that are easier to get to, besides having to actually watch the TV. I think it is very important, I mean you kind of want to know what’s going on with the world you’re living in. You don’t want to be clueless. I think it is important.”



Laurence Rosendahl
Criminal Justice and Law Enforcement Major

“Usually I just watch the news when someone else puts it on—it’s usually FOX—and also I get my news from the internet. If I see something on Facebook, I’ll follow links and do some researching. Anything that really just comes up. Yeah, it is [important to keep up with the news]. It’s something I wish I could do more often but with a busy schedule, it kind of gets put off a lot. I do believe it is important to stay updated on current events and what’s going on, yes.”



Rolando Gunn
Psychology Major

“FOX. I get on Facebook, like sometimes on Facebook the news pops up, like the Dayton news, so that’s where I read all my stuff. People share it all the time, the news. Yeah, [it’s important to keep up with the news], because then you can know what’s going on. I know a lot of people don’t like watching the news because there’s always something bad on. Sometimes I want to see it, sometimes I don’t. It’s some-what [too negative], sometimes.”

Keep an eye out for Maggie Stacey around campus. She interviews students on campus, asking their opinions about relevant issues happening in Dayton and around the world.

Dating on a dime: \$20 Challenge

Thomas Hallaway
Contributing Writer

Love costs money, no matter how you slice it. You and your significant other can only binge-watch Netflix for so long. But as you sit there watching the 10th episode of “Orange is the New Black” on a Saturday morning, you’re bursting at the seams to get out of the house. But therein lies your dilemma, you’re broke until next payday and you only have 20 dollars to spend. Are you convinced you can’t do anything for that pocket change? I’m going to show you that 20 bucks can still go a long way for a date and who knows, maybe we will have some change left at the end. So come along with me in this journey; every two weeks I’m going to take the love of my life on a date and limit myself to a budget of

twenty dollars. So let’s see if we can make this happen. The hardest part of this adventure is figuring out what the heck to do. Sure there’s tons of free stuff to do and quiet little theaters and small restaurants where your dollar can be stretched, but where are they? For date one of this series, Kate and I started the day with something free: a trip to Glen Helen to take a look at some amazing birds. Glen Helen is located just outside of downtown Yellow Springs. We were able to spend about 30 minutes looking at all of the birds. It’s also a lot of fun to try and get the birds to react to you, as you horribly try to imitate the sounds they make. After we left there, we went window-shopping in Yellow Springs. Window-shopping always sounds like a lot more fun than it actually is, because the urge to buy something in

one of the great shops in town is intense. But remember, you only have 20 bucks. So stay calm. We continued to wander around the town. Yellow springs is home to the Little Art Theatre, a single screen theater, that shows lesser-known movies as well as movies that are no longer in the theaters, a ticket costs \$7.50 with a college ID, so we spent 15 dollars to see a flick and burned two hours. As we left the theater, we realized we still had five dollars burning a hole in our pockets so we stopped off at the Corner Cone Dairy Bar and Grill and grabbed a regular sized chocolate shake for \$3.99. We sat and chatted while we enjoyed the shake. So hey I guess 20 dollars can really go a bit farther than you think and we still had some change left over!



Deja Goode | Clarion Staff

POETRY | PICK

You hair makes me breathless,
You gorgeous, nothing less.
You love the loveless,
and it's me you don't miss.
It drives me insane.
What's wrong with your brain?
You drive me insane,
how can I explain?
You adore the haters,
But ignore your number one fan.
Your hair is fire,
like the one in my heart.
Your eyes are beautiful like oceans,
Cupid got me with his dart.
But it's driving me insane.
Your body is fine,
But should I lay this friendship on the line?
I losing my mind over this love.
I've got nothing else to give.
You drive me insane,
What's wrong with your brain?
I'm going insane,
How can I can I explain?
You say we're better as friends,
I'm stuck in the lens.
It drives me crazy,
chasing these guys with lazy hearts.
I love you,
But you make me want to scream because.....

You're driving me insane,
How can I explain?
Austin Vega

The Clarion is accepting student poetry submissions.
Email clarion@sinclair.edu to submit your work.

clarioncartoons

I'VE BEEN HAVING THIS WEIRD REOCCURRING DREAM THAT I'M MARRIED WITH TWO KIDS!

THAT'S WEIRD! ARE YOU STILL COMING TO MY CONCERT TONIGHT?

NO! I NEED TO GO TO BED! I TOLD THE WIFE I'D TAKE HER TO THE AIRPORT!

Anthony Labonte

Clarion CARTOONS

By: L. A. Bonté

For more comics and animations visit **FilbertCartoons.com**

"DEAR GABBY"



Dear Gabby,

I have always seen myself as pretty positive person, but recently, I have been going through a lot of things in my life and I slowly feel like I'm losing myself. I keep finding myself becoming more negative and I'm not sure what to do. I feel like everything in my life is going to crap and it really bums me out. I'm wondering what you do to stay positive and how do you overcome obstacles in life?

Sincerely,
Finding Inspiration

Dear Finding Inspiration,

I completely understand how you feel. I know it doesn't always make it better, but just know that you're not the only one who feels this way. I look at life as a roller coaster. There are always going to be ups and downs—as Frank Sinatra said, "That's life." I think a lot of people look at life as either being good or bad, but having a few bad days doesn't mean there isn't hope for a turnaround.

Our experiences in life really take a toll on us in our life, but I think, in my opinion, the best way to think is living

one moment at the time. Don't let one bad moment ruin the chance for a great moment. I know it's so easy to get caught up in the negativity in our life. It's like one minute we're swimming, and the next we're drowning, and once we hit that moment, things seem to become to hard too handle.

What I can say is that the best thing I have found to help me keep my hope is by surrounding myself with good and positive people. It's easier to get out of the "funk" of things when you have people around you who have your best interest at heart. Whenever I lose positivity or find myself bummed out I always

like to do something to find peace. For me, it's stargazing or taking a walk in nature. It's nice to find beauty in life, and realize that there are so many things to be grateful about you just have to find it. Whenever I am looking for something to help me overcome obstacles, it's more about focusing on self-growth and self-love. I think finding hobbies that take my mind off of the struggles in life, or reading self-motivation books. Just think...it's really like trial and error when finding positive inspiration, things will get better.

Look for hope,
Gabby

"Dear Gabby" is written by Executive Editor, Gabrielle Sharp. The views and advice expressed in "Dear Gabby" replies are solely the opinion of Gabrielle Sharp. They are not reflective of the Clarion or Sinclair Community College. Gabrielle Sharp is not a professional counselor, and her advice shouldn't be taken as such. If you think you are in danger of hurting yourself or others, please visit a professional counselor.

Tartan Spotlight: Mitch Bailey



Contributed by Mitch Bailey

Alex Kennedy
Reporter

Mitch Bailey is Sinclair's Chief of Staff. He essentially manages the day-to-day operations of the President's office which is on the second floor of Building 12. Bailey's office is just two doors down and last week

The Clarion had the chance to sit down with him in order to get an idea of what it's like to be the chief of staff.

From April 2011 until October 2012, Mitch was the assistant to

the President. In late 2012, he was appointed to Chief of Staff to Sinclair President Dr. Steven Johnson. He does everything from assisting the President and Cabinet members in preparation for presentations and meetings to coordinate

with the Board of Trustees and other "things and stuff." According to Bailey, no two days are alike and he is never surprised by what happens to be on his desk that morning. He even joked, stating that his calendar is essentially just the President's calendar, which can vary depending on the time of the year.

Bailey grew up in eastern and central Kentucky. He began his higher academic career in 1997 at Western Kentucky University. After overcoming some of the things life inevitably threw his way, he graduated with a degree in Communication from Sinclair Community College in 2007. At that point, "I was doing this for me," Bailey said.

Bailey graduated from Capital University with his Bachelor's in Public

Administration before obtaining his master's in the same field of study. Bailey was only a full-time student during his last couple semesters at Capital, but didn't let his full-time work schedule get in the way of his academic success.

Aside from his work as the Chief of Staff, Bailey has had the pleasure to teach a class at Sinclair! He taught American Federal Government in the Fall of 2014. When asked how his first class was, he responded with "Absolutely great—teaching for the first time is exhausting and exhilarating. I always had a great appreciation for teachers and faculty. I respect and appreciate the responsibility of teaching students meaningful and important content without boring them for three hours." Bailey is certainly open to teach-

ing more classes too; however, during certain times of the year his job does become very hectic.

Bailey's number one rule of advice is "fake it 'til you make it." He even has a wooden sign in his office that advertises the expression. What does this phrase mean to Bailey? "It's a mindset," Bailey said. "It's about having enough confidence in yourself to be able to work through a tough situation using communication and problem-solving skills."

He takes responsibility in ensuring that all Sinclair students are educated on the resources available to them and truly cares about each individual student.



SINCLAIR
COMMUNITY COLLEGE

*the*Clarion

"Produced by students for students"

puzzlesolutions

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1	5	6	2	3	9	7	4	8

sudoku

Astronomy

Supermoon lunar eclipse

A rare event that hasn't happened in more than 30 years will occur on the night of Sept. 27 in North and South America. It's a supermoon and a lunar eclipse at the same time. It won't happen again for nearly 20 years.

SUPERMOON
A supermoon is when a full moon is at its closest point to the earth in its elliptical orbit ...

SUPERMOON ECLIPSE
When the earth passes between the sun and moon ...

... when this happens the moon can appear 14% larger than a normal full moon

+14%

... the earth shades the moon, giving it a red tint

WHERE CAN I SEE IT?
Much of the world on the night of Sept. 27 in North and South America and the morning of Sept. 28 in Europe, Africa and parts of Central Asia

At moonrise Full eclipse At moonset

Sorry, it's daytime

Source: NASA, earthsky.org
Graphic: Staff, Tribune News Service

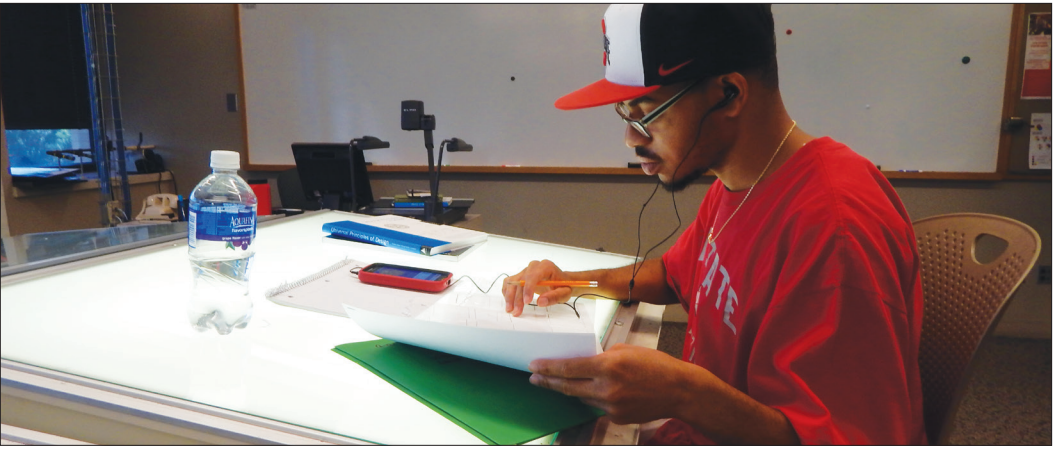
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only two Astronomy courses offered and much like other science courses, the Astronomy courses go together, one followed by the other. The two courses offered are AST 1111: The Solar System (which is the one this reporter is presently taking) and AST 1112: Stars, Galaxies and the Universe. Students much complete AST 1111 before

attempting AST 1112, as they run together. There are also concurrent laboratory classes students must take that coincide with the lecture classes. Those labs are labeled AST 1117: Lab for The Solar System and AST 1118: Lab for Stars, Galaxies and the Universe. Both courses are three credit hours and their lab courses are one credit hour, so they take up quite a bit of space

on a semester schedule. Make sure you have plenty of time to devote to these classes. However, they are loaded with a great deal of interesting material that will keep you thinking. AST 1111 focuses strictly on our local solar system and all of the objects contained within it, while AST 1112 focuses on essentially the rest of the universe.

Make it a habit



Dejia Goode | Photographer

Meggan Lanahan
Reporter

Managing yourself, your home life and school can be difficult in the chaos of the semester, but there are ways to do it and do it effectively.

Success in anything boils down to habits. A habit is defined as, “The intersection between knowledge, skill and desire,” says Dr. Roger J. Ward, Associate Vice President of Academic Affairs at The University

of Maryland. All three of these attributes must be in place to form a habit. The first kind of habits to form are for personal effectiveness. Be proactive, meaning, be responsible for your own life. When things happen, it's up to

Succeeding in an online course



Contributed by Flickr

Barton Kleen
Managing Editor

Know what's due this week AND next week
Eliminate the question, “What am I doing?” and “What am I doing next?” entirely. Not knowing the answer to those questions eats away at the clock. Not wasting the time procrastinating really puts goals in sight and most importantly mainstreams effort into results.

Online does not mean at a desk or hunched over a laptop
Sitting for more than an hour or an hour and a half at a time contributes to unhealthy lifestyles. Movement is important. Get blood pumping and stretch to remain comfortable and calm. Respecting the body's health needs provides clearer thoughts and better joints. Use this time away from your computer to walk away from a current project and come back ready to give it a second look.

Be creative
Creativity is not everyone's talent. Maximize the benefits of online learning by attuning it to a lifestyle. Try taking walks for the outdoorsy types or the dog lovers. Use an opportunity for a good jog or light exercise. A lot of time as an adult is purchased time, owed time, or required time. Find “Me Time” and take it. Setting up little steps and knock them out every time there is something set out to accomplish.

Know the battle
Knowing is half the battle. This is true with online courses as well. Read the syllabus and the tips provided by Sinclair. Not all online courses are the same. The new switch to E-Learn from Angel may have new and returning students left with a learning curve. Few options at

Sinclair are go at your own pace. Most are scheduled with weekly due dates that vary greatly between courses. Figure out a routine and stick to it. Write it in a planner. Quizzes after dinner, before the laundry, before heading to the gym.

Understand how to get ahold of your professor, Sinclair's services and peers
Taking a class with a friend is a great option online too. Some people aren't able to work well with their good friends in a university environment, however, in an online class the work is largely independent. Forget an assignment? Need help? Well, there's someone familiar now to get ahold of and learn from. Sinclair offers various services for students that people should take advantage of.

Have a backup plan
Ohio can experience all four seasons within a week. Power can go out, snow may close down the testing center or campus and public Wi-Fi internet areas. Life is unpredictable. Have a plan for what to do in these emergencies. There is no time to waste when there's an 11:55 p.m due date inching closer and no service available for the Internet. Preparing won't make stress go away, but it makes stress manageable. Managing stress is key to succeeding in life.

Find that perfect learning environment
No T.V, no Facebook, no Instagram or twitter or video games. Those are some common distractions to college students. Just five minutes can quickly turn to thirty and for some to four hours or more of procrastination. This will never take that much time away from activities if the threat is stomped out early or simply not there at all. Noise is not just physical. The less noise, the less

interference, the better for productivity for most people. Find a productive environment.

Start part time
Don't jump right in. Taking a whole course load with or without experience in online learning can drag GPA's down. Take one or two online classes to start. Online education is a great, flexible option. However, it is a new option to many, and most new things require change. Change in habits, change in schedules, change in approaches to success. This can sometimes mean a bit of trial and error. Being proficient online requires mastering how to learn online, just like how learning requires how to learn effectively.

Do not underestimate a course because it is an online option
Standardized tests are famous for their difficulty and unique approach to evaluation. Imagine an entire learning construct based off those same principles. Nailing it without commitment and familiarization is a rare feat. That is exactly why hundreds of thousands of people across the country enroll into courses specifically for taking these high risk tests. Online courses can be daunting not only in their own content, which is as rigorous as most in class options at Sinclair, but also in their methods.

Every point matters
Never adopt the “just” attitude. It is never “just” a few points here or “just” a few points there. Math, so long as there is addition, will always add up. Discussion posts, replies, grammar points and citation points, everything is a part of your final grade and everything should be approached with academic seriousness.

you how to react. Dr. Ward says, “[What] we have complete control over is how we think and how we act.” Have a vision. When you get in the car to go to school, you have the destination in mind, otherwise you would drive around in circles. In the same way, when there's a big project, a long paper, or something almost impossible to do for class, remember your goal. Set a plan and don't procrastinate. “Until you start doing something, putting that

plan to work, nothing is going to happen,” says Dr. Ward. Learn to manage yourself before managing anything else. With the many things that students have to manage, it can be especially difficult to balance everything and greet the end of the day without stress. “A lot of the stress we cause ourselves is because we didn't plan ahead and we didn't manage our time effectively,” says Dr. Ward. Make a roadmap for your own personal management and organization.

In that roadmap, identify your priorities, organize them however needed and execute your plan based on those priorities. There may be speed bumps and detours, but keep in mind where you want to go. With a little planning, preparation and positive habit forming, you can be effective in everything you do this semester. Check next week's edition for the second type of habits to form to be effective this semester.