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# Interior Design project

Matt Sells  
Danny Oakes  
Clarion Staff

Sinclair interior design students partnered with Habitat for Humanity to complete a project for their sustainable interior design class.

Diane Leakas, an associate design professor at Sinclair, talked about why sustainable design is important to her. Earlier in the year Leakas had students keep trash in their bedrooms or living rooms for a period of time to demonstrate to students how much trash rapidly accumulates.



Danny McCallum | Clarion Staff

Professor Diana Leakas

"Sustainable design is important because just the way that our culture and society is moving towards using up a lot of energy and consumable goods that cannot be renewed," said Leakas. "As designers we can control somewhat of the destination of having landfills pile up."

The coordinators of this project were Leakas and Larry Stein, director of the Habitat for Humanity Restore located in Dayton. Leakas contacted Stein to organize the project where students were given permission to take items from the Restore to use along with other items in creating their design.

There were a total of fourteen students who participated in the project, and after repurposing the items the students returned them to the restore to be sold after they presented their projects to Stein.

"I've always wanted to partner with Habitat for humanity," said Leakas. "Being a creative group I wanted to challenge them to repurpose things that would have been thrown in a landfill, to hopefully save something from piling up in the landfill and making it so creative that hopefully someone would be so intrigued they would either buy or buy it."

One of their ideas, Kim Metter created a toy kitchen that could be played with by children.

"I thought it would be a really fun thing for the Restore to sell," said Metter. "It's right before Christmas and people are doing their Christmas shopping, so I figured it would be an awesome gift for kids," Metter.

Metter talked about why she enjoys the sustainable design class and how she does her part to stay green in her personal life.

Design continued on page 7

# Veterans Day Walk



Danny McCallum | Clarion Staff

Military patches displayed in Veteran Services office.

Matt Sells  
Lowell Wagner  
Clarion Staff

President Dwight D. Eisenhower established Veterans Day in 1954 when he signed legislation changing the national holiday's name from Armistice Day. Armistice Day began on Nov. 11, 1919, the first anniversary of the end of World War I. Since 1938, the holiday has been a national holiday.

There were more than 21.2 million U.S. veterans in 2012, according to the 2010-2012 American Community Survey.

Approximately 600 veterans are attending Sinclair this semester, and the Veteran Services office is preparing for their annual Veterans Day event to honor all veterans.

"I want to keep a tradition going, I want students to know on Veterans Day we are going to have an event," said Becky Jones, veteran services coordinator.

The Veteran Services office will host "Veterans Day Remembrance" on Monday, Nov. 10 outside of Building 10 in the rolling hills plaza area from 11:45 a.m. until 1:15 p.m. Flags and t-shirts will be provided to those who attend. Attendees will make their way around campus wearing

veteran shirts and holding flags to honor and commemorate veterans.

The event will begin with a guest speaker, and a banner will be present at the event to be signed by those in attendance to show their support for veterans. The banner will be placed and displayed at the Veteran Services office in the days following the event.

The Veteran Services office, located in Building 10, assist veterans, who attend Sinclair, with benefits available to them through the GI bill.

Veterans continued on page 7

# Bare Musical to debut

Jamez Duty  
Reporter

Sinclair students will be performing their first-ever all student-run production, bare: A Pop Opera, debuting Thursday, Nov. 13.

Bare is a rock musical by Jon Hartmeyer, Jr. and Damon Intrabartolo, with lyrics by Hartmeyer and music by Intrabartolo. The musical's first production took place at the Hudson Theatre in Los Angeles, California, running from October 2000 to February 2001. The New York production of Bare on American Theatre of Actors off-Broadway, was performed from April to May 2004.

"Bare is the first musical completely ran by students to take place at Sinclair," Natalie Sanders (who plays Ivy) informed. "It's definitely a different direction."

Director David Mckibben oversees the production giving guidance and education to the 17-person cast. Lighting, stage set-up and costumes are all student-designed.

The story of bare is set in the present and focuses on two gay teens and their experiences at a Catholic boarding school. Underlying issues of drug use, body image and teen pregnancy are also interwoven into the plot of the student musical.

Bare continued on page

# Art Club holding contest

Gabrielle Sharp  
Managing Editor

Artists, poets and photographers will get the chance to enter in Sinclair's Art club 2015 calendar competition.

Sara Madri, Sinclair student and art club member, said the contest is much more than just a competition to showcase art.

"The purpose of the Calendar Contest is to provoke the many students of Sinclair to not only appreciate, but participate in what their fellow students are doing artistically," Sadri said. "There is so much talent in our community, and we want to open up the value of the world of art, right here in our school." Sadri said the art club is focused

on showcasing and sharing a variety of artwork within the community.

"As a club, we see the possibilities of the students and faculty of our tight-knit community, and we are looking to open up any and every opportunity to those who are looking for it," Sadri said. "Each one of our events is to encourage the public to share in their arts, and appreciate the arts of others. We are here to assist in achieving what you want, as well as support it."

This is the first year the contest will be held.

"We hope that people will carry this opportunity on for their future students to enjoy as well," Sadri said.

Each of the 12 winning entries will receive prizes for their work. It is required that all entrants are

either a student, or faculty member of Sinclair. Artwork, poems and photographs may be submitted electronically in a .jpeg or .jpg file, and may not exceed 700k. Entrants must submit their work by midnight on November 21 to be considered for the competition.

"People may enter as many pieces as they like, so long as each entry is identified with a particular month of the year. Only Sinclair students and faculty may participate in this event," Sadri said.

Applications and entries should be emailed to [sinclairartclub@gmail.com](mailto:sinclairartclub@gmail.com).

Each winner will receive a personal email by November 28 at midnight. Winners will be posted online at [facebook.com/SinclairCCArtClub](http://facebook.com/SinclairCCArtClub).

Alongside the calendar competition, the art club is also hosting a poetry reading event. Students and faculty have the opportunity to come learn about different styles of poetry, and are encouraged to write their own work. The event will be held on November 10 in Building 2 room 334 from 2:00 p.m. to 4:00 p.m.

"There will be a final Poetry Reading event, where we inspire people to perform their own poetry in front of like-minded artists," Sadri said.

The final poetry reading will be held on November 20 at 6:00 p.m., in the Black Box Theater in Building 2.

We urge anyone looking for wonderful opportunities to come and attend," Sadri said.

# 41st annual writer workshop

Lowell Wagner  
Associate Editor

This year's 41st annual writers workshop, located in the library Loggia on Monday November 11, will feature five different speakers and writing workshops.

Tim Waggoner, English professor, who has previously been the director of the event said this years event is a good way for people who are interested in writing, to learn more and

sharpen their skills.

"Whats really cool this year is that its free to the public," Waggoner said. He said that last year the event was not free and made it difficult for people to attend.

Waggoner, who is the author of over two dozen novels, will be speaking at the event this year.

"I will be doing level up, I will be able to decrease your learning curve," he said.

Waggoner said that it is special

to have the New York Times best selling author, Gilbert King as the keynote speaker.

"[Gilbert King] is a national level writer, who was nominated for the Dayton Peace Prize," he said.

In addition to King and Waggoner, there will be three other speakers at the event, as well as an open mike for people to share their work.

People get a chance to go ahead and read whatever they brought, he said. "You get a chance to meet

other people either from the area or from Sinclair who are interested in writing too."

Waggoner said that they try to cover all different types of writing from fiction to screenwriting.

"People can find something no matter what their interests are," Waggoner said.

To register for the event visit [sinclair.edu/academics/lcs/departments/eng/ws/regs/index.cfm](http://sinclair.edu/academics/lcs/departments/eng/ws/regs/index.cfm)

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**ARAMARK MENU FOR NOVEMBER 3-7, 2014**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SIMMER	Three Bean Chili	Three Bean Chili	Three Bean Chili	Three Bean Chili	Three Bean Chili
SIMMER 2	Minestrone Soup Hearty Vegetable Soup	Beef Noodle Soup Hearty Vegetable Soup	Beef Noodle Soup Roasted Corn & Potato Soup	Chicken & Rice Soup Florentine Roasted Corn & Potato Soup	Chicken & Rice Soup Florentine Vegetable Bean Soup
HOME	Chicken Stacker Bowl Southwestern Caesar Toss & Roll Cone Salad Homestyle Mashed Potatoes Risotto Vegetable Medley Seasoned Corn	Fish and Chips Chicken Cellentani Alfredo Homestyle Mashed Potatoes Szechuan Mashed Sweet Potatoes Steamed Green Beans Fresh Zucchini	Zoca Zoca Cilantro Lime Rice Steak Fries Mexi-Corn Roasted Root Vegetables	Zoca Zoca Savory Rice Pilaf Steamed Mixed Vegetables Green Beans Spicy Garlic Spinach	Asian Wok Asian Wok pick 3 Steamed Rice
ASIANZONE	Orange Chicken	Chicken Lo Mein	Chicken or Vegetable Lo Mein	Mongolian Stir Fry	Pick any 3 combo
PIZZAZONE	Pepperoni Calzone	Cheeseburger Pizza	Meat Lover's Calzone	Ham & Swiss Flatbread	Specialty Pizza
SIZZLE	Buffalo Blue Cheese Chicken Philly	Buffalo Blue Cheese Chicken Philly	Buffalo Blue Cheese Chicken Philly	Buffalo Blue Cheese Chicken Philly	Buffalo Blue Cheese Chicken Philly
WRAP	Jalapeno Chicken Wrap	Jalapeno Chicken Wrap	Jalapeno Chicken Wrap	Jalapeno Chicken Wrap	Jalapeno Chicken Wrap

**sudoku puzzle**

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square Sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order.
  - Every column of 9 numbers must include all digits 1 through 9 in any order.
  - Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.
- Every Sudoku game begins with some squares already filled in, and the difficulty of each game is due to how many squares are filled in. The more squares that are known, the easier it is to figure out which numbers go in the open squares.

As you fill in squares correctly, options for the remaining squares are narrowed and it becomes easier to fill them in.

**Sudoku Tips:** Start by looking for numbers that occur frequently in the initial puzzle. For example, say you have a lot of 5's in the initial puzzle. Look for the 3x3 box where there is no 5. Look for 5's in other rows and columns that can help you eliminate where the 5 might go in that box. If there is a 5 in column's 1 and 2, then there can't be a 5 anywhere else in either of those columns. You know then that whatever leftmost 3x3 box that is missing a 5 must have it go in column 3. If you can eliminate all the possibilities in that box except for 1 square, you've got it down!

	8								
	3		2	7	5				
		2					4		3
		5		6			3		
	2		4		8			5	
		1		5			7		
6		4		1			2		
			5	2	7			9	
								3	

**horoscopes**

Lipstick Mystic: love forecast By Jennifer Shepherd  
Distributed by MCT Information Services

**Scorpio: Oct. 24 – Nov. 21**

Relationships are going through some big shifts as Venus encourages you to focus on quality, not quantity. Don't attempt to date fourteen people at once when just one special sweetheart will do. Try not to be so scattered with your sexual energy.

**Sagittarius: Nov. 22 – Dec. 21**

You could receive some good news about your career or education as Jupiter shines its light on you. Maybe you'll finally get that raise or promotion. Perhaps you'll be admitted into a great training program. Share your achievement with your honey.

**Capricorn: Dec. 22 – Jan. 19**

An intense full moon is bringing a lot of pent-up emotion to the surface. If you've been casually dating someone, maybe it's time to get more serious. Or if you've had your doubts about your partner being healthy for you, voice your concerns now.

**Aquarius: Jan. 20 – Feb. 18**

You could be contemplating a career change as Jupiter stirs up some restless energies. As an Air sign, it's important for you to feel challenged and inspired by your work. Brainstorm with your partner about how you might manifest your ideal job situation.

**Pisces: Feb. 19 – March 20**

You're analyzing a complicated relationship, taking note of its undercurrents and shadow aspects. Mercury is encouraging you to keep thinking about love in a deep way. Don't assume that the surface side of a romance is its only dimension.

**Aries: March 21 – April 19**

Your confidence is super high right now, thanks to the moon. Even if you're just an average looking Joe or Jill, you'll be projecting charisma and oozing sexuality everywhere. If you've been hoping to attract attention from a certain someone, now is the time to strike.

**Taurus: April 20 – May 20**

Mars is making you impatient with maintaining the status quo. If you and your honey have been dating but avoiding any major commitment, you'll want to make a big change. Or if you've been married forever, you'll long to find a way to spice things up.

**Gemini: May 21 – June 21**

You're going back and forth about a romantic situation, unsure about which way to turn. The moon is adding to your confusion. Maybe you're attracted to somebody, but you're unwilling to risk getting hurt and heartbroken again. Honor your true feelings.

**Cancer: June 22 – July 22**

As social planet Mercury moves into a friendly sign, you're ready to come out of your shell. You'll say "Yes" to all of those party invitations you've been getting. You'll make plans to go away with your friends this winter on vacation. It's good for you to get out there and circulate.

**Leo: July 23 – Aug. 22**

A business or career situation has you preoccupied just now, and you need to apply yourself to advancing your position. Jupiter is reminding you that sometimes you need to put your personal life to the side so you can deal with more practical matters.

**Virgo: Aug. 23 – Sept. 22**

You might need to confront someone who has been taking advantage of you. The sun is showing you that even if you care about someone, it's not right to let them drain you, abuse you, or otherwise harm you. Stand up for yourself.

**Libra: Sept. 23 – Oct. 23**

You probably don't feel like you can be honest with your sweetheart because you're going through some difficult stuff. The moon is reminding you that keeping everything to yourself sometimes just makes you feel more lonely and isolated.

**crossword puzzle**

1	2	3	4	5	6	7	8	9	10	11	12	13	14
15										16			
17										18			
19				20				21	22				
		23	24			25							
26	27	28				29							
30						31				32			
33						34				35			
36					37					38			
39			40					41					
42								43					
44								45		46	47	48	49
50						51	52			53			
54						55							
56						57							

**Down**

- Benefit
- Not so hot
- Wash. neighbor
- Calisthenics exercise
- Article for Nietzsche
- Bureau
- F Sport maker
- Wall St. figures
- \_\_ Negro: Amazon tributary

- Castor and Pollution" artist
- Not exactly the modest type
- Smash
- At all
- California Gold Rush town
- Intelligence failure
- Diminutive suffix
- Rabologist's collection

- Stubborn
- Oil producer
- Psychic
- A lot
- Worked in a rush?
- Certain master's area
- Advises
- Ristorante order
- Ins. plan
- "South Pacific"

- screenwriter Paul
- Carve
- Play, maybe
- Color in the four-color process
- Barre move
- It's out on a limb
- Duma vote
- Source of iron
- Louis in a ring

**Across**

- Emergency beeper
- Key of Brahms' Symphony No. 4
- Former Lagos-based carrier
- "\_\_ Girl": 2012 best-seller
- Item on a therapist's office table, maybe
- Airing

- Coin feature
- Xi preceders
- Cuthbert of "Happy Endings"
- Florida pros
- Like cockatoos
- Plain
- Smoke shop choice
- Term coined by Dior
- Capital of Belarus
- \_\_ room

- Zest
- Sole piece
- Starbucks offering
- Commonly rented item
- Nook reads
- Raise
- Nightingale and others
- Full of grime
- Discharged
- Ultra Set Trap maker
- Qatar locale

- Word after Premier or Grand
- Like roulette wheels
- Extinct dove relative
- Food fit for a queen bee
- At any time
- Device used in WWII pilot training
- "Nebraska" Oscar nominee
- Hill prize

**the Clarion**

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**executive editor**  
Matt Sells  
**managing editor**  
Gabrielle Sharp  
**associate editor**  
Lowell Wagner  
**copy editor**  
Jason Sedy  
**creative director**  
Jennifer Gammie  
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Dany Oakes  
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Daniel McCallum  
Jordan Shaw  
**arts & entertainment editor**  
Jimaur Calhoun  
**sports editor**  
Afi Ntontolo

**cartoonist**  
Tyler Mackey  
**business manager**  
Katie Herg  
**'the clarion' adviser**  
Avainte Saunders  
clarion staff email  
clarion@sinclair.edu  
**phone: executive editor**  
937.512.2958  
**phone: advertising**  
937.512.2744  
Fax: 937. 512.4590

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# The 15th Annual Student Art Sale

Gabrielle Sharp  
Managing Editor

The 15th Annual Student Art Sale will be showcasing and selling work created by Fine Art students and students from the Theater Department and the Design Department.

The sale will be held November 6, from 10:00 a.m. to 4:00 p.m. on the fourth floor of Building 13.

Bob Coates, Sinclair art professor, said this

year is different.

“This sale is different from the previous sales. Fine Art students will be selling their work, but included this year are students from the Theater Department and the Design Department,” Coates said.

In the past, scholarship tables were included in the sale. This year, the event will be focusing solely on student artwork.

“Budget cuts have forced us to eliminate

this aspect of the sale,” Coates said.

Students will be displaying paintings, drawings, ceramics, sculptures, photography and prints.

“All sales go directly to the student artists,” Coates said.

Students will handle their own sales. Cash and checks will be accepted, along with a few students having the capability of handling credit cards.

Sara Sadri, art club

member and student said many people in the art club will be participating in sale.

“[We] hope to promote what we do naturally, and raise some money for future events. The most exciting part about this event is seeing the talent of other students in the community,” Sadri said.

For more information visit the Art Department in Building 13 room 201 or visit [sinclair.edu/academics/lcs/departments/art](http://sinclair.edu/academics/lcs/departments/art).

## A VINTAGE AFFAIR



Claire Guindon | Clarion Staff



Claire Guindon | Clarion Staff



Victoria Givens | Clarion Staff

## Sustainable Design

Design continued from front



Danny McCallum | Clarion Staff

Students from Diana Leakus's Sustainable Design class at the Habitat for Humanity Restore after presentations.

“I picked the class because I’m really interested in green and sustainable design. To be able to take something that would normally end up in the trash or in the landfill and making it into something that a child can play with is an amazing thing to me,” Metter said. “I recycle; I try to remake stuff out of things that would normally end up in the trash. My family is

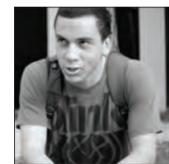
usually the recipients of many Christmas presents that are either repurposed things or DIY stuff.”

In the sustainable interior design class Leakas encourages her students to research methods of design that do not create more waste such as, staining concrete floors instead of using carpeting. Recycling and be aware or what you are buying is another aspect

of the sustainable interior design class.

“The idea is to say when I buy something I think about the packaging. Do these shoes come in boxes or do these shoes come in bags? The bag being easier to recycle,” says Leakas. “As designers it makes them more conscientious about their decisions of what to sell to their clients, and that’s the whole thing.”

## your voice

How do you feel about services offered to Veterans?  
Are we doing enough or not?Photos by Jordan Shaw  
Reporting by Lowell WagnerNick Michael  
aviation

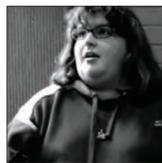
"Honestly I don't know about veterans, I don't really see who veterans are, so I can't really decipher between them and a normal person. So honestly, it feels like they are just like normal people, but they are not anything more than a normal person."

Savannah Smith  
psychology

"I don't think it's very fair how they fight for our country and when they come back they don't really get enough attention. [The amount of] Post traumatic stress disorder is very high, I think more services should be available for them when they come back."

Austin Kidder  
fire science

"I think now it's a lot better than it used to be. There were a lot more homeless veterans in the 80s, 90s and 70s. I actually get schooling through the [Veterans affairs], my dad is a veteran. They help a lot more now than they ever have."

Cat Peed  
anthropology

"Essentially, I feel that they are treated poorly. When they come back from war there is really nothing for them, the programs that are designed to help them usually suck. They come back from war and they come back from serving our country, and we screw them over. There are so many homeless veterans out there, its ugly."

Eric Martin  
biology

"I don't know too many veterans, I think they are probably getting enough. I am military, and I think if I were to retire, I would be taken care of, but like I said, I don't really know that many vets that are having issues."

## Sinclair Student Poetry Submission

## Pieces

My heart sits in my chest  
a million little pieces  
all broken and shattered  
no glue, no tape  
nothing to put it together again  
I feel like Humpty Dumpty  
when he fell off that wall  
except a wall isn't to blame  
the fact of losing you is at fault

I know it isn't your fault  
but you were my Knight  
My King, and I, your Princess  
nothing could hurt me  
then you went away  
funny how my King broke my heart  
a million little pieces, waiting...  
waiting to be put back together again

Submitted by Amie King

## clarionclassics

## Vietnam veterans hold emotion-filled workshop

Sharon Ossenberg

Staff Writer  
May 1st, 1984

The Vietnam War has not gone away for millions of Americans. That is why the veterans of the war developed workshop such as the one on March 28 at Sinclair.

It was a time of sharing and caring next to strong emotions. There were those who felt frustrated and left out or pushed away by the vets they love. There were also vets who had to learn all over again how to love, how to be close and how to be intimate.

They are learning that if society is going to change their image of them, they will have to be the ones to do it.

In time, they will gain friends and get people to come to their side.

The workshop was designed to not only educate vets about the problems they face but also to help get the public to accept them without hostility or morbid curiosity. Hostility towards the war they understand, because many of them feel (and felt even during the war) that it was for no high purpose and that they had no idea why they were there. The people they were supposed to be helping were openly hostile to them.

Many of the veterans see themselves as victims of the war and feel that they have been raped by Uncle Sam not just once but every single day of their time spent in Vietnam.

Many of the people took the frustration of this unpopular war out on the people who were ordered to fight not - at the people who the vets feel deserve the hot seat. Worse than the heck-



Clarion Archives

ling from strangers is the contempt and lack of respect they received from friends and family.

Many of their friends dodge the draft and expected the vets to do the same. The only way it seems they could get any respect for being in the war was to come back in a box or as a prisoner for. They chose to trust Uncle Sam and do what they consider their duty. Many of the vets admitted at the workshop that they would not make that choice today, but some would.

According to the panel of 10 workshop veterans their youth played a major factor in the problems they are having today. These men were on the average between 18 and 19 when they entered the war. Developing close relationships was the risky business because one never knew when the next person would die or leave to go home. They learned the art of survival and had mastered the theory of the best defense is an excellent offense so well that they

now attack the very people they want and need to be close to.

They alienate the ones who love them and cause a hostile environment. Patience is required for everyone involved who wants to be an important part of the veteran's life. That is not to say that all these vets have that problem, but there are enough to warrant programs like these.

The families and children of these vets need to learn how to survive with this person. There are some organized groups started by interested wives and sweethearts who wanted to keep their relationships going. Other things that were suggested were letting the vet open up to you if he wants to.

Ed Mechenbier, A pilot in Vietnam and a prisoner of war for six years, made jokes about sitting in a box with a thumb in his mouth and explain that they were not considered brainwashed; mostly because the Viet Cong are not considered so-

phisticated enough, but they did do things which caused disorientation. He also said, that he shrunk an inch and would never be 6 foot two again. The loudspeakers at the camps were used to lower the moral of the Americans and were so loud that they didn't need to be placed at every street corner, but they did.

Some of these problems are just now showing up but the Veterans Administration, Congress and the Dow Chemical Company, which created the chemical, deny what happened to those children is proof of what is happening to the men

now. The vets are exhibiting rashes, tumors, malignancies and there are some deformed babies. The men affected believe it is the Agent Orange, but it has yet to be proven.

Another workshop topics dealt with diagnosing post-traumatic stress disorders, which is a delayed reaction to a dramatic experience and is one way some people handle stress. They and society ignored it and wished it away.

These men denied that anything was wrong with themselves. When they did want to talk, no one wanted to listen. It was a problem that grew until the vet either exploded or found help. Eventually groups were formed at the veteran center to help them and their families.

One man in the audience said, "The most traumatic experience he had was not so much the war but coming home." He had been spit on by demonstrators who called him a baby killer. He said, "I am no baby killer. I was doing my duty. I followed orders. I did my job."

Another workshop dealt

with family therapy. In this workshop, veteran saw a film about the families and how they are suffering. One woman said, "I was unable to listen to my husband when he told me how this thing that was eating him up inside -how he had killed a child. I couldn't. I wouldn't listen. It would have killed my love for him. This terrible thing he had done. He had kept bottled up inside until his only release was suicide."

Now she is having symptoms of posttraumatic stress herself. She wanted to keep this image she had of him as a loving caring man but she loved the image more than the man.

The veterans have had to fight tooth and nail for every ounce of help that they have received because of the unpopular, undeclared war, they were fighting. What do they want? They want the public to care. They are not a bunch of crybabies protesting too much. They want the treatment that other veterans have had. They want the promises kept that have been denied because Congress did not have guts enough to call this war a war, but they didn't mind procuring the money for it or sending 50,000 Americans to their death or maiming others for a cause they were not willing to support fully.

The veterans administration is supposed to help, but it is too bogged down with politics. Most of the help comes from interested people who organized a group to talk about war related problems. Many of them were people who were having the problems themselves. They just wanted someone to talk to who it been there and would understand.

# "Dear Gabby"



Sincerely,  
Bummed out

Dear Bummed out,

Hey there! I've been in similar situations, and I can say it's a normal feeling, so don't feel like it's unusual. Unfortunately, with our technology and the craziness of the media, we can feel persuaded to act, look and feel a certain way. Until you fully accept yourself, you'll always be struggling with the comments of others. Personally, I think its exceptionally hard to overcome a comment from another, when you, yourself, also might feel as if the comment is true. People try to blow out other people's

light, to make their candle burn brighter. News flash: It's a reflection of them, not you. I know it's easier said than done, but I promise once you come to peace with that, things will make a bit more sense. I think it's important to immerse yourself in things you love. Whether that be cooking, reading, dancing, drawing, hiking, etc., it's important to find that one thing that allows you to get lost and find yourself at the same time. As for your friends, if you feel comfortable with being straightforward and honest with them, then let them know their comments hurt. Hopefully,

you'll only have to say this once, and if they are true friends they will be considerate of your heart. If they don't understand, maybe reevaluate why you still keep them in your life. I think it's more important to have a good relationship with yourself, rather than try to find happiness in others. Play a little game with yourself, and see how long you can go without thinking negative thoughts about yourself. Yes, I know what you're thinking this wont work, but give yourself time, and stay focused on being positive. Sometimes all you need is a different outlook on life.

Fall in love with yourself,  
Gabby

Dear Gabby,

I am taking a speech class this semester, and I get so nervous when I have to present my speech. I tremble so much. I practice at home, but when I get to class, I feel like I lose everything I worked for at home. Do you have any suggestions for overcoming fear of speaking in front of an audience, or any tips to help me feel more confident?

Sincerely,  
Nervous Nelly

Dear Nervous Nelly,

Speaking in front of an audience

could possibly be considered as one of the most terrifying things you can do. Aside from speaking in front of a class, you also have the professor grading your performance. Remember, everyone is feeling the same. Some may feel more comfortable standing in front of a class, but everyone is still experiencing the same process. Everyone wants to succeed, and believe it or not, the professor wants you to, as well.

I think it's helpful to identify what scares you while you speak. Find out what makes you anxious, so that you'll be able to focus on that topic more closely. Another tip would be to remember to breathe. I know that sounds like common sense, but anxiety can create a loss of breath. Obviously, practicing as much as you can will only help you in the end. It's so important to feel prepared so that if things do unexpectedly happen during your speech, it won't throw you off completely. Many people say ignoring the audience helps, but sometimes that makes matters worse. By pretending you don't have any audience, then you end up not connecting while you're presenting.

Have a game plan for your speech presentation. Take time to practice your speech and figure out what helps you calm your anxiety.

Good luck,  
Gabby

Dear Gabby,

Lately, I have been feeling insecure and very influenced by the opinions of others. I don't know how to get out of my funk, or how to not let the comments of others persuade me to think a different way than what feels comfortable for me. I want to eliminate the negativity in my life, but I don't want to just cut off all connections with my friends. How can I build my self-esteem up, and/or let my friends know the things they say sometimes don't need to be said.

"Dear Gabby" is written by Managing Editor, Gabrielle Sharp. The views and advice expressed in "Dear Gabby" replies are solely the opinion of Gabrielle Sharp. They are not reflective of the Clarion or Sinclair Community College. Gabrielle Sharp is not a professional counselor, and her advice shouldn't be taken as such. If you think you are in danger of hurting yourself or others, please visit a professional counselor.

# Tyler & Bethany's cartoons



# puzzlesolutions

**CROSSWORD**

S	M	O	K	E	A	L	A	R	M		E	M	I	N
A	I	R	N	I	G	E	R	I	A		G	O	N	E
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**SUDOKU**

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6	9	4	8	1	3	2	7	5
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# the Clarion encourages feedback

Letters to the editor may be submitted to the Clarion in Building 8 Room 027 or by email, clarion@sinclair.edu. Submissions might be edited for space.

No anonymous submissions will be accepted. All submissions must include author's name and phone number. The Clarion reserves the right to edit all letters. Deadline is Monday at noon for the following Tuesday publication. There will be no exceptions to this policy.

**Submission does not guarantee publication. Space availability determines publication. When space is limited, articles may be filed for publication at a later date.**

**the Clarion**  
Staff Contact Information

**Executive Editor**  
Matt Sells  
937.512.2958

**Creative Director**  
Jennifer Gammie  
937.512.4576

**Business Manager**  
Katie Hering  
937.512.2744

# The Human Race Theatre celebrates 27 years

Jimaour Calhoun

Arts & Entertainment Editor

This marks the 27th year that the Human Race Theatre Company has been providing the Miami Valley with shows with universal themes of human conditions and awareness within us. Since opening its doors in 1986, the theatre and its pairings with the Loft, a local theatre, have always tried to instill the values that affect the conscience of society, through their shows of cutting edge drama, known classics and musicals.

“Live theatre gives people an experience they cannot receive anywhere else,” said Steven Box, the director of Marketing and Communications at Human Race Theatre.

Steven has known of the theatre since its founding, and said that as a patron and an employee, the company is near and dear to his heart.

The company makes it their principle to make their shows and its



(clockwise from left): Torie Wiggins, Lisa Ann Goldsmith, Jamie Cordes and Peanut Edmonson. Cast of Mame on stage at Loft Theatre

Photo by Scott J. Kimmins

audiences connect.

“The Human Race Theatre are professional Broadway shows at Dayton prices, and great sense of personal pride comes from connecting the audience to the art

that is theatre,” said Box. “Human Race theatre was specifically created for its Dayton audience.”

Their latest show, the Broadway hit Mame, debuted October 31. Based on the book

“Auntie Mame” by Patrick Dennis, it tells the story of Mame, a bohemian in the depression era, whose lavish lifestyle is changed when the son of a dead brother comes to live

with her and soon grows closer in the times.

“Part of what we do is pick shows that tell a great story, which we as the audience can relate to,” said Kevin Moore, the producing artistic

director at Human Race Theatre, who will be directing the show. “We like shows that like to think outside out of the box, and we think Mame is that kind of show.”

Moore said that directing the show is a wonderful challenge because of having to scale down from what would normally be a cast of 30 down to a cast of 19.

“It is a challenge to tell a good story. If the story being told makes people who know of it or are new to it, like it, then it is truly a success,” Moore said.

Moore said he hopes this story of Mame will be relatable to the audience members.

“As kids, most of us had a crazy aunt or some other authority figure that is more fun to be around than any other adult,” Moore said. “This show is sort of homage to those people.”

Mame will be performing from October 31 to November 23.

For more details, visit [humanracetheatre.org](http://humanracetheatre.org).

# Snow Panic: drivers prepare for winter conditions

Jason Sedy

Copy Editor

After a relatively mild and dry summer, we are now well into autumn. Temperatures have dropped and wet, windy weather is upon us. Halloween has come and gone, and all of a sudden it's November! Thanksgiving will be here soon, and who knows how much longer we have until we start hearing Christmas music.

We all know what that means: soon there will be snow on the roads, and when that happens, our commute turns into an every-man-for-himself fiasco, even if it's only an inch or two of snow. I'm told there is a name for this phenomenon: Snow Panic.

Snow Panic can turn an otherwise pleasant and uneventful commute into an adventure, and not the kind of adventure where you have fun and take pictures and explore exciting new places. No sir, you are in Dayton, Ohio and Honda racers are sliding through intersections, SUVs are doing 360s on the wrong side of the road, and some really talented folks might even manage to turn



Scene of weather related car accident last winter. The roads are not to be messed with when covered with snow and ice.

Jason Sedy | Clarion Staff

their vehicles upside down.

Granted, last winter was awfully harsh for most people in the Midwest, but even though the temperatures stayed unusually cold for quite a while, the roads were mostly clear. There were a few decent snowstorms that left several inches of panic-inducing snow behind but you wouldn't think that

would be too big of a deal.

But you would be wrong – It is a big deal, and there were plenty of crashes due to the ice and snow last winter. In fact, each time it snowed in Dayton last year, someone crashed into my parked vehicle during the night. No, they didn't leave a note with their insurance information. Temporary insanity induced

by Snow Panic, I suppose.

I know winter driving isn't for everybody, but for those of us who are a bit more seasoned, or hail from the Frozen North (Michigan), Snow Panic can be a bit bewildering. That is to say, I have never, ever driven my car into a parked vehicle in two inches of snow. I mean, I could understand if it was

just once, but THREE times in one season? What's going on here?

I suppose we could take the easy route and blame teenagers, but I think there's more to the story than that. Snow Panic seems to affect people of all ages. Some people go so far as to claim that Ohioans just aren't very good at driving in the snow,

but I don't know about that one either. We'll probably never find all the answers to the Snow Panic enigma, but we can still take steps to protect ourselves and our loved ones during the frosty, white-knuckle trials ahead.

When Snow Panic strikes, just stay at home if you can get away with it. Telecommute, call in sick, or just tell your boss that you're suffering from Snow Panic Anxiety Disorder.

If you can't stay home, make the trip in a sturdy, winterized vehicle. All-wheel-drive is always nice, but if you don't have that, at least have a good set of all-season tires, a strong battery, new wiper blades and fresh anti-freeze.

With daylight savings time going into effect, the sun will be a distant memory for many commuters, and the last thing anyone wants to do is have a breakdown in the dark when it's snowing, so carry a couple of blankets, jumper cables, flashlights and emergency flares just in case.

Use a little common sense, slow down, be careful and be prepared. Everything will probably turn out fine – no need to panic!

# Veterans Day celebrations

Veterans continued from front

“It doesn’t matter what branch you’ve come from, the steps that they take to prepare you on how to do that stuff are never enough,” said Patrick Freeman. “When they come here they are starting from square one.”

Freeman, 30, is a satellite operator with the Army National Guard and also works in the Veteran Services office as a VA student education liaison.

Jones spoke about the office and what they do for students who are veterans. “We assist with anything regarding that, getting

started we will sit down with them and show them the paperwork they need to fill out to get started. How to use it, and the funding that’s included,” said Jones.

Jones has worked at Sinclair for the last five months in the Veteran Services office. She worked in a similar position at another school for over 13 years and explained that she began working with veterans after an opening in the department opened up and she took the position.

“I thought it would be fantastic, I thought what a better way for a civilian to help someone [veterans],



Plaques displayed in Veteran Services office.

Danny McCallum | Clarion Staff

than to help them achieve their academic goals,” said Jones. “I’ve become very, very passionate about it since then.”

She explained that not

all veterans attending Sinclair identify with the office, and that only those taking advantage of benefits available to them do. Jones also welcomes all veterans to

visit the office.

“I love them, I love it when they come in just to talk. I’m a civilian so I learn things just by them coming in and talking to us,” said Jones.

“I encourage all veterans to stop by whether they’re using a benefit or not. Definitely I want them to check in and feel like they have a spot to go.”

# Student produced musical Bare

Bare continued from front

The rehearsals take place four days a week at the newly renovated Black Box theatre across from the Green room in building 2.

To make the production different from many other shows Chris Harmon is allowing this production to be exactly what it is, a student-run musical. Keeping a keen eye, Harmon watched on as the actors played before him.

“Different lighting, set design helps everyone brings something different to the table to make a performance unique,” he said. “They have so many great ideas if you let them be independent, but still keep with a vision.”

Mckibben leads the

musical instruction with intense, passionate direction, while helping guide the many voice into rising and lowering waves of depth and tone. With each break and piece of advice, along with encouragement, the cast begins singing in divine unison.

“This performance is especially challenging since the entire play is singing,” Mckibben said while listening to the performers before him. “You can tell this cast is practicing outside of rehearsals and coming in prepared every time.”

AJ Breslin, a straight actor, plays Peter, one of the gay characters of the show. When asked if it’s hard to go from being a

straight man to playing a gay role, AJ replied.

“It’s all a part of acting—I portray the same feelings I have for my



Victoria Givens | Clarion Staff

girlfriend when playing the role.” As he looked back at his girlfriend, who plays his rival in love on stage, he added, “Love is universal.”

When asked if a show about the conflicts of gays in school is still relevant today, Breslin answered, “Unfortunately, yes. I don’t know if it should be, but the more tragic scenes are still very prevalent especially in more conservative areas.”

Breslin worked alongside many gay students to bring to life to production, stated, “They aren’t just a ‘gay’ community to me, they are part of my community.”

As rehearsal and music instruction begins, the actors expand to fill the Black Box Theater,

incorporating all of the space in their practice of voice projection.

“This is my first bigger role,” Anna Sheldon, who plays the fiery and passionate Nadia, said. “I have sass similar to Nadia, which she uses as a defense mechanism. I can definitely recognize and identify with that.”

Sheldon said theatre is all about storytelling and connecting to a bigger realm. Marissa Childress, the lighting designer and winner of a Dayton Award of Excellence for her lighting work in Expecting Isabel, is finding her skills tested for this production that incorporates not only mood lighting but flashing lights and dramatic appearance to match the

rock music.

“Correct lighting is pure emotion, powerful, and the last puzzle piece to any show,” Childress said.

Playing a character that struggles with his sexuality and how it fits in with his religious beliefs is a role that takes a lot of ability and charisma.

He noted while walking off stage, “This performance doesn’t slam religion, it slams intolerance.”

Bare: A Pop Opera performances are on Thursday, Nov. 13 at 7:00 p.m., and Friday and Saturday, Nov. 14 and 15 at 8:00 p.m. General admission tickets cost \$15.

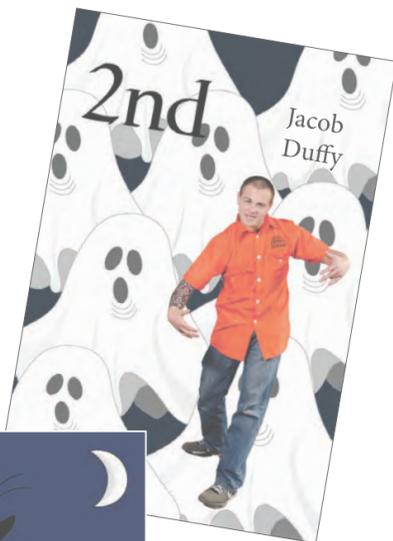
Visit [sinclair.edu/tickets](http://sinclair.edu/tickets) for more information.

## The Clarion Costume Contest Winners

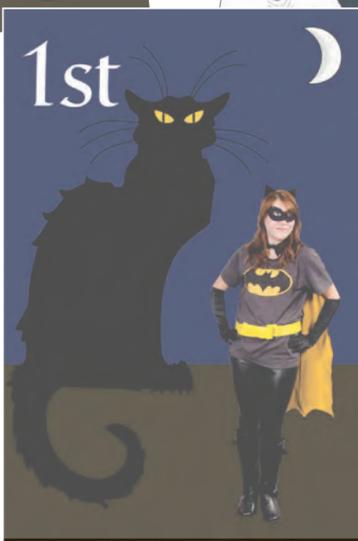
Thank you to everyone who came out to the Clarion photobooth on Thursday Oct. 30th!! We had a lot of people come and show off their awesome costumes. After the students voted, the winners were selected. The winners are as follows:



Aubree Cash



Jacob Duffy



Hayley Whitaker

**the Clarion** Keep an eye out for more Clarion events and contests happening on campus!

# Nicholas Hill Exhibit at Sinclair

**James Duty**  
*Reporter*

The current exhibit, Nicholas Hill's The Kyoto Calligraphy Lessons: Cyanotype, in the Triangle Gallery, located in building 13, fourth floor consists of life-size graphical prints depicting Japanese writing and images of blossoming landscape by Nicholas Hill. "It is work that can appeal to non-artists, while also serving as a teaching tool to the students in our Fine Art program." Pat McClelland, Gallery Coordinator and Collections Curator said about the blue-hued art that covers the gallery

walls. "The scale of the work is impressive; His use of calligraphic line and appropriated images is interesting." Nicholas Hill teaches printmaking and guides the Frank Museum of Art. Nicholas received his BFA degree from Michigan State University and his MA and MFA degrees from the University of Iowa. He has taught at Bethany College, The State University of New York, and Union College in New York. His work has been part of exhibits in Germany, France, Poland, India and Denmark. In the United States his art can be found in the Library of Congress,

the New-York Historical Society and the United States Department of State. The art currently on display in the triangle gallery is 'inspired by a calligraphy lesson book found by the artist in Kyoto, Japan' and uses the traditional Japanese printmaking technique, aizome. "No exhibit is going to appeal to everyone, but most of the comments in the gallery comment book are in praise of the work. The use of Japanese text and imagery, the human scale of the prints, and the economical Japanese-influenced installation of the work seem to appeal to most gallery visitors." The rich blues used

is Cyanotype, a photographic printing process that produces a cyan-blue print. Engineers used this printing technique into the early 20th century as a low-cost process to produce numerous copies. The printing process uses two chemicals: ammonium iron(III) citrate and potassium ferricyanide. Printmaking is a simple name to describe a vast array of artwork that consists of printing images from one surface to another using an assortment of different methods. Prints are created by transferring ink from a matrix or through a prepared screen to a sheet of paper or other material. A matrix

is often created with metal plates, polymer plates, stone, and carved blocks of wood. Numerous 'copies' made from the same matrix are called an edition. "The concept of working in a series to produce a body of work is informative, and the cyanotype process he employs is one, which is taught to students here at Sinclair," McClelland said. Printmaking has been used in newsprint and novel work as well as contemporary artwork. More modern printmaking can include digital printing, photographic mediums or any combination of modern and traditional work.

The opening at Sinclair was a small but intimate one, bringing art enthusiasts together for explanation and comment with the artist and similar art instructors. "Most of the Fine Art faculty came—a couple of professors brought their classes to meet the artist and talk with him about his work. Several members of the Dayton Print Co-op showed up to support their fellow printmaker," McClelland said. The art gallery that houses a few exhibits a year has effectively become more than a simple art display—an artistic tool in teaching students at Sinclair new concepts and techniques.



Nuria El-Shwehdi | Clarion Staff



Nuria El-Shwehdi | Clarion Staff



Nuria El-Shwehdi | Clarion Staff



Nuria El-Shwehdi | Clarion Staff



Nuria El-Shwehdi | Clarion Staff

## Clarion Survey

Complete this Clarion survey and enter to win one of five Starbucks Free Drink coupons. Drop off finished surveys in the collection box in the Tartan Marketplace between Mon. Nov.3 - Friday Nov. 14. Winners will be drawn and contacted on Friday Nov. 14<sup>th</sup>.

*tear along dotted line*

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Phone number: \_\_\_\_\_

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Major: \_\_\_\_\_

What type of student are you?

Part time     Full-Time     Auditing

Do you or someone you know read the Clarion student newspaper? \_\_\_\_\_

If so what is your/their favorite section?      If not, why?

<input type="checkbox"/> Opinion	<input type="checkbox"/> Time
<input type="checkbox"/> Life	<input type="checkbox"/> Didn't know about it
<input type="checkbox"/> News	<input type="checkbox"/> Content
<input type="checkbox"/> Sports	<input type="checkbox"/> Other _____
<input type="checkbox"/> Classics	
<input type="checkbox"/> Comics/puzzles/horoscopes	

What would you be interested in seeing/seeing more of in the Clarion?

<input type="checkbox"/> National news	<input type="checkbox"/> Campus events
<input type="checkbox"/> Economy	<input type="checkbox"/> Student spotlights
<input type="checkbox"/> Social Issues	<input type="checkbox"/> Other _____

Where do you spend your free time on campus?

<input type="checkbox"/> Building 8	<input type="checkbox"/> Marketplace
<input type="checkbox"/> Library	<input type="checkbox"/> In your car
<input type="checkbox"/> Outside	<input type="checkbox"/> Other _____

What type of coupons would you like to see in the Clarion?

<input type="checkbox"/> Bookstore	<input type="checkbox"/> Local Businesses
<input type="checkbox"/> Aramark (food)	<input type="checkbox"/> Other _____

The Clarion is located in the basement of Building 8 Room 027



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