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CAB Movie Night!

Jimaur Calhoun
Reporter

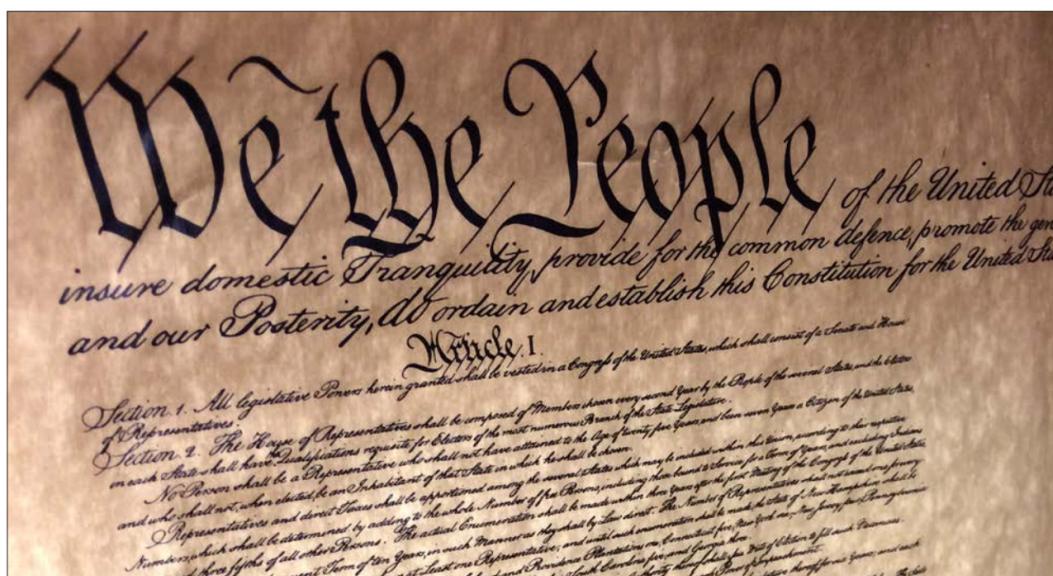
Students, are you looking for time to relax between classes? Thanks to the Student and Community Engagement Office, that is now possible with their presentation of Cab (Campus Activities Board) movie days, a couple of days in the months where movies are presented in for students at building 8 stage center. Put together by Larue Pierce, the director of student affairs, the event lets students come out and relax and see the hottest films released, so far, earlier this year.

"The reason CAB movie days was created was to bring students back into building 8 activity center." Says Karen Williams, who is in charge of the Student and Community Engagement Office, "It gives students the chance to see a free movie, hang out and have free popcorn." After the showing of "The Amazing Spider-Man 2", the CAB movie days were a success, with one student saying that the event could even be used for a "cheap date".

Find out what movie CAB is showing next continued on page 2

Constitution Day

UD Law Professor to speak at Constitution Day



The United States Constitution was drafted in 1787, ratified in 1788 and it has been amended twenty-seven times.

Matt Sells
Executive Editor

Richard B. Saphire, Ohio Constitutional Modernization Commission Bill of Rights and Voting Committee Chair, will be the featured speaker at the annual Constitution Day event that is to be held in the Tartan Marketplace banquet room on Wednesday, Sep. 17.

Constitution day is an opportunity for students, faculty, and the administration to hear about the impor-

ance of the constitution and how it affects everyone. Last year's speaker, Judge Walter Herbert Rice, served as Chief Judge of the United States District Court for the Southern District of Ohio from 1996 to 2003. Rice focused his attention on the United States Constitution.

Saphire began teaching Law in 1976 after graduating from Northern Kentucky University and receiving his Master of Law degree from Harvard Law School in 1975. Saphire retired from the University of Day-

ton School of Law in April 2013. He is involved with the American Civil Liberties Union and works as a civil rights and liberties lawyer. Saphire has served on the board of Homeful, a Dayton homeless shelter, since 1989.

The focus of the discussion this year will be the Ohio Constitution, how Ohio citizens can be active in changes made to the Ohio Constitution and the role of the OCMC.

Constitution Day on page 3

Blood Drive

Win a car!

Matt Summers
Reporter

Sinclair is holding their sixth blood drive with the Community Blood Center on September 17 between 11:00 a.m. and 3:00 p.m. Phi Theta Kappa is sponsoring the event which will be held in the library loggia. If you want to donate and help save lives, you must go to www.donor-time.com to register. Once registered, you must enter the donor drive code 177. Not only are you helping save a few lives, you also get a free t-shirt upon registration. As long as they have not reached their 40 people max, walk-ups are welcomed. To help celebrate the Community Blood Drives fiftieth year anniversary, they will be giving away a Chevrolet Cruze to one lucky donor. All you have to do in order to be eligible is to register, donate and be at least 18 years of age.

"The Community Blood Center has served the healthcare needs of the Dayton area for over 40 years, and Sinclair Community College's chapter of Phi Theta Kappa honor society is proud that we've been a part of this for the last 6 years by sponsoring blood drives on campus," Phi Theta Kappa Faculty Advisor, Rocky Belcher said.

Blood Drive continued on page 3

Dance Program at Sinclair Parking Frenzy

Gabrielle Sharp
Managing Editor

If you ask Rodney Veal, Sinclair Community College Adjunct Faculty Member, about informing students on the dance department, he would say it's all about discovering movement.

"We strive to provide a very professional and safe environment for the exploration of movement at Sinclair. All are welcome," Veal said.

Veal, graduate of The Ohio State University, choreographs for several companies in the Miami Valley. He describes his life as "eclectically rich." His ultimate goal is to make the dance program "one of the strongest two-year dance programs in the region."

Although, Sinclair has no connection to other companies, Veal believes it's important to engage with the community.

"We always try to help each other out," Veal said.

Another faculty member, Erin Robbins, agrees with Veal. It's about enhancing the community. Her biggest hope is for more students to become informed about the classes Sinclair has to offer.

"Unfortunately, many students don't know the program exists. I believe when they announced years ago that Sinclair was no longer offering degrees in dance, people assumed that meant we



Sinclair dance student warming up before ballet class in building 2's Black Box Theater.

were no longer offering dance classes either. That's not at all the case. We still have ballet, modern, jazz, Middle Eastern dance and, occasionally, tap. We also offer two general education lecture classes: dance history and dance appreciation," Robbins said.

Veal believes Sinclair is an excellent place for every level. There are no pre-requisites; it's open enrollment.

"If you have a desire to move, we have a class for you," Veal said.

Jenny Hunley, Liberal Arts major, has been involved with the dance program for two years. She hopes to make a career out of dance.

"I have been taking ballet classes since I was thirteen. Dance is my passion and I seek to have a career in the future, and

when I realized how wonderful the dance faculty is, I couldn't not be a part of it," Hunley said.

Robbins focuses her classes around educating the next generation in dance. It's not about perfecting the art; it's simply about exposing people to the history and movement of dance. She hopes to see the department grow.

"I would love to see Sinclair's program go back to offering certificates, as well as degrees in dance. We've made major progress this past season by holding a dance concert, which hadn't been done in five plus years," Robbins said.

Cassandra Ortiz, American Sign Language and Deaf studies major, wishes she'd have free time to train.

Dance continued on page 4



Traffic backup on Fifth Street during a time when many students were exiting Garage A.

Lowell Wagner
Associate Editor

Historically during the first few weeks of the semester parking has been an issue. Students will find themselves waiting to enter and exit the garage as the large influx of students arrive.

This fall semester brings new automated machines to the parking garage. The machines installed the week before fall semester, have caused frustration for students as they make their way to and from the garage.

"I don't like it at all," Brandon Werner, returning student, said in response to the new automated machines.

Werner said that he parks on the roof of the garage and it has taken him over ten minutes to exit the garage this semester.

"I think it's a lot slower honestly, the timing on it, its not as quick as

the people were, I liked it with the people more... I don't know why they changed it," he said.

Werner said that even though he doesn't know the exact reason he feels that it's all about saving money by using machines instead of attendants.

The machines replaced the attendant booths at each of the exit lanes. The new devices are much smaller than the booths they replaced.

"It feels a little bit too far away, before it was closer but now you actually have to reach out and put it in instead of sliding it," Said, Dustin Osborne, returning Sinclair student, in response to the new machines.

"The only part that I find annoying is waiting for it to go up [entrance gate] when you're pulling in to go into the garage. That minute, minute and a half," Katie Tuvell, who rides with Osborne, said.

Parking continued on page 3

Maleficent coming soon

CAB continued from front

The next movie being shown on September 11 and 12 is the 2014 film, "Maleficent." Directed by Robert Stromberg, "Maleficent" tells the tale of a princess, who after protecting her kingdom from an ongoing attack, is betrayed turning her evil, and in return she places

a curse upon the invading kingdom's successor. Years after her actions, Maleficent learns that the one whom she placed a curse on may be the key to bringing peace to the kingdom and perhaps within herself.

If this sounds interesting to you, please come to the basement of Building 8, in the stage

area on September 11 and 12 from 10a.m. to 4p.m. and enjoy "Maleficent" and free popcorn.

CAB will be showing movies at least once a month, so keep an eye out for movie posters in Building 8 coming up in October.



Matt Sells | Clarion Staff

sudoku puzzle

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square Sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order.
- Every column of 9 numbers must include all digits 1 through 9 in any order.
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Every Sudoku game begins with some squares already filled in, and the difficulty of each game is due to how many squares are filled in. The more squares that are known, the easier it is to figure out which numbers go in the open squares.

As you fill in squares correctly, options for the remaining squares are narrowed and it becomes easier to fill them in.

Sudoku Tips: Start by looking for numbers that occur frequently in the initial puzzle. For example, say you have a lot of 5's in the initial puzzle. Look for the 3x3 box where there is no 5. Look for 5's in other rows and columns that can help you eliminate where the 5 might go in that box. If there is a 5 in column's 1 and 2, then there can't be a 5 anywhere else in either of those columns. You know then that whatever leftmost 3x3 box that is missing a 5 must have it go in column 3. If you can eliminate all the possibilities in that box except for 1 square, you've got it down!

| | | | | | | | | |
|---|---|---|---|---|---|--|---|---|
| | 8 | | 4 | 5 | 1 | | 3 | 9 |
| | | | | | 6 | | 8 | |
| | | | | | | | 4 | |
| 5 | | | | 4 | | | | 2 |
| 2 | | 9 | | 3 | | | | 7 |
| 9 | | | | 8 | | | | 1 |
| | 2 | | | | | | | |
| | 3 | | 6 | | | | | |
| 4 | 5 | | 3 | 9 | 2 | | 1 | |

horoscopes

Distributed by GotoHoroscopes.com

Virgo: Aug. 23 – Sept. 22

It is time for Virgo to re-evaluate its financial policy and old sources of income. Your growing appetites can't be satisfied within the limits of the old strategy. Time has come to drastically change your way of thinking, your social circle or your overall life style.

Libra: Sept. 23 – Oct. 23

Libra is itching to speak its mind, but today it'd better keep silent. Focus on business, professional, financial and property-related issues. Don't make any hasty conclusions and reckless deals, don't sign any payment documents.

Scorpio: Oct. 24 – Nov. 2

Determination and perseverance will prove Scorpio's winning traits on September 9, 2014. Such qualities as passiveness, unfounded stubbornness, complexes, irritability, jealousy and aggressiveness will weaken your positions.

Sagittarius: Nov. 22 – Dec. 21

Negative emotions may shatter Sagittarius' initiatives. You may get won over by disturbing memories. Keep your emotions under control – don't let them cross the rigid boundaries. If you let your feelings control you, you'll start making mistake after mistake even in the most favorable of the circumstances.

Capricorn: Dec. 22 – Jan. 19

Capricorn's perseverance may transform into stubbornness. The likelihood of a critical mistake is getting stronger. Bad luck may strip the Goats off of their fighting spirits and belief in victory. If possible, take a break and wait out a negative period.

Aquarius: Jan. 20 – Feb. 18

The day is not favorable for new undertakings. Instead, Aquarius should focus on current issues, especially if they are at the critical stage. Try to figure out what stops you from you moving ahead. Perhaps, it is your own stubbornness or overly narrow focus on a certain number of problems.

Pisces: Feb. 19 – March 20

Nothing threatens Pisces' strategic plans, but noticeable progress in things is still under question. There may be some problems with your employees, colleagues, assistants as well as representatives of distant regions and authorities. Analyze what is required of you and if necessary learn to persevere at work.

Aries: March 21 – April 19

Aries must find courage if it wants things to progress. Acknowledge your flaws and start working on them; otherwise, others may point out your drawbacks to you and it won't be a walk in the park for you. Perhaps, you are lacking experience, patience and the ability to manage the resources.

Taurus: April 20 – May 20

Taurus shouldn't expect to be free to do whatever it wants today. A marital conflict or a problem at work may escalate again. Your manager, business partner or your adult child seeking independence may become your main opponents. Don't try to have a rigid grip on a situation.

Gemini: May 21 – June 21

It is problematic for Gemini to carry out its routine responsibilities on September 9, 2014, but it won't be able to escape work. There may be conflicts at work, while on the road or in an official establishment. The Twins may need drastic measures to have their health bettered.

Cancer: June 22 – July 22

Stubbornness, loyalty and fundamentalism that Cancer will demonstrate today will have a reverse side to them. There may be some difficulties with income or financing a business or creative project. You may have to pay a price for your beliefs.

Leo: July 23 – Aug. 22

Resilience and courage are Leo's main weapon. The whole world may rise against you. You may have conflicts with colleagues or family members. Believe in yourself. This is a difficult day for independent Lions who prefer complete freedom to a golden cage.

crossword puzzle

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | | | | 15 | | | | | 16 | | | |
| 17 | | | 18 | | | | | | 19 | | | |
| | 20 | | | | 21 | | | | 22 | | | |
| 23 | 24 | | | 25 | | | | | 26 | | | 27 |
| 28 | | | | 29 | | | | | 30 | | | |
| 31 | | | | 32 | | 33 | 34 | 35 | | | 36 | |
| | | | 37 | 38 | | | | | 39 | | | |
| 40 | 41 | 42 | | 43 | | | | | 44 | 45 | 46 | 47 |
| 48 | | | 49 | | | | 50 | | 51 | | | |
| 52 | | | | 53 | 54 | 55 | | | 56 | | | |
| | 57 | | | 58 | | | | 59 | | | | |
| 60 | | | | 61 | | | 62 | | | | 63 | 64 |
| 65 | | | | 66 | | | | | 67 | | | |
| 68 | | | | 69 | | | | | 70 | | | |

- Down**
- 1 Actor Alan
 - 5 Vegas draw, with "the"
 - 10 Pumped ride
 - 14 Cookie shaped like two of its letters
 - 15 Hot and bothered
 - 16 Like some graffiti: Abbr.
 - 17 Ice Cube genre
 - 19 Bar flier
 - 20 Molding that sounds like two

- 21 Golfer known as "The Big Easy"
- 22 Legal suffix
- 23 Faun-like deity
- 25 It's not as bad as the fire, metaphorically
- 28 Size up
- 30 Prolonged pain
- 31 City near Phoenix
- 32 Dog bone's destiny, perhaps
- 36 Macavity creator's mono-

- 37 Bases loaded opportunity
- 40 US Airways has one in Phoenix
- 43 Sitcom planet people
- 44 Big name in direct sales
- 48 Pasta pkg. purchase
- 50 Fifi's "Wow!"
- 52 All-out
- 56 Draw a bead on
- 57 Hefty sandwich
- 58 Philosophy ending

- 59 Therefore
- 60 Gambit
- 61 Many a joke's start, either part of which is synonymous with the ends of 17-, 25-, 37- and 52-Across
- 65 "Very funny!"
- 66 Goosebump-inducing
- 67 Morales in movies
- 68 Lena of "Chocolat"
- 69 More than fear
- 70 Actor Bruce

- Across**
- 1 Regular record
 - 2 Palindromic Altar
 - 3 Indicates
 - 4 Takeout request?
 - 5 Online destination
 - 6 Singing syllable
 - 7 Harder to find
 - 8 Apennines locale
 - 9 Soft drink choice

- 10 Good-for-nothing
- 11 Up the creek
- 12 Seoul mates?
- 13 Tonsillitis M.D.
- 18 Fluids in shots
- 23 Divinity sch.
- 24 Seaman's agreement
- 25 Fail
- 26 Disney lioness
- 27 "Science Guy" Bill
- 29 Angle iron

- 33 Old vitamin no.
- 34 Playground retort
- 35 To boot
- 38 Lynda Bird's married name
- 39 Bad-mouthed
- 40 Pro football's is in Canton, Oh.
- 41 Strange
- 42 "The Blues Brothers" co-star
- 45 "Scram!"
- 46 Pay extension?
- 47 Old "King" Cole

- 49 Lands' End rival
- 51 "Listen!"
- 53 Went for
- 54 Actor with seven Emmys
- 55 Gooley treat
- 59 Squeezed (out)
- 60 P, to Plato
- 62 "The Company," briefly
- 63 Golf, for one
- 64 Mom and pop

the Clarion

Established: March 15, 1977

"The Clarion" is published as a designated public forum for the students of Sinclair Community College by a student staff every Tuesday during the regular academic year, and once in July during the summer.

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"The Clarion" does not endorse any advertisement published in our print edition or website.

"The Clarion" is distributed free to the faculty, staff and students of Sinclair Community College each Tuesday.

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"The Clarion" retains the right to refuse any advertisement for any reason.

"The Clarion" is a member of the Associated Collegiate Press, the Columbia Scholastic Press Association and the Ohio Newspaper Association.

The Official Student Newspaper of
SINCLAIR
COMMUNITY COLLEGE

Learning your Rights Parking Garage Changes

Constitution continued from front



Photo from www.ocmc.ohio.gov

Richard B. Saphire, Ohio Constitutional Modernization Commission Bill of Rights and Voting Committee Chair

“It is just focusing on what is going on here in Ohio, to really bring it to the attention really of us all,” said Political Science adjunct faculty member Jennifer Sooy while discussing the importance of student participation in Constitution Day.

The OCMC is a body modeled after the 1970’s Ohio Constitution Revision Commission. OCMC consists of 12 legislative members that are appointed from each legislative caucus by their respective legislative leaders and 20 public members selected by the legislative members. OCMC members include lawmakers, educators,

business leaders and local government officials.

The OCMC was established with the passage of the House Bill 188 and is charged with studying the Constitution of Ohio, considering the problems pertaining to the amendment of the Constitution and making recommendations to the general assembly for the amendment of the Constitution.

“What areas are they focusing on? We don’t know. Are they going to deal with issues concerning recreational use of marijuana? If this way [Citizen’s Initiative] of putting gay marriage on the ballot doesn’t go anywhere will they discuss this as a proposed change substantively in that context,” said J. Sooy.

During a time when our country is facing many changes and states are exercising their power on issues such as same-sex marriage, medical and recreational marijuana, and voting rights, Political Science adjunct faculty member, Kathleen Sooy felt it was important for students to pay attention.

“We know so little. Here we are in Ohio, and we all know so little about how our own state constitution works and its relationship with the federal constitution,” said K.

Sooy, while discussing the lack of public knowledge on such issues.

According to the OCMC website, the public has the opportunity to be involved in this process by either corresponding with the commission just as you would your Senator or by attending one of the many public hearings that the OCMC plans to have. The impact of the OCMC’s work on Ohio citizens is not yet known.

According to the OCMC website homepage the constitutional changes that might be enacted through the OCMC could have a very significant impact on the future of this state.

The commission hopes that you will join in this very careful and deliberative process because of the shared interest in seeing Ohio prosper.

“We are all learning. This is the purpose [of Constitution Day], so we can understand better how the Ohio Constitution can be amended, structured, changed, and what role we as Ohioans can play in making those changes,” said K. Sooy.



Daniel McCallum | Clarion Staff

Traffic backup on Fifth Street during time when many students were exiting garage A.

Parking continued front front

Osborne said the process of exiting the garage is slower than he remembered it being before the change.

“I want to see how much [money] I have... its weird sometimes when you put it [Tartan card] in you have to try a few times,” Said Hazel Princesa Love, a returning Sinclair student.

Paul Murphy, Director of business services hopes that the new machines will cut down the time it takes to exit the garage.

“I know as people leave their class blocks many people leave at the same time,” Murphy said.

“With that said I know with the new equipment things are speeding up as people get use to it and hopefully that will expedite it.”

He said one of the reasons for the switch was to cut wait times down with the removal of cash due to the slowness of that type of transaction.

Murphy said that Tuesday and Thursday are the highest volume days with about 5,800 vehicles using the garage each day.

There are a number of students that feel that the system works well. Harley Billhimer, a new Sinclair student said he has not had too much of an issue with the

system.

“I like the card system... it’s easy. One time it took probably four times but other than that it’s been pretty good,” Billhimer said.

He said he tries to avoid the high volume times and come to school early although when he leaves school there are a lot of cars leaving the garage and its really hectic.

Werner, like Love and Billhimer, said he has had issues swiping his card in the machine having to repeat the process multiple times.

“I wish the people were back but what can I do about it honestly,” Werner said.

Give blood, save a life

Blood continued from front

“We look forward to continuing to sponsor blood drives on Sinclair’s campus this year and for many years to come,” Belcher said.

The whole process of donating blood from start to finish for the donor takes between 30 and 45 minutes. The donor will receive snacks to help increase their blood sugar. Once the blood is drawn, it is tested to make sure

the donor had nothing harmful that could be transmitted to the patient receiving the blood.

Requirements to be able to donate are you must be able to provide a photo ID that includes their full name. Past CBC donors are also asked to bring their CBC donor ID card. Donors must be at least 16 years of age (16 years old with parental consent form, available at www.givingblood.org). They must also weigh at least

110 pounds and be in good physical health.

The Community Blood Center/Community Tissue Services is an independent, not-for-profit organization. Community Blood Center provides blood products to 24 hospitals within a 15-county service area in the Miami and Whitewater Valleys.

For more information on The Blood Drive visit donor-time.com

It is just focusing on what is going on here in Ohio, to really bring it to the attention really of us all ”

— Jennifer Sooy

yourvoice

In remembrance of 9/11 the Clarion asked students where they were during the attack and if they feel safer today.

Reporting by Lowell Wagner



Greg Brown

I think the whole thing was engineered... to have a reason to go to the Middle East. It's a damn shame that 3,000 people had to die, so our government could further corrupt the world. If you talk about stealing all of our rights; I mean yeah I feel safer. How many people are being brutalized by those that are supposed to be protecting and serving... they're militarizing our police. I feel that those who are causing this need to be removed.



Sonia Wright

"I'd gotten off third shift myself, I was like dead asleep, my mother rushed in my room and said 'wake up, wake up two airplanes have crashed into the towers'... it was surreal. Today I feel safe...in some way I feel scared because we are still fighting that fight. [Terrorism]."



Tammy Carroll

"I just got off of third shift and I was watching the news, it came on and I flew to the elementary school to pick my daughter to bring her back home. That's where we sat the whole time and watched it unfold. I do feel safe as long as ISIS does not get over here...that's what I'm scared of."



Ben Wright

"I was in sixth grade... I had no idea what was really happening. The teachers kept us out of the "know", I didn't know what was really happening until I got home. We just knew some plane hit a building. I do feel safe now; I feel like in Ohio we're not going to have that great of a threat."



Steve Kemper

"I really have no stand on it, I'm one of the few. Here you go, here is a good one, I went to Kings Island, I've never had to empty my pockets and go through a metal detector. I went there this year, I was just about tackled because I had a pocketknife on my keychain. I feel a lot less safe."

Dance Program Making Moves at Sinclair!

Dance continued from front

"I wish that Sinclair would allow open studio time for dance students. Practice is important, play is important, and the ability to drill and have a great space to do it in would only help students succeed," Ortiz said.

The dance department is all about opportunities for all students. Veal believes it's

about providing classes on campus for people that don't normally have access to take classes.

Hunley says the faculty is so welcoming and embraces all students no matter what.

"I know a lot of people are scared of taking dance because they are either scared of not being good enough, being judged, or because they simply think they're not a

good dancer, but the classes here at Sinclair are truly something special," Hunley said. "As long as you want to dance, you are wanted in the dance classes here."

Robbins said there's something special about teaching dance and talking about the history of something she loves.

"I get a particular thrill when someone comes to

me after class and says 'You know, I didn't think I even liked ballet at all, but after watching it, I really love it!'," Robbins said. "I feel like I'm doing my part to educate the next generation of audience members for my art form."

Veal and Robbins have similar views on teaching dance. It's about the elements of each style. They both want to educate students as much

as they can to give back to the community.

"We believe in teaching the elements of dance from alignment, to spatial awareness, to musicality. And now we can provide opportunities for the students to put into practice what has been learned through concerts and in-studio performances," Veal said.

Sinclair is about diversity, and the dance classes reflect that. Take this opportunity to explore movement. Veal recommends coming to watch the Theater and Dance Production this season. He believes this is the best way to get a chance to engage with the department.

"You never know, you might be inspired to take a class or audition," Veal said.



Daniel McCallum | Clarion Staff

Erin Robbins teaching 'temps lie' technique in ballet class.



Daniel McCallum | Clarion Staff

Dance students stretching.



Daniel McCallum | Clarion Staff

Practicing 'sous-sus' in a ballet combination.



Daniel McCallum | Clarion Staff

Erin Robbins, Faculty demonstrating stretches for ballet class



Daniel McCallum | Clarion Staff

Students warming up before dance class.



Daniel McCallum | Clarion Staff

Erin Robbins teaching 'épaulement' and ballet positions.

"Dear Gabby"



Lowell Wagner | Clarion Staff

Dear Gabby,

I'm a second year student and I feel like I'm going to be attending Sinclair Community College a bit longer than the supposed time of two years. I am ok with this but my parents are putting pressure on me to be done at the expected time so I can move on to a university. I don't want to disappoint them but I just can't live up to their expectations and be done so quickly. What can I do?

Expectation

Dear Expectation,

It's completely normal to feel this, but remember college is a process that will be worth the time in the long run. One good thing is college doesn't have an expiration date. It doesn't matter when you graduate, it just matters that you received your diploma. Don't rush yourself. Remember, college is a journey that leads you into the next chapter of your life. My advice to you is to stay focused on completion,

no matter how long it takes you. Ultimately, it's your life. As long as you're doing your best and getting good grades, I think the time is irrelevant. You'll always have pressure from your parents, mainly because they want what's best, but don't let that discourage you. If you show them that you're serious about college, they'll notice and realize you're trying your hardest to stay focused on completing school.

Take it easy,
Gabby

Dear Gabby,

I was never much of a partier in high school so naturally after graduation I lost touch with most of my friends who party a lot. I go when I can, but I am a full time student and I work two jobs. I feel as though I'm having a hard time getting invited to things. Most nights I even see pictures posted of their fun nights and it makes it really hard to stay positive. Now that

I'm in college I would love nothing more than to meet people like myself. What can I do to make friends at a community college? I am trying to stay positive, but my patience is dwindling with the more days that go by. I have already addressed the problem of not getting invited to things to my best friend but nothing seems to have changed. What else can I do to get more involved with them, besides try and meet new people?

Sincerely,
Little Ms. Lonely

Dear Little Ms. Lonely,

It sounds like you are very goal oriented. This is where things get tricky because a lot of students may not have as much responsibility as you do. Don't be hard on yourself because you are focused on your future. Our college years get complicated because we are still young and wanting to have nights where we can hang with friends, but at the same time we're paving the road ahead. I know it may hurt your feelings because you are being left out, but in the end, you're benefitting yourself by focusing on your jobs

and school.

Personally, I have experienced this. The best advice I can give you is to schedule "get-togethers" ahead of time. This way you'll be able to work around your schedule, and still give yourself some moments to hang out. Maybe find a day that works with your agenda and then take initiative to schedule a time with your friends. This will show that you're willing to put in effort for your friendship.

I know you're wanting to stay involved with your current friends now, but consider checking out the clubs here at Sinclair. This is a way to find friends that have common interests with you, as well as staying involved with things happening on campus. Visit www.sinclair.edu/organizations for more information.

I guarantee if you keep focusing on yourself and keep building a strong foundation of work ethics, it will give you an edge on everyone else. Don't get discouraged. I hope you will create a stronger bond with your friends, and possibly meet more people on campus.

Stay you,
Gabby

"Dear Gabby" is written by Managing Editor, Gabrielle Sharp. The views and advice expressed in "Dear Gabby" replies are solely the opinion of Gabrielle Sharp. They are not reflective of the Clarion or Sinclair Community College. Gabrielle Sharp is not a professional counselor, and her advice shouldn't be taken as such. If you think you are in danger of hurting yourself or others, please visit a professional counselor.

Cartoons

Look for the our new cartoonist
Bethany Davenport

She will be doing
cartoons about cats!

The Clarion



puzzlesolutions

CROSSWORD

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the Clarion encourages feedback

Letters to the editor may be submitted to the Clarion in Building 8 Room 027 or by email, clarion@sinclair.edu. Submissions might be edited for space.

No anonymous submissions will be accepted. All submissions must include author's name and phone number. The Clarion reserves the right to edit all letters. Deadline is Monday at noon for the following Tuesday publication. There will be no exceptions to this policy.

Submission does not guarantee publication. Space availability determines publication. When space is limited, articles may be filed for publication at a later date.

clarioncorrections

In the August 26 issue, the picture of Sinclair's Baseball team working out with The Unit on the front page was miscredited to Jordan Shaw. It was a photo contribution by Terry Purdue, the founder of The Unit. We apologize for the error.

It is the Clarion's policy to correct all errors. If you notice any errors in the Clarion newspaper, please contact us through email at clarion@sinclair.edu or by phone at (937) 512-2744. Write "Corrections" in the subject line of the email. All corrections will appear in this space.

Restrictions on donating blood

Matt Sells
Executive Editor

The Food and Drug Administration's ban restricting homosexual since 1983 from donating blood has caused some Sinclair Community College students to ask the question "why?" at a time when many blood donation organizations have announced they feel the ban should be lifted.

"Why are they not allowed to donate blood, because what, they might be carrying AIDS. Why can't they just test them before and then take the blood," said Rhonda Blagg, 46, a social work major.

"That's not true, are you sure? I thought that they have to do HIV testing anyway," said Melissa McGurk, 35, a former SCC student and mental health technology major.

The FDA imposed this ban in 1983 at the height of the AIDS epidemic.

According to the FDA men who have sex with other men are at a higher risk of contracting HIV, hepatitis B and other infections.

Homosexual men are not the only group to be restricted from donating; intravenous drug users, animal transplant recipients, some who have traveled or lived abroad and people who have engaged in sex for money are also restricted from donating blood.

"I know that if you have been over in England before a certain year you may be omitted from donating too," said McGurk. "That's also a question on there because you could have had mad cow disease."

A FDA questionnaire given before donation that asked donors about behaviors that increase their risk of HIV infection restricts certain people from donating based on answers the donor provides.

When Anthony Cain, President of SCC club Brit

Signal Alliance, attempted to donate blood while working for a previous employer who held a blood drive, was shocked to find that he was ineligible to do so.

"I was honest and answered the questions honestly and that's when I was informed that I was unable to donate blood," said Cain, 35, nursing major.

Cain described the moment when he discovered that he was not going to be able to donate blood.

"I felt that [not being able to donate] was absolutely absurd because I was in a monogamous relationship with a non-HIV positive partner, so the risk was not there," said Cain. "I felt mortified. I felt like I was being judged on the presumption that I was HIV positive when I was not. I felt discriminated against."

According to their website, the FDA realizes that this policy leads to deferral of many healthy donors, but the policy restricting men

who have sex with other men from donating minimizes even the small risk of getting infectious disease such as HIV or hepatitis through a blood transfusion.

There is still a small risk of contracting an infectious disease such as HIV through a blood transfusion. In the early years of the HIV epidemic, blood transfusions were at increased risk for transmitting HIV infection. In 1985, however, an HIV test became available, and screening of all blood donations rapidly became universal. The U.S. blood supply is now among the safest in the world according to www.aids.gov.

The American Medical Association voted to end the ban last year saying that there was new medical technique advances in detecting HIV in donated blood.

"The lifetime ban on blood donation for men who have sex with men is discriminatory and not

based on sound science," said Dr. William Kobler, AMA board member, in a Time magazine report last month. "This new policy urges a federal policy change to ensure blood donation bans or deferrals are applied to donors according to their individual level of risk and are not based on sexual orientation alone."

Many blood donation organizations have voiced their concern for the ban saying it should be lifted and is not necessary.

In a joint statement issued in July of this year the American Association of Blood Banks, America's Blood Centers and the American Red Cross said they believe the current lifetime deferral for men who have had sex with other men should be modified.

Donor deferral criteria should be made comparable with criteria for other behaviors that pose an increased risk for

transmission of transfusion-transmitted infections according to the American Red Cross.

Blood shortages continue across the country and on average, the Red Cross must collect 15,000 blood donations every day for patients at about 2,700 hospitals and transfusion centers across the country, according to their website.

The FDA says on its website that it would change the policy, only if supported by scientific data showing that a change in policy would not present a significant and preventable risk to blood recipients.

"I think it is a ban that was placed in the past for good reason, but it serves no purpose at this time with the advanced medical technology that we have. I believe that we are behind modern times by not lifting the ban," said Cain. "It bothers me deeply I can't donate blood. I would love to donate blood."

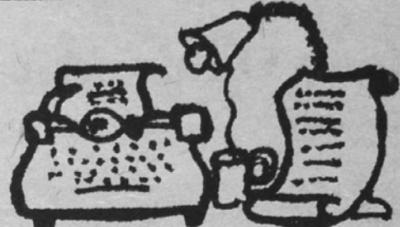
tartanart&entertainment

Introducing the new section of the Clarion! We are happy to start having an

Arts & Entertainment section that will feature poetry, movie reviews and much more!



CLARION POETRY PAGE



ABSTRACT AND CONCRETE By Norman Rockwell

What's this I say?
Says the old man
in front of the painting
dressed in his Sunday best.
What does it mean;
who painted that awful thing?
What's this world coming to?

Doesn't this younger generation
know how to do anything right;
do they even care?
Why this looks like
someone splattered paint
all over the canvas.
How could it have meaning?

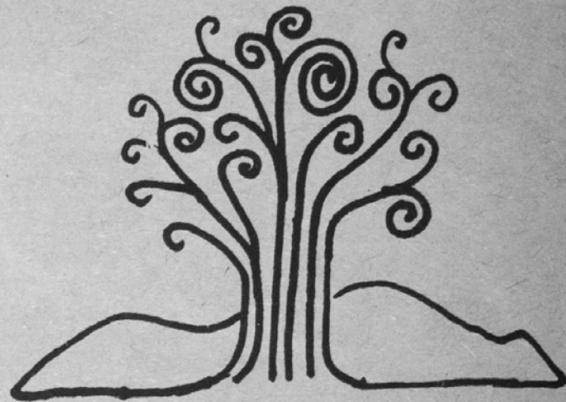
It's called art and being creative.
It could have meaning,
but for who?
Still standing in front of this creation
dragging out the bits and pieces
of what it means, my thoughts drift
to the past, then back.
I doubt I'll ever understand this
modern art.

Terri R. Jones

DIGESTING POETRY

A poem should needle pick
a melancholy sheet of
words, shape and
cut . . . letting feelings
bleed, thoughts
compressed, pinching emotions
out of a turnip wrapped
in cellophane.
Shave
close rhythms to music,
each stepping line
a fixed pause – here
and there, breaking
down rhymes forced,
peeling away old
skin of dripping
sentimental scabs
covering exact
poetry
under healing
words.

by Don Martin



IN CONCRETE JUNGLE (A Poem in Pentasyllabic Verse)

In concrete jungle,
where planted around
are the trunks with leaves,
American Elm
has Dutch Elm disease.
Sweet Elm growing in
acid soil has
web worms with pepper
grass near. But watch for
dog tracks if you taste.
Death brings color when,
constricted, are the
supplies of water
and sugar, showing
what has always been
there, only covered

Did you know that the Clarion used to have a Poetry Page? This is a picture from The Clarion edition published on January 15, 1985.

Clarion Archives

The Clarion is accepting student submissions for poetry and short stories for our arts and entertainment page.

If you have any interesting or creative work to showcase, please email the Clarion at clarion@sinclair.edu

On The Trail of The Wildwood Flower

Juanita Estes

Editor from 1981

This is an article from the September 15, 1981 issue of The Clarion.

Marijuana today is the subject of much controversy and legislation. Its use is viewed as ranging from a religious experience to a deadly sin. But, the wildwood flower has been the source of much controversy for many a century.

Marijuana was first reported about the year 2737 B.C. by the Chinese. It was reported growing north of the Himalayan Mountains. In 2737 B.C., the emperor Shen-Nung, an adept pharmacologist indicated that he was aware of the effects of the plant Ra (marijuana). The hemp plant soon became the principal source of clothing for the Chinese.

About the 15th century B.C. some Chinese took the stalk of the plant and carved it into a snake-head shape. This was then used to beat on the sick bed of the ill to chase away the evil spirits. At that time, the leaves weren't used. The plant was labeled the "Liberator of Sin" and its use as a euphoria-producing drug was denounced and forbidden.

By 220 A.D., the Chinese physician Ho-Tho mixed the plant resin with wine in mixture called Ma-Yo. This mixture was used as an anesthetic during surgery. The Chinese scorned marijuana for uses other than medical ones. Their favorite high was opium.

It is thought that from China marijuana was carried into India by Iranian tribesmen. The Indians were practitioners of Hinduism and the drug became entwined into the religious practices of India. It was used to influence worshippers to maintain a reverent attitude and to help them resist temptations. It soon became integrated into the daily life of most Indians as well as their religious activities. Many thought marijuana was holy and, if seen in dreams, it was thought to be a sign of good luck. Persons craving marijuana were thought to be the recipient of happiness in the near future. Fortunes were told by the seers using marijuana leaves and water. In health matters, the plant was believed to cure dysentery and sunstroke, clear phlegm, freshen the intellect and make the user more mentally alert.

When Christian missionaries came to India, they blamed the continuity of Hinduism on the use of marijuana. Needless to say, they tried to stop the heavy use.

The Center Spread



Clarion Archives

It didn't do much good though, because the users had become so profound that they now felt that they were God. Theology students were given the drug before studying the scriptures and holy men at sacred places used it to center their minds on the religious experience before them.

Today the drug is still widely used in India. After an admission by the government in 1930 to the League of Nations that the drug was to widespread to control, in 1960 the government finally outlawed its use in India.

Assyria, west of India, reported the plant in 650 B.C. under the name of Azulla. It was used for spinning and ropemaking primarily. Medically, it was used to dispel depression. About the same time, Homer was mentioning it in his poems as the reliever of sorrow. He reported Helen, the daughter of Zeus, as the user.

Meanwhile, in the Greece, Herodotus

reported the use of the plant by the Scythians. Here the leaves were thrown on a bed of hot coals. It was believed to cleanse the body first and then lead to a bout of screaming and shouting in happiness. This was soon followed by dancing and singing until the user collapsed.

Pliny, in the first century B.C. quotes Democritus on a plant called 'Potamaugis,' used in a mixture of myrrh and wine to produce delirium and all sorts of visionary forms and laughter.

By 500 A.D., marijuana was used throughout most of the Mediterranean area of Europe. Arabic doctors even used it for an aphrodisiac, among other things. About 950 A.D. it was recognized as a remedy for headaches by Arabian doctors. Of course, Tales of Arabian Nights did much to encourage the use of marijuana (beng).

By the middle of the 13th century, denunciation of the plant began in

the Egyptian area. The Garden of Cafour, near Cairo, was destroyed for its reputation as a hashish center. Hasan-IbnSabbah, the founder of assassination as a political tool, also used hashish to control his henchmen, which did the reputation of the plant little good.

Marijuana came to Africa in the form of 'Kif' in the 13th century. There it was reportedly thrown into a fire while the tribesmen lay on the ground breathing the smoke. To improve the situation, they soon began sucking in the smoke through hollow tubes. Finally someone thought of the idea of building the fire in a stump or other elevated place to allow sitting or standing while smoking. African Bushmen first thought of the idea of holding a mouthful of water while smoking to ease the harshness of the smoke. The first bonges were antelope, horns partially filled with water and used by the Bushmen.

By the middle of the 19th century gourds, coconuts and bamboo stems were used to make the first marijuana pipes and pottery makers in North Africa invented the first sophisticated water pipes.

When Napoleon invaded Egypt in 1789, he found the use of marijuana so widespread that he legislated severe penalties for its use or cultivation with very little success. Egypt also outlawed the weed in 1960, but they still have problems with it today. Meanwhile, by 1844, the Paris Hotel Pimodan served hashish as a sweetmeat called Dawamese, imported from Algeria, as a delicacy to its guests.

Marijuana came to the New World with Columbus. The Aztecs used it in religious ceremonies for couple hundred years before Columbus, at least. In the late 16th century, English expansion called for stronger ropes for their ships. Flax rope was

too weak for the arduous journey. Most of the hemp came from Great Britain from the Dutch West Indies until a series of disagreements between the two countries caused by King Charles to call for hemp production in the colonies. In 1611 near Jamestown, the first crop was purposely planted and the colonists were instructed to increase the production of the plant for the mother country. By 1630, hemp was the mainstay of the colonial clothing industry. By 1770 the steam engine and the cotton gin sharply reduced the demand for hemp. The fields were allowed to return to the wild state and it spread across the continent slowly.

By 1926, New Orleans became the first popular place of marijuana use in the U.S. From there sailors with the habit carried the weed up the Mississippi River. In four years, marijuana was used in every major city in the U.S. by small groups of people. By the early 1930s, importation became big business to keep up with demand. It was imported from Havana, Tampico and Vera Cruz. The price per kilo (2.2 pounds) rose from \$50!

In 1936, the U.S. became alarmed at the growing use of the plant as a drug and began a propaganda campaign against it that persists today. The Federal Marijuana Tax Act of 1937 taxed the plant and helped to control it to a small degree.

However, business is booming today and the controversy rages on.

A handful of states in the U.S. have decriminalized the use of marijuana: however, it is still definitely illegal to grove it yourself or to sell it. Where the user is supposed to acquire the product has been discreetly left out of the overall plan. Many accuse the government of trying to drum the small grower out of business and making marijuana a big government business. Many feel that the government should do exactly that and increase their revenue while lowering the federal taxes of the individual. And some predict that place such as Mexico Columbia and Jamaica will legalize marijuana in the near future to help their respective worsening economies.

Whatever the case may be, the next time you or one of your friends lights up a marijuana joint, remember, you are a part of a long tradition of smokers.

Marijuana, E. R. Bloomquist, M.D., Glencoe Press, 1968, 2nd printing 1969

The Clarion was founded in 1977. To give our readers insight into the rich history found here at Sinclair's downtown Dayton campus. We will be reviving old articles from yesteryear and will be looking for how the past relates to the present.

Sinclair's 2014 Women's Volleyball Team

Afi Ntontolo
Sports Editor

Sinclair Community College women's volleyball team Coach K.C. Gan has been known for his amazing coaching skills for our Lady Tartans, Coach Gan has been the head coach for the women's volleyball team since 1999, this will be his 16 season with the womens volleyball team. Coach Gan isn't just a coach, he has also been a player himself. In 1968- 1969 Gan was named captain from Muar High School, in Malaysia. In 1981-1986 he played for the USA open tournament. 2000-2005 Gan was part of the USA Senior Olympic tournaments. Coach Gan had many other playing experiences. Unlike most, Coach Gan had never pictured himself coaching for a women's college team. He soon changed his mind after helping his daughter with a one on one session, which he still does with many other players. "Coaching is my passion, I've always wanted to coach. I love coaching" said Coach Gan.

Coach Gan's objective this season is not only to improve with his record from last year but also to bring this years team to play at a higher level. "Hopefully I see some great improvement by the end of this season, the great part about this new team is that they are all coachable" Said Coach Gan. When asked what his struggles were with last years teams, Coach Gan responded, "Last year team

wasn't a struggle for me but my main trouble was coaching a with a two time All American, because it's hard to coach a team with a superstar," Gan said. "Not everyone was able to meet up to her potential. This year team is much easier than last year, everyone is at the same level and willing to teach each other without one player being better than the other.

The women's volleyball team has seven new freshmen players, Samantha Armantrout, Meslissa Mireles, Stephanie Anderson, Erica Cole, Emily Ostendorf, Krystal Falknor, and Kendra Vanover, along with five returning players Carly Butler, Elizabeth Collins, Rebecca Moyer, Tiffany Jordan and Claire McGowan. Gan said "All these players are very capable to become leaders."

"I want to see leadership this year I'm not sure from whom will this leadership will come from but hopefully one of my returning players show out for me this year" said Coach Gan.

The lady Tartans started off their season with their first home game vs. Vincennes University, with a strong start, strong with hits from left to right and great back and forth matches, the ladies were able to end the night with a one game victory. From the looks of it this will be a great season for our girls.

Keep an eye out for the upcoming Sport Section filled with articles written by our newly promoted Sports Editor, Afi Ntontolo.



2014-2015 Women's Volleyball Team.



Afi Ntontolo | Clarion Staff



Afi Ntontolo | Clarion Staff



Coach Gan speaking to the team.

Afi Ntontolo | Clarion Staff

What You Should Know about Ohio's Post-Conviction Law

Q: What is post-conviction relief?

A: Post-conviction relief allows a person who has been convicted of a criminal offense or who a court has determined to be a delinquent child to challenge the conviction with off-the-record evidence. Ohio's law (Ohio Revised Code, Section 2953.21) requires that the person filing a petition for post-conviction relief must: 1) have been either convicted of a criminal offense or must be a child who the court has determined to be delinquent; 2) claim in the petition that a denial of his/her constitutional rights under either the Ohio or United States constitutions occurred before trial, at trial, or during the pleading process; 3) have attached to the petition documentary, off-the-record, support to prove that his or her rights were violated; and 4) raise all claims that may apply in the petition; any claim not raised in the petition will not be considered either then or in the future, assuming it could have been raised at that time.

Q: How do I know if my constitutional rights have been denied?

A: If you want to petition for post-conviction relief, you must show that you were denied rights the Constitution guarantees. For instance, you have the right to be effectively represented by counsel at trial, as well as the right to a fair trial and fair process surrounding any plea, the right to an unbiased jury, and the right to defend yourself.

Q: Where would I get off-the-record documentary support to put in my petition?

A: Off-the-record documentary evidence is found outside of the trial court record (what happened inside the courtroom and all trial court filings) that helps to show that your constitutional rights were violated. For instance, if you are claiming that your lawyer failed to call an important witness in your defense, then you could attach an affidavit of that witness to support your allegation. Or, if you are alleging that the prosecutor failed to turn over documents to the defense at trial that would have helped you, then you could attach the relevant documents or records that should have been turned over. To uncover this evidence, you must investigate the case, which may include looking back to the record of the case, talking to witnesses, collecting relevant records, and/or hiring relevant experts. It is wise to request "discovery" and an evidentiary hearing so the court can consider additional information you may have that would help your case.

Q: How do I file a post-conviction relief petition?

A: You must file the petition in the trial court that sentenced you. The petition is due no later than 180 days after your trial transcript is filed in the court of appeals in the direct appeal case. If neither you nor your attorney filed a direct appeal of your conviction, then you must file your petition no later than 180 days after a direct appeal notice would have been due. That typically means that your post-conviction relief petition would be due 210 days (180 days + 30 days) after the trial court has sentenced you. The claims may not be more

than three pages long, but that page limit does not include the documentary support you will be attaching.

Q: How long does the prosecutor have to respond to the allegations in the petition? Can a petition be amended after it's filed?

A: The prosecuting attorney must respond to the petition within 10 days of its filing unless he or she can show a good reason for extending that time period. You may amend a petition at any time before the prosecutor files a response. This means you can supplement your previously-filed petition with anything new you discover. Once the prosecutor has filed a response, you can only amend if you first ask the trial court and the court gives you permission.

Q: What will the court look at in considering the petition?

A: The court must consider the entire record of the case in deciding whether to grant the post-conviction appeal. The law also says that, unless the contents of the petition and the files and records of the case make it obvious that the person is not entitled to relief, the court must hold a prompt hearing on the issues before granting or denying relief.

This "Law You Can Use" column was provided by the Ohio State Bar Association (OSBA). It was prepared by attorney Kimberly Rigby at the Office of the Ohio Public Defender. The column offers general information about the law. Seek an attorney's advice before applying this information to a legal problem.

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