



# SINCLAIR TUITION SET TO INCREASE THIS SUMMER

Whitney Vickers  
*Editor-in-Chief*

Although Sinclair Community College has the lowest tuition in the state of Ohio, it is set to rise starting this summer semester. The increase will rise up to about \$3.33 more per credit hour, or \$95.70 per full time student, per academic year for Montgomery county students. For out-of-county students, the tuition increase will equal out to \$142.40 per

academic year, and \$274.40 for out-of-state and international students annually. "Sinclair has historically resisted raising tuition, it's not...a decision that we take lightly and we understand all that goes into it, but in order to maintain educational quality, we have to ensure that we have proper resources here to do that," Adam Murka, director of Public Relations said. Funding for Sinclair comes from three major sources, which are State Share of Instruction, levy support and tuition.

*In order to maintain educational quality, we have to ensure that we have proper resources here to do that.*

-Adam Murka  
*Director of Public Relations*

SSI comes from the state and the levy support comes from Montgomery county property taxes, which is why Montgomery county students pay less than out of county students. However, SSI and levy support funding are decreasing; therefore, tuition must go up. But even with a tuition raise, Montgomery county students will still pay the lowest tuition rates in the state of Ohio. "In order to maintain quality, our

board and administration made that decision," he said. Murka said it is a decision that is taken seriously. "We are committed, fully, to being an open access institution, and we want to balance that need with the ability to provide for everybody that goes here with the quality education that means something in the work force — and to do that is a great responsibility. We take it seriously," he said.

## Writer's Workshop open to students

Jennifer Franer  
*News Editor*

The 39<sup>th</sup> Annual Writer's Workshop at Sinclair Community College gives writers a chance to come together and get advice from those more experienced, while also gaining knowledge on how to succeed on their own. "The Writer's Workshop is an opportunity for emerging writers, as well as experienced writers to come together and learn more about their craft," FuraHa Henry-Jones, assistant English professor said. "It's a half-day workshop for writers to meet one on one." The opening of the workshop this year is a free keynote address given by award-winning novelist Andrew Krivak at 11 a.m. Krivak is the author of the award-winning novel, "The Sojourn," which won the Dayton Literary Peace Prize along with the Inaugural Chautauqua Prize. This will be his first time at Sinclair.

After the keynote address, the session presenters Sierra Leone, Lee Croxx, Kate Geiselman, Sharon Short and Adam Williams will cover topics such as fiction, poetry, nonfiction and the business of writing.

These sessions are \$5 for students, \$10 for seniors, staff or faculty and \$25 for the general public. The cost covers the afternoon sessions and food that will be provided. "Those who are registered get food," Henry-Jones said. "Those who are not registered won't have access to that."

Henry-Jones also said that in the past the workshop was free, but this year everyone has to pay for the afternoon sessions.

"With the economic times, it is becoming more difficult for us to run the workshop with the quality of writers that we like to have — so we are charging," she said.

To fill out the registration form, visit [sinclair.edu/academics/lcs/departments/eng/ws/regis/index.cfm](http://sinclair.edu/academics/lcs/departments/eng/ws/regis/index.cfm). "The Writer's Workshop is a resource to Sinclair that I don't think enough students know about and participate in," Henry-Jones said. "There is real value in having these experts right here on our campus."

The Writer's Workshop is from 12:05 to 3:50 p.m. with Open Mic to end the event from 3:55 to 4:30 p.m. on Friday, April 5.

Although Open Mic is part of the workshop, it is free and open to the public.

For any questions regarding registration, payment or sessions, contact Henry-Jones at [furaha.henry-jones@sinclair.edu](mailto:furaha.henry-jones@sinclair.edu) or talk to an English professor.

## BUILDING 13 PARKING LOT ACCEPTING CREDIT CARDS

Jennifer Franer  
*News Editor*

While students have returned to their normal routine following spring break, those who park in lot "K" behind Building 13, may have noticed that credit cards are now being accepted as a form of payment.

"We are testing the need and then will evaluate if credit card collection is feasible for lot "K" or other lots in the future," Paul Murphy, director of Business Services said.

The acceptance of credit cards in this lot started March 11, following the return of students after spring break.

"It has only been a couple weeks [since credit cards were accepted]," Murphy said. "What feedback we have received has been positive from students, and visitors seem to expect it."

This credit card option is one that Murphy said many students and visitors have asked for in the past.

"It's a great idea," Alexander Parsons, Web Development major and security for the parking garage said. "It means less cars I have to back up."

Brooke Brewer, Exercise Science major, also agrees that the acceptance of credit cards at the lot exit could



Jennifer Franer | Clarion Staff

The parking lot behind Building 13 is now accepting Visa and MasterCard. Students previously had to pay \$1 with their Tartan Card or \$2 in cash. Now, there is an option to pay \$2 with a credit card.

prove to be beneficial.

"It's definitely a good idea because I don't usually have cash on me," she said. "It would be a great option if you forget your Tartan Card."

Murphy believes this is just another step that is being taken toward better

customer service for students and visitors who use the parking garages and lots at Sinclair Community College.

"This is one more step toward providing superior customer service to those students and visitors," Murphy said. "We are letting them know that

we are listening to their requests and working to meet their needs."

If paying with a credit card, the price to leave the lot will be \$2.

For any questions or concerns regarding parking, contact Murphy at [paul.murphy@sinclair.edu](mailto:paul.murphy@sinclair.edu).

## World Religion and Sprituality Week to be held at Sinclair

Stephanie Thompson  
*Reporter*

Sinclair Community College will be holding World Religions and Spiritualities Week on April 1 through April 5.

The week is sponsored by the Office of Campus Ministry and the Religious Studies Department.

Events will be held throughout the week for a variety of different religions and spiritual traditions.

"It's not a focus on any one specific tradition. Its intent is to give some exposure to as many traditions as we can," Barbara Battin, Campus Ministry reverend said.

The week will start off with the presentation Geography of World Religions presented by Mo Khani.

"We begin with a general focus on the geography of world religions so the people have an idea of at least where religions have come from, where they've spread to, all those sorts of things that give people an image of the world and its religions," Battin said.

Battin hopes the events of the week will help others understand other religions, spiritualities and traditions.

"We live in a world that is becoming more and more aware of the many religious expressions and spiritual practices, and sometimes that awareness can cause fear or misunderstanding. Sometimes it causes deep violence. Our hope is that by

introducing people to other traditions, that we increase people's understandings," she said.

Another event that will be held during the week is a teaching of Seder at Passover. The event will tell the story of the Exodus.

"We have a Jewish Seder, Tuesday afternoon... Rabbi Karen Bodney-Halasz will be here to lead the Seder, so it's an opportunity to experience a Jewish Seder and learn more about that tradition... it's a way of telling the story through ritual elements. This is an opportunity to encounter the story," Battin said.

Author of the book "The Accidental Buddhist," Dinty Moore will be speaking on Tuesday.

Battin said the book is used in many of Sinclair's eastern religions classes.

"He's going to tell a little bit about his work with that book and then about his spiritual journey since then," she said.

Other events during the week include Silent Meditation, Chanting for Peace, Agnosticism, Atheism, Secular Humanism: A Conversation and more.

An information table will be in the Library by the Tartan Markeplace, Monday through Thursday, from 11:30 a.m. to 12:30 p.m. The table will have schedules with all of the week's events.

Information of the events can be found in the Campus Ministry office or on the bulletin board outside of the office.

### World Religions & Spiritualities Week Schedule of Events

#### TUESDAY, APRIL 2

##### Journeys

Library Loggia, 11:30 a.m. - 12:30 p.m.

##### Dinty Moore, author of The Accidental Buddhist

"Still Striving: My Journey Since Writing The Accidental Buddhist"  
Building 7, Room 006A, 12:30 - 1:30 p.m.

##### Lunch with Dinty Moore

Building 7, Room 006 A & B, 3:30 - 5:30 p.m.

#### WEDNESDAY, APRIL 3

##### Looking East & West

Building 7, Room L21, 12:30 - 1:30 p.m.

##### Exploring Western Religions

Katherine Englefield, Religious Studies  
Building 7, Room L21, 11:30 a.m. - 12:30 p.m.

##### The Language of the Spirit: Come Read the Works of Saints and Mystics

Amanda Hayden, Religious Studies  
Building 7, Room L21, 1 - 2:00 p.m.

##### Exploring Eastern Religions

Vicky Massman, Religious Studies  
Building 7, Room L21, 2 - 3:00 p.m.

##### Philosophy of Yoga

Presentation: Amanda Hayden, Religious Studies  
Building 7, Room L21, 2 - 3:00 p.m.

#### THURSDAY, APRIL 4

##### People & Religion Day

Spiritual Practices  
Building 7, Room L21, 11 a.m. - 12 p.m.

##### Silent Meditation

Barbara Battin, Campus Ministry  
Amanda Hayden, Religious Studies  
Building 7, Room L21, 12 - 12:30 p.m.

##### Reading: Old Turtle and the Broken Truth

By Douglas Wood  
Building 7, Room L21, 12:45 - 1:45 p.m.

##### Chanting for Peace

Barbara Battin, Campus Ministry  
Amanda Hayden, Religious Studies  
Building 7, Room L21, 2 - 3:00 p.m.

##### Art Prayer: Drop In

Jane Steinhauer, Campus Ministry  
Building 7, Room L21, 2 - 3:00 p.m.

##### Journaling

Amanda Hayden, Religious Studies  
Building 7, Room L21, 3 - 4:00 p.m.

##### Finger Labyrinth

Available All Day

For the complete list of events, visit the Campus Ministry office



campuscalendar

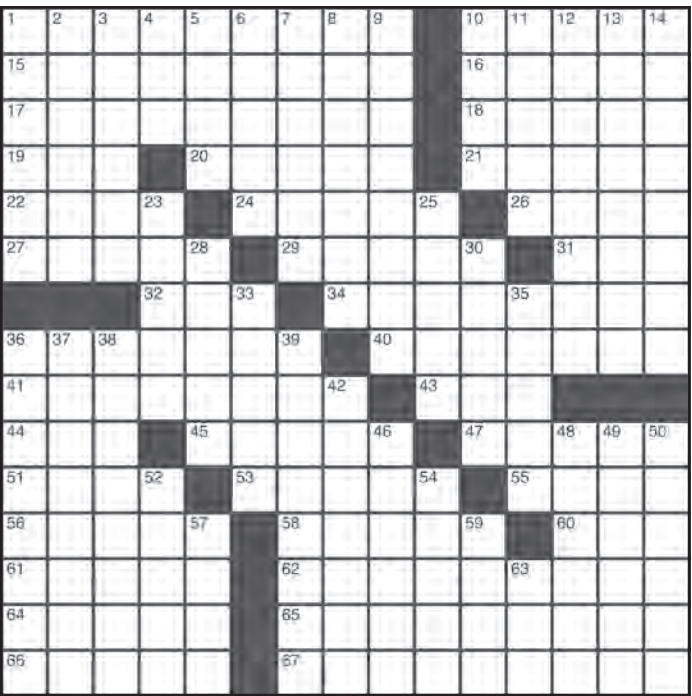
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| <p><b>April 2</b><br/>Sinclair Talks:<br/><b>Toxic Relationships</b><br/><i>Building 2, Room 334, Noon to 1 p.m.</i></p> <p><b>April 2-3</b><br/><b>Student Art Sale</b><br/><i>Building 13, Second Floor, 10 a.m. to 4 p.m.</i></p> <p><b>April 3</b><br/>Sinclair Talks:<br/><b>Career Planning Series:<br/>Resume Writing</b><br/><i>Library Loggia, Noon to 1 p.m.</i></p> <p><b>April 4</b><br/>Sinclair Talks:<br/><b>Why should you take a<br/>foreign language?</b><br/><i>Library Loggia, 10 to 11 a.m.</i></p> | <p><b>April 4</b><br/><b>Student Art Sale</b><br/><i>Building 13, Second Floor, 10 a.m. to 2 p.m.</i></p> <p><b>April 4</b><br/>Sinclair Talks:<br/><b>Smart Registration Tips</b><br/><i>Library Loggia, Noon to 1 p.m.</i></p> <p><b>April 5</b><br/><b>39th Annual Writer's Workshop</b><br/>Keynote Address: Andrew Krivak<br/><i>Library Loggia, 11 to 4:30 p.m.</i></p> <p><b>April 5 — 13</b><br/><b>"Godspell"</b><br/><i>Blair Hall, Building 2</i></p> | <p><b>April 9</b><br/>Sinclair Talks:<br/><b>Poverty</b><br/><i>Library Loggia, 10 to 11 a.m.</i></p> <p><b>April 10</b><br/>Sinclair Talks:<br/><b>Honoring Our Veterans — Seeing the<br/>World through Their Eyes</b><br/><i>Library Loggia, 10 to 11 a.m.</i></p> <p><b>April 10</b><br/>Sinclair Talks:<br/><b>Community - Based Services and<br/>Support for Seniors and<br/>their Caregivers</b><br/><i>Building 2, Room 334, Noon to 1 p.m.</i></p> <p><b>April 11</b><br/>Sinclair Talks:<br/><b>Anger Management</b><br/><i>Building 2, Room 334, Noon to 1 pm.</i></p> |
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campusphoto



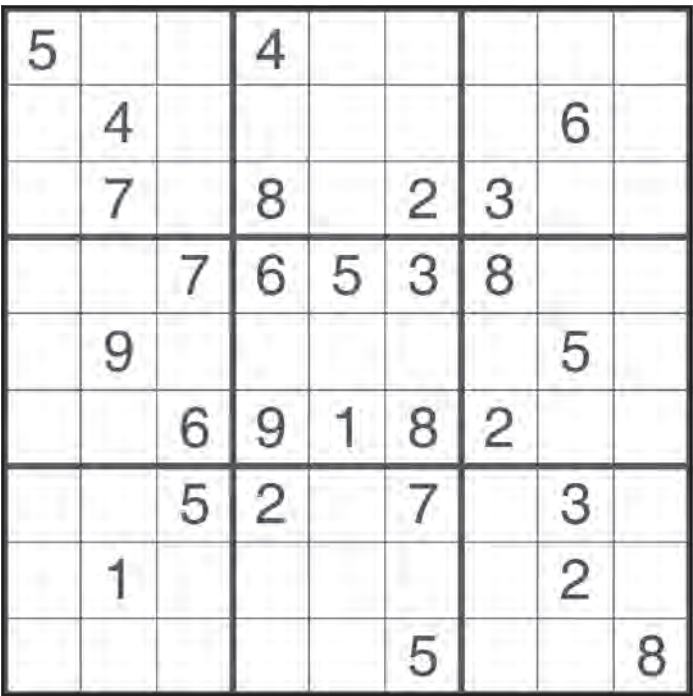
Each week, the Clarion will feature a photo taken by one of our staff members at a random area on campus. The photo will feature many faces with no name. It's up to our readers to figure out if you or someone you know has been spotted.

crosswordpuzzle



- ACROSS
- 1 Trial run for a far-fetched argu-  
ment, say
- 10 Developing areas
- 15 Coroner's conclusion
- 16 China from Japan
- 17 Escape
- 18 Pre-heist job
- 19 Begin to develop
- 20 Provençal sauce
- 21 As a friend, to François
- 22 Encumbrance
- 24 Tender cuts
- 26 Familia titles: Abbr.
- 27 Buddha's birthplace, per most  
scholars
- 29 Slack
- 31 Lake of the Woods prov.
- 32 "Hanging \_\_\_ Moment": 2001  
Lifehouse hit
- 34 "When pigs fly!"
- 36 Winter Palace rule
- 40 Not so cool
- 41 Whistling past the graveyard,  
so to speak
- 43 May honoree
- 44 \_\_\_jongg
- 45 Pitch indicator
- 47 BB?
- 51 Manages somehow, with "out"
- 53 Aid for an overhead view
- 55 Nobel Laureate portrayed in "A  
Beautiful Mind"
- 56 Cause of a hair-raising experi-  
ence?
- 58 Regatta racer
- 60 Sew up
- 61 Philip Glass's "Waiting for the  
Barbarians," e.g.
- 62 Author whose only published  
novel won a Pulitzer
- 64 Saltpeter
- 65 "Be right with you!"
- 66 Schoolboy jackets
- 67 Something to throw when
- DOWN
- 1 Westernmost capital in Conti-  
nental Europe
- 2 Harmonize
- 3 Tapped out
- 4 TV debut of 1975, for short
- 5 Dance in a raffia skirt
- 6 Track
- 7 Title director in a 1994 biopic
- 8 Aquarium attraction
- 9 Fitting activity
- 10 Spy wear, maybe
- 11 Tarot cards, e.g.
- 12 Salad component
- 13 Modern-day male bonding
- 14 Villainous
- 23 1999 Stanley Cup finals com-  
petitor
- 25 Unlikely command to a Chi-  
huahua
- 28 Prone
- 30 Beat
- 33 Converse rival
- 35 Pitching specialists
- 36 One of America's nine
- 37 Hostile environment
- 38 Follow
- 39 Jukebox setting
- 42 "Sweet \_\_\_": Oscar-winning  
song from "Waikiki Wedding"
- 46 Piece of broccoli
- 48 Fitting employee
- 49 Rise
- 50 Ally of the Brat Pack
- 52 "Either/Or" writer Kierkegaard
- 54 Stowe slave girl
- 57 Long-nosed fish
- 59 Sound often prohibited?
- 63 Kelly Clarkson record label

sodukupuzzle



The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square Sudoku game:

- Every row of 9 numbers must include all digits 1 through 9 in any order.
- Every column of 9 numbers must include all digits 1 through 9 in any order.
- Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

Every Sudoku game begins with some squares already filled in, and the difficulty of each game is due to how many squares are filled in. The more squares that are known, the easier it is to figure out which numbers go in the open squares. As you

fill in squares correctly, options for the remaining squares are narrowed and it becomes easier to fill them in.

Sudoku Tips: Start by looking for numbers that occur frequently in the initial puzzle. For example, say you have a lot of 5's in the initial puzzle. Look for the 3x3 box where there is no 5. Look for 5's in other rows and columns that can help you eliminate where the 5 might go in that box. If there is a 5 in column's 1 and 2, then there can't be a 5 anywhere else in either of those columns. You know then that whatever leftmost 3x3 box that is missing a 5 must have it go in column 3. If you can eliminate all the possibilities in that box except for 1 square, you've got it done!

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meet

HAILEY SAARINEN

Kelly Hopper  
Contributing Writer

Hailey Saarinen is a field organizer for the Demo-  
cratic National Headquarters in downtown Day-  
ton. She believes that finding your passion defines your future.

Saarinen began her college education at Sinclair Com-  
munity College in 2008. She was enrolled in the Univer-  
sity Parallel program and transferred to the Ohio State  
University where she earned a bachelor's degree in Politi-  
cal Science.

She said she had no idea which direction she wanted to go in when she first got to Sinclair.

"It is important to look at the marketability of your chosen course of study, but you also have to do what you love — and you don't always know what that is right out of high school," Saarinen said.

Although she was relieved to have general elective courses to fill out her sched-  
ule, she was most excited she had a wealth of options when choosing her classes.

"It was great because Sinclair was so inexpensive; I could take classes I didn't necessarily need," Saarinen said. "Because I had so many options, I was able to discover where I belonged."

She said had she gone right to a four-year school, she would have ended up a busi-  
ness major and would have been absolutely miserable.

"If I didn't have so much financial leeway with the courses I took, I may never have known about my intense passion for politics," Saa-  
rinen said. "I would have even dropped out had I continued



as a business major."

Saarinen worked her way through college and qualified for a scholarship, so she left Sinclair free of debt. After she transferred to The Ohio State University she took advantage of low interest rate loans but was cautious not to borrow more than she needed.

"The loans available in school were more than I needed, so I didn't accept everything that was offered," Saarinen said. "Only taking what I really needed saved me around \$28,000."

Saarinen said it was some-  
times difficult working part-  
time while attending Sinclair, but other students had it a lot worse. Whenever she thought about quitting her job and taking out a student loan, she would remember her fellow students.

"There was a lady in my American History class that had five children, worked part-time and went to Sinclair full-time. She was prepared and in class every single day."

Saarinen said the memory of that student not only kept her working while she was at Sinclair, but got her through some really tough days at the Ohio State University.

"Sinclair exposed me to student diversity I wouldn't have known otherwise," Saarinen said. "It humbled me and inspired me to work hard."

daytonevents

April 2

**Book Signing with Kevin J. Anderson**  
Anderson will introduce his newest novel, 'Hellhole Awakening.'  
The book signing will take place at the Green Town Center: Books & Co. at 7 p.m.

April 3

**Dirty Little Secret Sensational Sideshow**  
Comedy show for ages 18 and up at Wiley's Comedy Show. The show starts at 8 p.m., admission costs \$7.

April 4

**Magnificent Trees**  
A nature walk designed for parents and their babies to enjoy the fresh air and sights of a forest trail. A baby carrier is required because strollers are not accessible through the trail. The walk takes place at Sugarcreek MetroPark and admission is free.

April 5

**The Rocky Horror Picture Show**  
Live cast will be featured at the Danbarry Cinemas Middletown. The show starts at midnight and costs \$8 to attend.

April 6

**NYC Vintage Pop-Up shop**  
Shop vintage clothing from the New York area at Clash Consignment from 6 — 9 p.m. Admission is free.

April 7

**David Mamet's Race**  
Presented by the Human Race Theatre, Mamet addresses race relations while revealing legal and ethical issues. The event is to take place at the Metropolitan Arts Center: The Loft Theatre, starting at 2 p.m. Admission is \$40

Clarion

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# Sinclair's 'Godspell' highlights Downtown Dayton Thursday

Mike Huson  
*News Editor*

Downtown Dayton Thursday Night continues with the Sinclair Community College Theatre Department's April 11 presentation of "Godspell."

Tickets for the 7 p.m. showing of "Godspell" in Blair Hall Theatre cost an additional \$5. Regularly, it is \$15 for adults and \$10 for seniors and students. The event will include pre-show appetizers, starting at 6 p.m. and a cash bar.

This one-time-only Thursday evening timeslot affords a new opportunity for community members, downtown Dayton-area workers and students to experience the

theatre.

Sinclair Theatre Publicity Specialist Patti Celek said this early evening showing serves as an alternative chance for anyone who loves arts and culture activities to discover Sinclair Theatre, including those just getting off work downtown or high school students avoiding the restrictions of traditional field trips.

"You're already here — you're already parked. Why not take advantage of that? Bring a group of office friends or a group of student friends," Celek said.

Celek described Thursday Nights as social occasions, with food, drinks and a party-like pre-show atmosphere.



'Godspell' is set to run at Sinclair from April 5 - 13.

"Everyone who discovers us comes back," she said.

"Godspell," is a musical set in parables, featuring a mix of modern music and classical hymns. The play, based on the Gospel of Matthew, is a modern take on the story of Jesus and the disciples. The Sinclair Theatre production of "Godspell" is directed by Kimberly Borst, who also directed this season's production of "A Plague of Angels."

Tickets are available at [sinclair.edu/tickets](http://sinclair.edu/tickets).

# Odd and interesting holidays of April

CLARION COMMENTARY



Madeleine Fahlbusch  
*Reporter*

April is a weird month weather-wise, especially here in the midwest. One day can bring sunshine, the next can bring overcast clouds and rain. Not only is the weather uninspiring, but it can also feel like there aren't really any holidays to counterbalance this unpredictable month — with an exception of April Fool's Day. However, there just so happens to be a plethora of fun and somewhat unconventional holidays that only the April fool wouldn't celebrate.

Do you love birds? If so, April 8 will be joyous because it's Draw a Picture of a Bird Day. It's a day to break out the art supplies and immortalize your love for avians in art. It sounds like a spectacular way to boost one's self esteem. Another beautiful aspect to the holiday is the sheer number of birds that exist. Your muse can be anything from a common sparrow, to an ostrich. There's no rule saying that the bird you draw has to be realistic, you can even make up a bird if you want.

most eloquent of holiday names: Blah Blah Blah Day. Fortunately, it is a day that has absolutely nothing to do with the pop singer, Ke\$ha. You may be surprised to learn that Blah Blah Blah Day is actually a day devoted to personal productivity. It's a day to go out and do things that someone has been nagging you to do. Is someone bugging you to get a job? Then go get a job. Do your parents keep asking you to clean your room? Go clean your room.

Make it your mission for the day to tackle all the things that people have been pestering you to do with the beautiful knowledge that you can resume your previous behavior for the other 364 days of the year.

April 25 is Red Hat Society Day and it has an awesome concept. For those who don't know, the Red Hat Society is a group of women over the age of 50 that dress in red hats and purple outfits and go out as a group and engage in social activities. The group's purpose is to celebrate age instead of being ashamed or debilitated by it. It was started when the club's founder, Sue Ellen Cooper and a group of her friends, dressed in matching outfits and met for tea on April 25, 1998.

April 26 will probably be very popular with many women, as it's Hug an Australian Day. This is a delightfully self-explanatory holiday where one simply must hug an Australian — hug as many Aussies as possible for that matter. If Heath Ledger were still alive, many would probably be searching for him in Australia now in preparation for this lovely holiday. However, if someone doesn't have an Australian friend or does but doesn't feel like hugging them, a dinner at Outback Steakhouse would probably still count as celebrating the holiday.

April is the last full month of spring semester and getting into the holiday spirit is the perfect way to help the weeks pass by even faster.

If you know of any other holidays worth celebrating, email us at [clarion@sinclair.edu](mailto:clarion@sinclair.edu). Happy celebrating!

# Domestic Violence Colloquium offers advice to Sinclair Students

Jennifer Franer  
*News Editor*

On Friday, March 22, the Psychology Department and Psi Beta Club hosted a Domestic Violence Colloquium featuring guest speaker Susan Gottschalk.

"[Susan] talked about domestic violence and especially how it affects college students," Jennifer King-Cooper, Psychology professor said.

Gottschalk is the director of the Family Violence Collaborative at the Artemis Center. This is where those looking for help can meet for support, help with handling crisis and safety

planning.

Gottschalk's job entitles her to educate employers and the community.

"I work with everyone in the community who might have contact with a victim, so that contact is as optimal as it can be," Gottschalk said.

She spoke for two hours discussing domestic violence and the domestic violence dynamic, which involved intimate partner violence, how to recognize victims and how to help them.

"There are lots of indicators, one might be that she's late to work or school, her grades may drop or she may become less decisive," Gottschalk said. "And

she may become quieter or dress more modestly."

Psychology students were also invited to attend the colloquium for a learning experience.

"What's different about this presentation is that it's being sponsored by the Psychology Department and we are encouraging our students to come," King-Cooper said.

She also said that many of the faculty members gave extra credit for attending.

King-Cooper is a member of the domestic violence task force on campus and knew Gottschalk would be a good person to speak about the topic.

Gottschalk hopes those that attended the colloquium now understand how often domestic violence happens, how important it is to be supportive of victims and how to help them.

"Domestic violence thrives on secrecy," Gottschalk said. "The more people who know about it, the better our chances are of eliminating it."

The Artemis Center has been providing alternatives to domestic violence for 28 years and all of the services provided by the Artemis Center are free.

To get help contact the Artemis Center by calling (937) 222-7233 or visit [artemiscenter.org](http://artemiscenter.org) for more information.

# Sinclair Talks presentation targets anger management

Whitney Vickers  
*Editor-in-Chief*

Sinclair Community College will host a Sinclair Talks presentation based on anger management.

Eric Henderson, a counselor, will present the topic because he feels that it's important for people to know there are healthy ways to deal with conflicts that arise.

"What they will learn is the cycle of anger — how it works," Henderson said. "There will be specific ways shown on how to release anger safely; there will also be discussion on conflict resolution."

He said conflict resolution is oftentimes thought to only exist in intimate relationships, but it actually occurs between friends,

family members and other relationships as well.

During the presentation, productive methods for conflict resolutions for all types of relationships will be presented.

"I think there are some people who aren't aware of how they come across to people," he said. "They might not be aware of how their anger comes off to other individuals, so I think that this topic is good because it helps people take a look at themselves and how they react to things. They may not be aware that their reactions are higher than what they should be when they can deal with them at a lower level and deal with them in a more productive way."

Henderson said during the presentation, the cycle of how our thought process affects the



Whitney Vickers | Clarion Staff  
Eric Henderson will present a Sinclair Talks session on Anger Management

**Tips for successfully controlling anger:**

*Understand that stress can cause anger.*

*Catch yourself before getting too angry and judge your thoughts — ask yourself if you're thinking rationally.*

*Leave the situation if needed.*

*Be aware of what triggers you and create a plan on what you will do if a situation arises that makes you feel angry.*

*Talk to a counselor if needed.*

Sinclair Counselor Eric Henderson provided these tips for controlling anger

with anger issues, they are welcome to visit the counseling center in Building 10, Room 424. They are open Monday through Thursday from 8 a.m. to 7 p.m. and Friday from 8 a.m. to 5 p.m.

"The more motivated someone is to make changes, the easier they will be," he said.

The presentation will take place on April 11 at noon in Building 2, Room 334.

## monthlychallenge

who doesn't have a facebook account?

the clarion wants your feedback!  
respond to our monthly challenge question:

email your response to [clarion@sinclair.edu](mailto:clarion@sinclair.edu). Include "monthly challenge" in the subject line.

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*please include "monthly challenge" in the subject line of the email.*

# Donations accepted for Hannah's Treasure Chest

Whitney Vickers  
*Editor-in-Chief*

As part of a service learning project, a group in Communication Assistant Professor Jessica McKinley's Small Group Communication class has placed bins around campus to accept donations to Hannah's Treasure Chest.

Dan Mitchell, a Network Engineering major, along with his other group members, Leticia Cooke, Ryan Newland and Alan Duff first started the class project with intentions of aiding seniors or helping with a computer service program. However, they

learned that their project didn't fit the syllabus — which is why they chose to instead focus on Hannah's Treasure Chest.

However, Mitchell feels that Hannah's Treasure Chest is a good cause. It aids children in Montgomery, Butler, Warren and Greene counties by accepting baby, toddler and children toys and goods for those in need.

There will be four bins located around campus from April 1 through April 15.

For any bigger items that a person may wish to donate that may not fit in the bins, contact Mitchell at [Daniel.mitchell2063@my.sinclair.edu](mailto:Daniel.mitchell2063@my.sinclair.edu).

## Hannah's Treasure Chest Accepted Items

|                                      |   |
|--------------------------------------|---|
| <b>Clothing</b>                      | <b>Bassinets/Pack 'n Plays</b>                  |
| <b>Coats/Hats/Gloves/Mittens</b>     | <b>Blankets – Infant to Full Size</b>           |
| <b>Shoes/Socks/Underwear</b>         | <b>Car Seats (unexpired/less than 6yrs old)</b> |
| <b>Pajamas</b>                       | <b>Baby Carriers/Backpacks</b>                  |
| <b>Diapers (open packages OK)</b>    | <b>Swings/Bouncy Seats</b>                      |
| <b>Toys/Games/Puzzles</b>            | <b>Exersaucers</b>                              |
| <b>Bicycles/Tricycles</b>            | <b>Toddler Gates</b>                            |
| <b>Books/Videos/DVDs/CDs</b>         | <b>Baby Safety Items</b>                        |
| <b>School Supplies/Back Packs</b>    | <b>Baby Monitors</b>                            |
| <b>Strollers</b>                     | <b>Diaper Bags</b>                              |
| <b>Highchairs/Booster Chairs</b>     | <b>Bibs/Layette Items/Mobiles</b>               |
| <b>Cribs (No drop sides)</b>         | <b>Infant Tubs &amp; Bath Seats</b>             |
| <b>Toddler Beds</b>                  |   |
| <b>Hygiene &amp; Dental Supplies</b> |   |

For a full list of items, email Dan Mitchell at [daniel.mitchell2063@my.sinclair.edu](mailto:daniel.mitchell2063@my.sinclair.edu)



# Sinclair pitcher and catcher share an international bond

Giustino Bovenzi  
Reporter

Young, eager and ready to live out their dreams — youth baseball players in Cartagena, Colombia, Carlos Merlano and Darwin Argumedo traveled everyday to practice at the only baseball field in the area.

“That field is one hour from where we lived,” Argumedo said. “It was hot everyday. I mean it was crazy hot. But now being here, even if it is cold, we can still practice inside. It’s beautiful. I’m so glad I am playing here.”

The players’ hard work and dedication led to both players earning the chance to play for Sinclair Community College after competing in the Dayton Classics, a summer baseball program in Dayton. At the Classics, the players were coached by Greg Beamer, who forwarded his interest in the two prospects from Colombia to Sinclair Baseball

Coach Steve Dintaman.

Argumedo earned a scholarship with Sinclair and Merlano earned a spot as a walk-on, whose tuition is paid for by a sponsor back home.

“For me, this has been a great opportunity, because my parents weren’t going to be able to pay for my school and I was probably going to have to be [in the] military,” Merlano said. “But here at Sinclair I can be what I want to be and I get to play the sport I love. So, I try to see this as an opportunity that God put in my way and I’m trying to make the best out of it.”

Merlano is now a relief pitcher, who is seeing his first action with the team this season, as he was red-shirted last season. In four appearances, Merlano has an ERA of 6.14 as he is trying to find his groove as a member of the Pride.

Merlano said that adjusting to his new life in Ohio without his family was tough

and at one point, he didn’t see his family for two years. But thankfully, Argumedo’s family opened up and provided him with a family-like environment during the transition.

“I want to say how thankful I am for Darwin’s family,” Merlano said. “I’m just grateful. People shouldn’t [be] taking stuff for granted, because you never know what’s going to happen.”

“We pick each other up,” Argumedo said. “Sometimes we just talk about life. We have become like brothers. We love to talk about life and baseball.”

Argumedo is the everyday catcher and is in his sophomore season at Sinclair.

At the start of the season, he said he was starting to feel the pressure and wasn’t playing up to his potential. But now that the conference season has begun, the man behind the plate for Sinclair said he is fully focused and ready to help the team bring home another

championship banner.

“I had a rough start, but now I’m getting my confidence back,” Argumedo said. “I want to be on the same page as my pitchers. I want to know them like they are my brothers.”

In 14 starts, Argumedo is batting .278 and is fielding .987. But his most valuable attribute might be his leadership behind the plate, as he knows what to expect of the run through the Ohio Community College Athletic Association.

He also said that even though it is his last year at Sinclair, he is grateful for the time he has spent at the college.

“I love Sinclair,” Argumedo said. “I wish it was a four-year school. It’s a blessing to be here.”

The Tartan Pride team finished up a series victory OCCAC rival Owens Community College on March 23 and 24, giving them an early 3-1 lead over what is projected to be their biggest competition in conference this season.

Both players think Sinclair



Darwin Argumedo | Photo Contribution  
Carlos Merlano and Darwin Argumedo are from Cartagena, Colombia. They currently participate in Sinclair’s baseball program.

has the talent to make a run to the National Junior College Athletic Association Division II World Series.

“We have all the tools to get it done,” Merlano said.

Argumedo has faith in his team, but thinks it should be taken with precaution.

“I think we can get it done,” Argumedo said. “We have a pretty good team, but I think we should take it one game at a time.”



Giustino Bovenzi | Clarion Staff  
The team will continue their season on Thursday, April 4 against Ashland University JV in Ashland, Ohio.

# Sinclair baseball team stays resilient against opponents and unruly weather

Daniel Deaton  
Reporter

Following the beginning of a tough preseason and regular season consisting of unruly weather and the loss of players to injury, the Tartans dominated their first OCCAC challenge over the weekend against rivals Owens Community College, Head Coach Steve Dintaman knew this was exactly what the team needed to boost morale.

“They were very resilient and they competed very well under pressure,” Dintaman said.

The Tartan Pride started off hot offensively, with players Matt Sullivan and AJ Kruzel delivering quality batting that gave the team a good plate appearance rating, that was above average at .700.

“Everybody stepped up when they needed to,” Dintaman said.

With further contribution of

hits and exceptional pitching from players Austin Downing and Jonathan Lowe, Stephen Holland and “fireman” Scott Haag, the Tartans displayed an attitude that Dintaman has defined clearly as, “a never-say-die mentality.”

The Tartans were able to win three out of four games in the series, which puts the Tartans’ record at 12-7 on the season and 3-1 in the OCCAC.

While looking toward the rest of the season, Dintaman

still holds strong with the team’s expectations. “Every conference game is important and we’re going to defend our title,” Dintaman said.

The men’s baseball team continues their run for the conference title at home vs. Ashland University JV on Thursday, April 4 in Ashland, Ohio.

Their next home game will take place on Tuesday, April 16 vs. Vincennes University at 4 p.m.

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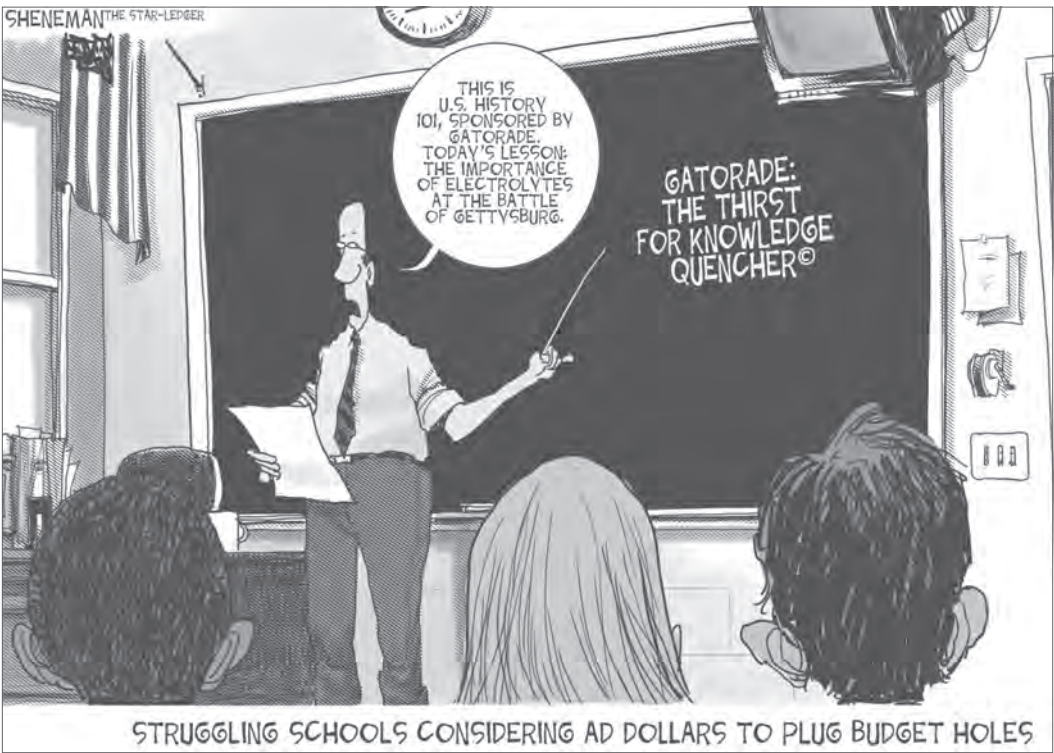
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editorialcartoons



yourvoice

What helps you fall asleep at night?

Photos & Reporting by Stephanie Thompson



Janeke Ogletree  
Dental Hygiene

"When it's warm, I fall asleep faster. A cold glass of milk makes me fall asleep; if that doesn't work take some Nyquil."



Shelby Lovelace  
Occupational Therapy Association

"Music, some Colby Caillat; something relaxing and a fan. No socks, I cannot sleep with socks on."



Jacob Adams  
Law Enforcement

"I have to have the TV on, whatever's on when I fall asleep is what's going to be on."



Frank Spells  
Architectural Engineering

"A good meal, some good music. I'm into J. Cole right now."

How do you sleep at night?

C L A R I O N C O M M E N T A R Y

Mike Huson  
News Editor

Let me ask you a question. How do you people sleep at night? I'm serious — and not just at night. More and more, I'm noticing students sleeping at school... during the day! Some of you guys seem able to fall asleep anywhere: in the Library, in the Building 13 Atrium, waiting for academic advisors in Building 11 and pretty much anywhere else there are chairs on campus.

So, how do you do it? What's the secret?

I've suffered from long nights, maybe mild insomnia, for most of my life. I need at least 18 hours of activity under my belt before I even begin to feel that I should turn in. Even after I climb into bed, I still have another three hours ahead of me before I (might) pass out.

I spend most of my schooldays punching myself in the head, trying to jumpstart my brain before an exam or speech. But the second I lay my head down on the pillow that night, my mind is in full-swing and turns into a Ringling Brothers circus of random thoughts.

Right now, I'm averaging about three hours of sleep a night. And I've tried everything — reading in bed, watching TV, keeping a cool bedroom and avoiding late-night food and caffeine. Nothing helps.

I spend most of my goofing around on the "weird side of the



Internet," getting caught up in YouTube's suggested videos, clicking deeper and deeper into Wikipedia (did you know that Persepolis is 43 miles northeast of Shiraz in the Fars Province?) and to top it all off, I've recently become a Redditor.

I'm midway through three books (not including textbooks), made my way through entire seasons of television shows, memorized dialogue from recently released movies and have begun noticing patterns on my iPod's shuffle setting.

I've started having a couple beers before bed and that helps a little, but that's not a healthy, long-term solution.

I go to school full-time, I work two jobs and I just took up skateboarding again to help stay active during the day.

And this brings me back to you guys snoozing around campus — what are you doing all day long to burn so much energy? How many credit hours are you taking? Do you jog to school or something?

Or is it simply that you have a long break between classes, you've decided to stay on campus and you're bored to tears.

I don't know how you do it and I'm jealous. I've only dozed off once at school and that was after roughly 48 hours of no sleep.

I believe this is what the online masses refer to as "first world problems." There's even a popular meme of the same title. A good example of this might be a distraught woman boo-hooing, "my diamond earrings keep scratching my iPhone."

It's not that I can't fall asleep because bombs are exploding by my home near the Gaza Strip, or because I'm an infected child born into an epidemic of over 5,600,000 fellow HIV-positive South Africans or because my grandmother is within range of a North Korean Taepodong-2 ballistic missile.

I don't lie awake at night with hunger pains or wonder how I'm going to pay the heating bill.

There's a haunting Pulitzer-winning photograph by Kevin Carter, who has since committed suicide, of a starving, collapsed Sudanese child being stalked by a vulture. That photo depicts a real problem.

This is nothing. This is boredom.

Of course, true insomnia isn't a pretend problem for the privileged by any means. Sleep disorders are very real, painful medical conditions that, according to The

National Institute of Neurological Disorders and Stroke, affects 40 percent of Americans.

But in my case, I don't think this is a neurological disorder. I think this is dispassion.

Is that fair? Is it fair to be so lazy and comfortable in my life that I can't find enough to do to make myself tired by the end of the day?

I shouldn't be content as just another American, waiting around for the return of the McRib.

I should be taking advantage of how fortunate I am to be this free, with this much time and opportunity on my hands.

If I'm not tired at the end of the day, then maybe I haven't done enough with my day.

I could get up with the sun and leap out of bed. I could skip the "Breaking Bad" marathon and volunteer somewhere. I could learn to play a musical instrument. I could learn a second language. I could read not to fall asleep, but to be awoken — I could do anything I wanted with my day.

I should wake up and make myself tired. I should give every ounce of energy to everything I do, every day.

I shouldn't let that opportunity slip away to apathy.

I should feel bad about my laziness and my tendency to waste entire days. And maybe, deep down, I do. Maybe remedying this and truly seizing each day will yield a solution: a clear conscious.

puzzlesolutions

crossword

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sudoku

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Best In Show

IT'S MONDAY MORNING...  
THE ALARM GOES OFF AT 6:30AM. THE DOGS ARE WAITING TO GET FED AND GO OUTSIDE...  
OVER COFFEE OUR HERO CONTEMPLATES REASONS TO CALL IN SICK...

DAY AFTER DAY IT'S THE SAME ROUTINE. OUR HERO WILL TRY ANYTHING TO BREAK THE MONOTONY...

THAT'S ONE WAY TO MAKE YOUR LIFE MORE EXCITING...

by Phil Juliano

the Clarion encourages feedback

Letters to the editor may be submitted to the Clarion in Building 8 Room 027 or by email, clarion@sinclair.edu. Submissions might be edited for space.

No anonymous submissions will be accepted. All submissions must include author's name and phone number. The Clarion reserves the right to edit all letters. Deadline is Monday at noon for the following Tuesday publication. There will be no exceptions to this policy.

Submission does not guarantee publication. Space availability determines publication. When space is limited, articles may be filed for publication at a later date.

the Clarion  
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With tornado season approaching, **Clarion** encourages students to prepare for disaster situations.

# How to prepare for a disaster

 Check this clip-and-save page to see whether your family is ready in case disaster strikes.

## BEFORE IT HAPPENS

### GATHER DOCUMENTS AND CASH

- ☐ Store important documents such as insurance policies, deeds, property records and birth certificates in a bank safe-deposit box. Store copies in your disaster-supplies kit.
- ☐ Keep a stash of cash or traveler’s checks at home where you can quickly get them in case of evacuation.

### MAKE A FAMILY EMERGENCY PLAN

- ☐ Identify a safe place in each room of your home and practice rapidly getting there. Best locations include under a sturdy desk or table, or beside a sturdy, large piece of furniture such as a sofa or bed. Avoid doorways; doors could bang open and shut during an earthquake or storm.
- ☐ Practice home-evacuation drills. Choose someplace nearby for your family to meet. Expect a lack of transportation.
- ☐ Educate your children. Get a copy of your school district’s disaster policy regarding transportation and the release of students. Keep photos of family members in your wallet in case someone is missing.
- ☐ Take a first-aid course. Learn CPR.
- ☐ Know where the nearest police and fire stations are. Know the route to the nearest hospital emergency room. Keep critical phone numbers and your insurance-policy numbers by your phone and in your wallet.
- ☐ Enter your “ICE” — In Case of Emergency — numbers on your cell phone so emergency workers will know whom to contact if you’re hurt. For example, enter “ICE husband John” and the phone number.
- ☐ Find out whether any neighbors have medical or other expertise. Plan to unite if your neighborhood becomes isolated. Help elderly, disabled or single-parent neighbors create an emergency plan. Get contact information for their relatives.

Fill in the spaces below and keep this page in a handy place.

#### FAMILY

Emergency meeting place:

Out-of-state contact, phone number:

Insurance company and phone numbers:

Insurance policy numbers:

Driver’s license numbers:

#### NEIGHBORHOOD

Neighbors’ names, phone numbers:

#### UTILITY COMPANIES

Electricity:

Water:

Natural gas:

Phone:

#### EMERGENCY

Call 911 in life-or-death situation

Doctor’s phone:

Pharmacy phone:

Police non-emergency phone:

Fire non-emergency phone:

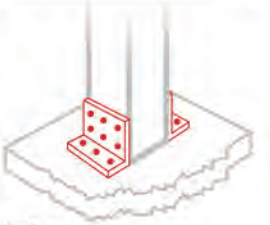
Closest emergency room, address:

#### OTHER

### EVALUATE YOUR HOME

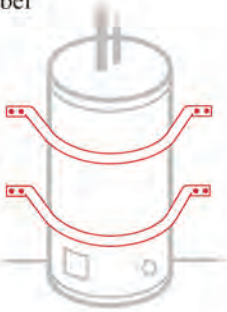
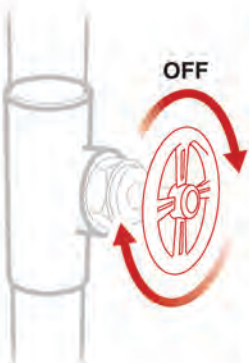
#### STRUCTURAL SAFETY

- ☐ Make sure your home is bolted to the foundation and the structure is properly reinforced.
- ☐ Check the roof, foundation, chimney and walls for cracks and overall condition. Contact trained contractors in your area for information on retrofitting.
- ☐ If you live in an apartment, know where your building’s utility controls are and how to use them.



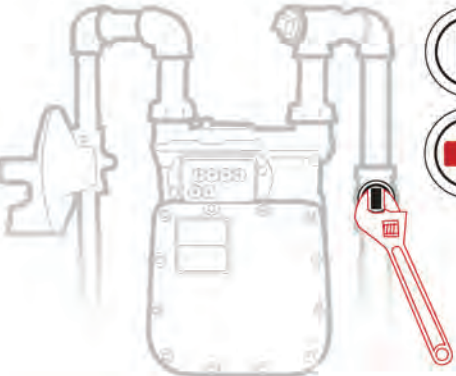
#### PLUMBING

- ☐ Family members should know how to shut off waterlines in case of a leak in the house. Label the shut-off valve clearly; it’s the first valve in the line after it enters the house.
- ☐ Strap your water heater (gas and electric ones) to studs in the wall with heavy-duty metal strips or to the floor to prevent gas leaks and possible fires from broken pipes. You can find strapping kits at home-improvement stores.



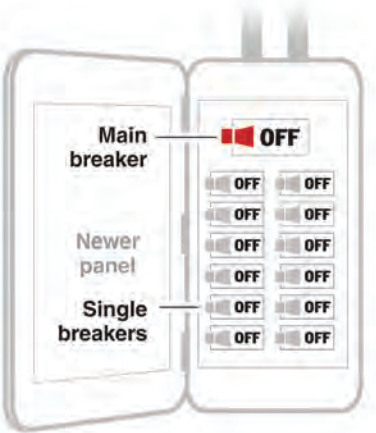
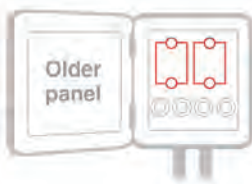
#### GAS

- ☐ All occupants should also know how and when to turn off the gas. If you smell gas after a storm or other emergency, shut off the meter valve found at the first fitting on the supply pipe coming out of the ground. Use a wrench to turn the valve either way until it is perpendicular to the pipe. Keep a wrench attached to the gas meter with a wire. Call the gas company to get service restored.



#### ELECTRICITY

- ☐ Buy a portable, gas-powered generator for emergency electricity. Only appliances that can use extension cords should be attached to a generator. A 2200-watt unit can power a refrigerator and several lamps. Keep fuel in a safe, protected container.
- ☐ Learn how to shut off the electricity: Turn off single breakers first, then switch off the main breaker. To turn back on, switch the main breaker first, then the single breakers. On older panels, pull the main fuse blocks.



#### HOUSEHOLD ITEMS

- ☐ Place flashlights in hallways, bathrooms and bedrooms. Keep a flashlight, spare batteries and sturdy shoes under the bed. (Shoes will protect you from broken glass and other debris on the floor.)
- ☐ Evaluate each room. Ask yourself: If the home began shaking, what would fall? Secure appliances, bookshelves and hutches to wall studs. Mirrors should be hung on double hooks; do not lean them against the wall.
- ☐ Place heavy objects and electronic equipment on lower shelves. Use large Velcro patches or nonskid rubber shelf liner to help keep items in place.
- ☐ Place a beanbag of sand or shot in the bottom of vases and other breakable items to help hold them down.
- ☐ Use plastic, not porcelain hanging planters.
- ☐ Store household chemicals safely, preferably on or near the floor.

## AFTER AN EVENT

### CHECK ON EVERYONE

- ☐ Provide first aid and a safe place for anyone who is injured or very upset. Check on and help neighbors.
- ☐ Call 911 or other emergency phone numbers only if injuries are serious or the situation is life-threatening. Phone lines will be jammed, and unnecessary calls can hamper rescue efforts.

### ASSESS SURROUNDINGS

- ☐ Check for hazards such as fire, leaks, chemical spills and precarious structures. Natural-gas companies ask customers not to turn off their gas service at the meter unless they smell or hear a leak. If you smell gas coming from inside your home, call your gas company from a phone outside. It’s important not to touch electric switches or use the telephone until the situation is corrected. Only the gas company can restore service.
- ☐ Plug appliances into a generator directly or with extension cords. Never plug a generator into a household outlet because power can flow back to the utility’s main system and injure utility workers trying to restore power. Always run generators outdoors to prevent buildup of toxic fumes.

- ☐ Turn on the radio. In the case of an emergency that displaces many people, shelter locations will be announced.

### STAY WARM

- ☐ If the chimney is intact, use your fireplace, burning seasoned wood with the damper open. Do not use the oven as a heat source. Never use a barbecue or hibachi indoors; charcoal produces toxic fumes that can quickly kill.
- ☐ Close off rooms that aren’t being used.
- ☐ Close drapes and doors to prevent drafts.
- ☐ Fill portable heaters outdoors and store fuel outside in a proper container. Ventilate kerosene heaters. Keep heaters away from curtains, blankets and clothing, and always turn off space heaters before going to bed.
- ☐ Dress children and the elderly warmly, in layers, with their heads covered.
- ☐ Give pets food, water and dry shelter. Keep them away from antifreeze.



- ☐ Turn off all appliances except the refrigerator and one light. This prevents a power surge when power is restored.

### CALL FOR HELP

- ☐ If phone service is available, give your out-of-state contact an update on your situation. If service is spotty, ask your contact to call your insurance company if necessary, and to call your family and friends who may be worried about you.

### GATHER WATER

- ☐ Be prepared to treat, filter or boil contaminated water.
- ☐ Use hot water sparingly. Most water heaters can retain heat for three days.
- ☐ If the water supply is cut off, drinking water is still available in your home in water heaters, in-house plumbing and melted ice cubes.
- ☐ Use a hose to get drinking water from your water heater’s drain valve in an emergency. It will be cloudy at first but will clear up after a few gallons.



- ☐ If pipes break or leak, turn off water at the shut-off valve inside your home.

### PREPARE FOOD

- ☐ If you have a wood stove with a flat top and an undamaged chimney, you can cook on it.
- ☐ If the electricity is out, open the refrigerator and freezer doors only when necessary. Eat refrigerated food first, frozen food next and dried or canned food last.
- ☐ Refrigerated foods should be OK for about eight hours, holding a temperature of 40 degrees, unless the door is opened often.
- ☐ If the power comes on within the eight hours, anything with an “off” odor should be thrown out.
- ☐ Food in a freezer of 12 cubic feet or more should stay frozen for 48 hours if the freezer is full and the door kept closed; that food will keep safely cold for up to 72 hours. Frozen food that has completely thawed — especially vegetables and dishes containing meat, fish, eggs, cheese and cream sauce — should be tossed out because of possible bacteria growth. If the freezer temperature is higher than 40 degrees, throw out all food.

SEATTLE TIMES