

Super Blue Blood Moon Pg. 3



2nd Street Market Pg. 4



Fall Out Boy Pg. 6



Now is Now Pg. 9

The Clarion

Produced by Students, for Students

Volume 41, Issue 17

February 6 12, 2018

www.sinclairclarion.com



JuanGabriel Encarnacion

TARTAN WOMEN'S BASKETBALL ON FIRE

Paul Helmers
Sports Editor

The mid-way point of the regular season has come and gone, and the Sinclair women's basketball team is in prime position for a conference championship.



At 21-2, the Tartan Pride has also won all eight of their conference games and boasts coming in at 11th in the current Division II NJCAA national rankings.

"We have a seasoned team to be honest, we have four returners," head coach Victoria Jones said. "Then we have some really good freshmen too."

Despite having a 21-2 record, Jones has not changed her coaching style and still approaches each game as a fresh slate and a chance to improve.

"I'm coaching like I'm 0-16 to be honest," said Jones. "I just think we have hard work and team chemistry."

There are no magic tricks here. I've been doing this for – I think this is my 16th year, and I coach all my teams the same."

Some of the players helping to get the team to this point are sophomore forward Aaryn Evans and freshman forward Amanda Schroeder.

Schroeder is 2nd in the nation in scoring with 27.0

PPG and 1st in the nation in free throw percentage at 90.2%, and Evans is 6th in the nation in total rebounds. Sophomore guard Nia Martin is currently 13th in assists as well.

Schroeder has also earned OCCAC player of the week honors five times, is on the OCCAC All-Academic Team, and was the Buckeye Charters

November Athlete of Distinction. However, Jones maintains a team mentality in her coaching.

"She's doing great," Jones said. "We try to preach team when people get those awards because you know somebody had to dribble [the ball] passed half court to get it to her, somebody had to set a screen, somebody had to rebound."

Even though the team is doing so well, they still have obstacles ahead. Owens Community College is 7-1 in the conference, keeping them right behind Sinclair in the race for the conference title.

"You're asking my team to be perfect to win it all or to even be co-champs," Coach Jones said. "If we go to Owens and lose, we're still in position to be co-champs. [If] We beat them, we're in great position to go ahead and win it out. But it's going to be difficult when we get up there."

Owens is now ranked 6th in the nation. The Sinclair women's team will play them on the road on Feb. 7 as one of their last five regular season games. Owens has also won the last five conference titles, and six of the last seven.

SINCLAIR DEPARTMENT LABS

Sean Kahle
Reporter

Sinclair offers many different facilities to assist students toward their path to success. The CASI lab and Math Academy are two examples of these facilities.

CASI stands for the Center for Applied Social Science. The lab covers sociology, social work and geography courses. It is located in building 12, room 363.

From the student workers always around to help, to the abundant computer resources, the CASI lab is a one stop shop for students to get the help they need.

"We always have people who have taken sociology, social work or geography there if a student needs some assistance," said Professor Jacqueline Housel, the supervisor of the lab.

Building relationships within school is an important part to success as a student. Having an opportunity to communicate and collaborate with other students and faculty within the same field can have a positive impact on a student's path to success.

"It's great if a student makes a connection with a faculty member, because that really is important for their overall success," Housel said.

The CASI lab is not just about the tools provided, but the availability to build relationships with other students and faculty to create a comfortable environment to learn and ask questions.

Labs continued on page 2

Men's basketball begins final eight games

Paul Helmers
Sports Editor

With a 12-10 record and only eight games left, the Sinclair men's basketball team is at a critical point in the season.

"I can sum [the season] up in one word: Injuries," head coach Jeff Price said. "We really have not had any consistency in our lineup because we have had constant injuries. To these guys' credit they've been fighting through different lineups and different continuities. It seems like every game we have to learn how to play with a different lineup."

Among the players fighting injuries this season are sophomore forward LiDonta Hicks-Gentry, freshman guards Quantes Jackson and Isaiah Trice and freshman guard/forward Michael (Isaiah) Collier. Among these four players, Jackson, Trice and Hicks-Gentry have all been named OCCAC players of the week.

"It's hard to get people to understand this, but we are a young team," Coach Price added. "Everyone says, 'Well you're a junior college, you only get them for two years,' but we only have two sophomores, and [LiDonta] is the only one who has real, true game experience."

With big games ahead, the focus is



Sinclair

still on Coach Price's famous three C's: Classroom, Community Service and Competition. While the goal is always to win games, the ultimate goal is to win all around, especially in the classroom.

The team had two players, freshmen Nicoloy Bailey and Alec Holtrey, make the OCCAC All-Academic Team in the fall. If they keep their grades up through the spring semester, they will be Academic All-Americans. That would double the amount of Academic All-Americans the team has had in its history. This all comes back to the Classroom goal of graduation.

"You want to talk about a

monumental win, a signature win, that's the signature win," said Price. "I wouldn't trade [graduation] for a national championship. We tell people all the time: we are built for diplomas and we chase the rings."

The Pride still has a chance to rise on the conference standings list, with seven of their eight remaining games being against conference opponents. Sinclair is only 4 games back from the lead.

"Our biggest strength this year is the fact that our guys can adapt and learn," Price stated. "If we have mistakes, we have really gotten better at fixing those mistakes and recovering from them. I think our

most consistent asset is we can shoot the ball from the three-point line."

This certainly holds true, with the team averaging 34.5% from long-range. Hicks-Gentry is shooting 42.3% on threes as a post player, leading the team in this category.

"I allow my players, if you can shoot it, I'm going to let you," Price said. "I tell them, 'You need to be basketball players, and basketball players shoot the ball.'"

The team will play Owens Community College on the road Wed., Feb. 7, with a three-game home stretch following.

Sinclair department labs

Continued from front

The CASI lab provides many resources for students studying those subjects. These can range from computers to textbooks to the helpful and welcoming staff. The CASI lab



341.

Students schedule classes held in the Math Academy where it is run like a hybrid class, with much of the work being done on the computer.

The program is self-paced, with assignments having target dates rather than hard deadlines, which is helpful for students who like to move at their own pace. An instructor or tutor is always there to answer individual questions a student may have about the content.

Students may take a pre-test before each section of the content which allows them to bypass information they are already well acquainted with.

Students may find the Math Academy to be a comfortable alternative to a traditional classroom setting. "Our environment is very non-threatening," said Stacy Joseph, the developmental math academy coordinator.

The classroom experience is flexible for the student, "We have a testing area, however if you're comfortable at your seat you can take the test there," Joseph said.

The Math Academy was funded by Bill and Melinda Gates, which came from a DEI grant to help people who are not college ready.

"Our success rates are better than the traditional classes, and they found that our students actually do better in the next level," said Joseph.

The Math Academy can be a great resource for students who need to take pre-college math and enjoy a self-paced and comfortable environment. The program offers a path for students who need to prepare their pre-college math skills to advance in their education.

Both the CASI lab and Math Academy are examples of the facilities at Sinclair that are intended to help students excel at their courses.

can be an ideal place for a student studying these disciplines to go for assistance.

Another similar facility within Sinclair that can help students who struggle with math courses is the Math Academy.

Unlike the CASI lab, the Math Academy is a classroom rather than a lab. It is located in building 5, room

Where will your vision take you?

Transfer to the School of the Art Institute of Chicago and join a community of peers who reshape the visual landscape.

saic.edu/ug

APPLY BY MARCH 15
CLASSES BEGIN FALL 2018
MERIT SCHOLARSHIPS AVAILABLE

SAIC School of the Art Institute of Chicago

Learning to serve: The Sinclair hospitality program

Jake Conger
Reporter

Hospitality and management programs have been offered at Sinclair since 1975. This route at Sinclair would teach you the ins and outs of running an establishment, related to food service or hotel management. Since its origin the hospitality program has diversified into several branches, a couple of which include event planning and tourism.

It wasn't until 1994 that culinary was offered as a path, and not until 2013 that baking and pastry art was added. This firmly cemented Sinclair as a potential culinary school, taking students from surrounding tech schools and teaching them the skills they will use throughout their career.

In order to teach the students important qualities in the real world, the department leads by example and mirrors industry. The first mirror is to personally welcome and know the guest, in

this case the student. Derek E. Allen, Professor and Chairperson of hospitality management and culinary arts at Sinclair, had much to say concerning the hospitality program.

First and foremost the department motto, "In everything we do, students are our number one priority," Allen said.

By week three or four the names of students will be memorized, and personalities will begin to shine through. Not only does this add value to the students education experience,

but teaches them an important lesson in how to treat guests; kindly and personally.

The care provided by the department is not without

discipline though. The hospitality and culinary students are held to a professional standard.

"It is not uncommon to see students lined up before class for a uniform inspection, and if they are out of uniform they may not be able to attend," Allen said.

To prevent this from happening, students are provided with several amenities including a locker to keep their uniform and an available

ironing station to make sure they look perfectly presentable.

The second way the hospitality and culinary department mirrors industry, is to make it work for the guest. The staff treats the students as guests, so the students will know how to treat their guests.

"Let's say a student needs extra lab time, we will stay four or five hours after for that one student," Allen said.

Students have been known to miss class because of life, so the department attempts to make catching up easier.

"I hate seeing lectures online that are monotone the whole way through, you cannot pay attention then. So we try to make our lectures interesting, and full of personality," said Allen.

The final way the department mirrors industry is by maintaining retention.

"I get to see students in the beginning and at the end [of the program]," said Allen. "They come in wide eyed and motivated, then the real work begins, [laughs]."

Students have often said they need a job in order to pay for college and life, so to combat this the department has a job listings board right outside their door that is updated weekly. This not only gives students an income opportunity, but a chance to practice and display their skills in the real world.

Completing a degree within this program can lead to many things. Of



JuanGabriel Encarnacion

course, students have the option of transferring from Sinclair to several different schools, including Miami University and Ohio State University. One student took this route and went on to work for Johnson and Wales, where she does a lot of food research.

Alternatively, a graduating student has the option to immediately join the workforce. The skills and techniques learned within the hospitality and culinary program will, and already have, served students for life. Dana Downs graduated from Sinclair culinary and currently owns a restaurant in Kettering called Park.

Allen hopes that the department continues to grow, and encourages those with an interest in hospitality to take the next step and give the program a try.

"If you are an undecided major, and you have a heart of hospitality, then what are you waiting for?" Allen asked. "You should enroll as a major in this department as soon as possible."



JuanGabriel Encarnacion

Super Blue Blood Moon

Kelsey Fitzpatrick
Reporter

On Jan. 31 in the early morning, there was a super blue blood moon. This trifecta of events does not happen often.

Viewers set their alarm clocks early, around 6:15 a.m. for the Dayton area, and were able to view the super blue blood moon from their porches and backyards.

A supermoon is when the moon is closer to earth, making it 14 percent brighter than any other moon. Its details are very visible and easy to identify.

Normally the moon cools slowly over the course of 29.5 earth days, but when there is a lunar eclipse the moon cools incredibly quick.

"For the researchers, the eclipse offers a chance to see what happens

when the surface of the Moon cools quickly. This information will help them understand some of the characteristics of the regolith — the mixture of soil and loose rocks on the surface — and how it changes over time," said NASA, about what knowledge they could gain from this lunar eclipse.

There have been two supermoons this month, which is sometimes uncommon.

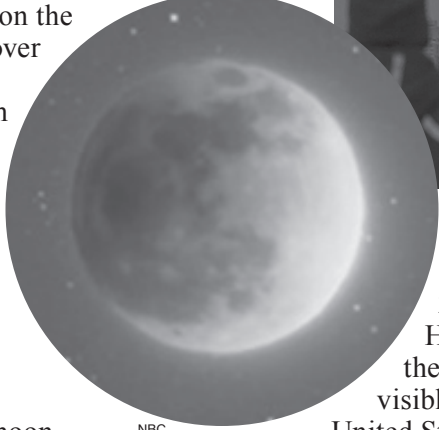
A blue moon is the second full moon in a month, and does not change its appearance in comparison to any other full moon.

This moon was also a blood moon. This is when the moon is in the earth shadow, giving it a reddish tint. There are usually four over the span of two years.

There was also a total lunar eclipse last night, but it was not completely

visible to the eastern U.S. The eclipse was visible to the western U.S. states.

The next total lunar eclipse will be



NBC



China Daily

July 27, 2018.

However, the next one visible to the United States will

be Jan. 21, 2019. In a total lunar eclipse the earth's shadow will completely cover the moon. This is similar to a blood moon, but has a much darker and more prominent red tint.

The super blue blood moon was a great time for astronomers to view and learn about the moon, due to its closeness. Even amateur star gazers were able to view parts of the moon that were usually difficult to observe.

To learn to track the moon's phases, NASA has a Moon Phase Journal available on their website to print for free.

For more information on the moon, visit moon.nasa.gov.

Dwyn's Den: 2nd Street Farmers Market

Cerridwyn Kuykendall
Associate Editor

From the shuffle of feet and cheerful voices, to the scents of fresh bread, flowers and cooking food, the 2nd Street Market is a place with a flavor all its own.

I first began going to the market as a kid with my mom; it was one of my favorite times of the week. Every

Saturday morning we would walk through the crowd and along the sides of various vendors, and I would wander through the booths while my mom bought local milk and eggs.

As a kid, I loved it for all the smells and happy people; the lovely aromas coming from the dessert vendors, and the farmers smiling and laughing with their customers. I liked it much better than when my mother brought me to Kroger and everything seemed

cold and impersonal.

Now I have grown to love it for even more reasons.

About a month ago I returned to the market after a long hiatus due to work, and I remembered how great it was. Now starting to shop for myself, I loved the variety of options that I could fit into my lifestyle: local produce and dairy, local made bread and jams, more types of flour than I even knew existed and so much more.

I love knowing where my food is coming from and actually being able to see and talk to the farmers and bakers that produce the product. It struck me as a far better experience than having to pick between 14 supposedly different types of tomatoes, from halfway across the country.

The best part about 2nd Street Market is the atmosphere. Along with the vendors selling

grocery type items, there are jewelry vendors, artists of many mediums, mini boutiques, and a myriad of others.

Lining a section on one side of the market, which is laid out like one huge aisle, are food vendors ready to serve hungry shoppers. From savory Greek or Thai, to sweet or salty crepes, there is a little something for everyone.

The market has clumps of seating spread out near the food vendors and a large section of nothing but tables near the back. Many mornings they even have local performers playing in that back section.

It's a great place to bring a friend and have lunch while you explore the local vendors and food.

It's a place where you don't just run in and grab what you need, it's an experience of its own. It not only has that unique farmers market feel, but the community aspect that is all around Dayton.

All and all, the market has reclaimed its spot as one of my favorite places in Dayton.



Gerson Silva

Mascot: The man behind the mask

Justin A. Baker
Staff Writer

According to the Oxford Dictionary, a mascot is any person, animal or object thought to bring luck, or anything used to represent a group with a common public identity.

Being a mascot is a grand tradition starting back before television, internet and cosplay!

To be a mascot one must invoke the essence of the institution it

is representing. It must be that group's motto in the living flesh. Sinclair's motto is "Find the need and endeavor to meet it." Well, last semester I tried to be an example of this motto by taking on the mantle of the Sinclair mascot, known as the Tartan Pride.

So many of you might be asking, "what the heck is a Tartan Pride?" The pride part refers to a lion, and the lion wears a kilt adorned with a traditional plaid Scottish pattern called tartan.

The choice of a tartan kilt to adorn the lion, which is a traditional symbol of strength and pride, likely roots from David Sinclair's Scottish heritage. It often represents a specific family or lineage with a distinct color and pattern.

Last semester I had the honor of being the Sinclair Tartan mascot. I accomplished this through a rigorous, intense and complicated process...

I was one of the only ones able to fit into the suit! When I put that costume on my first

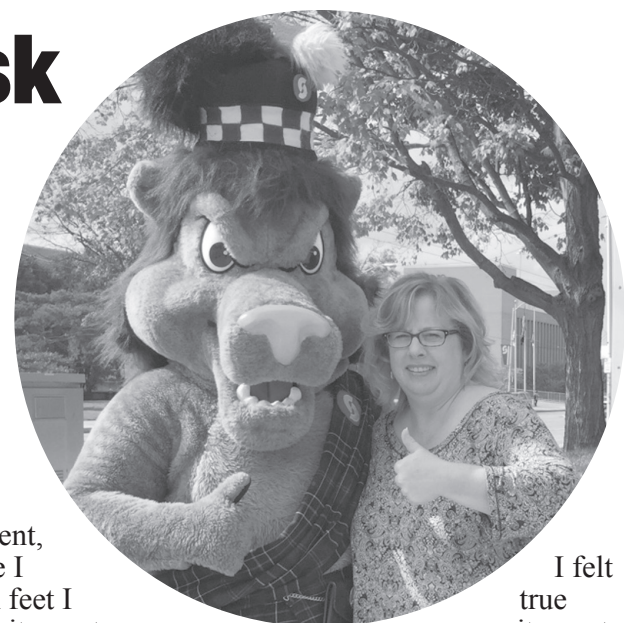
thought was "man it's hot in here," but my second thought was "yeah it's really hot in here."

After getting used to the temperature change and heft of the suit, something magical happened that I didn't expect.

I ceased to be Justin Baker, Sinclair student. I became the strong, but silent, Sinclair Tartan. Anywhere I walked in those giant lion feet I was met with glee and excitement. High fives were abundant, so were photoshoots and hugs.

As the Tartan I was beloved by many and despised by none. As a mascot you become a symbol of pride, hope and determination. It makes you really realize how much a silly little thing like a mascot matters to those looking for something to believe in.

I found that Sinclair needed me as this mascot, and I gladly filled that position. It was an honor and a pleasure to put smiles on people's faces, while making memories that would last a lifetime. It was something that I hope you can experience in your lifetime.



Justin A. Baker

I felt true excitement

and joy to be in that suit for the first 10 to 20 minutes. Then the sweat starts. Did I say it was hot in that suit? Because what I meant was it felt like I was vacationing on the surface of the sun in a sauna suit.

Ventilation is limited, and it seemed to be made out of material that retained heat. If you wonder why the Sinclair tartan doesn't speak, that's because most of the Tartan's time is spent trying to breathe.

Other than that I implore anyone who can, to try and be a symbol for those who need it!



Justin A. Baker

What it's like living with a thyroid disorder

Jeri Hensley
Graphic Designer

When I was about eight years old, I was diagnosed with a thyroid disorder called Hypothyroidism. Up to that point, I'd always been as thin as a rail, and constantly sick. When I hit seven years old, I started to gain weight rapidly which prompted my family to take me to the doctor.

I remember the day I got diagnosed; my doctor didn't want to scare me with the big terms and medical words, so he sent me outside to stand in the hall while he talked to my family. As an eight-year-old who had spent most of her life being in and out of hospitals and doctors offices, I was convinced that I was dying.

That wasn't the case, of course. The condition was explained to me, I was put on some medicine and little me thought that was all there was to it.

However, I was wrong. You see, your thyroid controls your hormones. If you don't have any hormones, then a lot of your body's systems don't work right. Some people have the opposite of this condition called Hyperthyroidism, where their body makes too much hormones and sends everything into overdrive.

Thyroid disorders don't typically sound like something too terrifying. You tend to think that as long as you take your medicine on schedule and eat right and exercise that you'll be



Jeri Hensley

okay. The thing is, there's a terrifying side to these kinds of disorders.

Hypothyroidism has the ability to turn into something called Addison's Disease if it's not treated. Addison's Disease is a disorder of the Adrenal Glands, or more commonly known, the kidneys. If not treated, it can be fatal.

Things were fine for a while until I hit junior high. I gained weight over the course of my junior high years and with that came a lot of struggles. A lot of factors went into what happened, such as things like my anxiety and depression from the low hormones getting out of control, mixed with the fears of being at an age where everything actually starts to matter, as well as being shifted around between doctors.

High school is hard enough for your typical healthy kid, but when you throw in a disorder that causes them to be different, it's amplified. The social norm is to be a thin, athletic popular kid who's on top of it; someone who has their life together and is fun to be around.

When you have a thyroid disorder like I do, everything is harder. You may not be that thin, athletic kid that people expect.

For me, I was fat in high school. I'll admit that up front. I weigh less now than I did then, but looking back on it, I

wish I would've done something sooner. I wish I would've pushed the doctors to figure it out and get me on track.

I get hurt easily, which is something that hasn't changed, so it makes it hard to play sports. My tachycardia, another complication of the disorder, makes it hard to run or exercise as my heart goes almost double the rate it should and I end up having trouble breathing.

On top of the merciless bullying about my weight came a lot of health complications from the disorder. When nothing in your body works the way it's supposed to, things tend to make you sick a lot easier. I had quite a few bouts of strep throat in high school. I got the flu, pneumonia and bronchitis a lot more frequently than anyone ever should.

My junior year of high school, I missed an entire month due to an ovarian cyst that was related to complications from the thyroid disorder.

Another problem that can come from a thyroid disorder is anemia. Anemia is when you don't have enough healthy red blood cells to carry adequate oxygen to the body's tissues.

Because of the lack of hormones in the body, you can't adequately absorb B12 or Iron like you're supposed to. This can make you feel tired and week.

Over the course of the next few years, as I progressed through puberty, I acquired a bleeding disorder that caused me to bleed for three months straight at a time. I would become severely anemic and had to take iron supplements and increase my intake of iron in my diet. I was eventually put on a birth control shot to stop the bleeding for good and now I'm only slightly anemic.

Having a thyroid disorder and treating it isn't as simple as taking a pill every day and that's it. It's a

delicate balance. Too much hormone and suddenly everything in your body is working overtime and you're at a risk for strokes and heart attacks and lots of other horrible things.

Too little, and you're suddenly overweight, complaining that you think your voice isn't 'girly' enough, stuck at a height that you hate because your bones won't grow, and everything you eat essentially just sits there until your metabolism decides to work. Oh, and you could have a stroke or a heart attack from the excess body fat. Can't escape those, can we?

My disorder is specifically known as Hashimoto's Disease, which is a fancy way of saying that my immune system is attacking my thyroid. It's the most common type of thyroid disorder, yet no one really knows what causes it. A lot of doctors tend to think that a genetic flaw causes it, and that's pretty much what my doctor told me.

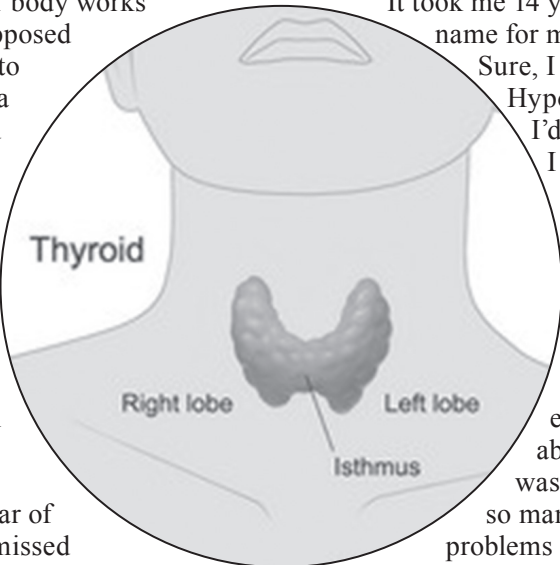
It took me 14 years to get a name for my disorder. Sure, I knew I had Hypothyroidism, and I'd known that since I was eight, but I'd never known the specific name for my type of thyroid disorder. Getting that final, sure thing diagnosis explained a lot about the way I was and why I had so many different problems related to my thyroid.

Everything finally made sense and I didn't feel like it was hopeless. The pills had never worked for me; they'd never kept my levels where they needed to be.

Now, I have a doctor who keeps a constant check on my levels. It's a lot of bloodwork every few months and a lot of working on my diet and exercise, but I'm trying to get my life back on track.

When you have a disease that's virtually invisible to the untrained eye, it can be hard to keep people from assuming one thing or another.

There's no magic sign that I can hang above my head that says "I'm not fat and lazy, it's my thyroid. I'm trying."



Jeri Hensley



Jeri Hensley

MANIA



falloutboy.com

Erika Brandenburg
Staff Writer

After months of delay, Fall Out Boy released their seventh studio album “MANIA.” Stylized as M A N I A, the album hit shelves on Jan. 19, 2018. This marks their first full album since “American Beauty/American Psycho” came out on Jan. 20, 2015, almost three years prior to “MANIA.”

Originally set for release on Sept. 15, 2017, band frontman Patrick Stump decided to push the release date back due to the album “feel-

ing rushed.” Leading up to the final release date, several singles came out. Each song was released within three months of each other, a total of half the album coming out as singles before the album was fully unveiled for the public to listen to.

The first, “Young and Menace,” came out on Apr. 27, 2017 alongside the music video for it. EDM influences are notable and hints towards a new shape for the group’s sound. The second single, “Champion,” was posted Jun. 23, 2017 worldwide with a visualizer video while the official music video followed on Jul. 27 of

the same year.

“The Last of the Real Ones” came out on Sept. 14, 2017. The fourth song, “Hold Me Tight or Don’t,” which has a music video that draws inspiration from the Mexican holiday Day of the Dead, debuted on Nov. 15.

To round off the singles, “Wilson (Expensive Mistakes)” came out with the accompanying music video on Jan. 11, 2018.

The last five songs later released on the album are titled: “Stay Frosty Royal Milk Tea,” “Church,” “Heaven’s Gate,” “Sunshine Riptide,” and “Bishop’s Knife Trick.”

Leading up to the release, streaming sites actually ended up publishing the tracks out of order, creating a rift between how the digital and physical albums run through the songs.

Reviews from several different critics came in and, at average, “MANIA” has been given mixed and average reviews. Newspapers such as The Guardian, The New Zealand Herald, and NME all rate it a three out of five stars while other reviews on different scales focus it around a 60 percent.

Despite having less than positive reviews overall, the album still managed to peak at number one on the UK Rock & Metal Albums chart as well as the US Billboard 200 chart.

Fall Out Boy has been producing music as early as 2001 with their discography beginning with “Take This To Your

Grave” in 2003. Following this album was “From Under the Cork Tree” in 2005. Their second album contains the “song that changed my [Stump’s] life,” the tune being “Sugar, We’re Goin’ Down.”

Another two year break came after their 2005 hit and it led into the group’s third studio album “Infinity on High.”

Breaking their pattern, Fall Out Boy released their fourth album only a year later under the title of “Folie à Deux” and, with that, the rock band wouldn’t be releasing another full-length album for half a decade.

“Save Rock and Roll” was their comeback album in 2013 and featured “My Songs Know What You Did In The Dark (Light ‘Em Up),” a track that shot up to number two on iTunes within hours of its release. The return was reviewed as a success and Fall Out Boy was welcomed back to the music scene after their hiatus with open arms.

Since then, their next two albums have gone downhill in the eyes of critics, but that doesn’t seem to be stopping this group from doing what they love.



YouTube

Monster Hunter World



Paige Rogers
Reporter

“Monster Hunter: World” is the newest Capcom game to be released. The game is played in third-person

charge of scouting a new world, and exterminating the massive monsters that live there. The Research Commission is the group that hired you to become a monster hunter. In exchange for killing or capturing the

tory and gain access to new quests. There is also a new skills system that was introduced into the game which involves different levels of armor and weapons.

While in combat, it is vital to watch your health and stamina. If you lose all your health, you have to restart and the bounty you receive for defeating the monster will be less. Players only have three tries to beat the monster and if you fail to kill it, the quest will fail.

While hunting, the player has different tracking techniques to locate the monster. A new mechanic that they added in this game was a book of information about the monsters which features information on how to locate the monsters, as well as the different abilities, and items monsters drop upon dying.

In the previous games players had to rely on the game Wiki that fans made for most of the information about the different monsters.

Another part of the game is scavenging for items used for health and different abilities. You can use these items to craft food, and other items to make it easier to hunt monsters.

Contrary to the previous games, the entirety of the playable area is now one large map, which means that player no longer have to wait for loading screens to arrive at the next area and gives it more of an open world feel.

There are different game modes available to players, such as single player or multiplayer both of which feature the game quests. There is an SOS flare that you can launch that will alert other players who that you are in distress and need some backup or you can team up with your friends to tackle the monsters together as a pack.

In the story mode of previous games, you had to complete the low rank quests before starting the high rank quests which would launch the narrative or story. In “Monster Hunter: World,” the storyline begins at the start and continues through the high level quests.



and the content is similar to the previous “Monster Hunter” games.

Much like the character creation in “Skyrim,” your character begins by walking into a situation in the world. There is the ‘trigger’ character who asks for your name which launches the creation screen.

There are a range of options, giving you almost every combination possible to make your character. Ranging from female to male, light to dark skin and young to old age options, the game is unique in its diversity. You can select the facial features including scars and face paint, the body style and structure and your clothing.

In addition to your own player character, you get to create a cat-like creature called a ‘palico’ that helps you out in your adventures.

As the main character, you are in

charge of scouting a new world, and exterminating the massive monsters that live there.

The game features 14 different categories of weapons ranging from heavy to light and over 45 different monster breeds.

Capcom released “Monster Hunter: World” internationally on January 28. It is available on Xbox One and Playstation 4. The game will be released for PC Windows later this year as well as free downloadable content. Future downloads will include new quests and new monsters to battle against.

Upgrading your gear and armor by using materials you get from the monsters is one of the main highlights of the game.

The primary area in the game is Astera, which is where the players can buy and sell goods. It is in Astera that you can also manage inven-



Sinclair Cares Counseling Services

Good communication is essential for all types of relationships-family, friends, romantic relationships, and college staff and faculty. Oftentimes we can make communication mistakes that can lead to misinformation and unproductive conversations.

Here are some tips to enhance communication with others in your life:

- Have serious conversations ideally in person, or over the phone. Avoid texting about serious issues or concerns.
- Try to avoid sending mixed messages, be clear about what you want and what you need.
- If you are confused about someone’s message, ask them to clarify before you respond to them.
- Try using “I” statements when talking instead of “You” statements.
- Listening is just as important as talking, don’t dominate the conversation with talking.

If you would like to enhance your communication with others, contact Counseling Services at 512-2167, or stop by 10-424.

Contributed by Eric Henderson

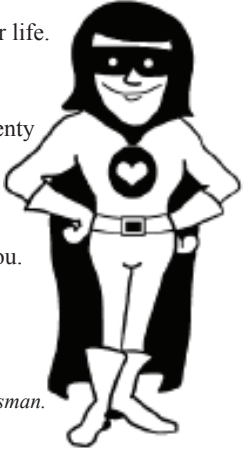
Ombuddy Corner

As the spring term continues, let’s remember to apply the 8 rules for a civil life:

1. Slow down and be present in your life.
2. Listen to the voice of empathy.
3. Keep a positive attitude.
4. Respect others and grant them plenty of validation.
5. Disagree graciously and refrain from arguing.
6. Get to know the people around you.
7. Pay attention to the small things.
8. Ask, don’t tell.

The ombudsman is your student advocate!
To learn more, visit www.sinclair.edu/ombudsman.

Contributed by Amy Hartman



Your Voice

What are you doing to improve yourself?



JuanGabriel Encarnacion

“Meditation and passion to the commitments I have planned for myself and follow the same with joy.”

- Sonya Colic
Construction Management

“Focus on things that needs to be done. Keep the perspective in my mind on what I need to do.”

- David Taylor
Cyber Investigation Tech



JuanGabriel Encarnacion



JuanGabriel Encarnacion

“I am not content being of time, so a good example of my case is that I go to open gyms at my local gymnastics center to keep having fun.”

- Anthony Nelson
Liberal Arts

“Being more focus in school and the tasks I have and being more into them. Also, being more honest to myself to learn from my mistakes to get better.”

- Julius Bonner
Dietetics and Health



JuanGabriel Encarnacion

Clarion Cartoons



By: L. A. Bonté



For more comics visit FilbertCartoons.com

Filbert Cartoons

**Created by:
La Bonte**

For more comics and
animation visit
FilbertCartoons.com

My Voice: Now is Now

Haley Edwards
Reporter

Entering a new year is always a mix of fun and exciting new experiences. With the promise of resolutions and new beginnings, it can be easy for many of us to get sucked into the whirlwind of future events and ideas. I know this often happens to me.

So, for 2018 I am making it a point to be present in the now and to just say “yes.”

Not to say that letting your mind wander is a bad thing, because it isn't. Although, by taking a time out to see and understand what is going



Pexels

on around you and being noticeably attentive will take you a long way.

By saying: “Now is Now”, I remind myself that where I am today is not the same place I was yesterday, and not the place I'll be tomorrow.

I have a clean slate every day to better myself and impact the environment around me. It's a reminder to not be timid and shy but to be confident and assertive.

Bettering ourselves doesn't happen overnight, and we need to take steps every day. There is always something to work on; for me it starts with saying yes.

I often find myself turning down amazing opportunities and

flaking out of plans with friends because I'm scared something will go wrong, or won't go according to plan. It has caused me to miss out on fun memories with friends, new experiences and people.

I'm not suggesting you go super far out of your comfort zone, but you should push your limits a bit to broaden your horizons. For me, it's been saying yes to that spring break trip and yes to seeing my favorite band LANY at Burberry Music Festival this summer.

Though it doesn't have to be anything as big as a spontaneous spring break trip or a concert, it can be small things like trying something you've never had before at your favorite restaurant, listening to new music genres or just standing up for yourself.

I'm making it a point to unapologetically be myself in 2018. I've never done that before. Being the doting people pleaser I am, I always focus on other people and never myself. I've found this isn't a healthy habit. I know plenty of people are like me and for them I'd suggest self-love and attention as well.

Being present and self-aware in my surroundings is an intimidating goal, but I am more than ready to start living my best life, and



Pexels

I truly feel like being in the “here and now” mixed with saying yes will be a killer combination.

I understand I won't just wake up and be my best self, but I will need to take it one step at a time and one day at a time. I encourage anyone who feels ready to take on what life has to offer and start saying yes.

Begin to be aware of where you are and what you're contributing to the environment around you. Take the step and be the change.



Pexels



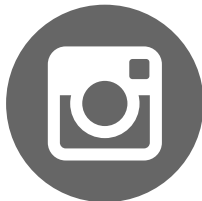
Sinclair Clarion



@SinclairClarion

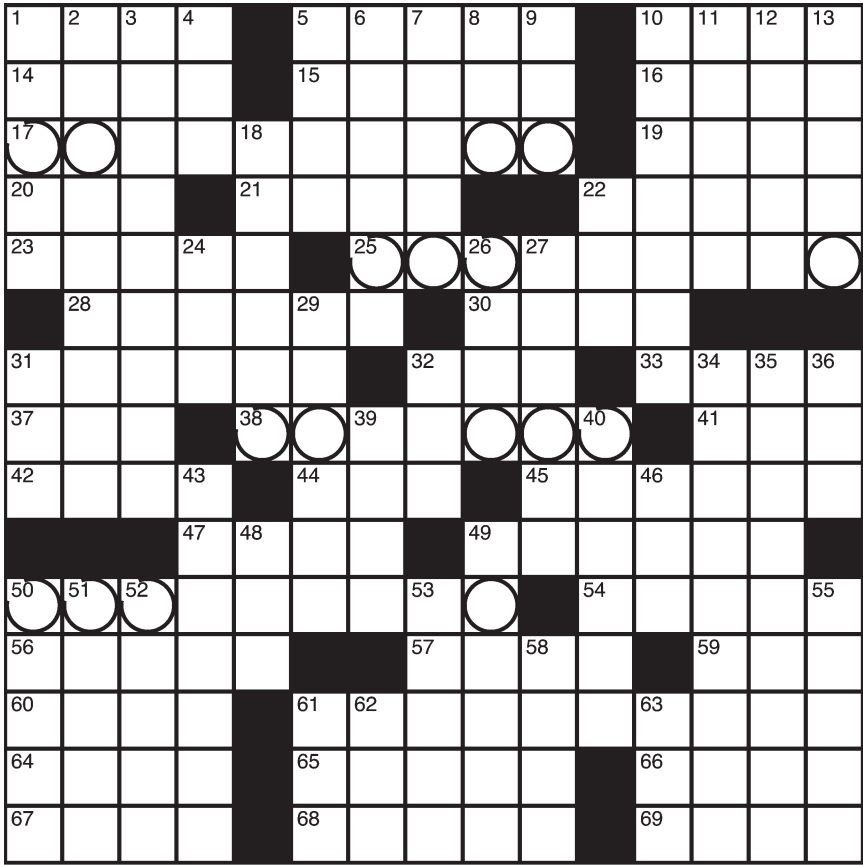


SinclairClarion



@TheClarion

Crossword Puzzle



Across

- 1 Jazz singer Simone
5 Colorado ski resort
10 Apple computer with a Magic Keyboard
14 Ambulance-calling situation: Abbr.
15 Take off
16 Fizzy drink
17 Cold dish topped with hard-boiled egg
19 Grasp
20 Sent to the canvas
21 Japanese beef city
22 Wisdom tooth, e.g.
23 Having many curves
25 Longtime Susan Lucci soap role
28 Bully's warning words
30 A cat may climb one
31 Beginning
32 Skater's surface
33 Tiny amount
37 Place for pillow talk
38 It clicks on the dance floor
41 Crown installer's org.
42 Picked out of a lineup, briefly
44 Fizzy drink
45 "Here's the deal ..."
47 Metal in steel
49 Hire, as a lawyer
50 Appear intermittently
54 Nocturnal calls
56 Wonderland visitor
57 Simplify
59 Tiny insect egg

- 60 Bread for a gyro
61 It may be a boundary between neighboring countries ... or what each set of circles depicts?
64 Nights before
65 Confess
66 Radar screen spot
67 Take a break
68 Medicinal amounts
69 Flies on a fast plane

Down

- 1 Mandolin parts
2 Bit of gratitude from an award recipient
3 Driver's invitation
4 [I want a treat!]
5 As well
6 Naval builder
7 Not as tanned
8 Juan Perón's wife
9 Homer Simpson's friend Flanders
10 "The pressure was too much for me"
11 Greenbacks
12 Hunter Quatermain of "The League of Extraordinary Gentlemen"
13 Close-knit group
18 Like greenhouses
22 West of old films
24 Brewery container
26 Rash symptom
27 New Orleans cuisine
29 Attach with a click

- 31 Back-tied sash
32 Co. for Web users
34 Underlying reason
35 Police artist's composite pic maker
36 Blackball
39 Duck's habitat
40 "Your choice"
43 Like many metal toys
46 ___ Tomé
48 Singer Carly ___ Jepsen
49 Rock band's helper
50 Zany adventure
51 Martini fruit
52 Tiny parasites
53 Causes of illness
55 Fitbit units
58 Film backdrops
61 No longer edible
62 Prefix with meter
63 Prez whose library is in Austin

Poetry Pick

No Return Address
Bryce Howell

Here I write to her my first love letter,
To my love, her face without compare,
To Frost and Milton, am I a debtor,
Her radiant beauty shall I declare.
Send I this note, and true my feelings show?
Upon her doorstep, and place this paper.
And might I walk within a half stone's throw?

Could I not commit this kind of caper?
To compose, in verse, my affection now,
My heart, it pounds, for I am so nervous,
My hand, it trembles, and sweat soaks my brow,
For I am my own telegraph service.
I shall not, no, for I cannot do it,
I, a coward, I'm afraid I knew it.

Sudoku Puzzle

			1	5			7	
				7	6	3		
		1	4				8	
5	2						3	
8			5		9			2
	4						1	5
	3				4	6		
		4	9	6				
	5			1	7			

Last Edition's Solution

L	E	W	D	A	B	O	R	T	B	A	I	L
A	S	I	A	R	O	D	E	O	U	G	L	Y
R	A	N	D	G	R	E	E	N	S	N	A	K
D	I	D	A	G	O	O	D	D	E	E	D	
	F	I	A	T		S	I	T	C	O	M	
B	L	A	S	T	A	M	P		S	P	U	R
F	O	R	M	E	R	R	O	O	M	M	A	T
G	U	M		E	R	O	S	I	O	N		
	R	E	P	O	R	T	S		J	O	E	
H	A	V	E	A	S	S	W	E	E	T	T	O
A	L	O	F	T	S	S	R		A	R	A	B
S	E	X	I	E	R			I	C	O	N	
	T	R	I	P	L	E	D	O	U	B	L	E
P	E	T	T	Y	C	R	I	M	E		R	A
A	L	O	E		O	A	S	I	S		K	E
S	L	E	D		H	Y	A	T	T		E	Z

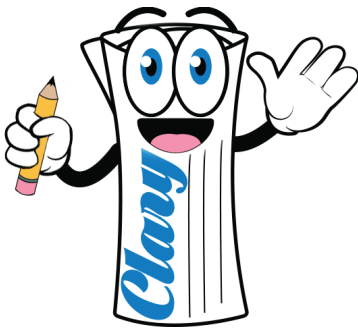
Last Edition's Solution

2	3	4	6	8	5	9	1	7
1	7	5	9	4	2	8	3	6
8	9	6	1	3	7	4	5	2
9	5	1	2	7	6	3	4	8
7	6	3	8	9	4	1	2	5
4	8	2	5	1	3	7	6	9
5	1	7	4	2	9	6	8	3
6	4	9	3	5	8	2	7	1
3	2	8	7	6	1	5	9	4

Anamark Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Guest	Qdoba Mexican Grill	Lee's Famous Recipe Chicken	Panda Express	Gyro Palace	Fusian Sushi
Simmer	Chili Con Carne Italian Wedding Soup	Chili Con Carne Roasted Corn & Potato Soup	Chili Con Carne Chicken Double Noodle Soup	Chili Con Carne Minestrone Soup	Chili Con Carne Turkey Kale Soup
Sizzle	Vietnamese Pork Sandwich	Vietnamese Pork Sandwich	Vietnamese Pork Sandwich	Vietnamese Pork Sandwich	Vietnamese Pork Sandwich
Pizzazone	Philly Cheesesteak Mini Rolletto	Chicken Bacon Ranch	Chicken Parmesan Mini Rolletto	Angry Pepperoni Pizza	Mushroom Pizza
Deli	Chicken Cobb Tartine Soutwestern Chicken Chipotle Wrap	Chicken Cobb Tartine Soutwestern Chicken Chipotle Wrap	Chicken Cobb Tartine Soutwestern Chicken Chipotle Wrap	Chicken Cobb Tartine Soutwestern Chicken Chipotle Wrap	Chicken Cobb Tartine Soutwestern Chicken Chipotle Wrap
Main St. Cafe	Grilled Reuben	Turkey & Swiss Sandwich	Bbq Turkey & Cheddar Melt	Pepperoni Calzone	Chicken Tenders

The Clarion is accepting student poetry submissions! Send us an email at clarion.central@gmail.com to submit your work.



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

15

8 16 21

I

26 9 26 24 4 26 21 24 23 11 18 21 23 16 16 21 11 1 7 26 21 24 11

I H H I

26 24 10 24 2 23 18 21 23 16 16 21 11 16 26 24 10 11 26 24 10

I H C H H I I

21 19 16 3 15 26 24 24 2 23 16 26 5 3 16 21 11 1 7 26 21 24 11

C H I C G I

15 22 3 26 7 16 3 18 21 22 22 15 2 9 3 23 2 8 7 21 3 19

I C H G

9 21 15 16 3 22 26 24 8 3 22 2

A man pawns with his brains and not with his hands, and if he cannot have his brains clear he will come to grief.

-Michelangelo

Clarion Staff

executive editor Henry Wolski	managing editor Daniel Riley
associate editor Cerridwyn Kuykendall	sports editor Paul Helmers
creative director Matt Hall	staff writers Justin A. Baker Erika Brandenburg Shaddia Qusem
business manager Ebony Stroud	marketing representative Brandon Johnson
social media coordinator Spencer Williams	distribution coordinator Good Vibes
'the clarion' adviser Avainte Saunders	

graphic designers Susie Doerman Noah Kihn Jeri Hensley Xavier Razo Kayla Lipot	reporters Paige Rogers Kelsey Fitzpatrick Haley Edwards Will Drewing Kali Macklin Jake Conger Sean Kahle
cartoonists Leo Walter Noah Kihn	photographers JuanGabriel Encarnacion Blake Campbell Gerson Silva
web developer Cairn Robinson	phone: executive editor 937.512.2958
phone: advertising 937.512.2744	clarion staff email clarion@sinclair.edu

The Official Student Newspaper of
SINCLAIR COLLEGE
'The Clarion' is a member of the Associated Collegiate Press, the Columbia Scholastic Press Association and the Ohio Newspaper Association.

'the Clarion' location Building 6, Room 314
Established: March 15, 1977
'The Clarion' retains the right to all original artwork, logos and business letter marks used within this publication, and is protected by the laws governing U.S.A.'s copyright materials.
'The Clarion' does not endorse any advertisement published in our print edition or website.
'The Clarion' retains the right to refuse any advertisement for any reason.



Horoscopes

Aquarius: Jan. 20 – Feb. 18
Career opportunities take focus. Consider what you want in detail. Provide excellent service with a smile. Someone who can help is watching.

Pisces: Feb. 19 – March 20
The open road sings to you. Can you mix business and pleasure? Design your dream trip. Discover unimagined beauty off the beaten path.

Aries: March 21 – April 19
Review your shared resources to update budgets and plans. Meditation helps you see things differently. Prioritize love and harmony. Live simply and save.

Taurus: April 20 – May 20
Discuss unforeseen opportunities with your partner. Listen, learn and stick up for your interests without trampling anyone. Minimize risks and share the load.

Gemini: May 21 – June 21
Your past work reflects you well. Keep putting your heart into it. Practice makes perfect, and your skills keep growing. Physical action gets results.

Cancer: June 22 – July 22
Focus on the fun factor. Practice your favorite hobbies, sports and pastimes. Someone nearby is looking nice. Take a chance on a fine romance.

Leo: July 23 – Aug. 22
Get into a domestic project and discover a lovely solution. Tend your garden lovingly, and it flowers. Beauty gets revealed in surprising ways.

Virgo: Aug. 23 – Sept. 22
Creative inspiration abounds. Let go of a preconception and try new ideas. Profit from your imagination and communicative abilities. Music pleases your muses.

Libra: Sept. 23 – Oct. 23
Unforeseen opportunities for extra income present themselves. Keep batteries charged and expenses to a minimum. Hop into high gear, and figure out the numbers later.

Scorpio: Oct. 24 – Nov. 21
Take charge for a cause that stirs your heart. Use your confidence and power to make a difference. Unplanned moments of synchronicity reveal their treasures.

Sagittarius: Nov. 22 – Dec. 21
You're especially sensitive and intuitive. Listen, observe and consider. Review past accomplishments, and dream up an inspiring future. Follow your heart to find your objective.

Capricorn: Dec. 22 – Jan. 19
Social networking builds valuable connections. Enjoy parties, conferences and gatherings. Participate in a shared cause for satisfying results. Discover unimagined generosity. Pay it forward.

Linda C. Black Horoscopes: by Nancy Black.
Distributed by MCT Information Services

Campus Candids



JuanGabriel Encarnacion



JuanGabriel Encarnacion



Gerson Silva



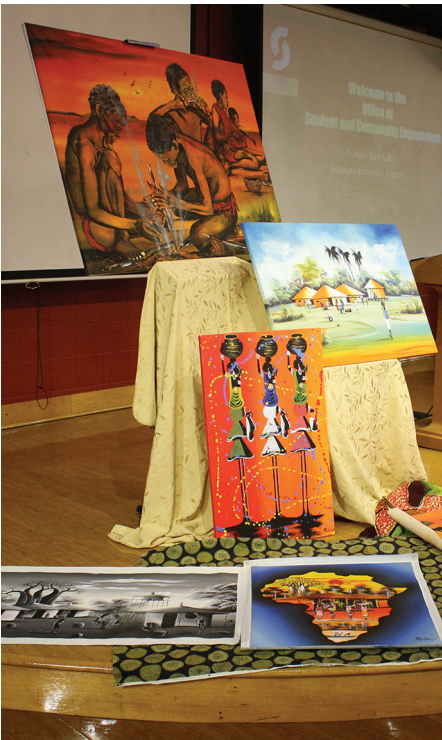
Gerson Silva



Gerson Silva




Blake Campbell



Gerson Silva



JuanGabriel Encarnacion




BLOOD DRIVE

Tuesday, Feb. 13, 2018
11:00am to 3:00pm
Sinclair Community College Library
Upper Level


Sponsored By:
PHI THETA KAPPA

Give Blood. Save Lives.
Make an online appointment
to donate at
DonorTime.com & enter
Sponsor Code 177

Questions? 1-800-388-4483 or
canidonate@givingblood.org



Get your limited-edition
Blood Donor Beanie
when you register
to give blood!



**Community
Blood Center**
Real Donors. Real Life Heroes.
GivingBlood.org